



## Special Dietary Needs

### Students with a Disability

The U.S. Department of Agriculture's (USDA) National School Lunch and School Breakfast Program require that schools make substitutions to the regular meal for students who are unable to eat the meal because of their disabilities. The Child Nutrition department will make reasonable accommodations when a student's disability restricts his/her diet, and the disability is supported by a medical statement signed by a medical authority that is licensed by the State to write medical prescriptions or meal accommodation requirements in a student's individualized education program (504 plan).

### Food Allergies or Intolerances

Children with food allergies or intolerances that are not defined as life-threatening (anaphylactic) reactions are not considered to have a disability. It is not required that food substitutions for non-life-threatening allergies or intolerances be accommodated.

However, the MISD Food Service Department is happy to work with families on a case-by-case basis to accommodate these needs. Medical documentation is required before any menu substitutions or modifications will be considered.

### Religious or Personal Preferences

Menu substitutions or modifications will not be made for personal requests, including religious or personal preferences. Nutrition information is available at [midwayisd.nutrislice.com](http://midwayisd.nutrislice.com) to help students plan their meals in a way that fits with their preferences.

## Individualized Education Plan (504) on file at MISD Food Service office

Dietitian will review and make appropriate accommodations-this may include bringing in outside food (example: gluten free foods for student with celiac disease).

Account will be flagged by Food Service Office

## Physician Note on file at MISD Food Service office

Food Service office will flag the account with menu accommodations needed.

Nut allergies will need medical documentation on file before the account is flagged.

*While our district predominantly offers nut-free food options, it is important to note that we do not designate ourselves as entirely nut-free. Presently, our menu includes one item containing nuts: the Uncrustable peanut butter and jelly sandwich. Additionally, we offer several ala carte snacks with labels indicating they are “made in a facility that manufactures products containing nuts.”*

## Parent request-verbal or written

Account will be flagged with parent instructions (these **cannot** be menu modifications or substitutions)

Examples include:

- No milk with meals
- Ice cream one time a week only
- No extras

*Forward all written communications from parents, physician notes, or 504 plans received along with requests to flag accounts to your cafeteria manager and the food service office.*

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