

Three Beginner-Friendly Course Ideas

Practical courses with a clear result, explained simply and designed for people with little or no previous experience.

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Portfolio

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Teaching language: English. I use clear instructions, live demonstrations and a step-by-step approach. Participants do not need advanced English, and the creative courses are especially visual.

01 Sketch the Everyday

Adults learn to sketch familiar objects such as cups, packaging, fruit and plants. We start with simple shapes, so people who believe they “cannot draw” have an easy way in.

02 Make Your Own Stop Motion Movie

A child and an adult invent a tiny story and turn it into a short animation using paper, toys, everyday objects and a smartphone.

03 Build Your Own WordPress Website

Adults build a real website for a small business, association, portfolio or personal project, without learning to code.

Sketch the Everyday

Everyday Object Sketching for Beginners

4 sessions / 12 lessons / Adults / English

Many adults would like to draw but feel they are “not artistic”. This course starts with familiar objects and a very simple method: look, find the basic shapes, sketch loosely, then add only the details that matter.

Who it is for Adults looking for a calm creative activity, a first introduction to sketching, or a practical way to begin a personal sketchbook.

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| ✓ No drawing experience needed | ✓ Real objects, not complicated exercises |
| ✓ Slow visual demonstrations | ✓ Finished pages to take home |

Course programme

1 Cups, Bottles & Simple Shapes
See circles, rectangles and cylinders inside everyday objects and turn them into loose sketches.

2 Food & Packaging
Sketch juice boxes, tea, chocolate, fruit and labels. Add simple lettering and a little colour.

3 Plants & Natural Objects
Work with leaves, flowers and fruit, focusing on observation and expressive lines rather than perfect realism.

4 Your Own Sketchbook Page
Combine several objects into one personal page with sketches, small notes and colour details.

What participants leave with

Several finished sketchbook pages, a simple method they can repeat at home, and more confidence in drawing everyday things.

English: each exercise is shown visually first. The course relies more on watching and drawing than on long explanations.

Make Your Own Stop Motion Movie

A creative family workshop using a smartphone and simple materials

1 workshop / 3 hours / Age 8+ + adult / Simple English

A child and an accompanying adult create a tiny animated film together. They invent a simple story, build a scene from paper, toys or small objects, and photograph small movements until the story comes to life.

Who it is for Families looking for a creative activity they can do together. No animation, drawing or video-editing experience is required.

- ✓ One smartphone per family
- ✓ No computer or special camera
- ✓ Child and adult create together
- ✓ A finished mini movie at the end

Workshop programme

1 Invent a Tiny Story

Choose one small idea and draw 3-5 moments so the beginning, action and ending are easy to understand.

2 Build the Scene

Create characters and backgrounds from paper, photos, LEGO, toys, packaging or other small objects.

3 Animate It

Move an object a little, take a photo, repeat, and see how separate pictures become movement.

4 Finish & Watch

Add a title or simple sound if desired, save the movie and finish with a small group screening.

What participants leave with

A short stop-motion movie they made together and a simple technique the family can repeat at home with toys and everyday objects.

English: instructions are short and every step is demonstrated. Strong English skills are not necessary to follow the activity.

Build Your Own WordPress Website

From Idea to Launch - a practical website course without coding

5 sessions / 15 hours / Adults / English

For adults who need a simple website for a small business, freelance work, an association, a portfolio or a personal project. Participants build their own website during the course instead of only watching demonstrations.

Who it is for People who can use a browser and email but have never built a website. No coding, design or WordPress experience is required.

- ✓ Start from the idea and page structure
- ✓ Learn simple design rules
- ✓ Build a real website step by step
- ✓ Learn to update the site afterwards

Course programme

1 Plan the Website

Decide what the site is for, who it is for and which pages are needed. Domain and hosting are explained simply.

2 Start in WordPress

Create pages, choose a theme, build the navigation and practise editing text, images and sections.

3 Make It Look Professional

Use straightforward rules for fonts, colours, images, spacing and buttons so the site is clear and easy to use.

4 Make It Useful

Add a contact form, check the mobile version, optimise images and cover basic visibility in search engines.

5 Prepare to Launch

Final checks, publishing, updates, backups and the basics of maintaining the website independently.

What participants leave with

A real website that is ready to publish or close to finished, plus the knowledge to edit text, images and pages on their own.

English: all important steps are shown live on screen and repeated together. Technical terms are used only when necessary and explained in plain language.