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Dental Health

Introduction

Good oral hygiene is essential for children's health and well-being. Conversations and information exchange on dental health is encouraged to promote good dental hygiene practices and lifelong learning for children and their families.

Goals

Quirindi Preschool Kindergarten will promote dental health. Quirindi Preschool Kindergarten will encourage families to pack in children's lunch boxes, nutritional foods and water in the children's drink bottles. Water will be available at all times.

Strategies

The philosophy of Quirindi Preschool Kindergarten will guide educator interactions and practices by providing a vision, a purpose and a meaningful direction regarding goals for children and families.

The Approved Provider/Nominated Supervisor will:

- Encourage families to minimise providing sugary foods in their children's lunchboxes; and
- Ensure access to safe drinking water at all times.

Educators will:

- Encouraging children to drink water throughout the day and after eating;
- Role model healthy practices while at the service.

Statutory Legislation and Considerations

- Education and Care Services National Law Application Act 2010
- Education and Care Services National Regulations
- ACECQA's Guide to the National Quality Framework

Sources

- Raising Children Network – Dental Care for children https://raisingchildren.net.au/preschoolers/healtth-daily-care/dental-care/dental-care-preschoolers
- Health Direct –Dental Care for Children www.healthdirect.gov.au/dental-care-for-children
- Community Early Learning Australia (CELA)

Links To:

- Education and Care Services National Regulations: 77-79
- National Quality Standards/Elements: 2.1, 2.2

Links to other Policies

- Nutrition, Food, Beverages and Dietary Requirements