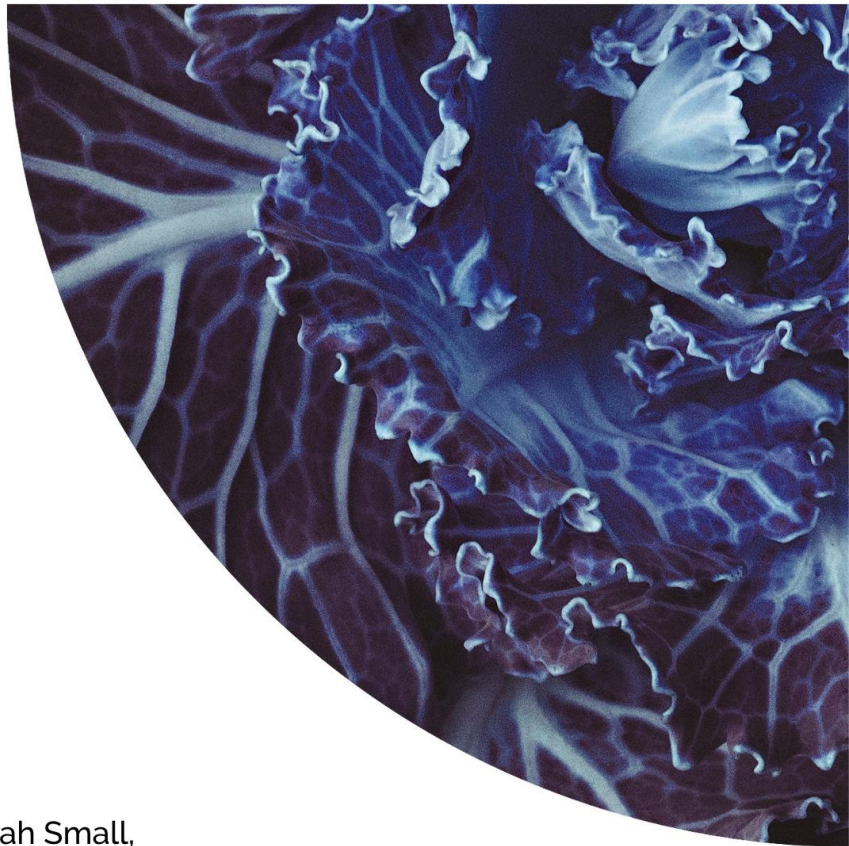




Akonzi Sarah Small,
Jon Paul Witt,
Alan Scantlebury
ndi Jo Kimball

Maziko 4:

Moyo Umakhwima



www.dignityonline.org.uk

Maziko 4

Moyo Umakhwima

*‘Adzatchedwa thundu la chilungamo,
kubzala kwa Ambuye
pa chiwonetsero cha ulemerero wake.’*

Yesaya 61:3b

Maziko 4: Moyo Umakhwima, Kope Yoyamba, Novembala 2021

Copyright © Dignity 2021. Ufulu wonse ndi wotetezedwa.

Kulemekezedwa

Ndi positi: 6 Barlow Moor Road, Didsbury, Manchester, M20 6TR, UK

Ndi imelo: hello@dignityonline.org.uk

Pafoni: +44 (0)7340 573 937

Zikomo

Dignity ukuyamikira Yesu chifukwa cha moyo womwe amapereka kuti tidziwe m'bukuli.

Dignity umayamika munthu aliyense komanso kudalira amene watipatsa ntchitoyi.

Ntchito ya Dignity

Dignity ndi omwe ali kunja kwa anthu omwe amakhala kunja kwa anthu komanso kuwalimbikitsanso moyo ndi madera osinthika kuti abweretse umphawi kudzera pa ubale ndi Yesu. Tinatsogolera Mabungwe Yamoyo, Achikristu omwe amapangitsa anthu kuti aziyenda pafupi ndi Yesu ndikuwonetsa chikondi chake kwa iwo omwe ali pafupi nawo. Kudzera mu ntchito yathu timakhala ndi anthu okhala ndi moyo komanso kukhala m'gulu la zozizwitsa za tsiku ndi tsiku. Dziwani zambiri pa www.dignityonline.org.uk

Gulu kumbuyo kwa Maziko

Okonza: Sarah Small, Jon Paul Witt, Alan Scantlebury, ndi Jo Kimball

Vomerezi: Abi Riley, William Witt, ndi Abigail Cummings

Womasulira: Samson Tembo

Mawu a M'baibulo

Babulo mu chi Chewa, olembedwa kapena yo falisidwa Buku Lopatulika. Bible Society ya Malawi. Kusewenzesedwa ndi chilolezo colemba ndi kusindikizidwa.

Zizindikiro Zowongolera

Zizindikiro Zowongolera zomwe Zidapangidwa ndi Studio 5 Lofalitsidwa ndi SyncFusion. Zizindikiro zomwe zimagwiritsidwa ntchito ndi chilolezo.

Maziko

Maziko ndi njira yomwe imathandizira anthu kufufuza ndi kukula mu ubale wawo ndi Mulungu ndipo amawalimbikitsa kuti atumikire dera lawo. Zinalembedwa kuti zizipereka zida zapamwamba kwambiri zomwe zitha kugwiritsidwa ntchito m'malo osiyanasiyana okhala ndi magulu azikhalidwe padziko lonse lapansi. **Maziko** ndi gulu la mabuku anayi, chilichonse chomwe chimakhala ndi magawo khumi ndi atatu ogwirizana.

Maziko alembedwa ndi olemba alendo odzipereka a alendo ochokera padziko lonse lapansi ndikulemba komanso kusintha mwa Dignity.

Maziko 1: Moyo Uyamba ndi amene ali ndi chikhulupiriro chatsopano kapena ayi. Kuchokera pazoyamba zosavuta zimatsogolera anthu omwe amatsatira chikhulupiriro komanso kumudziwa Mulungu.

Maziko 2: Moyo Umakula umakhazikitsa maziko omwe chikhulupiriro chimatha kukula ndikupereka chidziwitso chothandiza kugwiritsa ntchito Baibulo komanso kupemphera.

Maziko 3: Moyo Umamupanga kuti azichita nawo chilengedwe cha ophunzirira. Mkristu wathanzi mwachilengedwe amafalitsanso moyo womwe apatsidwa m'dera lawo ndi anthu ena.

Maziko 4: Moyo Umakhwima umawona kuti ndi Achikristu okhwima bwanji. Buku ili limanyamula mitu ya mndandanda wina wonsewo koma ndikukulitsa.

Kulemba

Maziko 4: Moyo Umakhwima inalembedwa ndi olemba odzipereka ochokera padziko lonse lapansi. Olemba omwe adathandizira bukuli alembedwa pano motsatira zilembo.



Gill Berrisford adagwira ntchito ya Dignity kwa zaka 4 ngati woyang'anira wathu. Anamwalira mu June 2020 atakhala ndi moyo wodalarika komanso wowolowa manja. Anakonda Yesu kwambiri ndipo tsopano ali naye kwamuyaya. Tikuyembekezera kudzamuonanso!

Nnnn Gawo 8 (Iolembedwanso)



Wikus Botha ndi mphunzitsi yemwe anakulira ku Zimbabwe. Makolo ake anali abusa ndi mtsogoleri wachipembedzo wa tchalitchi chawo. Anali m'busa wachinyamata kwa zaka zingapo mpaka pamene anayamba kuphunzitsa. Panopa amagwira ntchito ku Zambia komwe amakhala ndi mkazi wake komanso ana ang'onoang'ono atatu.

Gawo 6



Dave Challis wakhala Mkhristu kwa zaka zoposa 40 ndipo wakhala akuchita nawo mbali zambiri za moyo wa mpingo ndi utsogoleri. Anagwira ntchito kwa zaka zoposa 30 m'dziko la katundu. Iye tsopano ndi mlangizi, kumvetsera ndi kuthandiza anthu kuthana ndi mitundu yonse ya moyo. Iye ndi wokwatira ndipo ali ndi ana 3 ndi zidzukululu zambiri.

Gawo 11



Cornelius Chalwe adadzipereka ngati Mtsogoleri wa Gulu la Impact ndi Dignity kwa zaka zingapo. Iye ndi wansembe wa Anglican, wothandizira kusintha ndi wosonkhezera kukhwima ndi chipulumutso cha anthu a Mulungu. Amakonda Mulungu, amakhulupirira kuti mawu ake amabweretsa ufulu ndipo amatsegula madera ndi nyumba kwa Mulungu.

Gawo 8 (Iolembedwanso)



Ben Frampton, wochokera ku UK, wakhala ku Mkushi, Zambia kuyambira 2012. Iye ndi mkazi wake Catherine ali ndi ana ang'onoang'ono atatu ndi agalu atatu! Amatsogolera Foundations Zambia omwe akufuna kulimbikitsa ndi kukonzekeretsa atsogoleri kuti akhale adindo okhulupirika azinthu zomwe Mulungu wawapatsa ndikutumikira osauka mdera lawo.

Gawo 3



Jo Kimball wakhala mbali ya gulu la Dignity kuyambira 2008, akuyenda kwambiri ku Zambia kukagwira ntchito ndi ma gulu la moyo ndi Impact Teams. Iye ndi wolinganiza zinthu ndi wolimbikitsa amene amasangalala akamaona ena akuyenda bwino ndi kuphunzira tanthauzo la kukondedwa ndi Yesu.

Ma Gawo 2 ndi 13



Colin Lenton ndi wokwatira ndipo ali ndi ana atatu akuluakulu. Amagwira ntchito ndi anthu omwe akudwala matenda amisala. Iye wakhala Mkristu kwa zaka zambiri ndipo nthawi zonse amadabwa ndi chisomo cha Mulungu. Amakonda nyanja, ndege komanso kuthamanga.

Gawo 4



Matt Millar ndi mkazi wake Kui amakhala ku Nairobi, Kenya. Iwo abzala mpingo ku Monrovia, Liberia ndi mtawuni ya Chicago, IL. Panthawi yolembe izi, Matt akugwira ntchito ngati Mtsogoleri Wachigawo chakumwera kwa Sahara ku NewThing Network, yomwe ndi chothandizira mayendedwe akubala mipingo.

Gawo 1



Sarah Small anakulira ku Yorkshire kenako adaphunzira za Religions & Theology ku Manchester. Pambuyo pa zaka 10 akugwira ntchito yodzifunira ku UK ndi Africa, tsopano ndi mutu wa Eden Network, kutumiza ndi kuthandizira magulu a amishonale akumidzi ku UK omwe ali osowa kwambiri.

Gawo 5



Steve Wade ndi Director of Technology & Digital Transformation ku CAP ku UK. Anakwatiwa ndi ana awiri akuluakulu, Steve adatumikirapo monga mtsogoleri wa tchalitchi. Alinso ndi mbiri yayikulu yazachikhalidwe komanso bizinesi. Steve amagawana chikondi cha mpira ndi mwana wake wamwamuna komanso chilakolako cha nyimbo ndi banja lonse, koma koposa zonse, chikhumbo cha mtima wake ndikuwona UK yonse ikufika kwa Ambuye Yesu Khristu.

Gawo 7



Ethan Witt ndi mwana wa Jon ndi Jude. Wakhala nthawi yayitali yaubwana wake akukhala pakati pa UK ndi Zambia. Iye wakhala akugwira nawo ntchito ya Dignity ku Africa yonse ndipo watsogolera Gulu la Achinyamata ku tchalitchi chake. Pambuyo pake chaka chino, akuyembekeza kuphunzira Physics ndi Astrophysics ku University ya Manchester.

Gawo 9



Jon Paul Witt ndi amene anayambitsa Dignity ndipo wagwira ntchito ndi mpingo m'mayiko ambiri. Iye ndi woganiza, mpainiya, mlaliki ndi mmishonale. Jon anakwatiwa ndi Judith ndipo ali ndi ana 3. Amakhala pakati pa Zambia ndi UK. Cholinga cha Jon ndikuwona anthu akufika podziwa Yesu komanso kuti iwo akhudze kwambiri madera awo.

Gawo 10



Jude Witt anakwatiwa ndi Jon, ndipo wakhala akuchita nawo Dignity kuyambira pachiyambi. Panopa akukhala ku Zambia ndi ku Wales ndipo amagawa nthawi yake pakati pa ntchito ya udokotala ndi umishonale. Amamuchulukira ndi anyamata atatu omwe amayenda nawo limodzi ndi Jon. Mtima wake ndi wakuti aliyense apeze malo ake m'banja la Mulungu.

