



NEW:
compatible with
Vario Safe width
extension kit

Tereno

Low height, high comfort: protection with dignity

Support throughout every stage of residential care

Balancing mobility, independence, and safety

The Tereno supports residents and caregivers reliably – from independent living to complex care situations. Its floor-level position protects against fall injuries, while its working height of up to 80 cm ensures ergonomic workflows. With flexible Vario Safe set-ups and upgrades such as Vario Safe width extension kit, the bed adapts to every stage of care.



Key characteristics

- Height adjustment: 15 - 80 cm
- Safe working load: 225 kg
- Mattress surface: 90 × 200 cm
 - 100 cm with width extension kit
 - integrated bed length extension up to 220 cm
- 4-section mattress base
- 50 mm double castors
- Backlit handset, optional LCD handset

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Tereno at a glance

NEW

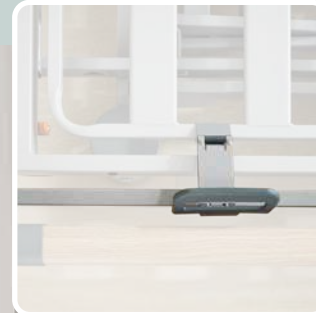
Empowering confidence:

- Safe mobilisation through individually settable intermediate stop position
- Short Vario Safe elements work as a mobilisation aid
- Foot boards with integrated grab bar provide secure hand support



Open space:

- Compatible with the Vario Safe width extension kit to achieve 100 cm width without changing head and foot boards



Protection for individual safety needs:

- Traditional full length side rails
- Vario Safe split side rails in 110 cm or as a mobilisation aid in 90 cm
- High-end, single hand operated pivoting side rail with or without telescopic extension



A touch of class:

- Large selection of fabrics, colours, shapes, and patterns



Forward thinking:

- Built-in bed extension (10 or 20 cm) for effortless adaptability
- Optional with Bluetooth® LE control system
- OOB smart bed-exit notification available for proactive resident protection



Vario Safe:

- Flexible concept for side elements as well as head and foot boards, feature tool-free removal and amendments



Close to the floor, close to safety:

- Floor-level position (15 cm) to minimise fall injuries
- Reduced risk of limb entrapment under the bed
- Basic roll-out deterrence even with lowered Vario Safe side rails



Working ergonomics:

- Ergonomic working height up to 80 cm
- Open underframe for easy cleaning and lifter access
- Automatic castor locking at floor level
- Intuitive controls for residents and caregivers
- Supports efficient care with instantly removable head and foot boards





Added safety with low bedside cabinet

Safe and flexible by design

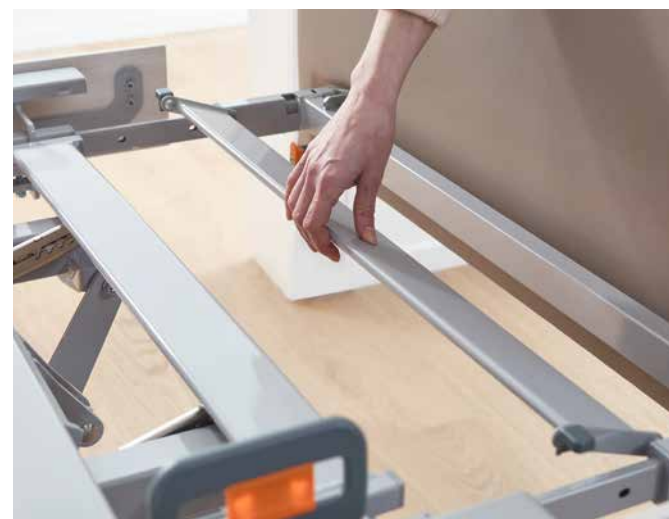
The floor-level position of only 15 cm protects residents from fall-related injuries without restricting mobility. Automatic castor locks in the lowest position and Vario Safe side elements provide reliable protection without restraints.

