

Simplifying Aesthetic Anterior Composite Resins

Presented by: Dr Michael Mandikos

ADA NSW

20th March 2026

[Achieving excellent aesthetic and functional results when restoring anterior teeth.](#)

Beginning with a lecture covering the relevant physical properties required of composites to be used for restoring anterior teeth, this one-day course explores the concepts of colour as they relate to tooth shade selection. As there are presently so many options on the market, the importance of opacity/translucency as distinct from colour alone will be explained to assist participants in selecting composite systems for use in their practices.

Finally, the multi-layered approach to restoring anterior teeth using varying opacity of composites will be demonstrated together with simplified techniques for build-up, finishing and polishing.

The practical exercises in this course will allow participants to restore typodont teeth utilising a multi-shaded, aesthetic composite system and the layering techniques presented in the lecture.

After the course, attendees should have a greater understanding of the newer composite technologies available to achieve excellent aesthetic and functional results when restoring anterior teeth.

[Topics include](#)

- Current composite resin technologies and systems designed for aesthetic, single and multi-layered build-up techniques
- Shade selection – understanding colour and teeth
- A simplified approach to multi-layered anterior composite restorations
- Finishing and polishing techniques for microfill, microhybrid, and nanocomposites
- Can composite resins restore adequate function and aesthetics?
- Indications for choosing between composite and ceramics
- Are composite restorations cost-effective for the patient and the dentist?
- Clinical examples to illustrate techniques for easier practice

Listen to Michael below in the lead up to his course

Location

Centre for Professional Development – 1 Atchison Street St Leonards NSW 2065

Price

ADA NSW Member \$1,049.00

Non-Member \$1,417.00

ADA Members (non NSW) \$1,049.00

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