Gawo 12

Zopezekamo

Momwe Mungagwiritsire Ntchito Bukuli.....	1
Kusunga ana kuli Kotetezeka kwambiri pa Mabungwe Yamoyo.....	7
1: Kusintha Miyoyo - Kukhala Ophunzira	8
2: Zonse ndi za Mulungu - Nsembe.....	20
3: Kudzifera Wekha	34
4: Kumvera Mulungu	48
5: Mmene Mulungu Watsogolera Anthu Ake	60
6: Kodi Mulungu Afuna Kuti Ndichite Chiyani?	74
7: Chilakolako Chaumulungu	88
8: Kugawana Chuma Chathu - Kuwolowa Manja	102
9: Kugawana Miyoyo Yathu	114
10: Kukhala ndi Chikhulupiro.....	126
11: Kutenga Udindo - Utsogoleri.....	140
12: Kumaliza Bwino.....	152
13: Gawo Lachidule.....	168

Momwe Mungagwiritsire Ntchito Bukuli

Bukuli lakonzedwa kuti ligwiritsidwe ntchito ngati kafukufuku wa gulu. Munthu yekhayo amene akutsogolera gawo amafunikira bukulo. Muyenera kuyesa kumaliza gawo lililonse mkati mwa 1.5 - 2 maola. Ngati mukupeza kuti mufunika nthawi yayitali, mutha kumaliza gawo limodzi patatha milungu iwiri.

Zikuganiziridwa kuti anthu omwe akuphunzira bukuli aphunzira kale **Maziko 1: Moyo Uyamba, Maziko 2: Moyo Umakula** ndi **Maziko 3: Moyo Umamupanga**. Izi zikutanthauza kuti mfundo zina sizinafotokozedwenso m'bukuli. Ngati anthu ena alowa mgulu lanu omwe ndi akhristu atsopano mungafunike kukambirana nawo mfundo zina za m'mabuku apitawa. Njira imodzi yochitira zimenezi ndi kuyambitsa gulu lina la phunziro. Buku la Dignity **Kubyala** lingakuthandizeni pa izi.

Momwe mungayendetsere gawo

Ndikofunikira kuti mulowetse aliyense mu magawo. Sizovuta kuwerenga gawoli komanso kuwauza anthu zomwe ayenera kuchita. Tikhulupirira kuti munthu aliyense ali ndi china chake chapadera kuti athandizire komanso kuti Mulungu amatiphunzitsa kudzera mwa iwo. Chifukwa chake, magawo alembedwa mwanjira yoti anthu onsewa azikhudzidwa. Pali ma vesi okumbukira, mafunso, masewero, nkhani zomwe zingafunike aliyense kutenga nawo mbali.

Monga mtsogoleri wa gululi muyenera kuyambitsa zokambiranazo ndikuthandizira kupita ku njira yoyenera, koma simuyenera kuchita zonse.

Muyenera kulimbikitsa anthu achisoni komanso odekha kuti ayesere ndikulankhula momwe angathere. Muyenera kulimbikitsa anthu omwe ali

olankhula komanso okonda kupatsa anthu ena mwayi wogawana nawonso malingaliro awo.

Zomwe mukufuna gawo lililonse

Magawowo adapangidwa kuti akhale osavuta ndipo safuna zinthu zambiri.

Mudzafunikira:

- Kope la bukuli kwa munthu amene akutsogolera gawoli
- Baibulo (ndizothandiza ngati anthu ochepa mgululi angabweretse Baibulo, koma sikofunikira)
- Zolemba ndi pepala, zomwe nthawi zambiri zimagwiritsidwa ntchito pochita. Muyenera kulimbikitsa anthu kuti abweretse izi kunyumba.

Momwe mungagwiritsire ntchito bukuli ngati china chilichonse chikufunika, izi zidziwika kumapeto kwa gawoli ndizofunikira. Muyenera kukonzekera zinthu izi pasadakhale.

Zizindikiro zokuthandizani

Kukuthandizani kutsogolera magawo omwe timaphatikizapo zizindikilo kuti ndikuuzeni gawo lililonse gawo lililonse. Zizindikirozi zikuwonetsedwa pansipa ndi tanthauzo lawo. Tengani kanthawi tsopano kuti mudziwe tanthauzo lililonse losonyeza kuti muwone magawo angapo ndikuwona momwe zizindikiritso zimagwiritsidwira ntchito. Izi zidzakuthandizani kuti muzikhala osavuta mukamatsogolera gawo.



Kukonzekela

Kuonetsetsa kuti gawo lililonse limayenda bwino pali zinthu zina zomwe mungachite pokonzekera. Izi zikuphatikiza kuwonetsetsa kuti muli ndi zinthu zomwe mukufuna kuti gawo lanu likonzekere ndikupanga antchito odzipereka musanakumane. Muyenera kuyang'ana masiku ochepa musanayambe gawo lanu kuti mukhale ndi nthawi yochita zomwe zikufunika kuchitika.



Kulunjika

Gawo lililonse limayamba ndi cholinga. Izi zikukupangitsani zomwe mukuphunzitsa gululi komanso zomwe aliyense ayenera kumvetsetsa akachita gawo. Nthawi zonse muyenera kukumbukira izi nthawi zonse ndikudzifunsa ngati mukuthandiza anthu kuwafika. Ndibwino kuyamba kutenga nawo gawo ndi gululi.



Vesi Loloweza

Aliyense ayenera kuphunzira vesi lokumbukira ndipo amatha kubwerezanso kumapeto kwa gawoli. Muyenera kuwaphunzitsa powerenga vesi lokumbukira komanso kutchula Baibulo mokweza gulu. Kenako werenganinso koma nthawi ino werengani pang'ono pang'ono, m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Bwerezani izi, pang'onopang'ono kuwerenga magawo a nthawi zonse ndi gulu lobwereza gawo lililonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.



Nkhani

Mankhani ndi njira yabwino kwambiri yodziwitsira maphunziro ndikuphunzira kuchokera ku chinthu chomwe chimadziwika. Aliyense amasangalala ndi nkhani zomwe amamva ndipo ndi zosavuta kukumbukira! Mukamauza gululi m'gululi, muyenera kuwapeza kukhala moyo mwa kudabwitsa. Ngati pali wina m'gulu lanu amene ali wabwino kunena nkhani zingakhale bwino kuwafunsa kuti anene nkhani. Muyenera kuwafunsa gawoli lisanafike pokonzekera.



Vunga la Baibulo

Gawo lililonse limakhala ndi vesi limodzi 1 kuti liwerenge, ena ali ndi zambiri. Ngati pali anthu mgulu lanu omwe ali owerenga

abwino omwe mungawafunse kuti akuwerengereni. Muyenera kuwafunsa pasadakhale kuti azitha kuchita kapena kunena kuti sakufuna kuwerenga. Kumbukirani kuti anthu ena sangathe kuwerenga kuwafunsa pamaso pa anthu pomwe sangathe kunena kuti ayi.



Kulankhula

Pali magawo omwe amafunika kuwerengedwa mokweza m'bukuli. Mukakumana ndi izi muyenera kupuma nthawi ndi nthawi, makamaka ndi mfundo zofunika, ndipo mufunsemi anthu ngati amvetsetsa zomwe mukunena zomwe mukunena. Ngati alibe, mungafunike kubwereza gawo kapena kukambirana china kuwathandiza kumvetsetsa.



Kukambirana

Kuyankha mafunso ndi kukambirana zinthu kumathandiza anthu kuphunzira komanso kudzifufuza kena kake. Izi zimawathandiza kukumbukira. Mukawona chizindikiro chofunsira kuti ndikofunikira kuti mufunse funsoli mafunso ndikulimbikitsa anthu osiyanasiyana angapo kuti ayankhe. Nthawi zina mafunsowo ndi omwe amakambirana m'magulu ang'onoang'ono. Ngati gawoli likukuwuzani, muyenera kugawanitsa anthu m'magulu atatu kapena anayi ndikuwapatsa nthawi yokambirana funsoli. Gulu lonse litabweranso limodzi muyenera kuloza nthawi kuti gulu lililonse ligawane limodzi kapena awiri mwa mfundo zazikulu zomwe amakambirana.

Ngati pali mafunso ambiri kapena Baibulo lomwe anthu amafunikira kuti mulimbikitse wina kuchokera ku gulu lililonse kuti atenge chithunzi cha foni kapena kukonzekera pasadakhale mafunso.



Zochita

Anthu amaphunzira mosangalala komanso pochita zinazake. Zochita zimathandizira izi kuchitika. Muyenera kukhutitsa aliyense pantchitozo ndikuwalimbikitsa kuti azisangalala pomwe akuchita!



Pemphero

Zomwe Mulungu anena mwachindunji kwa anthu ndizofunika kwambiri. Tikufuna kulimbikitsa gulu lanu kuti lizipemphererana ndi wina ndi mnzake ngati zingatheke. Mukawona chizindikiro ichi muyenera kufunsa anthu kuti azipemphera. Pali njira zosiyanasiyana zopemphereramo ku bukhu ili. Nthawi zina gulu limapemphedwa kuti lipemphere tonse pamodzi, nthawi zina m'magulu ang'onoang'ono ndipo nthawi zina awiriawiri. Nthawi zina anthu amafunsidwa kufuula mokweza kwa Mulungu ndipo nthawi zina anthu amafunsidwa kuti apemphere chete. Ndikofunikira kuti muchoke nthawi yokwanira kupemphera ndikulimbikitsa anthu kuti amvere zomwe Mulungu akunena.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti anthu azichita. Muyenera kufotokozera mosamala kuti anthu amvetsetse ndikulimbikitsa anthu kuti azichita izi mkati mwa sabata. Kumayambiriro kwa gawo lililonse, muyenera kulolera anthu nthawi kuti adyetse ngati adachita ntchito yomwe adapatsidwa.



Mboni

Ndikofunikira kuti tisonyeze chikondi cha Yesu kwa iwo omwe ali pafupi naye. Titha kuchita izi m'njira zambiri. Gawo lililonse limatipatsa lingaliro la momwe tingachitire izi. Muyenera kufotokozera pagululo mosamala pagululo ndikulimbikitsa aliyense kuti achite izi mkati mwa sabata. Tikamaonetsa chikondi cha Yesu kwa iwo omwe timakhala nawo tikakhala nawo

timakhulupirira kuti Yesu asintha miyoyo ndi kubweretsa ufulu. Kungakhale bwino kulimbikitsa mamembala a gulu kuti ayankhe za anthu omwe amalankhula nawo komanso kuwalimbikitsa kuti apitilize kupempherera anthu amenewo.

5
mphindi

Nthawi

M'malo ena tidaphatikiza nthawi yayitali yomwe ntchito kapena zokambirana ziyenera kutenga. Izi zikuthandizani kuti musunge magawo omwe ali mkati mwa nthawi yonse.

Mavesi a Baibulo

Mukawona dzina ndi manambala omwe ali pa Masalimo 1:4-6 akupereka gawo la m'Baibulo. Ili ndi njira imodzi imatanthawuza kuti muyenera kuwerenga kuchokera m'buku la Masalimo, vesi 1 mpaka 6.

Kusunga ana kuli Kotetezeka kwambiri pa Mabungwe Yamoyo

Tonse tinkabwera ndi malamulo osavuta kuti ana athu akhale otetezeka ngakhale ali kunyumba kapena nafe Bungwe Lamoyo. Malamulowa ndi abwino kugwiritsira ntchito madera ena miyoyo yathu. Kaya tikugwira ntchito m'minda yathu, kutchalitchi kapena ndi abwenzi, Mulungu akufuna ife kuonetsetsa kuti ana athu ali otetezeka.



Aliyense amene amapezekapo gulu ayenera kuonetsetsa kuti ana awo azikhala otetezeka kunyumba ndi kusamalira munthu wodalirika kapena kubweretsa ana awo.



Atsogoleri amgulu ayenera kukumbukira mamembala amgulu kuti atsimikizire kuti ana awo ndi otetezeka kunyumba ndikusankhidwa ndi munthu wodalirika komanso amapangitsa kuti ana alandire gulu.



Aliyense mgulu akugwira ntchito ndi ana sayenera kugwira ntchito yekha koma ndi anthu ena kapena awiri. Ngati ndi anthu awiri, sayenera kuchokera ku banja lomwelo. (Ayenera kukhala ochokera m'mabanja osiyanasiyana.)