Integrated bed extension

The Tereno can be adapted quickly and easily for taller residents with its built-in bed extension. When extended by 20 cm the last metal slat can be swivelled to close the gap in the mattress base. There is no need for extra parts to extend the mattress base. This feature contributes decisively to the flexibility and efficiency of the Tereno.



▲ Unlocks and slides out quickly, without tools.



▲ The last metal slat swivels to close the gap when extended by 20 cm.

Supporting mobility and independence

Individual settable intermediate stop position help residents find their ideal height for safe entry and exit. Vario Safe side elements serve as stabilising supports during this movements. The cardiac-chair-position promotes healthy breathing, enhances long-term comfort, and further improves residents' orientation.



▲ The 90 cm Vario Safe side element defines the entry/exit point and encourages self-mobilisation.



▲ A seating position enables even bedridden residents to participate in day-to-day life at eye level with other people.



▲ The Fowler position promotes healthy breathing and helps to keep the body supplied with oxygen.



▲ Positioning help residents stay engaged, comfortable and oriented, supporting dignified daily routines.

Ergonomics for caregivers

A working height of up to 80 cm supports back-friendly working postures. Intuitive operation, removable head and footboards, and an open underframe simplify daily care, therapy and cleaning.



▲ Removable headboards and footboards facilitate access for care, physiotherapy and medical treatment.



▲ The Trendelenburg position can be set to improve blood flow to the organs.

Single hand operation

The one-hand-operated pivoting side rail provides support only when needed and remains discreetly out of sight when folded away.



The pivoting safety side offers protection in line with relevant standards while promoting mobility. ▶



▲ With just a quick pull, the pivoting safety side raises itself autonomously.



▲ Lowering the safety side is just as easy – move the release button while pushing the safety side down.



Flexibility with the Vario Safe modular system

The modular system adapts to changing care needs. Side elements, such as panels, short and long side rails can be exchanged without tools, saving time and providing long-term flexibility.



- Increase the mattress base width by 10 cm without replacing head and foot boards
- 90 cm side element as a **mobilisation aid**
- 110 cm side rail for **standard-compliant protection**

- **User-friendly handling** with a high level of safety
- Reliable and **uncomplicated hygiene**
- **Practical quick-release safety locks** without the need for tools



Comfort width up to 100 cm

The Tereno can now be expanded to a 100 cm comfort width using the Vario Safe width extension kit. This provides more space for residents with higher support needs, improves positioning options and enhances sleep quality. The extension is tool-free and compatible without changing head and foot boards.



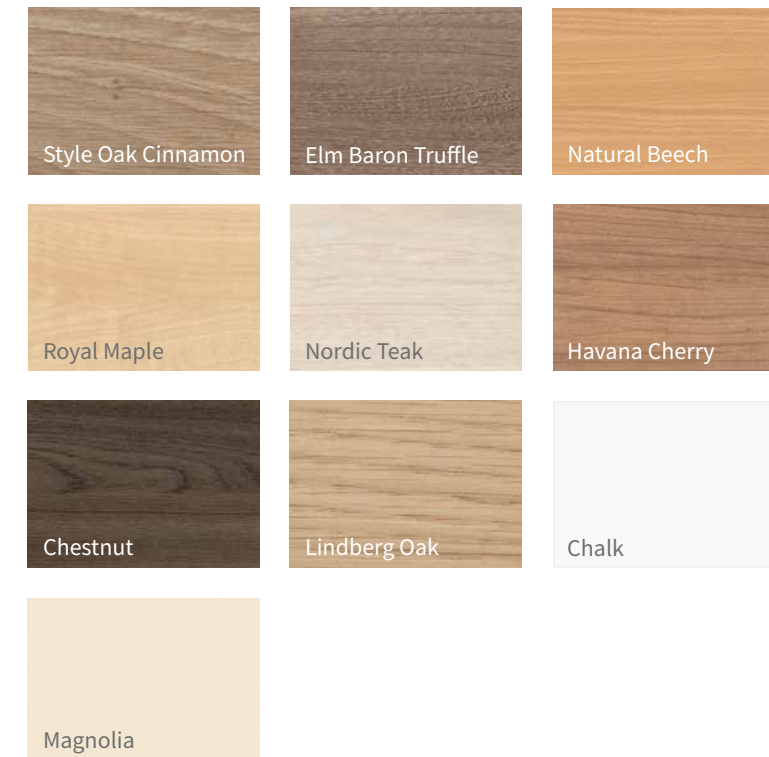
▲ No need to replace head and foot boards



▲ Increasing comfort with minimal effort

Comfort, design and homeliness

A wide selection of headboards, decors and upholstery options ensures a warm and homelike room atmosphere. The Tereno integrates seamlessly into individual interior concepts.



