

WEEKLY FLYER

FRESH • HEALTHY • LOCAL

Thursday, August 13th to Wednesday, August 19th, 2026
WHILE SUPPLIES LAST!



HEFFLEY FARMS BC GROWN
CARROTS
\$1.28/LB or \$24/25LB bag



HEFFLEY FARMS BC GROWN
BEETS
\$1.28/LB or \$24/25LB bag

 VERNON BC GROWN SUNRISE APPLES \$1.58 /LB or \$20/18LB case	 WINFIELD BC GROWN ASSORTED PLUMS \$3.98 /LB	 WINFIELD BC GROWN NECTARINES \$3.98/LB or \$54 /18LB case	 WINFIELD BC GROWN FREESTONE PEACHES \$2.98/LB or \$36/18LB case	 WINFIELD BC GROWN MCINTOSH APPLES \$1.58/LB or \$20/18LB case
 ABBOTSFORD BC GROWN CORN ON THE COB 98¢ /cob	 ABBOTSFORD BC GROWN STRAWBERRIES \$7 /pint or \$38/6LB flat	 ABBOTSFORD BC GROWN BLACKBERRIES \$7 /pint or \$70/10LB flat	 CACHE CREEK BC GROWN FIELD TOMATOES \$1.58/LB or \$30/25LB box	 CACHE CREEK BC GROWN ROMA TOMATOES \$1.98/LB or \$35/25LB box
KAMLOOPS GROWN PRODUCE ARRIVING DAILY FROM HEFFLEY FARMS!				
 KAMLOOPS BC GROWN GREEN CABBAGE 88¢ /LB	 KAMLOOPS BC GROWN SPAGHETTI SQUASH 98¢ /LB	 KAMLOOPS BC GROWN GREEN BELL PEPPERS \$1.98 /LB	 KAMLOOPS BC GROWN POTATOES \$5.98 /5LB bag	 KAMLOOPS BC GROWN TEQUILA BELL PEPPER \$1.98 /LB
 ITALISSIMA GLUTEN-FREE PASTA \$6.99 /500g \$5.48/500g	 FAITH FARMS ASSORTED CHEESE \$7.99 /each \$6.98/each	 BLACK FOREST NOODLE CO. NOODLES \$6.29 /bag \$5.28/bag	 PREFERISCO BREAD CRUMBS \$5.49 /each \$4.98/each	 SKIPPYS POPCORN SEASONINGS \$9.99 /140g \$7.98/140g

The largest selection of Kamloops grown produce, now at TWO locations!

SPRING STORE HOURS: Open 8am - 7pm Every Day • Stat Holidays: 10am - 6pm
1415 Hillside Drive, Kamloops, BC • 740 Fortune Drive, Kamloops, BC |   | nuleafproducemarket.com