WEEKLY FLYER

NU LEAF market

FRESH • HEALTHY • LOCAL

Thursday, Nov. 12th to Wednesday, Nov. 18th, 2026
WHILE SUPPLIES LAST!



HEFFLEY FARMS BC GROWN
RED BEETS
98¢/LB or $3.98/5LB bag



HEFFLEY FARMS BC GROWN
ONIONS
$3.98/5LB bag



ASPARAGUS
$8.98/LB



GREEN ONIONS
88¢/bunch



LEEKS
$1.98/LB



SPINACH
$1.98/bunch



GRAPEFRUITS
$5.98/3LB bag



BARTLETT PEARS
$2.98/LB



SOUR CABBAGE
$3.98/LB



NAVEL ORANGES
$8.98/6LB bag



GREEN KALE
$1.98/bunch



RED, YELLOW & ORANGE SWEET BELL PEPPERS
$1.98/LB

SHELLY'S EVERYDAY VALUE PICKS



CELERY
98¢/LB



RUSSET POTATOES
$2.98/5LB bag



LEMONS & LIMES
78¢/each



BANANA
68¢/LB



CARROTS
$1.28/LB



RM ESSENTIALS
ESSENTIAL OILS
10% off



BARREL 22
HOT SAUCES
~~$12.99/148ml~~ $9.98/148ml



MITCHELL'S SOUP CO.
MINI TRIO 3PK
~~$24.99/pack~~ $20.98/pack



GRASS FED
BEEF TALLOW
~~$19.99/420g~~ $16.88/420g



GRAZE GRASS FED BEEF TALLOW
POTATO CHIPS
~~$9.49/128g~~ $7.98/128g

The largest selection of Kamloops grown produce, now at TWO locations!

FALL STORE HOURS: Mon - Sat 8am - 6pm • Sundays & Stat Holidays: 9am - 6pm

1415 Hillside Drive, Kamloops, BC • 740 Fortune Drive, Kamloops, BC | | nuleafproducemarket.com