Omwe akugwira ntchito ndi ana mgulu ayenera kuti anali kupita ku gulu kwa miyezi itatu.



Atsogoleri a mabungwe ndi mamembala sayenera kujambula ana akamachita nawo mu Bungwe Yamoyo la anthu.

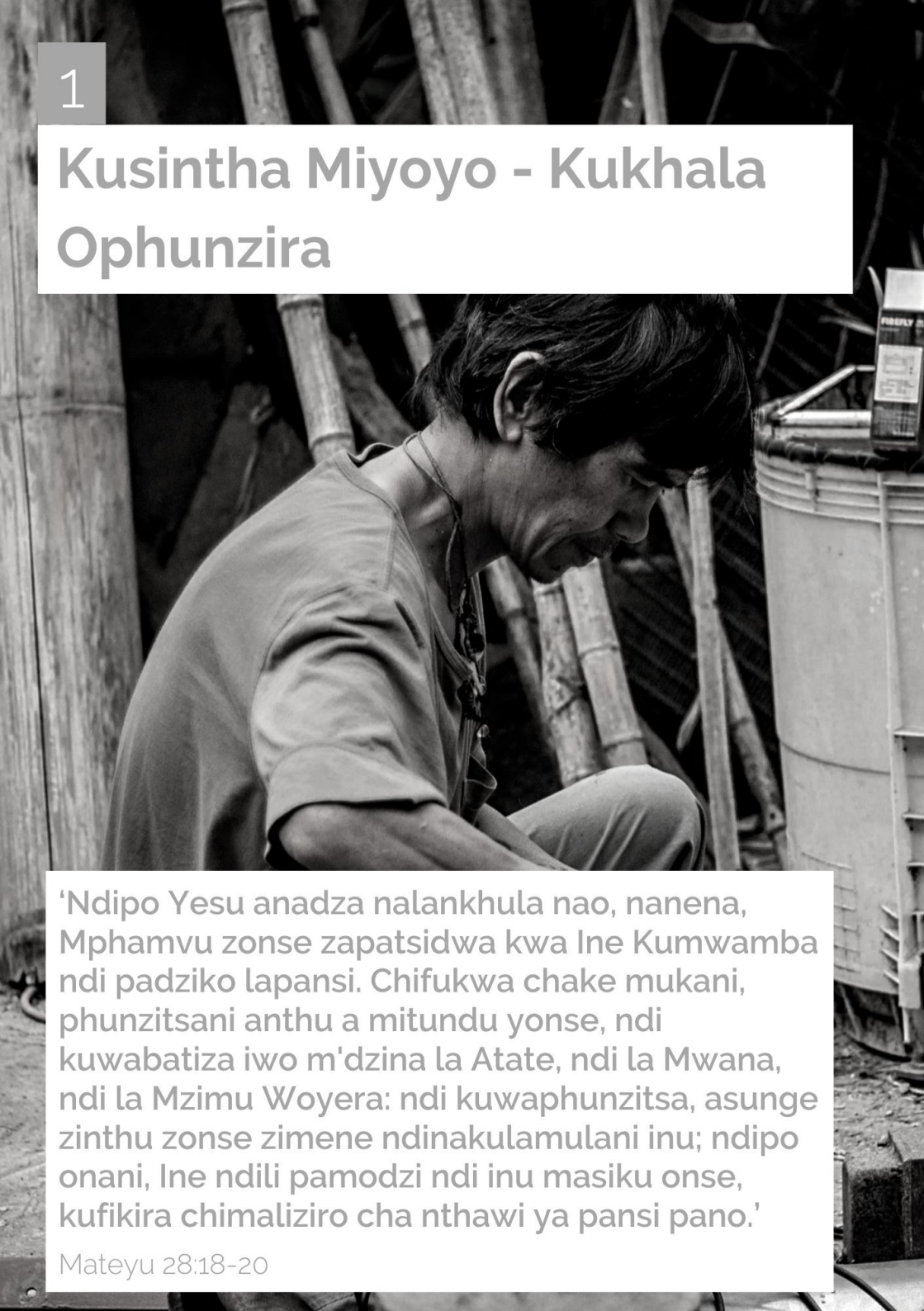


Ngati ana akugawana nawo chakudya kumisonkhano yamagulu, onetsetsani kuti ali oyenera kudya.



Mamembala a mu bungwe omwe amayendera mabanja mderalo ayenera kupita awiriawiri, mwachitsanzo amuna 2 kukacheza ndi bambo kapena akazi awiri kuti acheze mkazi.

Kusinthu Miyoyo - Kukhala Ophunzira



'Ndipo Yesu anadza nalankhula nao, nanena, Mphamvu zonse zapatsidwa kwa Ine Kumwamba ndi padziko lapansi. Chifukwa chake mukani, phunzitsani anthu a mitundu yonse, ndi kuwabatiza iwo m'dzina la Atate, ndi la Mwana, ndi la Mzimu Woyera: ndi kuwaphunzitsa, asunge zinthu zonse zimene ndinakulamulani inu; ndipo onani, Ine ndili pamodzi ndi inu masiku onse, kufikira chimaliziro cha nthawi ya pansi pano.'

Mateyu 28:18-20



Kukonzekela

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhaniyi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



Kulonjera

5

mphindi

Landilandirani aliyense pagululo ndikuthokoza chifukwa chobwera. Ngati pali anthu ena atsopano omwe ali ndi gulu lomwe muyenera kuyamba ndi kuuza aliyense dzina lanu ndikupempha ena kuti anenere gulu. Muyenera kufotokoza zomwe zidzachitike mgululi.

Nenani pemphero lalifupi, losavuta lothokoza.



Kulunjika

Cholinga cha phunziro la sabata ino ndikumvetsetsa kuti pamene tikukula mu moyo watsopano, timaitanidwanso kuthandiza ena kukula ndi kukula m'chikhulupiriro chawo. Njira imeneyi imatchedwa kukhala wophunzira ndipo imaphatikizapo kupereka zomwe mwaphunzira ndi zomwe mwakumana nazo kwa ena.



Vesi Loloweza

5

mphindi

Mwaphunzira kale gawo la chikumbutso chamasiku ano pomwe tidaphunzira tanthauzo la kugawana moyo wathu watsopano mu **Maziko 1: Moyo Uyamba**. Vesi lokumbukira lero likuwonjezera zomwe taphunzira kale.

Werengani mokweza mavesi okumbukira ndi Baibulo mokweza. Werenganinso m'tigawo ting'onoting'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani ndimeyi m'zigawo zazitali ndipo gulu likubwereza gawo lililonse

mpaka aliyense anene ndime yonseyo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Ndipo Yesu anadza nalankhula nao, nanena, Mphamvu zonse zapatsidwa kwa Ine Kumwamba ndi padziko lapansi. Chifukwa chake mukani, phunzitsani anthu a mitundu yonse, ndi kuwabatiza iwo m'dzina la Atate, ndi la Mwana, ndi la Mzimu Woyera: ndi kuwaphunzitsa, asunge zinthu zonse zimene ndinakulamulani inu; ndipo onani, Ine ndili pamodzi ndi inu masiku onse, kufikira chimaliziro cha nthawi ya pansi pano.

Mateyu 28:18-20



Nkhani

Werengani nkhanayi ku gulu:

Pachilumba cha Haiti panali mphepo yamkuntho yoopsa. Mphepo yamkunthoyo inasiya anthu ambiri opanda nyumba. M'midzi ina yakutali pachilumbachi munali wopulumuka amene anali kalipentala. Atsogoleri a mudziwo anapita kwa bamboyo n'kumupempha kuti athandize anthu a m'mudzimo kumanganso nyumba zawo. Munthu ameneyu anali kalipentala yekha wophunzitsidwa bwino m'deralo.

Tsopano, poyamba mwamunayo anasangalala kwambiri. Iye ankaganizira za malipiro amene ankayenera kulandira chifukwa chogwira ntchito imeneyi ndipo zimenezi zinamusangalatsa kwambiri. Tsiku lotsatira anapita kukagwira ntchito, n'kumafufuza zinthu zimene ankafuna komanso kumene ankakapeza. Zomangamanga zinali zochepa chifukwa cha kuwonongeka koma anali munthu wanzeru kotero adapeza njira yopezera zomwe amafunikira.

Banja lililonse m'mudzi mwake linali lopanda nyumba. Sizikakhala ntchito yophweka kumanga nyumba zawo zonse. Pambuyo pa milungu ingapo, nkondo yowonjezereka inayambika: anthu anayamba kudandaula. Iwo adandaula kuti iye sanali kumanga mofulumira mokwanira. Iwo adandaula kuti amakondera anthu ena a m'deralo. Iwo adandaula kuti ntchito yake sinayende bwino chifukwa ankangothamanga. M'mawa, masana ndi usiku anali ndi zodandaula. Anayamba kutopa.

Pa nthawiyo, ankamanga nyumba ya amalume ake aakulu. Pamene ankamanga nyumbayo mmodzi wa asuweni ake anabwera kudzamuthandiza kumanga. Poyamba zinali zokhumudwitsa chifukwa msuweni wake sankadziwa kalikonse pankhani ya ukalipentala. Zinamchedwetsa munthuyo pamene anayenera kufotokoza mmene chinthu chinayenera kumalizidwira. Koma patapita masiku angapo, munthuyo anazindikira kuti ntchito yikupita mofulumira kwambiri kuposa nyumba ina iliyonse imene anamangapo. Izi zinamupatsa lingaliro.

Mmisiri wa matabwayo anaitana amuna atatu omwe ankadziwika kuti amagwira ntchito ndi manja awo kuti agwirizane naye pomanga nyumba ya amalume ake. Mmisiri wa matabwayo anathera m'mawa wonse kuwaphunzitsa zoyambira zomangira nyumba. Anawasonyeza zinthu zofunika kuchita ndi zoti asachite. Onse anagwira ntchito yomanga nyumbayo limodzi ndi kalipentala akupitiriza kuwaphunzitsa kudzera m'njirayo. Tsopano mmisiri wa matabwa anaika maganizo ake pa kutsogolera ndi kulangiza munthu aliyense.

Iwo anamaliza nyumbayo mofulumira kwambiri ndipo kenaka, m'malo moti apite ku nyumba ina, mmisiri wa matabwayo anaganiza zoyambitsa nyumba ziwiri zatsopano, n'kugawa amuna

anayi a nyumba yomalizayo kukhala awiriawiri. Mmisiri wa matabwayo anauza amuna aŵiri aŵiri aliwonse kuti aitane amuna ena aŵiri kuti agwire nawo ntchito yomanga.

Ndi ntchito ziwirizi zomwe zinkachitika pa nthawi imodzi, mmisiri wa matabwa ankathera theka la tsiku lake ali pa nyumba imodzi ndi theka la tsiku lake pa nyumba ina. Anapereka chidziŵitso ndi malangizo kwa magulu aŵiri a amunawo. Amuna amene anagwirapo ntchito yomanga nyumba yoyamba ija tsopano anali kuphunzitsanso amuna atsopano amene analowa nawo posachedwapa. Nyumba ziwirizi zinamalizidwa kuwirikiza kawiri kuposa momwe mmisiri wa matabwa anamaliza nyumba ali yekha.

Kuyambira pamenepo mmisiri wa matabwayo anaika maganizo ake onse pa kuphunzitsa ena kumanga nyumba ndipo posakhalitsa banja lililonse m'mudzimo linakhalanso ndi nyumba yawoyawo.



Kudziwa Baibulo

Mu **Maziko 3: Moyo Umapanga** tinaphunzira kuti Yesu amatifunsa kuti tipite kukauza ena za iye (gawo 9). Timaŵerenga kuti Yesu anatumiza anthu 72 kukauza ena za moyo watsopano umene Yesu amapereka. Tionanso nkhani yomweyi ndi kuganizira zimene ikutiphunzitsa tikamaganizira za kupanga ophunzira.

Werengani Luka 10:1-4 ku gulu:

¹Zitapita izi Ambuye anaika ena makumi asanu ndi awiri, nawatuma iwo awiriawiri pamaso pake kumudzi uliwonse, ndi malo ali onse kumene ati afikeko mwini. ²Ndipo ananena kwa iwo, Dzinthu dzichuluka, koma antchito achepa; potero

pemphani Mwini dzinthu, kuti akankhe antchito kukututa kwake. ³Mukani; taonani, Ine ndituma inu ngati anaankhosa pakati pa mimbulu. ⁴Musanyamule thumba la ndalama kapena thumba la kamba, kapena nsapato; nimusalonjere munthu panjira.



