

Free

\$0

/month

No credit card required

Get started

Free for everyone

✓ Unlimited notes

✓ Notes from dictated or text summaries

✓ Manually upload session recordings

✓ Telehealth without AI notes

✓ Scheduling in your Upheal calendar

Starter

\$29

\$19

/month

billed annually

Save \$120/year

Start free trial

Everything in Free, and:

✓ Unlimited notes

✓ All note types

✓ Capture in-person sessions and EHR calls

✓ Template customization

✓ Diagnosis & modalities

✓ Smart Edit for quick adjustments

✓ AI learns your writing style

Premium

\$99

\$69

/month

billed annually

Save \$360/year

Start free trial

Everything in Starter, and:

✓ Unlimited notes

✓ Telehealth with AI notes

✓ Treatment Plans with Golden Thread

✓ AI assistant

✓ Compliance Checker

✓ Client self-scheduling

✓ Practice forms

✓ Payments

No credit card required for trial

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30-day money back guarantee

	Free	Starter	Premium
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Notes & documentation

Session notes per month	Unlimited	Unlimited	Unlimited
Note types	Basic	Full set	Full set
Session transcripts	✓	✓	✓
AI learns your writing style	✓	✓	✓
Chosen modality reflected in notes	✓	✓	✓
Treatment summaries	—	✓	✓
Post-session summaries for clients	—	✓	✓
Smart Edit for quick AI adjustments	—	✓	✓
Note template customization	—	✓	✓
Custom AI prompts in templates	—	—	✓
Advanced analytics and a session map	—	—	✓
Treatment Plans with Golden Thread	—	—	✓
AI Assistant	—	—	✓
Compliance Checker	—	—	✓

Intake & scheduling

Calendar	✓	✓	✓
Client self-scheduling	—	—	✓
Practice forms	—	—	✓
Smart Intake	—	—	Coming soon

Telehealth and capture

Telehealth	Calls only (no AI notes)	Calls only (no AI notes)	With automated AI notes
Notes from text or dictation	✓	✓	✓
Manual uploads	✓	✓	✓
In-person sessions	—	✓	✓
Virtual sessions	—	✓	✓
Desktop & mobile apps	—	✓	✓
Zoom integration	—	—	✓

Payments

Invoicing & payment tracking	—	—	✓
Online payments	—	—	✓
Superbills	—	—	✓

Therapy formats

Individual therapy	✓	✓	✓
Couples therapy	—	✓	✓
Family therapy	—	—	✓

Privacy & management features

All recordings deleted by default	✓	✓	✓
Opt-out from AI model training	—	✓	✓
Chat and email support	Basic	Standard	Priority support