

WEEKLY FLYER



FRESH • HEALTHY • LOCAL

Thursday, May 28th to Wednesday, June 3rd, 2026

WHILE SUPPLIES LAST!

GROWN IN PITT MEADOWS BC
**UP! Vertical Farms
 GREENS & SALADS**
 \$4.98/each

Up! Vertical Farms uses modern greenhouse technology to grow sustainable, pesticide-free salad greens year-round while utilizing 99% less water, land, and fertilizer than traditional farming!



HEFFLEY FARMS HARVEST HAS BEGUN!

Freshly picked produce from Heffley Farms, just 20 minutes from our store, is now arriving in store daily!



 KEREMEOS BC GROWN ASPARAGUS \$6.98/LB or \$80/20LB box	 ABBOTSFORD BC GROWN STRAWBERRIES \$8/pint or \$72/12LB flat	 BC GROWN LIVING BUTTER LETTUCE \$2.98/each	 BC GROWN WARBA POTATOES \$4/2LB bag	 BC GROWN LEEKS \$1.98/LB
 BC GROWN RED BEETS 98¢/LB	 BC GROWN RED & GREEN CABBAGE 98¢/LB	 BC GROWN LONG ENGLISH CUCUMBERS 98¢/each	 BC GROWN BELGIAN ENDIVE \$2.98/LB	 BC GROWN ZUCCHINI 98¢/LB
 TASTE OF UKRAINE CHICKEN PELMENI \$13.99 /570g \$9.98/570g	 TASTE OF UKRAINE FRUIT PEROGIES \$13.99 /570g \$9.98/570g	 HELMUT'S SAUSAGE KITCHEN SAUSAGES \$12.99 /400g \$10.98/400g	 DOMO MICROGROUND TEAS \$12.99 /each \$9.98/each	 THE BOG RIVERSIDE FARMS CRANBERRY-APPLE CIDER \$12.99 /946ml \$8.98/946ml

The largest selection of Kamloops grown produce, now at TWO locations!

SPRING STORE HOURS: Open 8am - 7pm Every Day • Stat Holidays: 10am - 6pm

1415 Hillside Drive, Kamloops, BC • 740 Fortune Drive, Kamloops, BC |   | nuleafproducemarket.com