



Avoiding Misdiagnosis in a Geriatric Patient

Patient: Female, 78

Referral Question:

Memory concerns, concern for possible dementia

Background:

A primary care provider referred the patient to Minder Memory after months of patient-reported forgetfulness. Traditional in-person neuropsychological services had a 10-month wait. Minder scheduled testing within 14 days.

Findings:

Testing was not suggestive of dementia or significant cognitive impairment, rather slight variability in cognition and elevated levels of depression. Results were provided to the patient and her referring provider, along with treatment recommendations.

Outcome:

Patient reported her cognitive symptoms improved significantly after starting therapy and antidepressants

Patient now feels confident that she has a neuropsychological baseline for comparison if she has cognitive concerns again in the future

Avoided unnecessary dementia diagnosis based on self-reported symptoms

Patient and family received clarity, reassurance, and support

Primary care provider was able to develop a personalized, effective care plan

"This was a game changer — We feel so relieved."

– Patient's daughter