

AI and Being Human



HEY, PARENTS!

This resource is designed to help you support your teen in exploring their unique identity and calling as God's image bearers through the lens of Artificial Intelligence (AI). We hope it equips you to have positive and meaningful conversations with your teen about these important topics.



WHAT IS AI? HOW DOES IT AFFECT MY TEEN?

AI is a technology that mimics human intelligence by using mathematical models and data retrieval. You probably already know some of these tools by their more common names: **Alexa, Siri, Gemini, and ChatGPT.**

However, as technology advances, the lines between AI and real life can become blurred. Teens need to know and wrestle with what it means to be human. And not just human, but a human made in the image of God - the

only creation that God calls his greatest masterpiece. They are more than just organic beings being driven by calculable impulses - they are spiritual beings, broken by sin, and in need of restoration. By looking to Jesus, the perfect human, teens can begin to see who they were meant to be more clearly.



Did you know:

*Gen Alpha averages over four hours of online activity daily outside of schoolwork. Nearly **20% spend 8+ hours**, demonstrating how deeply technology is embedded in their lives.*

- [OneHope, Gen Alpha Report*](#)



WHAT WILL MY TEEN LEARN ABOUT AI AT CHURCH?

01 As **God's image bearers**, human beings are designed to live in a loving relationship with their Creator and his creation.

- So God created human beings in his own image. In the image of God he created them; male and female he created them. Then God blessed them and said, "Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground."
- Genesis 1:27-28
- Jesus replied, "'You must love the Lord your God with all your heart, all your soul, and all your mind.' This is the first and greatest commandment. A second is equally important: 'Love your neighbor as yourself.'
- Matthew 22:37-39

02 Truth is not just a bunch of ideas we can download into our brains; it is an embodied Person (Jesus) we must continue to **know daily**.

- Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me ..." - John 14:6

03 AI gives us knowledge, but true wisdom (which is what we all need) comes from **God's Word** and biblical community.

- For the Lord grants wisdom! From his mouth come knowledge and understanding.
- Proverbs 2:6

04 To become who we were made to be, we must be with Jesus, **become like him**, and do what he did.

- So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image. - 2 Corinthians 3:18



WHERE DO I COME IN?

Your teen is a digital native and is growing up in a world dominated by social media algorithms and smart speakers like Alexa and Siri. Because of this, they may not share your preconceived notions or hesitations about it. OneHope's research on Gen Alpha shows that **they view AI as a normal and trustworthy part of life**. They may even consider it a **"friend"**. One of the best ways to help your teen wrestle with, and consider, all that they will be learning in this series is to create an environment where they feel heard, seen, and valued.



CONVERSATION STARTERS

Kick off conversations with your teen with some of these questions:

- "If you were going to design the perfect chatbot, like ChatGPT, what would it be like?"
- "How do you determine if something you see online is true?"
- "What is something about yourself you are really proud of?"

**Keep the conversation open by asking follow-up questions. Don't worry about adding your two cents unless they ask for it.*



Did you know:

22% of preteens explore alternative spiritual practices like astrology?

Guiding teens toward biblical truth helps them discern what aligns with God's Word.

- [OneHope, Gen Alpha Report*](#)



LEAD BY EXAMPLE

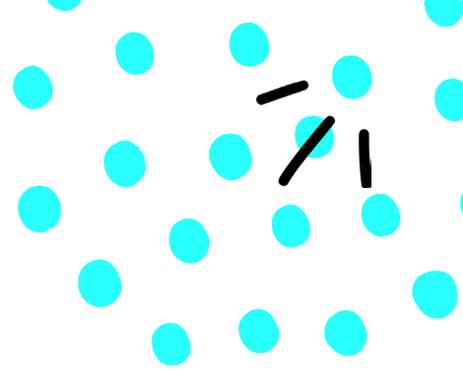
- Take time to **pray** and thoughtfully create healthy tech boundaries for your home.
- When your teen asks you a question, **try to avoid outsourcing to an AI tool immediately**. First, brainstorm on your own with your teen. Then, if you do go to an AI tool, remember to talk through the response, applying your own wisdom and experience. Don't automatically assume the results are accurate.
- As a parent, the best way to ensure your teen is going to **God's Word** for their source of truth is to model it yourself! "Get caught" praying and reading Scripture.



Did you know:

By modeling a daily practice of reading the Bible, your teen is up to **three times** more likely to build their own habit. If you want to join them on a meaningful Scripture journey, simply click or scan the QR code to explore relevant reading plans.

– OneHope, Gen Alpha Report*



HELPFUL RESOURCES

To learn more about how to responsibly steward your teen's usage of AI, visit these sites by scanning, or clicking the QR code.

[HelloBible.ai](#) is a mobile app that offers precise answers to your spiritual questions without compromising scriptural integrity or making assumptions.

[Axis.org](#) is an excellent resource that offers a wealth of valuable information, including research, reviews, and parent guides, that can help you navigate your family's relationship with AI.



Being Human in the Age of AI

LESSON 1

Being Human in the Age of AI



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*OneHope. (October 2024). Gen Alpha: The Next Generation.

