

Sketch the Everyday

Everyday Object Sketching for Beginners

A relaxed drawing course for adults who want to learn how to observe, simplify and sketch ordinary objects - without needing previous drawing experience.

4 sessions · 3 lessons each · 12 lessons total · Taught in English

Learn to see ordinary objects differently.

This course is for adults who would like to draw, but may feel they are "not good at drawing". We start with simple shapes and familiar objects, and build confidence step by step.

Complete beginner level · No previous drawing experience · Simple materials

Who is this course for?

- Adults who want to start sketching
- People who think they cannot draw
- Anyone who enjoys observing everyday details
- Creative beginners looking for a calm activity
- People who would like to keep a simple sketchbook

By the end, participants can:

- ✓ Break objects into simple shapes
- ✓ Sketch basic proportions with more confidence
- ✓ Use line, light shadow and a little colour
- ✓ Draw packaging, plants and familiar objects
- ✓ Arrange several sketches on one page
- ✓ Continue sketching independently

Perfect drawings are not the goal. The course is about observing, simplifying and enjoying the process. Simple lines and imperfect sketches are welcome.

Four themes, one growing sketchbook.

Each session has a different subject, so participants practise new shapes and ways of looking while building a small collection of finished sketchbook pages.

01 Cups, Bottles & Simple Shapes

We begin with familiar objects and learn to see circles, rectangles, cylinders and simple proportions. We practise loose lines, basic structure and a light sense of volume.

Result: several simple object sketches and a confident first sketchbook page.

02 Food & Packaging

Juice boxes, tea packages, chocolate, fruit and labels become drawing subjects. We look at shape, lettering, colour and which details are enough to make an object recognisable.

Result: a sketchbook page combining objects, packaging details and a little colour.

03 Plants & Natural Objects

Leaves, flowers, branches, fruit and small plants help us work with softer, more organic forms. The focus is on observation, relaxed lines and simple colour accents.

Result: a loose botanical-style sketch page without pressure to draw realistically.

04 Your Everyday Sketchbook Page

We bring several objects together - for example a cup, book, glasses, plant or favourite personal item - and create one balanced page with sketches, short notes and colour details.

Result: a finished personal sketchbook composition and ideas for continuing at home.

Relaxed, practical and easy to follow.

I show	Each exercise begins with a short visual demonstration.
We simplify	Together we look at the object and find its basic shapes before drawing details.
You sketch	Participants work at their own pace, with simple exercises and time to experiment.
I help	Individual guidance is available throughout, especially when proportions or shapes feel difficult.

Participants need

- A sketchbook or drawing paper
- A pencil and eraser
- A black fineliner or drawing pen
- Optional: coloured pencils or a small watercolour set

Objects we can draw

- Cups, bottles and glasses
- Food and everyday packaging
- Leaves, flowers and fruit
- Books, glasses and small personal objects

What makes this course different?

This is not an academic drawing course. Participants are not asked to create perfect or realistic pictures. The focus is on visual observation, simple shapes and an approachable sketchbook practice that can become part of everyday life.

Galina Aviltseva

UX/UI Designer

Galina works with visual design, composition, colour and communication. She brings a designer's way of observing and simplifying visual information into a relaxed drawing course for complete beginners.

galina.aviltseva@gmail.com · jimmytedesky.com