M’ndime iyi tikuwona Yesu akutumiza amuna amene iye mwiniyo anawaphunzitsa—amene anali kutsatira utumiki wake ndi kumuona akuphunzitsa. Iye ankawadziwa bwino anthuwa ndipo ankacheza nawo. Panali ena amene ankawadziwa bwino kuposa ena koma ankawakhulupirira onse ndipo ankawaika ngati atsogoleri kuti apititse patsogolo uthengawo kumadera atsopano.

Amuna amenewa anali asanaganizapo n’kale lonse kuti angachite nawo ntchito ngati imeneyi. Iwo anali asodzi, okhometsa msonkho, ndi anthu ‘wamba’. Koma kupyolera mu chiphunzitso cha Yesu Khristu iwo anakhala anthu osinthika. Iwo anakhala ophunzira. Tsopano iwo anali ndi cholinga. Iwo anali ndi ntchito. Iwo anali ndi chifukwa chokhala ndi moyo chomwe chinali chachikulu kuposa iwo. Yesu anauzira moyo mwa iwo mwa kuwasonyeza mmene dziko lingakhalire ndi mbali imene iwo angakhalemo.

Pamene anatumizidwa, sanafunike kuti Yesu awauze zoyenera kuchita pazochitika zilizonse zimene anakumana nazo. Iye anali atawaphunzitsa kale ndi kuwasonyeza iwo zonse zofunika kwenikweni. Iwo ankadziwa kale chochita: kutsatira chitsanzo chimene Yesu anawapatsa; yendani m’mapazi ake; kuchita zomwe adachita.

Ndime iyi ya mu Luka 10 inali ya mayeso kwa ophunzira: kuyesa kukhoza kwawo. Yesu ankadziwa kuti achoka pa dziko lapansi

pasanapite nthawi yaitali choncho ankafuna kuona mmene ophunzira ake akanachitira atatumizidwa okha. Iye ankafuna kudziwa ngati ankatha kugwiritsa ntchito zimene ankaphunzitsa komanso ngati pakufunika maphunziro enanso. Munjira zambiri kunali mayeso.

Koma koposa zonse, Yesu anadziwa kuti pamene anali padziko lapansi anali ndi malire a anthu amene akanatha kuwafikira ndi uthenga wake. Sakanakhala paliponse. Iye ankadziwa zimenezi moti kuyambira pachiyambi penipeni tikuona Yesu akusankha ophunzira, anthu amene akanatha kuwaphunzitsa kuti apitirize uthenga wake ndi kuufalitsa kutali. Anakhala nawo mphindi iliyonse yodzuka - kuwaphunzitsa ndi kuwaphunzitsa. Anachita izi mwamwambo komanso mwamwayi. Yesu anaphunzitsa zenizeni amuna ameneŵa koma chenicheni chakuti iwo anali kukhala naye nthawi zonse chimatanthauzanso kuti anali kuphunzira. Iwo ankaona zonse zimene ankachita ndipo ankaona moyo wake ngati wawo, zomwe zikutanthauza kuti ankatha kubwereza zimene anachita. Yesu ankakhala ndi anthu amenewa tsiku lililonse.

Ife tiri pano monga Akristu pakali pano chifukwa chakuti Yesu anapereka uthenga wake kwa anthu ndi kuwaphunzitsa mmene angakhalire ndi mmene angapitire kukauza ena. Kukhala wophunzira kumaphatikizapo kukhala ndi nthawi ndi anthu ndi kuwaphunzitsa. Komabe, sikungophunzitsa kungopereka chidziwitso; kumakhudzanso kuphunzitsa anthu kuwerenga ndi kumvetsa Baibulo, kukula ndi kukulitsa makhalidwe ndi makhalidwe oyera monga nthawi ya mapemphero nthawi zonse, kukula kwa makhalidwe abwino ndipo, chofunika kwambiri, kukula mu ubale wawo ndi Yesu.

Yesu akadasunga uthenga wake kwa iye yekha zikanafa naye – pomwepo pamtanda. Koma sanatero, ndipo lero ndi udindo wathu kupitiriza kufalitsa uthenga wake poganizira kwa nthawi yaitali za m’badwo wotsatira ndi m’badwo wotsatira, monga mmene Yesu ndi Paulo anachitira. Osamangoganizira za kuphunzitsa uthenga, komanso kuganizira za amene tingawaphunzitse kugawana nawo, kuti nawonso achite chimodzimodzi monga ife.

Ngati ndinu nokha m’dera lanu amene mumadziwa kuti Yesu ndi ndani ndiye kuti uthengawo udzafa nanu pokhapokha mutaphunzitsa ena tanthauzo lake ndi kuoneka ngati mukumutsatira. Ndipo ngati mungophunzitsa munthu mmodzi koma iye sadziwa kuphunzitsa wina aliyense ndiye kuti uthengawo umafabe mu m’badwo uno.



Zochita

Fotokozani kuti tisewera limodzi kuti timvetsetse mfundoyi.

Mudzafunika malo ambiri kuti musewere masewerawa.

5

mphindi

Sankhani anthu awiri ndikuwasiyanitsa ndi gulu. Tidzawatcha Munthu A ndi munthu B.

Munthu A ndi munthu B akuyenera kuyendayenda mchipindamo kuyesa kukhudza munthu wina aliyense. Sangakhudze wina ndi mzake.

Aliyense m'chipindamo ayesetse kupewa Munthu A ndi Munthu B pothawa.

Munthu A akakhudza munthu, munthuyo ayenera kukhala pansi pomwe ali. Ayenera kukhalabe pamenepo mpaka masewerawa atha. Munthu A ayenera kupitiriza kuyesa kukhudza munthu wina.

Ngati munthu B akhudza wina, munthuyo ayenera kugwirizana ndi munthu B poyesa kugwira ena pagulupo. Amayamba kugwirira ntchito limodzi ndipo ayenera kupitiriza kutero mpaka mapeto a masewerawo.

Palibenso kusinthana kwamagulu - mukakhudzidwa ndi Munthu A kapena B, muyenera kukhala pansi kapena kuthandiza Munthu B mpaka masewerawo atha.

Chitani izi kwa mphindi zitatu kapena mpaka aliyense pagulu atakhala kapena atakhudzidwa ndi gulu la Munthu B. Werengani kuti ndi anthu angati akhala ndi angati omwe ali m'gulu la Munthu B.

Funsani anthu:

- Anazindikira chiyani? (Ngati masewerawa adachita bwino payenera kukhala anthu ambiri omwe ali m'gulu la Munthu B kuposa omwe akhala pansi.)
- Kodi zinawakumbutsa bwanji zimene takhala tikuzikamba? (Mukuyang'ana mayankho omwe amakamba za momwe anthu a m'gulu B adalowa nawo ndikuthandiza kufikira anthu ena. Anthu okhudzidwa ndi Munthu A adangokhala pansi osathandizanso kukhudza ena kotero izi zikutanthauza kuti gululo silinakulire.)



Aliyense ayenera kukhala wokhulupirika kupanga ophunzira angapo ndi kuphunzitsa aliyense wa iwo kupanga ophunzira ochuluka amene adzapanga ophunzira ochuluka. Mwanjira

imeneyi, sikuti uthenga umene tikulalikira umakhalabe wokha, komanso umafalikira kumadera akutali kwambiri a dziko lapansi. Lingaliro ili lakuchulutsa anthu ndi atsogoleri ndi m'mene tidzawonera dziko lifikira kwa Yesu. Ndi njira imene Yesu anationetsera ndi kuti uza kuti tizigwira ntchito. Ichi ndichifukwa chake kupanga ophunzira sikungomveka bwino komanso ndikofunikira kwa wokhulupirira aliyense wokhwima.



15

mphindi

Kukambirana

M'magulu a anthu 3 kapena 4 kambiranani mafunso otsatirawa. Mukamaliza, funsani magulu ang'onoang'ono kuti afotokoze mayankho awo kwa aliyense.

- Kodi ndi zitsanzo zina ziti zimene mwaona zimene zikusonyeza phindu ndi nzeru pophunzitsa anthu amene angaphunzitse ena?
- Kodi n'chiyani chakulimbikitsani ndi kukusonyezani kufunika kopanga ophunzira amene adzapanga ophunzira ena?
- Kuti tiphunzitse anthu mwadala, kodi tiyenera kuchita chiyani?



15

mphindi

Pemphero

Payekha paokha, pemphani Mulungu kuti akuwululireni anthu m'moyo wanu omwe mungawaphunzitse kukhala ophunzira. Ganizirani makamaka za anthu onse omwe mwalankhula nawo pamene mukugwira ntchito mu Maziko. Pemphani Mulungu kuti akuonetseni anthu 3 kapena kuposerapo odalirika amene mungawaphunzitse.

Tengani mphindi zingapo mwakachete chete kufunsa Mulungu ndikumvetsera kwa iye. Lembani mayina a anthu omwe

amabwera m'maganizo. Mukangolembe mayinawo, khalani awiriawiri ndikupempherera anthu omwe ali pamndandanda wa okondedwa wanu. Pempherani kuti mzanuyo akhale wakhama pofikira anthu amene ali pamndandanda wawo komanso kuti Mulungu athandize amene ali pamndandandawo kukhala olandira kuphunzira ndi kukhala ofunitsitsa kuphunzitsa ena.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tichite. Mlungu uno pitirizani kupempherera anthu amene munalemba pa mndandanda wanu ndi kufunsa Mulungu ngati pali wina aliyense amene akufuna kuti muphunzire. Onani ngati akuwonjezera wina aliyense pamndandanda wanu.



Mboni

Pamene mukugwira ntchito yochitira umboni mu bukhuli mukhala mukuchitapo kanthu kuti mubzale gulu latsopano. Mukamaliza bukhuli mudzakhala mutayambitsa Gulu la Moyo Watsopano kuti muthandize anthu ambiri kudziwa Yesu. Mutha kugwiritsa ntchito mndandanda wa **Maziko** ndi gululi.

Ndikosavuta kuchita izi ndi anthu ena a gulu lanu lapano osati nokha. Funsani anthu 2 kapena 3 kuti alowe nanu. Ayenera kukhala okondwa kuyambitsa gulu lina. Mukhoza kulimbikitsana ndi kupemphererana. Tilitcha gulu la anzanu '**gulu lobzala**'.

Mlungu uno, funsani munthu aliyense amene ali pamndandanda umene munalembapo ndipo wakhala mukumupempherera. Afotokozereni momveka bwino kuti mukufuna kuwaphunzitsa kuti aphunzitse ena zimene aphunzira kwa inu. Longosolani kuti mukufuna kuchita izi pogwira ntchito limodzi kuyambitsa Gulu la Moyo. Pamene mukugwira ntchito limodzi kuchita zimenezi,

mudzakhala ndi mipata yowaphunzitsa zimene mwaphunzira m'gulu lanu, kuwalimbikitsa kukula m'chikhulupiriro chawo ndi kuwakonzekeretsa kuphunzitsa ena.

Afunseni ngati angakonde kugwiritsa ntchito mwayi umenewu. Aloleni kuvomereza kapena kukana izi.

Ngati avomereza zomwe mwapereka, muyenera kukumana kuti mupemphere nawo ndikukambirana zomwe nonse mukuyembekezera kuchokera munjira yophunzirira iyi. Gwirizanani kuti mudzakumana kangati komanso nthawi yayitali bwanji. Afunseni kuti adzipereke kuchita nanu ntchito zochitira umboni mu bukhu lonseli ndi cholinga chodzala gulu la moyo pamodzi. Mwanjira imeneyo mudzabzala gulu latsopano pamodzi ndipo adzaphunzira kuchokera mu ndondomekoyi. Anthuwa tidzawatchula kuti **'gulu lanu la Moyo yatsopano'** m'magawo amtsogolo.

Zonse ndi za Mulungu

- Nsembe

'Monga Mwana wa Munthu
sanadze kutumikiridwa koma
kutumikira, ndi kupereka moyo
wake dipola anthu ambiri.'

