

Each workshop will last approximately 90 minutes. Workshops will each run twice, with a half-hour break in between, to enable delegates to attend 2 of the 3.

Workshop 1 - Citizen Circles: our proposition to take you beyond the co-production buzzwords.	Workshop 2 - COMPACT framework – Capturing Organisational iMPact of behavioural science in local government	Workshop 3 - <i>Creative Arts and Behaviour Change</i>
Facilitators: Dr Tiago Moutela, Emily Rayner, Ian Fannon. Claremont	Facilitators: Prof Katherine Brown* & Julie Bayley** *University of Hertfordshire **Northeastern University London	Facilitators: Lydia Towsey Leicestershire Partnership NHS Trust
Context: Organisations across health and social care increasingly recognise the need for inclusive, community-led decision making. Yet, traditional engagement methods (such as focus groups, interviews, and some co-production approaches) often leave communities out of real decision-making. On the other hand, robust deliberative processes like citizens’ assemblies and juries are too costly and slow for most organisations. Citizen Circles bridge this gap by enabling organisations to prioritise programmes of work and make inclusive, well-informed decisions that reflect what people truly care about.	Context: Local authorities face increasing pressure to deliver more with fewer resources. While Behavioural Science (BeSci) offers powerful tools to enhance staff wellbeing, improve services, and strengthen systems, its contribution is often difficult to identify, measure, and communicate. To help address this, a team of Public Health, Behavioural Science and Academic specialists have been co-creating a new framework to better articulate and demonstrate the benefits of Behavioural Science.	Context: Data shows that common mental health problems—like anxiety and depression—are steadily increasing in the UK, especially among young people and in communities facing economic or social challenges. Good mental health is essential for performing well and for looking after our overall wellbeing in daily life. WORD! LPT, have been developing a unique Creative Health based Arts in Mental Health Service that centres parity and includes the evidence-based application of literature and the arts for mental health treatment and recovery. They use the written word to give people time to themselves, helping them reflect on their experiences and find better ways to cope with their roles and the world around them. WORD! is a Saboteur Award nominated poetry organisation, partnered by LPT and delivering one of the longest running poetry events in the UK.
Description: A practical workshop introducing a methodology designed to move past co-production clichés and embed the lived experience of local communities into strategic decision-making for health and social care services. The use of Citizen Circles is an efficient methodology for inclusive and joint decision-making that bridges the gap between professional expertise, health and social care systems and people's lived experiences.	Description: The COMPACT Framework is a practical reference tool that highlights the potential impact of behavioural science within local authority activities. Organised into clear categories and subcategories of impact, and available as a free, editable spreadsheet, it can be easily adapted, integrated, or customised to suit a variety of needs. It also features a range of real-world examples, illustrating the many practical and effective ways behavioural science is already driving positive change in local government settings.	Description: Welcome to a fun, hands-on session exploring how creative writing and the arts can support positive personal change. Through a short grounding meditation and a series of easy writing exercises, we’ll set goals, explore solutions, and build personal insight and wellbeing. You’ll also gain practical tools you can use in your professional work. The session is based on the CHIME mental health recovery framework (Leamy et al), and draws on ideas from poet and sociologist Carole Satyamurti and author Byron Katie.
Who is this workshop suitable for? • Organisations seeking balanced and realistic action plans, recommendations, and inputs through structured, multi-session deliberations that combine expert knowledge with lived experience. • Anyone involved in community engagement, service design, or programme development who needs actionable, prioritised outputs and genuine stakeholder buy-in, but may not have the resources for large-scale citizens’ assemblies or juries	Who is this workshop suitable for? • Behavioural scientists – People skilled in measuring behaviours, determinants, and outcomes, even if they don’t usually work within a local authority structure. • Local authority staff using behavioural science informally – Those who aren’t trained behavioural scientists but apply BeSci in their roles (e.g., someone with a Health Psychology MSc using BeSci within a non-BeSci job). • Senior, strategic, or transformation leaders – People who may not know much about behavioural science but need to understand the impact framework to support decisions during local government restructuring.	Who is this workshop suitable for? Any delegate who wants to experience and engage with how the written WORD! can help them gain insights into their own health, world and professional practice.

What will I get from attending this workshop? • First-hand experience of the Citizen Circle approach, guidance in how to facilitate informed dialogue using the CC approach • Experience in how to generate actionable recommendations by equipping participants with expert knowledge. • A new approach to building trust and legitimacy in your engagement processes.	What will I get from attending this workshop? • An overview of the framework and its purpose. • Opportunity to explore practical applications, challenges and opportunities in using COMPACT in practice • Insight into how the framework can be applied in your own work and context.	What will I get from attending this workshop? • Opportunity to creatively explore your own personal experience in a safe and supported way, and an increased knowledge and understanding of this practice. • Insights into the theory behind the work • Practical Creative Health based tools for personal and professional practice.
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Satellite symposium event description – *This session will run for approx. 3.5 hrs, including refreshment break*

Building behavioural science capacity in the NHS workforce.

Facilitated by Dr Sion Scott, Associate Professor of Behavioural and Implementation Sciences
School of Health Sciences
University of East Anglia

Building Behavioural Science Capacity in the Healthcare Workforce

Are you a healthcare professional (inc trainees) who wants to deliver more effective, efficient, and equitable patient care within the NHS and beyond?
The Behavioural Science and Public Health Network (BSPHN) is hosting a satellite symposium at its 2026 annual conference focused on growing behavioural science skills across the healthcare workforce.

About the Session

Including a range of case studies and discussion from across healthcare, this half-day symposium is designed for professionals who recognise that improving patient care—whether through quality improvement, better treatment adherence, or tackling service challenges—requires an understanding of behavioural science. also ideal for those curious about behavioural science as a route into research.

Why Attend?

- Hear from senior NHS leaders on why behavioural science is essential to achieving the NHS Ten Year Plan and improving productivity, effectiveness, and equity.
- Learn how behavioural science principles can strengthen your practice and support innovation.
- Listen to colleagues from pharmacy, physiotherapy, speech and language therapy and more, who will share practical insights on applying behavioural science in real healthcare settings.

Who Should Attend?

Any health professional interested in:

- Using behavioural science to enhance clinical practice or service delivery
- Supporting strategic efforts to embed behavioural science across their profession and the wider health and care system

Professionals from medicine, nursing, pharmacy, allied health, and related fields are all welcome.

What You’ll Gain

You’ll learn from NHS behavioural science leaders, take part in a practical taster workshop introducing core concepts and techniques, and connect with peers facing similar challenges. CPD credits have been applied for.

The session will close with the launch of a new **Behavioural Science Community of Practice for Healthcare Professionals**, offering networking, support, and opportunities to share learning across disciplines and disease areas.