

"KIA WHAKARONGO AKE AU KI TE RURU E KARANGA ANA... PŌ PŌ KEO KEO"



I HEAR THE RURU CALLING... PŌ PŌ KEO KEO

TE RURU
SYSTEMS CHANGE
FRAMEWORK

hrcnz



TE RURU

ARTICLE

Johnson, T., Allport, T., & Boulton, A. (2024).
Te Ruru: Co-creating an Indigenous systems
change framework. *Journal of Awareness-
Based Systems Change*, 4(1), 49-75.



TUI

ARTICLE

Allport, T., Johnson, T., & Bennett-Huxtable, M. (2023).
Traversing Indigenous communication landscapes:
Translation, uptake and impact of Māori research.
*Ethical Space: The International Journal of
Communication Ethics*, 20 (No 2/3), 119-136.



OUR
TUPUNA
WHO
GUIDE
US

OUR
MAATAU
RANGA
THAT
DRIVE
US

THE SYSTEMS WE ARE CHANGING

WHANAU
&
RANGAHAU

Rangatiratanga

Mātauranga Manaaki Tangata

Hauora Tangata

Ngakau Tapatahi Aurere

OUR
VALUES
WHICH
GROUND
US

OUR
PUKE
THAT
HOLDS
US

THE SEEN
AND
UNSEEN

THE
NGANGARA
THAT
CHOKE
US

new mātauranga

OUR TUUPUNA WHO GUIDE US

OUR MAATAURANGA THAT DRIVE US



THE SYSTEMS WE ARE CHANGING



OUR VALUES WHICH GROUND US

OUR PUKE THAT HOLDS US

Rangatiratanga

Mātauranga Manaaki Tangata

Hauora Tangata

Ngakau Tapatahi Aurere

THE SEEN AND UNSEEN

THE NGANGARA THAT CHOKE US

- assumptions
- pouri trauma
- structural racism
- language + culture alienation
- disconnection

MICRO

LENS VIEW

Ngā Karu - the eyes

The eyes scan with their perceptive karu, mastering the ever-changing complexities of systems at the micro, meso, and macro levels. With a sharp eye for opportunities, Te Ruru skilfully directs strategic research activities for optimal outcomes.

Te Ngutu - the beak

The beak calls the team together—assigning roles and clarifying the mission. Te ngutu o Te Ruru alerts us to the research actions we must take for different audiences between Indigenous and other realms, both the seen and unseen systems.

TUI - methodology

The TUI methodology unfurls from its embedded place in the puku (the belly) of the research process. TUI emerges and evolves in tandem with the core tikanga (values) of Whakauae that define 'how we work—how we do Kaupapa Māori research'.

TE RURU
SYSTEMS CHANGE
FRAMEWORK

Hamora Tangata Manaaki Tangata
Mātauranga Rangatiratanga
Ngākau Tapatahi Aurere

MESO

LENS VIEW



Ngā Pākau - the wings

The powerful wings of Te Ruru - propel stakeholders and the six conditions for systems change into efficient collaborative action. The wings are highly tuned and tightly calibrated, able to manoeuvre through the varied landscapes and forests of systemic conditions which include Policies · Practices · Resource Flows · Relationships and Connections · Power Dynamics · Mental Models (or Mindsets).

Maikuku - the claws

The claws of Te Ruru represent the clawing and seizing of opportunities for movement building. The hunting of opportunities involves the extraction of predators which disrupts and reshapes the forest floor (systems), ultimately healing the ecosystem.

TE RURU
SYSTEMS CHANGE
FRAMEWORK

MACRO

LENS VIEW

New mātauranga

With the micro and meso levels coordinated, a macro perspective grants a holistic view of the system, and we can set ambitious aspirations within the stars. This inclusive approach, expanding knowledge outward with our whānau, forms the foundation for transformative systems change, fostering optimism and shared narratives.

Ngāngara

Ngāngara are the hidden insects beneath the surface—the unseen obstacles to intergenerational sustainable change. Urgent action and healing are essential for addressing issues such as pain, structural racism, cultural alienation, land displacement, disconnection, and trauma. Without this healing, the sustainability and flourishing of the new mātauranga within the macro perspective are at risk.

TE RURU
SYSTEMS CHANGE
FRAMEWORK

1

NGĀ KARU

Where has your research ended up?

Who has seen it? Whose desk is it on? Have you noticed any links between your research outputs and change in your life or our communities' lives?

Based on this, can you say what systems influence we are able to report on? If none, why is it hard to report on this?

MICRO

LENS VIEW

Your turn

Here we invite you to consider how you are involved in systems change by answering the following pātai in each 3 sections of Te Ruru framework.



2

TE NGUTU

Who else?

- Who might I call on to assist the vision?
- Where is the momentum now?
- Where is it heading?

3

TUI

Our role

- Are we clear on our role as agents of systems change as Kairangahau?
- If not, what clarity do we need?