Mateyu 20:28



Kukonzekela

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhaniyi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha gawoli sabata ino ndikumvetsetsa kuti Yesu adadzipereka yekha kuti alipire machimo athu ndiye kuti palibe nsembe ina ya uchimo yomwe ndiyofunikira. Komabe, pamene tikukula m'chikhulupiriro chathu ndi kuzindikira kuti zonse zimene tili nazo zimachokera kwa Mulungu, timayamba kutaya zonse zimene tili nazo, ndi zimene tiri, kwa iye, chifukwa cha kum'konda.



Vesi Loloweza

5

mphindi

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Monga Mwana wa Munthu sanadze kutumikidwa koma
kutumikira, ndi kupereka moyo wake dipo la anthu ambiri.*

Mateyu 20:28



Nkhani

Werengani nkhanayi ku gulu:

Mu 1933 Hitler ndi chipani chake cha ndale cha Nazi anayamba kulamulira ku Germany. Pamene anali kulamulira anapha anthu ambiri achiyuda, ndi ena, kupha amuna, akazi ndi ana oposa 11 miliyoni. Adalowanso mayiko angapo aku Ulaya zomwe zidadzetsa Nkhondo Yachiwiri Yapadziko Lonse (WWII), nkondo yayikulu makamaka ku Europe yomwe inachitika kuyambira 1939 - 1945.

Iyi inali nthawi yamdima ku Ulaya, ndipo makamaka kwa Ayuda okhala kumeneko chifukwa ambiri a iwo anaphedwa mwankhanza. Pakati pa nkhanzazo, komabe, nkhani zochepa za chiyembekezo zinawonekera. Nkhani imodzi yoteroyo inali ya Nicholas Winton.

Nicholas anali msungwana wachinyamata wogwira ntchito ku London. Mu December 1938, Nkhondo Yachiwiri Yapadziko Lonse itangotsala pang'ono kuyamba, Nicholas anaitanidwa ku Prague ndi mnzake amene ankagwira ntchito ku Komiti Yoona za Anthu Othawa kwawo ku Britain yochokera ku Czechoslovakia. Ali kumeneko Nicholas ndi bwenzi lake anaona kuti Ayuda ambiri amene anakakamizika kuchoka m'nyumba zawo anali kusungidwa m'misasa ya anthu othaŵa kwawo ndipo ambiri anali kuvutika kuti apulumuke nyengo yozizira. Iwo anazindikira kuti ambiri mwa anthu ameneŵa anali pangosi yaikulu yochokera ku ulamuliro wa

Nazi. Nicholas anaganiza kuti achite zimene akanatha kuti awathandize.

M'miyezi ikubwerayi, Nicholas anakonza zoti ana achiyuda okwana 669 akwere sitima kudutsa ku Ulaya kupita ku Britain. Anapanga mapulani onse ofunikira, kukonza mapepala, kukwaniritsa mikhalidwe ya boma la Britain ndi kupeza banja lolera la mwana aliyense. Anthu ambiri amavomereza kuti ana amene anawapulumutsa akanatha kuphedwa pa nthawi ya Holocaust ngati sizinali chifukwa cha zochita za Nicholas.¹

Nicholas sanalankhule za zomwe adachita ndipo, kwa zaka zambiri, ana omwe adawapulumutsa sankadziwa kuti mpulumutsi wawo anali ndani. Komabe, patapita zaka 50, mkazi wa Nicholas anapeza scrapbook ndi tsatanetsatane wa ana onse mmenemo ndipo anafunsa Nicholas za izo. Zitatha izi, nkhanayi idadziwika kwambiri ndipo Nicholas adapeza kuti akukondweretsedwa ngati ngwazi.

Pulogalamu ya pa TV ya ku Britain inalembera ana amene anawapulumutsa, omwe tsopano anali achikulire, ndipo anawaitana kuti abwere ku pulogalamu yapadera yolemekeza Nicholas. Ambiri anabwera ndikudabwa Nicholas ndi kupezeka kwawo. Anadzaza ndi chiyamiko chifukwa cha iye ndipo ambiri anamukumbatira ndi kulira. Inali nthawi yapadera kwambiri yodzaza ndi chisangalalo.

Anthu opulumutsidwa ndi Nicholas amadziwa kuti popanda iye sakanakhala ndi moyo; iwo ali ndi ngongole ya miyoyo yawo kwa iye. Ana awo ndi zidzukululu amadziwanso izi ndipo pofufuza

¹ Hall, Robert. How did one Englishman save 669 children from the Holocaust? *iWonder* Ikupezeka pa: <http://www.bbc.co.uk/guides/zymfvcw> [Idafikira 18 Julayi 2017]

pang'ono, mukhoza kupeza nkhani kuchokera kwa iwo.
Amalemekeza kwambiri Nicholas ndipo amamulemekeza
pazochitika zapadera pamoyo wake.

Vera Gissing, mmodzi mwa anthu amene anapulumsidwa anati:
“Ndife a m’banja lake. Tsopano watilandira ngati tate
wolemekezeka ndipo akulandira ana athu ngati agogo
olemekezeka. Iye ndiye mutu umene ndimaganza wa banja
lalikulu kwambiri padziko lapansi.”²



Kudziwa Baibulo

Werengani Aroma 11:33 – 12:1 ku gulu:

*³³Ha! Kuya kwake kwa kulemera ndi kwa nzeru ndi kwa
kudziwa kwake kwa Mulungu! Osanthulikadi maweruzo
ake, ndi njira zake nzosalondoleka! ³⁴Pakuti anadziwitsa
ndani mtima wake wa Ambuye? Kapena anakhala phungu
wake ndani? ³⁵Ndipo anayamba ndani kumpatsa lye, ndipo
adzambwezeranso? ³⁶Chifukwa zinthu zonse zichokera kwa
lye, zichitika mwa lye, ndi kufikira kwa lye. Kwa lyeyo ukhale
ulemerero kunthawi zonse. Amen.*

*¹Chifukwa chake ndikupemphani inu, abale, mwa zifundo za
Mulungu, kuti mupereke matupi anu nsembe yamoyo,
yopatulika, yokondweretsa Mulungu, ndiko kupembedza
kwanu koyenera.*



Monga momwe nkhani ya Nicholas Winton ikusonyezera, pamene
wina achitira zinthu zodabwitsa kwa anthu ena amene
amapindula amafuna kuthokoza munthuyo kapena

² Nicholas Winton – *How one man changed the world* (2014). [Kanema wapaintaneti] bluescorpio lpezeka
pa: <https://www.youtube.com/watch?v=A6FIMLyf0yk> [Kutengedwa pa 18 Julayi 2017]

kuwalemekeza. Mwina munakumanapo ndi izi pang'ono kapena zazikulu m'moyo wanu?



3

mphindi

Kukambirana

Funsani ngati pali aliyense m'gululo amene anachitiridwa chifundo, ndipo ngati ndi choncho, mmene anamvera ndi mmene anayamikirira kapena kulemekeza munthu amene anawachitira zabwino?

Funsani ngati wina wachitira wina zabwino chinachake, ndipo ngati ndi choncho, kodi ayamikiridwa motani ndi mmene anamvera?



Anthu amene tinamva za amene anapulumutsidwa ndi Nicholas Winton ankadziwa kuti moyo wawo unali wofunika kwa iye. Zonse zomwe ali nazo tsopano, ali nazo chifukwa Nicholas anali atawapulumutsa. Akapanda kutero, iwo sakanakhala ndi moyo komanso mabanja awo sakanakhalanso ndi moyo.

Nkhani ya Nicholas ndi amene anawapulumutsa ingakhale chithunzi kwa ife pamene tilingalira za ndime ya m'Baibulo imene tangoŵerenga kumene, ndi zimene Yesu watichitira. [Aroma 11 ndi 12](#) ndi vesi lathu lokumbukira likutiwonetsa chinthu chofunikira.

Zonse ndi za Mulungu

Werenganinso [Aroma 11:33-34](#). Mavesi amenewa amanena za mmene Mulungu alili wamkulu komanso wodabwitsa. Amamufotokoza kuti ndi wanzeru, wodziwa zinthu komanso woposa nzeru zathu zaumunthu.

Werenganinso Aroma 11:35-36. Ndime izi zikufunsa zomwe aliyense adapereka kwa Mulungu zomwe zingamuike m'ngongole zake.

Mawu akuti, “Pakuti zonse zichokera kwa lye, ndi mwa lye, ndi kwa lye,” amatikumbutsa kuti Mulungu watipatsa moyo ndi mpweya m’mapapu athu. Limatikumbutsanso kuti iye anabwera padziko lapansi monga Yesu kudzafa m’ malo mwathu. Monga momwe anapulumutsira ana Nicholas Winton, sitikanakhala ndi kalikonse ngati Mulungu sanatipatse ife chirichonse: moyo wathu.

Nsembe Zamoyo

Werenganinso Aroma 12:1. Tikamaganizira zimene Mulungu watipatsa, Paulo akutilimbikitsa kuti “tipereke matupi athu nsembe yamoyo, yopatulika, yovomerezeka kwa Mulungu, ndiko kulambira kwanu koono ndi koyenera.”

Kuti timvetse zimenezi, tiyenera kuona tanthauzo la mawu akuti nsembe. Mawu akuti nsembe amangotanthauza kusiya chinthu chamtengo wapatali n’cholinga choti achiganizirensa. Zimakhala zowawa kwa ife kudzipereka chifukwa kumaphatikizapo kusiya chinthu chimene timaona kuti ndi chamtengo wapatali, chosowa kapena chimene tikufuna.

M’Chipangano Chakale, pansi pa chilamulo choperekedwa kwa Mose kaamba ka anthu a Mulungu, Mulungu anaika dongosolo la nsembe limene likafunikira kuchotseratu kapena kulipira mtengo wofunikira wa uchimo, kusonyeza chiyamiko kwa Mulungu ndi kumlemekeza ndi chitamando. Dongosolo limeneli linkanthauza kuti anthu akanatha kubweretsa zabwino kwambiri zimene anali nazo, makamaka mbewu kapena nyama, n’kuzipereka kwa Mulungu. Mbewu ndi nyama zinali magwero a chuma ndi

chakudya cha anthu ndipo mwa kuzipereka kwa Mulungu, anthu anali kunena kuti Mulungu ndi woyenera kulandira zabwino koposa zomwe anali nazo.

Mulungu analandira nsembe zimenezi monga chitetezero cha machimo ndi chiyamiko ndi chitamando. Kutetezera kumangotanthauza kulipira mtengo, kapena kukonza cholakwacho. Nsembe zimenezi zinali zakanthawi ndipo zinkayenera kubwerezedwa nthawi zonse. Mchitidwe wopereka nsembe nthawi zonse unkalozera m'tsogolo ku zimene Yesu akanadzachita akadzabwera ndi kufa pa mtanda monga nsembe yomaliza, kamodzi kokha.



5

mphindi

Zochita

Funsani gulu kuti libwereze ndime yapamtima ya lero. Onani ngati angathe kuchita popanda thandizo lanu.

Monga Mwana wa Munthu sanadze kutumikiridwa koma kutumikira, ndi kupereka moyo wake dipo la anthu ambiri.

Mateyu 20:28



Ubale wathu ndi Mulungu unasintha pamene Yesu anabwera padziko lapansi n'kufera pa mtanda. Sitifunikiranso kupereka nsembe za nyama kapena mbewu. Monga mmene vesi la m'mtima mwathu limanenera, Yesu anabwera “kutumikira, ndi kupereka moyo wake dipo la anthu ambiri.” Dipo ndi mtengo woperekedwa kupulumutsa munthu. Yesu watilipira mtengo umenewo kutanthauza kuti sitifunikanso kupereka nsembe kuti titetezere uchimo m'miyoyo yathu. Yesu analipira mtengo umenewo. (Kuti mudziwe zambiri za izi onani **Maziko 2: Gawo 9**).

Pamene Paulo akutipempha kuti “tipereke matupi athu ngati nsembe yamoyo” sakunena kuti titetezere machimo athu chifukwa Yesu anachita kale zimenezi. M’malo mwake Paulo akutipempha kuti tipereke zonse zomwe tili ndi zonse zomwe tili nazo monga chiyamiko ndi chiyamiko kwa Mulungu chifukwa tikudziwa kuti popanda iye, sitikanakhala ndi kalikonse.