Examples of fabric



Examples of faux leather

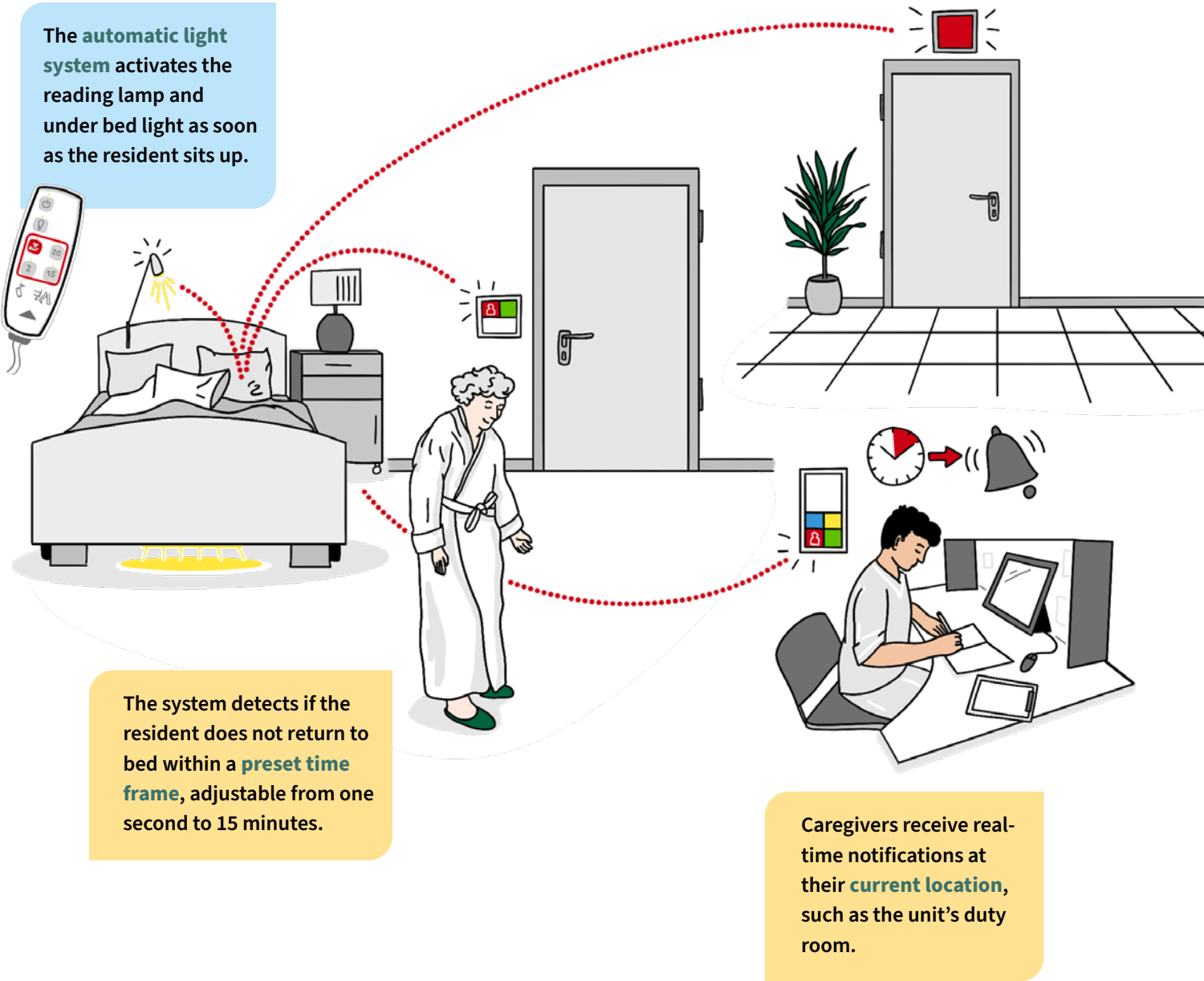


Headboards and footboards



Out-of-Bed smart – individual safety and more comfort for residents

The integrated Out-of-Bed smart assistance system offers enhanced protection and comfort for any residents, while significantly easing the workload of caregivers. Designed to improve safety, especially during night time hours when staffing is reduced or limited, this system provides real-time monitoring and proactive support, ensuring a higher standard of care with greater peace of mind for both residents and caregivers.



Helpful extras for everyday care

Available options include: reading lights, fall mat, wall spacer, underbed lighting and more.



▲ Fall protection mats made of 3 cm thick composite foam are recommended for maximum prevention of fall injuries.

▼ Lateral wall spacer to avoid collisions.



▼ Increase the width by 10 cm without exchanging head- and footboards.



More information can be found in our accessories brochure

◀ A perfect visual and functional match for Tereno, the Aparto brevo offers compact comfort and smart functionality

▼ The head of the Sira reading lamp is particularly easy to clean from the inside.



Options and accessories

All figures given are approximate values.

Model	Tereno
Dimensions and weights	
Overall dimensions (depending on the wooden bed frame)	104 x 211 cm
Mattress base (mattress dimensions)	90 x 200 cm*2
Mattress base with width extension kit (mattress dimensions)	100 x 200 cm
Mattress base division	74 / 12 / 37 / 51 cm
Backrest auto regression	10 cm
Thigh auto regression	4 cm
Safe working load	225 kg
Max. weight of patient	185 – 210 kg
Ground clearance*1	15 cm
Total weight	140 kg
Drive system	
230-volt control system	✓
24-volt control system with external converter	0
Electronic features	
