

*The art
of Self-Care*

INSPIRED BY NATURE'S TRANSFORMATIVE
ENERGY TO SOOTHE YOUR MIND AND
AWAKEN YOUR SENSES.

IMPORTANT INFORMATION

We recommend arriving 10 minutes before your appointment to enjoy a stress-free experience. If you arrive late, the treatment time cannot be extended. If the guest arrives in unsuitable conditions (ill or under the influence of alcohol or substances), the treatment will be canceled without refund.

CANCELLATION POLICY

*Confirm your appointment at least 12 hours in advance.
Cancellations with 4 hours' notice are valid at no charge.
Cancellations with less than 3 hours: 50% of the treatment cost will be charged. No show: 100% of the treatment cost will be charged.*

RESERVATIONS

*To book a treatment, visit our reception. Send us an email, call, or send a WhatsApp message. Request your appointment at reception or contact us: +506 8953 6084
concierge@hotelbelmar.net*

B O D Y W O R K

Cloud Forest

Soft to medium pressure massage using long strokes and gentle circular kneading / Complemented by aromatherapy / Designed to relieve tension, support circulation, and encourage physical and mental relaxation.

60 min | \$100 + tax

90 min | \$135 + tax

Deep Tissue

Medium to deep pressure massage using deep friction / Targeted kneading / Gentle stretching to address deeper muscle layers / Helps relieve tension, improve mobility, and support recovery from physical strain.

60 min | \$110 + tax

90 min | \$145 + tax

BODY THERAPIES

Hot Stones

Soft to medium pressure massage with heated volcanic stones / aromatherapy / Stones and gentle movements relieve muscle tension / Improve circulation / Support overall relaxation and stress reduction.

80 min | \$145 + tax

Renewal for Tired Legs

Medium to deep pressure massage for legs and feet / combining kneading friction, and drainage / Relieves tension, enhances circulation, and reduces discomfort from daily activity or travel. Promotes full-body comfort and balance.

60 min | \$100 + tax

Natural Revitalizing Facial

Ritual combining medium-pressure massage on the back shoulders, neck, and legs with exfoliation / Foot massage / Relieves tension and supports physical and mental balance.

60 min | \$90 + tax

A D D O N S

Mini Facial

Cleansing and renewal with organic exfoliation / Detoxifying mask / Finishing with a hydrating massage that leaves the skin glowing and fresh.

30 min | \$50 + tax

Relaxing Foot Therapy

Exfoliation and herbal relaxing massage with warm towel wraps and aromatherapy to restore and relax the feet.

20 min | \$30 + tax

RITUALS

Heart & Sole

Ritual combining medium-pressure massage on the back, shoulders, neck, and legs with exfoliation and foot massage / Relieves tension and supports physical and mental balance.

60 min | \$100 + tax

90 min | \$145 + tax

Deep Renewal

Restorative ritual combining deep tissue massage, foot reflexology and mint exfoliation to relieve tension, enhance circulation, and revitalize the skin. Finished with a hydrating mask to nourish and restore balance

90 min | \$145 + tax

Cacao Elixir

Nourishing ritual combining light to medium massage with chocolate oil, foot reflexology and cacao exfoliation to improve circulation / Concludes with a hydrating mask to soften the skin and support overall wellbeing

90 min | \$145 + tax

D U O S

Massage for two

Whether you are a romantic couple, mother and daughter, best friends, or travel companions, share a moment of deep relaxation while enjoying a therapeutic full body massage at the same time / Each person may choose from our massage options: Cloud Forest, Deep Tissue or Heart & Sole

60 min | \$190 + tax

75 min | \$200 + tax

90 min | \$250 + tax

Over the moon

A deep relaxation ritual designed for couples, combining restorative massage, four-hand massage with heated seeds, foot exfoliation, and a hydrating facial / Relieves tension, supports energy balance, and promotes overall wellbeing.

120 min | \$330 + tax

HOTEL BELMAR

THE ART OF NATURE