Kupereka matupi athu monga nsembe yamoyo kumangotanthauza kubweza kwa Mulungu zimene watipatsa—thupi lathu, nthawi yathu, luso lathu, mphamvu zathu, ndi zinthu zathu. Tsiku ndi tsiku tiyenera kupereka zonse zomwe tili ndi zonse zomwe tili nazo kwa iye, kuti azigwiritsa ntchito momwe angafunire, pozindikira kuti zonse zidachokera kwa iye. Izi ziwoneka mosiyana pang'ono m'miyoyo yathu iliyonse, koma titha kufotokoza momveka bwino ponena kuti timasankha kunena kuti Mulungu ndiye bwana, mfumu, mfumu kapena mbuye wathu. M’malo monena kuti “Ndikufuna...” timati “Mulungu akufuna...”.

Kukhalira moyo wathu chifukwa cha Mulungu m’malo mongodzipunira tokha kungakhale kovuta. Umunthu wathu ndi wodzikonda ndipo timakonda kufuna kudziika tokha patsogolo. Paulo akutiiza kuti tizikhala osiyana ndi anthu otizungulira poika Mulungu patsogolo. Tikamachita zimenezi tidzakula komanso kusintha. Malingaliro athu ndi mitima yathu idzagwirizana kwambiri ndi malingaliro ndi mtima wa Mulungu. Mulungu adzatiphunzitsa ndi kutitsogolera ndipo tidzaona kuti tikuyenda naye pafupi pamene tikumudziwa bwino. Tidzayamba kumvetsa bwino mmene Mulungu amagwirira ntchito, tidzayamba kuona anthu mmene iye amawaonera, kusamalira zinthu zimene iye amawasamalira komanso kugawana nawo zimene amafuna.

Tikamamutamanda ndi kumuthokoza, timalimbikitsidwa kwambiri kumubwezera zimene watipatsa.



20
mphindi

Zochita

Gawani gululo m'magulu ang'onoang'ono 3 (kapena 2 ngati pali anthu 10 kapena ocheperapo). Gulu lirilonse lidzachita sewero (fanizo) limene Yesu ananena. Nkhanizi zitithandiza kumvetsetsa zinthu zomwe taphunzira lero.

Maguluwa akhala ndi mphindi 3 zokha zokonzekera sewero lawo, ndi mphindi 3 zochitira sewero lawo! Mfundo yake ndi yakuti afotokoze nkhaniyo m'njira imene gulu lonselo lingamvetse. Alimbikitseni kukhala ochititsa chidwi!

Apatseni magulu mphindi 3 kuti akonzekere ndikuwayitaniranso limodzi. Afunseni kuti achite masewero awo, mmodzimmodzi, ndipo pakatha sewero lililonse muzifunsa mafunso omwe ali pansipa. Mayankho enieni ali m'mabulaketi.

Gulu 1: Luka 15:3-7 Fanizo la nkhusa yotayika

- Kodi mbusa anamva bwanji atapeza nkhusa? (Wodala, adakondwera)
- Kodi mbusa amaimira ndani? (Yesu)
- Kodi nkhusa zimaimira ndani? (Ife ndi anthu ena)
- Kodi tingaphunzire chiyani m'fanizoli? (Yesu amabwera kudzatifunafuna kuti apulumutse miyoyo yathu, ndipo amasangalala akatipeza)

Gulu 2: Mateyu 13:44-46 Mafanizo a chuma chobisika ndi ngale.

- Kodi mwamuna ndi wamalonda akuimira ndani? (Ife ndi anthu ena)

- Kodi chuma ndi ngale zikuimira chiyani? (uthenga wabwino wa Yesu wopulumutsa myewo yathu)
- Kodi mwamuna ndi wamalondayo anachita chiyani ndipo zimenezi zikutisonyeza chiyani? (Amasiya china chilichonse kuti agwire zabwino zomwe apezela. Tiyeneranso kusiya china chilichonse kuti tiwonetsetse kuti tagwira chinthu chabwino kwambiri chomwe tapeza - Yesu)

Gulu 3: Luka 12:16-21 Fanizo la wolemara wopusa

- Kodi wopusa wolemara akuimira ndani? (Aliyense amene wasankha kuyesa kusunga zinthu zabwino za moyo uno - chakudya, ndalama, nthawi ndi kuzigwiritsa ntchito monga chitetezo chake osati Mulungu)
- Kodi Mulungu akunena chiyani m'fanizoli? (Ndikupusa kuchita motere)
- Kodi fanizoli likutiphunzitsa chiyani? (Kuti tikhale “olemara kwa Mulungu”)



Kukambirana

Khalani m'magulu anu ang'onoang'ono ndikukambirana mafunso otsatirawa.

10
mphindi

- Nkhosa zotayika: Kodi mumamva bwanji mukaganizira zimene Yesu wakuchitirani? Limbikitsani anthu kuti azichita zinthu moona mtima komanso kuti afotokoze chifukwa chimene amaonera zinthu zimenezi. Limbikitsani magulu kuti azipemphererana wina ndi mnzake pa zinthu zomwe agawana, ndikupempha Mzimu Woyera kuti atithandize kudziwa kufunika kokwanira kwa zomwe Yesu watichitira.

- Chuma chobisika: Kodi mmene mumaonera Yesu zimakhudza bwanji moyo wanu wa tsiku ndi tsiku? Poganzira zimene taphunzira lerolino, kodi pali chilichonse chimene mukufuna kusintha m'moyo wanu monga mmene munthu amene anapeza chumacho anachitira komanso wamalonda amene anapeza ngaleyo?
- Chitsiru chachuma: Kodi timafanana ndi chitsiru chachuma mwanjira iriyonse, tikuunjikira zinthu kuzungulira ife ndi kukhulupirira zimenezi kuti tipeze chitetezo, kapena kodi ndife “olemera kwa Mulungu”? Limbikitsani anthu kuganzira zimene Mulungu wawapatsa (nthawi, luso, chuma, ndalama, mabwenzi) komanso ngati akukhulupirira zinthu zimenezi kapena kuzipereka kwa Mulungu ndi kumukhulupirira.



10
mphindi

Pemphero

Monga gulu, yambani ndi kuthera nthawi yothokoza Mulungu chifukwa cha zinthu zonse zimene watipatsa. Yambani ndi kunena pemphero lalifupi lothokoza ndikupempha Mzimu Woyera kuti alankhule naye pamene tikuyamika Mulungu.

Tsopano funsani aliyense pagulu kuti alankhule zinthu zomwe akuthokoza nazo, kaya ndi chiganizo chachifupi kapena liwu limodzi lokha. Perekani nthawi yochuluka ya izi chifukwa anthu ena angakhale amanyazi ndipo angafunike nthawi kuti azikhala omasuka kuti agawane nawo.

Aliyense akamaliza kupereka, werengani pempheroli ndipo pemphani anthu kuti abwereze mzere uliwonse pambuyo panu.

Zikomo Mulungu chifukwa chotipatsa moyo.

Zikomo, Yesu, chifukwa chotifera ndi kulipira mtengo wotipulumutsa.

Zikomo, Mzimu Woyera, chifukwa chokhala nafe lero ndi kutithandiza kumvetsetsa.

Timasankha kubwezera moyo wathu watsiku ndi tsiku kwa inu.

Timasankha kupereka zonse zomwe tili ndi zonse zomwe tili nazo kwa inu.

Chonde konzanso malingaliro athu ndikutithandiza kulingalira momwe mumaganizira ndikuwona anthu momwe mumawaonera.

Amene



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tigwire. Pamene mwakumana pamodzi, kuphunzira Maziko ndi kupemphera limodzi mwakhazikitsa dera. N'kutheka kuti mwagwirizana kwambiri ndipo mwaphunzira zambiri limodzi. Mwina mumamasuka komanso otetezeka mu gulu lanu. Izi ndi zinthu zabwino. Komabe, kuti tifikire anthu ena tiyenera kukhala okonzeka kusiya zomwe tili nazo pano, kuzitaya. Ichi chingakhale chinthu chovuta kuchita.

Sabata ino dziperekezeni kukumana ndi kupemphera ndi **gulu lanu lobzala** (anthu 2 kapena 3 mugulu lanu lomwe mwavomera kulimbikitsa, kugawana ndi kupemphera nawo). Pemphani Mulungu kuti akonzekeretse mitima yanu pakusinthira koyambitsa gulu latsopano ndikukulimbikitsani pomwe izi ndizovuta.



Mboni

Kumbukirani kuti ntchito yathu yochitira umboni imatithandiza kukonzekera kudzala gulu latsopano mmene tingathandizire ena kudziwa Yesu.

M'sabatayi tikuchita zimene takambiranazi. Mu **Gulu Lanu la Moyo yatsopano** (anthu amene avomereza mwayi wanu wophunzira kuti athe kuphunzitsa ena zomwe aphunzira kwa inu), aliyense wa inu aganizire za chinthu chothandiza chomwe angachite kuti abwezere kwa Mulungu zomwe wakupatsani. Mwachitsanzo, ngati ndinu wodziwa kuphika bwino, mungapereke nthawi ndi luso lanu kuitanira mabwenzi amene sakumudziwa Yesu kudzadya nawo chakudya. Ngati muli ndi luso lokonza zinthu, mukhoza kuthandiza munthu amene akuvutika chifukwa chakuti chinachake chimene akugwiritsa ntchito chasweka. Ngati muli ndi njinga, mukhoza kubwereketsa njinga yanu kwa munthu amene akuifuna.

Kudzifera Wekha



'Ndipo anadziitanira khamulo la anthu pamodzi ndi ophunzira ake, nati kwa iwo, Ngati munthu afuna kudza pambuyo panga, adzikanize yekha, nanyamule mtanda wake, nanditsate Ine.'

Marko 8:34



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Mtanda wamatabwa, 1m kapena 1.5m wamtali. Mutha kugwiritsa ntchito nthambi zamitengo 2 zolumikizidwa pamodzi. (Sungani izi kwa Gawo 7.)

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhanayi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



5

mphindi

Takulandirani & Mayankho

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziro la sabata ino ndi kumvetsetsa kuti ngati tikufuna kukhwima kuti tifanane ndi Yesu, tiyenera kukonzekera kumulola kuti atisinthe. Ngati titi tichitire umboni ndi kutumikira madera athu, kuloŵerera mu ntchito ya Mulungu yokonza zinthu, kudza funa kuti tidzipereke ndi kulingalira za ena osati ife eni.



5

mphindi

Vesi Loloweza

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono ŵerengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Ndipo anadziitanira khamulo la anthu pamodzi ndi ophunzira ake,
nati kwa iwo, Ngati munthu afuna kudza pambuyo panga,
adzikanize yekha, nanyamule*

Marko 8:34



Nkhani

Werengani nkhanayi ku gulu:

M'zaka za m'ma 1950, m'mishonale wachinyamata wina wa ku America dzina lake Jim Elliot anadzimva kuti anaitanidwa kukatumikira Mulungu ku South America. Iye pamodzi ndi mkazi wake Elisabeth ndi mwana wake wamkazi wamng'ono Valerie, ankakhala pakati pa fuko la Quichua ku Ecuador ndipo zinthu zinawayendera bwino powauza uthenga wabwino. Patapita zaka zingapo, Jim anakakamizika kukalalikira ku mtundu wa Aucas wakutali.

A Aucas ankakhala mkatikati mwa nkhalango ndipo sankagwirizana kwambiri ndi anthu akunja. Anapha antchito angapo pamalo obowolapo mafuta pafupi ndi dera lawo. Kampani yamafuta inatseka malowo chifukwa aliyense ankaopa kugwira ntchito kumeneko. Jim ankadziwa kuti njira yokhayo yoletsera Aucas kupha anthu ndi kuwauza za Yesu. Jim ndi amishonale ena anayi a ku Ecuador anayamba kukonzekera njira yosonyezera a Aucas kuti anali aubwenzi.

Nate Saint, woyendetsa ndege wa amishonale, anayamba kuulutsa Jim m'gawolo ndipo anatsitsa mphatso ku Aucas ndi kugwiritsira ntchito wokamba nkhani kulankhula mawu aubwenzi a Aucas kwa anthu okhala pansi. Pambuyo pa miyezi yambiri, adawona kuti inali nthawi yokumana ndi Aucas maso ndi maso. Iwo anapeza gombe pa mtsinje kumene akanatha kutera ndipo anapanga msasa waung'ono kumene iwo anayembekezera Aucas

kubwera. Patapita masiku anayi, mwamuna wina ndi akazi awiri anabwera ndipo anadyera limodzi chakudya. Jim anawapempha kuti abwerenso ndi anthu ambiri ulendo wina. Patadutsa masiku awiri anatulukira akazi awiri m'nkhalangomo. Jim ndi anzake anayi amishonale anapita kukakumana nawo, koma mwadzidzidzi asilikali a Aucas anatuluka m'mitengo ndi mikondo ndi kupha amishonale onsewo. Tsikuli linali January 8, 1956.

