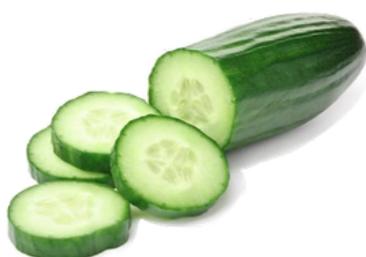


WEEKLY FLYER



FRESH • HEALTHY • LOCAL

Thursday, March 12th to Wednesday, March 18th, 2026
WHILE SUPPLIES LAST!



BC GROWN
LONG ENGLISH CUCUMBERS
\$1.58/each



KELOWNA BC GROWN
AMBROSIA APPLES
98¢/LB

 KELOWNA BC GROWN ORCHARD RUN SPARTAN APPLES 98¢/LB	 BC GROWN GOLD BEETS \$1.98/LB	 KAMLOOPS BC GROWN RED POTATOES \$4.98/5LB bag	 BC GROWN CARROTS \$4.98/5LB bag	 BC GROWN WHITE JUMBO MUSHROOMS \$3.98/LB
 BROCCOLI BUNCHES \$1.98/LB	 ASPARAGUS \$4.98/LB	 GREEN BEANS \$3.98/LB	 BABY BOK CHOY \$1.98/LB	 GINGER \$1.98/LB
 ICEBERG LETTUCE \$1.98/each	 BARTLETT PEARS \$2.98/LB	 GREEN ONIONS \$1.58/bunch	 KIWI FRUIT 88¢/each	 AVOCADOES 88¢/each



MADE IN FORT LANGLEY, BC
The Bog CRANBERRY PRODUCTS
 20% OFF All Products

THE BOG is a multi-generational family farm in the Fraser Valley! They grow quality fresh cranberries that feed much of BC. The Bog offers a wide variety, including Cranberry Juice, Cranberry Sauce, Cranberry Powder, Chocolate Covered Cranberries, and Sweetened Dried Cranberries.



The largest selection of Kamloops grown produce, now at TWO locations!

NEW HOURS STARTING MARCH 8th: Open 8am - 7pm Every Day • Stat Holidays: 10am - 6pm

1415 Hillside Drive, Kamloops, BC • 740 Fortune Drive, Kamloops, BC |   | nuleafproducemarket.com