



November 2025

Cedar Programs



10:15 Wake Up to Music 11:00 Chinese Reminiscing 11:15 Hymn Sing	3	3:00 Sensory Spa	4	3:30 Chinese Music	5	11:15 Walking Group 3:00 Helping Hands	6	10:15 Music by the Piano 3:00 Relaxation Music	7
10:15 Wake Up to Music 11:00 Chinese Reminiscing 11:15 Hymn Sing	10	3:00 Sensory Spa	11	3:30 Chinese Music	12	11:15 Walking Group 3:00 Helping Hands	13	10:15 Music by the Piano 3:00 Relaxation Music	14
10:15 Wake Up to Music 11:00 Chinese Reminiscing 11:15 Hymn Sing	17	3:00 Sensory Spa	18	8:00 Pancake Breakfast 3:30 Chinese Music	19	11:15 Walking Group 3:00 Helping Hands	20	10:15 Music by the Piano 3:00 Relaxation Music	21
10:15 Wake Up to Music 11:00 Chinese Reminiscing 11:15 Hymn Sing	24	3:00 Sensory Spa	25	3:30 Chinese Music	26	11:15 Walking Group 3:00 Helping Hands	27	10:15 Music by the Piano 3:00 Relaxation Music	28