Monday	Tuesday	Wednesday	Thursday	Friday
10:15 Wake Up to Music 11:15 Hymn Sing with the Chaplain 1:15 Musical Visits	1 3:00 Sensory Spa	2 3:30 Chinese Music	3 11:15 Walking Group 3:00 Helping Hands	4 10:15 Music by the Piano 5 3:00 Relaxation Music
10:15 Wake Up to Music 11:15 Hymn Sing with the Chaplain 1:15 Musical Visits	8 3:00 Sensory Spa	9 3:30 Chinese Music	10 11:15 Walking Group 3:00 Helping Hands	11 10:15 Music by the Piano 12 3:00 Relaxation Music
10:15 Wake Up to Music 11:15 Hymn Sing with the Chaplain 1:15 Musical Visits	15 3:00 Sensory Spa	3:30 Chinese Music	17 11:15 Walking Group 3:00 Helping Hands	18 19
	22 3:00 Sensory Spa	23 3:30 Chinese Music	24 11:15 Walking Group 3:00 Helping Hands	25 26
	29 3:00 Sensory Spa	30 3:30 Chinese Music	20	cember 25 Neighbourhood