

Infection Control Prevention

To protect yourself, your visitors and others from Infections during your hospital stay:



CLEAN YOUR HANDS AND REMIND OTHERS TO CLEAN THEIRS .



Use hand sanitizer gel for 20 to 30 seconds or wash your hands with soap and water for 40 to 60 seconds , before eating or after touching anything that might be soiled.



wash your hands with water and soap for 40 to 60 seconds after using the bathroom or when your hands are visibly dirty



Health care providers are required to wash or sanitize their hands before and after seeing you. They should wear gloves when they perform tasks such as drawing blood, touching wounds or handling blood or any body fluids.

(DON'T HESITATE TO REMIND YOUR CARE TEAM MEMBERS TO CLEAN THEIR HANDS)

Make sure your family, visitors and companions wash or sanitize their hands before and after seeing you

If any of your family, visitors and companions are sick, please ask them to stay home or leave.

Cover your mouth and nose when sneezing or coughing by using tissues or the bend of the elbow

Both tissues and masks are available upon request. We urge you to use them if you have a runny nose or cough, or if you are sneezing ,discard immediately to the nearest waste bin

To Prevent the spread of respiratory infections.

YOU MAY HAVE A CONDITION THAT REQUIRES ISOLATION.

A sign will be posted on your room door include all needed precautionary measures

Staff members and visitors will be required to wear a protective gown and gloves and, in some cases, a mask

If you are in isolation, speak to your nurse before leaving your room