

GET TO KNOW ONE ANOTHER

Have you ever signed up for something (a club, gym, or membership) and never really used it? Why?

PRAYER

Spend some time in prayer for each other.

HELPFUL BACKGROUND

Equip (Greek: *katartismos*) This word means to set in place, restore, or make ready for use, like mending fishing nets or setting a broken bone. It's about making someone fit for their purpose, not just giving them information.

“Walk Worthy” Theme (Eph 4:1) Paul begins chapter 4 with a charge to “walk in a manner worthy of the calling.” This phrase is a literary hinge. It connects the believer’s identity (chapters 1–3) to their responsibility (chapters 4–6). Verses 10–16 flesh out what this “worthy walk” looks like in the life of the church: unity, growth, and Christ-centered maturity.

Roman Patronage and Leadership Expectations In Greco-Roman culture, leaders were often patrons who held power and dispensed benefits. Paul flips this model on its head: leaders in the church are not patrons who dominate but equippers who serve. This would have challenged worldly views of status and authority.

KEY OBSERVATION QUESTIONS

Read Ephesians 4:11-16

1. What does verse 12 teach us about the purpose of church leaders?
2. How does Paul describe spiritual maturity in verses 13–14?
3. What does vs 14 say can “toss us to and fro?”
4. According to verse 15, how are we supposed to speak truth?
5. In verse 16, what happens when every part of the body is working properly?

SPIRITUAL GROWTH

Teaching: *What is God teaching you in this passage?*

- What does this passage reveal about Christ’s vision for how the church should function?
- Paul teaches a vision for Christian maturity, what does this passage say about that?

Reproof: *Have you been convicted of any wrong thinking or behavior?*

- Which expectation in belonging to the body of Christ challenged you or changed your perspective? (trained, included, pushed, or led by Jesus?)

Correction: *What do you need to correct in light of this passage?*

- What does engaging in the church body look like according to the vision in Eph. 4:11-16? How can you participate similarly?

Training in Righteousness: *What are practices or habits you can form or change?*

- What does a path toward growing up and maturing in Christ look like in your life?
- Do you feel you are being equipped for the service God has placed you in? How can you intentionally step into the training and equipping opportunities in our church body?
- Can you think of someone you love that needs you to tell them truth? How do you plan to do that?

ACCOUNTABILITY Q&A

How are you feeding your soul?

How are you feeding your flesh?

How are you feeding others?

GET INVOLVED!

God gives each of us a gift to build his church! Join one of our ministry teams or mission partners! Email Jodi@trinitybible.org for more info and next steps.