Illuminated handset including Trendelenburg function (HB400)	✓
LCD handset including Trendelenburg function	0
Out-of-Bed smart	0
Connection for reading lamp	0
Under bed light	0
Lead-gel battery	0
Side rails	
Full-length side panel	✓
Vario Safe side panels	0
Vario Safe split side rail – Protective height	0 41 cm
Pivoting side rail	0
Pivoting side rail, including horizontal telescopic extension – Protective height	0 45 cm
Gap filling insert at foot end for telescopic pivoting side rail	0
Mattress base	
Metal slat mattress base	✓
4-section mattress base	✓
Mattress base tiltable to reverse-Trendelenburg position	✓
Mattress base tiltable to Trendelenburg position	✓
Adjustment ranges	
Height adjustment (from – to)	15 – 80 cm
Backrest adjustment to 70°	✓
Thigh rest adjustment to 40°	✓
Reverse-Trendelenburg position up to 12°	✓
Trendelenburg position up to 12°	✓
Auto contour adjustment/Fowler position and Cardiac Chair position	✓
Castors	
Double castors 50 mm diameter	✓
2x2 locking castors (with automatic locking at floor-level)	✓
Wall deflection systems	
Wall spacer on the chassis at the head end or lateral	0
Miscellaneous	
Ground clearance*1	✓
2 receivers for patient lifting pole or infusion stand at head end	✓
Integrated bed extension (+10 cm/+20 cm)	✓



✓ = Standard feature
0 = Available as an option
– = Not available

*1 not in lowest mattress base position
*2 for integrated bed extension



FOR PEOPLE WHO CARE

We think in holistic solutions – for people in health and care, worldwide.

1 100
EMPLOYEES
WORLDWIDE

11
LOCATIONS
in Germany, Poland,
the Netherlands, Belgium,
France, Finland,
South Africa and China

100 000
beds
produced
every year

15-YEAR
spare part
availability

100
countries

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OFFERS for all
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GERMAN
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