1

NGĀ PĀKAU

The current systemic conditions

- Which policies and practices do we want to change?
- What ideas do you have for taking your research outputs to influence any of the following—policies, practices, relationships, power dynamics, mindsets, resource flow?
- Is there political will for change?



2

NGĀ MAIKUKU

Seizing opportunities and hunting problems

- Where else can your research go?
- What opportunities, low hanging fruit can we grab now to elevate the impact of our research?

NEW MĀTAURANGA

Setting our aspirations in the stars

1

What new narratives do we want to hear?
What indicators of success do we expect to see in the health and wellbeing of our communities in Aotearoa?

MACRO
LENS VIEW

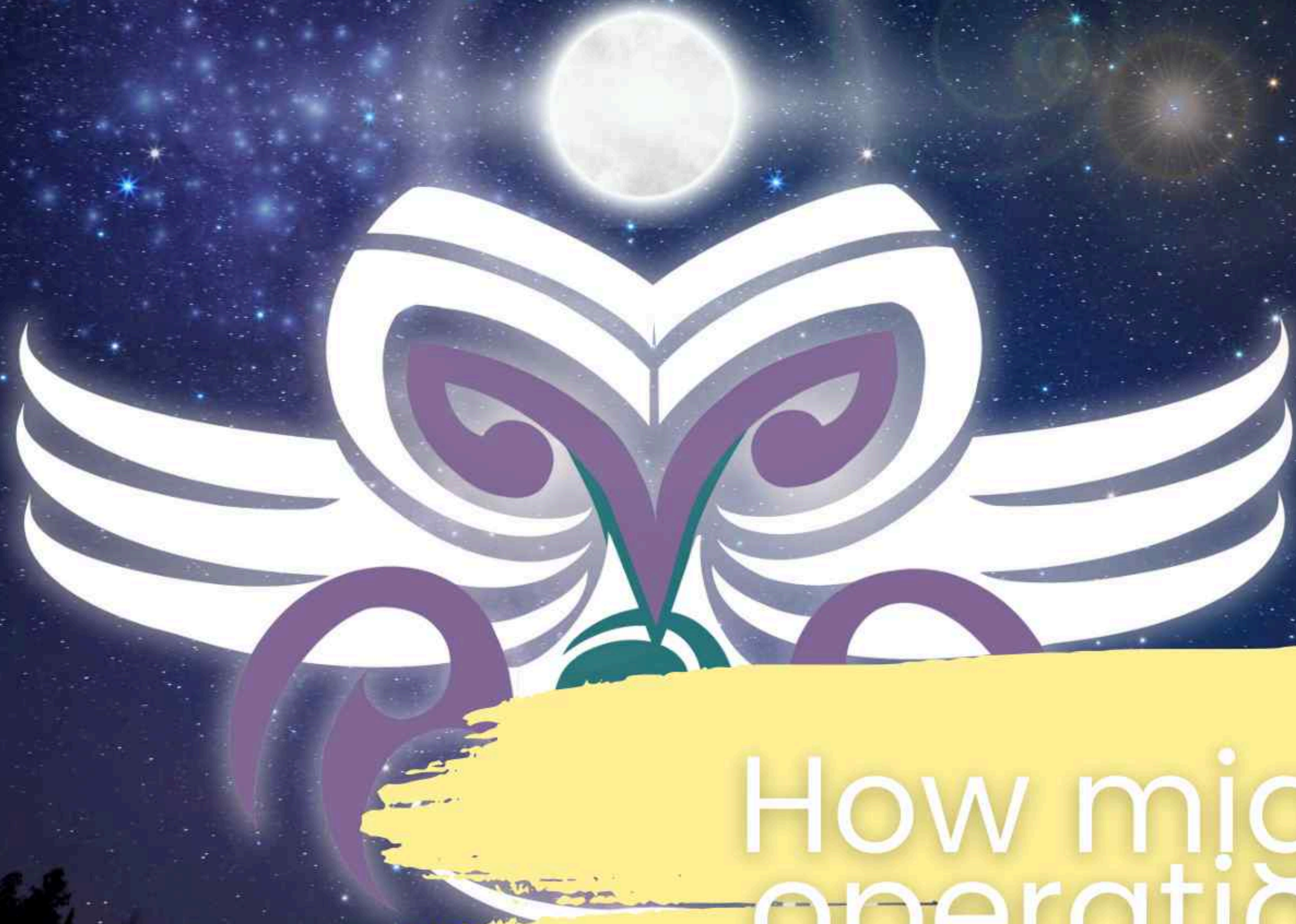


2

NGĀNGARA

The unseen, beneath the surface

In order to achieve our new mātauranga- are there any behaviors, thoughts or practices we need to adapt or change in our research team, or our larger teams culture to improve how we can **contribute to meaningful change in Māori health equity?**



How might we operationalise this?

TE RURU
SYSTEMS CHANGE
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