Pamene mabanja a Jim ndi Nate sanamve chilichonse kuchokera kwa iwo gulu lina linawulukira kuti lipeze amuna omwe akusowa. Anapeza matupi awo n'kuwaika m'manda.

Komabe, nkhanayi simathera pamenepo. Pasanathe zaka ziwiri Elisabeth Elliot, mwana wake wamkazi Valerie, ndi Rachel Saint (mlongo wake wa Nate) anafikiridwa ndi akazi ena a Auca, ndipo m'kupita kwa nthawi anasamuka kukakhala m'mudzi wa Auca. Aucas ambiri anakhala Akristu chifukwa cha uthenga wawo. Chifukwa cha chikhulupiriro mwa Yesu, anthu amitundu ina anasintha khalidwe lawo lachiwawa. Tsopano ndi fuko laubwenzi. Amishonale, kuphatikizapo mwana wamwamuna wa Nate Saint ndi banja lake, akukhalabe pakati pa Aucas lerolino.

Maganizo a Jim pa moyo akufotokozedwa mwachidule mu mawu awa omwe analemba m'magazini yake asanachoke ku America kupita ku Ecuador: "Iye si wopusa amene amapereka zomwe sangathe kusunga kuti apeze zomwe sangathe kuzitaya."³



Kudziwa Baibulo

Werengani Marko 8:31-38 ku gulu:

³ Elisabeth Elliot (Mkonzi.), *The Journals of Jim Elliot* (Grand Rapids, MI: Revell, Baker Publishing Group, 1978)

Yesu aneneratu za mazunzo ndi imfa yake

³¹Ndipo anayamba kuwaphunzitsa, kuti kuyenera kuti Mwana wa Munthu akamve zowawa zambiri, nakakanidwe ndi akulu ndi ansembe aakulu, ndi alembi, nakaphedwe, ndipo mkucha wake akauke. ³²Ndipo mauwo ananena poyera. Ndipo Petro anamtenga Iye, nayamba kumdzudzula. ³³Koma Iye anapotoloka, napenya ophunzira ake, namdzudzula Petro, nanena, Choka, pita kumbuyo kwanga, Satana iwe; popeza susamalira zinthu za Mulungu, koma za anthu.

Kunyamula mtanda

³⁴Ndipo anadziitanira khamulo la anthu pamodzi ndi ophunzira ake, nati kwa iwo, Ngati munthu afuna kudza pambuyo panga, adzikanize yekha, nanyamule mtanda wake, nanditsate Ine. ³⁵Pakuti yense wakufuna kupulumutsa moyo wake adzautaya; ndipo yense wakutaya moyo wake chifukwa cha Ine, ndi chifukwa cha Uthenga Wabwino, adzaupulumutsa. ³⁶Pakuti munthu apindulanji akadzilemezera dziko lonse, natayapo moyo wake? ³⁷Pakuti munthu akapereka chiyani chosintha nacho moyo wake? ³⁸Pakuti yense wakuchita manyazi chifukwa cha Ine, ndi cha mau anga mu mbadwo uno wachigololo ndi wochimwa, Mwana wa Munthu adzachitanso manyazi chifukwa cha iyeyu, pamene Iye adzafika nao angelo ake oyera, mu ulemmero wa Atate wake.



Pali anthu ambiri m'dzikoli amene amaphunzitsa kuti ngati mukhala Mkhristu moyo wanu udzakhala wosavuta ndipo Mulungu amafuna kuti mukhale olemera. Amati ngati mukuvutika ndiye kuti mwachita cholakwika, kapena mulibe chikhulupiriro chokwanira. Izi si zoona, koma uthenga woterewu umakopa

mtima wathu wodzikonda komanso wochimwa. Anthu ambiri amene amaphunzitsa zinthu zimenezi ali ndi mipingo ikuluikulu yodzaza ndi anthu amene amafuna kuti Mulungu akonzere moyo wawo ndi kuchotsa mavuto awo onse. Komabe m'nkhani yathu amishonale a fuko la Auca anataya miyoyo yawo poyesa kufikira anthu amene akananyalanyazidwa mosavuta ndi kunyalanyazidwa.



5

mphindi

Kukambirana

Funsani anthu zomwe akuganiza kuti Jim Elliott amatanthauza pamene tidalemba kuti, "Iye si wopusa amene amapereka zomwe sangathe kusunga kuti apeze zomwe sangathe kuzitaya."



M'ndime ya lero Yesu anadzudzula Petro chifukwa anali ndi lingaliro lolakwika la ukulu weniweni. Yesu atabwera padziko lapansi, ankadziwa ntchito yake komanso mmene adzakwaniritsire. Ntchito yake inali kuyanjanitsa amuna ndi akazi ochimwa ndi Mulungu kudzero mu imfa ndi kuukitsidwa kwake. Yesu ankadziwa kuti ayenera kuvutika kuti akwaniritse chifuniro cha atate wake. Komabe, Ayuda ambiri, mofanana ndi Petro, anali kuyembekezera mesiya (mpulumutsi kapena wowombola) amene akadzalamulira kudzagwetsa olamulira andale anthaŵiyo ndi kuwapatsa ufulu wakukhala ndi kulambira monga momwe anafunira. Iwo ankayembekezera mfumu yamphamvu ndi yamphamvu. Izi n'zimene Petulo anafuna kuti Yesu akhale, ndipo n'cifukwa cake anadabwa pamene Yesu anamuuza kuti azunzika ndi kufa.

Kumvetsetsa kwa Petro za Ufumu wa Mulungu ndi ukulu kunali kolakwika kotero kuti Yesu adamuneneza kuti ndi Satana. Mkangano wa Petro unali ndi chiyeso chimodzimidzicho chimene Satana anayesa kugwiritsira ntchito kuchiyambi kwa utumiki wa

Yesu pamene Satana anam'patsa Yesu ukulu ngati amugwadira ndi kumlambira, koma Yesu anakana. (Mutha kuwerenga izi pa Mateyu 4:8-10 ngati mukufuna.)

Werengani Afilipi 2:1-11 ku gulu ndipo fotokozani kuti ndimeyi imatithandiza kumvetsa mmene kudzichepetsa kwa Yesu padziko lapansi kwamupangitsira kukhala wamkulu mu ufumu wa Mulungu.

¹Ngati tsono muli chitonthozo mwa Khristu, ngati chikhazikitso cha chikondi, ngati chiyanjano cha Mzimu, ngati phamphu, ndi zisoni, ²kwaniritsani chimwemwe changa, kuti mukalingalire mtima zomwezo, akukhala nacho chikondi chomwe, a moyo umodzi, olingalira mtima umodzi; ³musachite kanthu monga mwa chotetana, kapena monga mwa ulemmerero wopanda pake, komatu ndi kudzichepetsa mtima, yense ayese anzake omposa iye mwini; ⁴munthu yense asapenyere zake za iye yekha, koma yense apenyerenso za mnzake. ⁵Mukhale nao mtima m'kati mwanu umene unalinso mwa Khristu Yesu, ⁶ameneyo, pokhala nao maonekedwe a Mulungu, sanachiyese cholanda kukhala wofana ndi Mulungu, ⁷koma anadzikhuthula yekha, natenga maonekedwe a kapolo, nakhala m'mafanizidwe a anthu; ⁸ndipo popezedwa m'maonekedwe ngati munthu, anadzichepetsa yekha, nakhala womvera kufikira imfa, ndiyo imfa ya pamtanda. ⁹Mwa ichinso Mulungu anamkwezetsa Iye, nampatsa dzina limene liposa maina onse, ¹⁰kuti m'dzina la Yesu bondo lililonse lipinde, la za m'mwamba ndi za padziko, ndi za pansi padziko, ¹¹ndi malilime onse avomere kuti Yesu Khristu ali Ambuye, kuchitira ulemu Mulungu Atate.

Mu Marko 8, ndime yathu yoyamba, Yesu akufotokoza njira ina yofunafuna ukulu m'moyo wathu pano pa Dziko Lapansi, lingaliro la kukhala wophunzira ndi kumutsatira. Kuti titsatire Yesu, tiyenera kudzikana tokha. Kudzikana tokha timayika zosowa za ena patsogolo; timasiya kudzikonda. Kumatanthauza kusiya chuma, zabwino, zilakolako ndi zilakolako za cholinga chachikulu. Kenako Yesu akupitiriza kunena kuti ifenso tiyenera kunyamula mtanda wathu. Mtanda panthaŵiyo unali chizindikiro cha imfa chimene Aroma anadziŵika nacho. Anthu amene anachita zigawenga kapena kufuna kugwetsa Ufumu wa Roma ankapachikidwa pa mitanda yamatabwa m'mphepete mwa msewu n'kusiya kuti afe. Ndi imodzi mwa njira zopweteka kwambiri za imfa. Zinali zofala kuti munthu woweruzidwa kuti aphedwe amayenera kunyamula mtanda wake wolemERA wamtengo n'kupita nawo kumene akaphedwa.

Choncho, anthu m'misewu ataona munthu atanyamula mtanda wamatabwa, anadziwa kuti waweruzidwa kuti aphedwe. Choncho, ponena kuti tiyenera kunyamula mtanda wathu, Yesu akunena kuti tiyenera kufa kwa ife tokha kapena moyo wathu wakale. Izi sizikutanthauza kuti tiyenera kufa kwenikweni. Kwa ena, monga Jim Elliot m'nkhani ya lero, zingawononge moyo wathu wakuthupi, koma kwa ambiri aife zikutanthauza kusankha kulola Yesu kukhala wolamulira wa moyo wathu. Chikhalidwe chathu chaumunthu ndi chodzikonda ndipo chimafuna kulamulira moyo wathu, motero kugwetsa zolinga za Mulungu. Tsiku lililonse tiyenera kuika umunthu wathu ndi zilakolako zake 'ku imfa' mwa kusankha kulamulira Yesu. Mwanjira imeneyi tingatsatiredi Yesu.

Kenako Yesu akupitiriza kufotokoza momveka bwino kuti ngati cholinga chathu padziko lapansi ndi kukonza miyoyo yathu ndiye kuti tsiku lina tidzataya miyoyo yathu kwamuyaya. Akunena kuti

ngati tipereka moyo wathu watsiku ndi tsiku kwa Mulungu ndi kutaya zilakolako zathu zapadziko lapansi ndiye kuti tidzapeza moyo; tidzapeza moyo weniweni padziko lapansi pano ndi kwamuyaya. Titha kukhala moyo wathu wonse padziko lapansi kuyesera kukhala olemera kuti tikhale ndi moyo wabwino komanso kupewa kuzunzika, koma pamapeto pake tili pachiwopsezo chotaya moyo wathu kwamuyaya. Zomwe timachita padziko lapansi ndizofunikira. Yesu akuti tikhoza kukhala ndi moyo kwa iye kapena tingakhale ndi moyo tokha. Kwa anthu ena chikhulupiriro chawo mu imfa ndi kuuka kwa Yesu chidzawalowetsa kumwamba, koma akadzafika kumeneko adzazindikira kuti anawononga nthawi yawo padziko lapansi kumanga ufumu wawo osati ufumu wa Mulungu. (Mutha kuwerenga 1 Akorinto 3:10-15 kuti mumve zambiri pa izi ngati mukufuna.)



Zochita

Pantchitoyi mudzafunika mtanda wamatabwa womwe mwakonzekera.

10
mphindi

Kuti timvetse tanthauzo la mawu a Yesu kwa ife, fotokozani kuti tidzachita ntchito limodzi.

Perekani timapepala tating'ono tomwe munthu aliyense alembepo mwapemphero chinthu chimodzi chimene chimawalepheretsa kutsatira Yesu ndi mtima wonse. (Ngati mulibe cholemba kapena pepala kapena ngati anthu sangathe kulemba, mutha kungotola timiyala ting'onoting'ono kapena timiyala n'kuwauza kuti agwire pamene akuganizira zimenezi.) Mwachitsanzo, chingakhale katundu amene sakufuna. kupereka chifukwa cha Yesu. Kapena ntchito kapena cholinga m'miyoyo yawo chomwe chakhala chofunikira kwambiri kuposa Yesu

mwiniyo, mwina kupanga ndalama zambiri, kukhala mtsogoleri wa kwaya pampingo kapena kutchuka mdera.

