

READING

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MON	TUES	WEDS	THURS	FRI	SAT	SUN
				DYNAMIC 6.30AM		
DYNAMIC 7.30AM	DYNAMIC 7.30AM	ADVANCED 7.30AM	DYNAMIC 7.30AM	DYNAMIC 7.30AM	DYNAMIC 8AM	
DYNAMIC 9.30AM	DYNAMIC 8.30AM	DYNAMIC (Women Only) 9.30AM	DYNAMIC 8.30AM	FUNDAME- NTALS 9.30AM	DYNAMIC 9AM	DYNAMIC 9AM
DYNAMIC 10.30AM	BARRE 10AM	DYNAMIC 10.30AM	DYNAMIC 10AM	DYNAMIC 10.30AM	DYNAMIC 10AM	FUNDAME- NTALS 10AM
		DYNAMIC 12.30PM			DYNAMIC 11AM	DYNAMIC 11AM
BARRE (Women Only) 1PM						DYNAMIC 12PM
DYNAMIC 5.30PM	DYNAMIC 5.30PM	DYNAMIC 5.30PM	DYNAMIC 5.30PM	DYNAMIC 5.30PM		
DYNAMIC 6.30PM	DYNAMIC (Women Only) 6.30PM	DYNAMIC (Women Only) 6.30PM	DYNAMIC 6.30PM	DYNAMIC 6.30PM		
ADVANCED 7.30PM	DYNAMIC 7.30PM	DYNAMIC 7.30PM	FUNDAME- NTALS 7.30PM			

WOKINGHAM

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MON	TUES	WEDS	THURS	FRI	SAT	SUN
DYNAMIC 7AM	DYNAMIC 7AM	ADVANCED 7AM	DYNAMIC 7AM	ADVANCED 7AM		
ADVANCED 8AM	DYNAMIC 8AM	DYNAMIC 8AM	BARRE 8AM	DYNAMIC 8AM	DYNAMIC 8AM	ADVANCED 8AM
DYNAMIC 9AM	DYNAMIC 9.30AM	DYNAMIC 9AM	DYNAMIC 9.30AM	DYNAMIC 9AM	DYNAMIC 9AM	DYNAMIC 9AM
FUNDAME- NTALS 10AM	DYNAMIC 10.30AM	DYNAMIC 10AM	DYNAMIC 10.30AM	DYNAMIC 10AM	DYNAMIC 10AM	FUNDAME- NTALS 10AM
DYNAMIC 12PM	DYNAMIC 12PM	DYNAMIC 12PM		DYNAMIC 12PM	DYNAMIC 11AM	DYNAMIC 11AM
DYNAMIC 1PM				DYNAMIC 1PM	DYNAMIC 12PM	DYNAMIC 12PM
				DYNAMIC 4.30PM		
DYNAMIC 5.30PM	ADVANCED 5.30PM	DYNAMIC 5.30PM	DYNAMIC 5.30PM	DYNAMIC 5.30PM		
DYNAMIC 6.30PM	DYNAMIC 6.30PM	DYNAMIC 6.30PM	DYNAMIC 6.30PM	ADVANCED 6.30PM		
ADVANCED 7.30PM	DYNAMIC 7.30PM	DYNAMIC 7.30PM	FUNDAME- NTALS 7.30PM			