



**Pick Your Date**  
**8:00 am–5:00 pm**

## **From Chaos to Care: Responding to Crisis Through a Trauma-Informed Lens**

From Chaos to Care equips officers with the tools to recognize and respond effectively to trauma-related behaviors. Participants will explore the definition and impact of trauma, understand the brain's response in crisis, and learn how past experiences can influence behavior during high-stress encounters. Through instruction and real-world scenarios, officers will develop a trauma-informed mindset to improve assessments, enhance safety, and build public trust. The course emphasizes de-escalation strategies, fear-reduction techniques, and community connections—shifting the focus from control to meaningful engagement.

Key takeaways from this course include:

- Define trauma and crisis. Identify experiences, both past and present, that may trigger a trauma response.
- An understanding of the neurobiology of trauma and how it influences behavior during a trauma-related crisis.
- Recognize typical trauma responses and evaluate the related behaviors through a trauma-informed perspective.
- Develop skills to safely intervene and de-escalate crisis situations caused by trauma responses.
- Use interventions that reduce fear-driven responses by recognizing trauma, offering reasonable options and solutions, and helping connect to suitable community resources.

**8 hours**

### **Who Should Attend?**

This course is open to all public safety professionals.

Hosted by:  
Your Agency  
Name Here



Location:  
Your Event Location Here

Cost:  
Flexible Pricing Options

Registration:  
Custom Link for Your Event

**Contact Us!**

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