

Monday		Tuesday		Wednesday		Thursday		Friday	
<div>August 2025</div> <div>Cedar Neighbourhood</div>						<div>1</div> <div>3:00 Relaxation Music</div>			
<div>11:00 Chinese Reminiscing</div> <div></div> <div>4</div>	<div>5</div> <div>3:00 Sensory Spa</div>	<div>6</div> <div>3:30 Chinese Music</div>	<div>7</div> <div>11:15 Walking Group</div> <div>3:00 Helping Hands</div>	<div>8</div> <div>3:00 Relaxation Music</div>					
<div>11:00 Chinese Reminiscing</div> <div>11:15 Hymn Sing with the Chaplain</div> <div>11</div>	<div>12</div> <div>3:00 Sensory Spa</div>	<div>13</div> <div>3:30 Chinese Music</div>	<div>14</div> <div>11:15 Walking Group</div> <div>2:15 Ice Cream Floats</div> <div>3:00 Helping Hands</div>	<div>15</div> <div>3:00 Relaxation Music</div>					
<div>11:00 Chinese Reminiscing</div> <div>11:15 Hymn Sing with the Chaplain</div> <div>18</div>	<div>19</div> <div>3:00 Sensory Spa</div>	<div>20</div> <div>1-3 Family Fun Day</div>	<div>21</div> <div>11:15 Walking Group</div> <div>3:00 Helping Hands</div>	<div>22</div> <div>3:00 Relaxation Music</div>					
<div>11:00 Chinese Reminiscing</div> <div>11:15 Hymn Sing with the Chaplain</div> <div>25</div>	<div>26</div> <div>2:15 Ice Cream Sundaes</div> <div>3:00 Sensory Spa</div>	<div>27</div> <div>3:30 Chinese Music</div>	<div>28</div> <div>11:15 Walking Group</div> <div>3:00 Helping Hands</div>	<div>29</div> <div>3:00 Relaxation Music</div>					

All Cedar Residents are welcome and encouraged to attend programming on the first floor. Please invite and assist as needed.