

Gwen Burridge

Gwen joined byrne·dean in 2021. Prior to this she spent over 36 years' experience in financial services as a Trader, Operations Manager, and HR Learning and Leadership Development Consultant. She has brought a significant depth of knowledge of the culture and behaviours in the investment banking industry, a wealth of experience as a manager and leader, and a pragmatic and outcome-driven approach to helping others grow and develop.

Experience

Skills development - In her years in HR she got to understand better the different challenges people face in their daily lives, and the impact they have on their performance and their working lives in general. She provided training on techniques, tools and resources to help them make small changes that would make a big impact and increase their self-awareness, and coaching that supported their present and future career choices, helping them progress more quickly and successfully through their chosen career path.

Training design and facilitation - Gwen has designed and delivered many courses over the years, covering topics such as management, communication, time management, decision-making, dealing with conflict, and leadership. She has also used the profiling tool, Insights Discovery, for many years for team building, raising self-awareness, and leadership development, and in coaching to help people identify how to leverage their strengths, mitigate areas of stress and challenge, develop more effective communication skills, and identify potential career changes. Her practical and sometimes fun-loving facilitation style provides a level of psychological safety that enables people to engage openly and honestly, and the depth of her work and life experiences helps her empathise with people, as well as entertain them!

Communication Skills – Gwen's use of Insights Discovery, DiSC, StrengthsFinder, and TKI are extremely important to her, as they have proven many times over the years to be the most popular, accurate and easy-to-understand behavioural assessment tools that help people understand their preferred work and communication style.