LOCAL



100% BC LOCAL GROCERIES ON THIS FLYER!

SALES ON: OCT. 16th - 29th, 2025 WHILE SUPPLIES LAST!



ASST. SALAD DRESSING

\$9.49/295ml

KAMLOOPS, BC



ASSORTED POPCORN

\$8.49 /135g

SALMON ARM, BC



BULGARIAN YOGURT \$18.99/1.5kg

PINANTAN LAKE, BC



COFFEE BEANS \$23.99/1LB bag \$19.98/1LB bag

KELOWNA, BC



0% COCKTAILS \$7.48/4 pack \$2.48/can

VERNON, BC



HELMUT'S KITCHEN **FROZEN SAUSAGES** \$12.99 /400g SALMON ARM, BC



ASST. PHO KITS \$16.99/each

CACHE CREEK, BC



DILL PICKLES \$18.99 /750ml jar \$15.98 /750ml jar

ABBOTSFORD, BC



ASST. PEROGIES

\$4.98/600g

BLIND BAY, BC



MEAT PIES \$8.99/pie \$6.98/pie

KELOWNA, BC



SUMMERLAND SWEETS **ASSORTED FRUIT JAMS** \$9.99/250ml \$7.98/250ml

SALMON ARM, BC



HANOI 36 **BONE BROTH** \$16.99/500ml KAMLOOPS, BC



GOURMET OATMEAL \$16.99/650g bag

VANCOUVER, BC



WE ♥ BC
ASST. SNACK PACKS \$5.99/150g \$4.98/150g

KAMLOOPS, BC



MAREL BREWING CO **KOMBUCHA** \$5.99/355ml \$4.58/355ml

SALMON ARM, BC



FROZEN PIZZAS \$18.99/each \$15.98/each

KAMLOOPS, BC



FRESH IS REST FRESH SALSAS \$5.99/375ml

KAMLOOPS, BC



MADE WITH LOVE **SPICE BLENDS** \$26.99/each \$23.98/each SICAMOUS, BC



D. DUTCHMEN ASSORTED ICE CREAM \$12.99/1L tub

KAMLOOPS, BC



ROBINSON FAMILY FARMS **HONEY**

\$11.98^{/500ml}

BLIND BAY, BC



OAK SMOKED & REGULAR BACON \$9.99/package \$8.98/package

KELOWNA, BC



ASSORTED FRUIT SODAS \$7.48/4 pack \$2.48/can



SEED TO CULTURE **ASSORTED SAUERKRAUT** \$14.99/500ml

CHERRYVILLE, BC



MICROGREENS \$5.99/package \$4.98/package KAMLOOPS, BC



ASSORTED CUT SOAPS \$7.99/each \$6.98/each

ABBOTSFORD, BC



ASST. PICKLED VEGGIES \$15.99/500ml

KELOWNA, BC



HYDR8 DRINKS \$7.48/4 pack \$2.48/can

VERNON, BC



ASSORTED NOODLES \$6.29/454g

KAMLOOPS, BC



BLACKWELL DAIRY
CHOCOLATE MILK \$2.99/473ml \$1.98/473ml

KAMLOOPS, BC



ASSORTED TORTILLA CHIPS \$5.99/250-3009 **\$4.98**/250-3009

100% BC LOCAL GROCERI