Kenako munthu aliyense nayenso amakhoma mapepala ake pamtanda kapena kuyika mwala wake pansa pa mtanda. Kuphunzitsa uthenga uwu si kotchuka. Anthu sakonda kuuzidwa kuti ndi odzikonda mwachibadwa ndipo ayenera kudzikana ndi kuyembekezera kuzunzika monga momwe Yesu anavutikira. Yesu ananena kuti ngati tichita manyazi ndi iye kapena mawu ake, adzachita manyazi ndi ife. Ngati titi tikhale ophunzira oona a Yesu, tiyenera kumvera lamulo lake lodzikana tokha ndi kunyamula mtanda wathu. Kuti tichite zimenezi tiyenera mphamvu ya Mzimu Woyera kutithandiza.



5

mphindi

M'magulu a anthu 3 kapena 4 kambiranani mafunso otsatirawa ndikuwuzza gulu.

- Kodi tingadzikane bwanji ife eni tsiku ndi tsiku? Kodi zimawoneka bwanji m'miyoyo yathu komanso mdera lathu? (Zitsanzo zingaphatikizapo kugawana mowolowa manja ndi ena, kuchereza alendo, kupita kukachezera odwala kapena m'ndende, kukonda adani athu, kuthetsa mantha kuti tifikire munthu wina, kukulitsa mwambo wa kusala kudya kuti tikhale ndi nthawi yambiri ndi ena. Mulungu.)
- Mulungu amafuna kuti tizigwira ntchito molimbika ndi kusamalira mabanja athu – izi ndi zinthu zabwino kuchita (1 Timoteo 5:8). Komabe, tiyenera kusamala kuti tisamachite zinthu mopitirira malire. Kodi ndi zizindikiro ziti zosonyeza kuti tikuika maganizo athu pa kumanga ufumu wathu osati ufumu wa Mulungu?



10

mphindi

Pemphero

Werengani Afilipi 2:1-11 kwa gulu kachiwiri.

M'magulu a anthu 3 kapena 4 akuthokoza Yesu chifukwa cha kudzichepetsa kwake pobwera padziko lapansi kudzatipulumutsa kudzera mu imfa ndi kuukitsidwa kwake. Kenako limbikitsani anthu kuti afotokoze mbali zina za moyo wawo zomwe akuganiza kuti ziyenera kusintha. Funsani Mzimu Woyera kuti akuwonetseni kuti ndi mbali ziti za moyo wanu zomwe mukuzikonda kapena simunadzipereka kwathunthu kwa Yesu.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tichite. Mlungu watha tinapempha Mulungu kuti akonze mitima yathu kuti isinthe. Zikuoneka kuti tonsefe tikulimbana ndi mbali zina za izi. Nkwachibadwa kulimbana ndipo si zoipa. Tiyenera kukhala oona mtima kwa ife eni ndi wina ndi mzake kuti tivomereze pamene tikuvutikira, kuthandizana wina ndi mzake ndikudutsa muzolimbana kupita kumalo amtendere ndi okhutira.

Sabata ino kumanani ndi kupemphera ndi **gulu lanu lobzala** (anthu 2 kapena 3 omwe mwagwirizana kuti muwalimbikitse, kugawana nawo ndikupemphera nawo). Gawani moona mtima za zovuta zilizonse zomwe mudakumana nazo pamene mukupemphera ndikuganizira zoyambitsa gulu latsopano. Muzipemphererana wina ndi mzake muzinthu izi.



Mboni

Pamasabata awiri apitawa, mwaitanira anthu ena paulendo wauphunziro nanu. Njira yabwino yophunzitsira ndi kuphunzira ndiyo kuchita zinthu limodzi. Chotero, mlungu uliwonse,

kumbukirani kuloŵetsamo anthu amene mukuwaphunzitsa
(**Moyo wanu watsopano Gulu**) mu ntchito ya umboni.

Pamene mukuganiza zoyambitsa gulu latsopano muyenera
kuganizira za yemwe abwere ku gulu lanu ndi komwe Mulungu
akufuna kuti mufikire anthu. Muyeneranso kuganizira za komwe
gulu lanu lingakumane.

Zingakhale zosavuta kuyambitsa gulu ndi anthu omwe
timawakonda pamalo osavuta kuti tifiuke. Izi zikhoza kukhala
zinthu zoyenera - kusangalala ndi zomwe timachita ndi kukonda
anthu omwe timagwira nawo ntchito limodzi ndi mphatso
zoperekedwa ndi Mulungu - koma Mulungu amatifunsanso kuti
tizikonda adani athu ndi kupempherera omwe amatizunza.
Tiyenera kukhala okonzeka kukonda ndi kutumikira ena ngakhale
zitakhala zovuta.

Kumanani ndi **gulu lanu latsopano la Moyo** sabata ino ndipo
khalani ndi nthawi yopemphera ndikukambirana za omwe
mukuganiza kuti Mulungu akufunsani kuti muwakonde
poyambitsa gulu lawo. Ganizirani za anthu onse amene
munalankhula nawo pamene mukugwira ntchito ku Maziko,
ganizirani za magulu a anthu a m'dera lanu amene amanyozedwa
kapena osayamikiridwa, ganizirani za anthu amene sadziwa Yesu.

Kenako kambiranani ndi kupemphera za malo abwino ochitira
misonkhano. Muyenera kuganizira za malo amene anthuwa
akuona kuti ndi otetezeka komanso abwino kwa iwo.

Kusankha zimenezi kungafunike kudzimana zinthu zina. Pemphani
Mulungu kuti akuthandizeni kuona anthu ngati mmene iye

amawaonera komanso kuti akupatseni mtima wofuna
kuwathandiza kukhala m'dera lawo.

Zolembo

Kumvera Mulungu

A black and white photograph showing the lower legs and feet of a person walking through a shallow stream. The person is wearing dark jeans and black rubber boots that have several holes punched into them. Water is splashing around the boots as they step on rocks. The background is out of focus, showing more of the stream and rocks.

'Ndipo chikondi ndi ichi, kuti tiyende monga mwa malamulo ake. Ili ndi lamulolo, monga mudalimva kuyambira pachiyambi, kuti mukayende momwemo.'

2 Yohane 1:6



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5
mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha gawoli sabata ino ndi kufufuza zomwe Yesu akutanthauza pamene akunena kuti, 'Ngati mukonda Ine, mudzasunga malamulo anga.' Pamene tikukula m'chikhulupiro chathu tidzaona kuti malamulo a Mulungu ndi otipindulitsa, kaamba ka ubwino wa madera athu ndi kuti lamulo lake lalikulu ndi lakuti tizikondana.



Vesi Loloweza

5
mphindi

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Ndipo chikondi ndi ichi, kuti tiyende monga mwa malamulo
ake. Ili ndi lamulolo, monga mudalimva kuyambira
pachiyambi, kuti mukayende momwemo.*

2 Yohane 1:6



Nkhani

Werengani nkhanayi ku gulu:

Panali mtsikana wina amene bambo ake anali msodzi waluso. Bambo ake ankapita kumtsinje womwe unali m'malire a tawuni yawo kukakumba mphutsi, zomwe zinkapanga nyambo yabwino kwambiri. Tsiku lina bambowo anatenga mwana wawo wamkazi, n'kufika kukamwa kwa mtsinje ndi khasu, ndi chidebe chosungiramo mphutsi sadakhoza kukweza mapazi ake kunja. Bamboyo anachenjeza mwana wawo wamkazi kuti asachoke pambali pake zidzamira m'matope ndipo

Anapeza malo abwino ndipo bambowo anayamba kukumba m'matope otsekemera, onunkhira. Mwana wake wamkazi anayang'ana pamene anavundukula imodzi, ndiyeno ina, ya mphutsi zazikuluzikulu zooneka ngati ma centipedes: utali wa phazi limodzi ndi mazana a miyendo yaing'ono. Poyamba mwana wamkaziyo anachita chidwi koma patapita nthawi anatopa ndikuyamba kuyendayenda, kufunafuna udzu wa m'nyanja kuti akweze kuti awone chomwe chingakhale pansu pake. Ananyalanyaza chenjezo la abambo ake ndipo adalola mapazi ake kuti amuyandikire pafupi ndi mphepete mwa madzi. Anatenganso sitepe ina ndipo popanda chenjezo anamva phazi lake lakumanzere likumira kwambiri mu mu;, phazi lake linali litakutidwa bwino lomwe pamwamba pa bondo. Phazi lake lakumanja linatsatira msangamsanga, likudutsa mumadzi abulauni. Matopewo anagwira mapazi ake mwamphamvu ndipo

sanathenso kusuntha miyendo yake ngakhale atayesetsa bwang'ani. Sanali kupita kulikonse popanda thandizo.

Anayang'ana bambo ake omwe sanali patali kwambiri, akugwirabe khasu pansi. Sanachitire mwina koma kukuwa kuti amuthandize. Mwanayo anachita manyazi ndipo anadziimba mlandu chifukwa chodzilowetsa m'mavuto amenewa. "Ndinakuwuzira chiyani?" Adatelo bambo ake uku akumufukula mosamala. "Pepani bambo," iye anatero mwankhosa. Kenako mwana wamkaziyo anayamba kuzindikira mmene bambo ake ankadziwira bwino derali komanso mmene anamuuzira kuti asamasochere chifukwa cha ubwino wake. Mwanayo sankakhulupirira kuti bambo akewo ankadziwa zimene zinali zabwino kwa iye. Iye ankaganiza kuti akudziwa bwino ndipo sangakakamizidwe. Iye anali atalakwitsa. Bambo ake anamuuzira kuti apitirizebe kukhala naye pafupi, koma iye sanamvere ndipo anasochera. Bamboyo anafunika kupulumutsa mwana wawo wamkazi ku vuto lomata kwambiri!

Abambo sanakhalebe nthawi yayitali kwa mwana wawo wamkazi - sanatero. Anamutulutsa m'matope n'kubwezeretsa mapazi ake pamalo otetezeka kuti apitirize kukumba limodzi. Kwa tsiku lonse mwana wamkaziyo anakhala pafupi ndi abambo ake ndipo pambuyo pake anatha kusangalala ndi usodzi wopambana madzulo.

Mulungu amatipatsa malangizo kaamba ka ubwino wathu, kuti atiteteze. Iye amatiuza kuti tikhalebe naye pafupi ndi kutsatira mapazi ake. Tikamachita zimene wanena tidzapeza kuti titha kuchirimika mwa iye, chilichonse chimene chikuchitika potizungulira.

Masalimo 40:2 limanena za Mulungu kuti:

*Ndipo anandikweza kunditulutsa m'dzenje la chitayiko,
ndi m'thope la pachithaphwi;
nandipondetsa pathanthwe, nak hazika mayendedwe anga.*



Zochita

5
mphindi

Tisewera limodzi masewera omwe amatithandiza kuganiza zokhala omvera. Masewerawa amatchedwa, "Simon akuti".

Masewerawa amafuna osewera kumvera munthu wosankhidwa yemwe timamutchula kuti "Simon". Munthu amene amasewera mbali ya Simon amaima patsogolo pa anzakewo, kenako n'kuwalangiza kuchita zinthu zina, monga kudumphira m'mwamba kapena pansi kapena kuchita zinthu zina.

Mwachitsanzo, anganene kuti, "Simon akuti ikani manja pamutu panu." Osewera ayenera kuchita zonse.

Nthawi zina Simon atha kutulutsa lamulo lomwe siliphatikiza "Simon akuti". Mwachitsanzo, anganene kuti "Lumphani mmwamba ndi pansi". Pamene mawu oti "Simon akuti" sakuphatikizidwa, osewera sayenera kuchitapo kanthu.

Lingaliro ndikutenga osewerawo popereka malangizo mwachangu, ena mwa iwo ndi "Simon akuti" ndipo ena satero. Wosewera aliyense amene sanachitepo kanthu mwachangu, kapena kuchitapo kanthu pomwe mawu oti "Simon akuti" sanaphatikizidwe ali kunja kwamasewera ndipo ayenera kukhala pansi. Masewerawa amatha pomwe wosewera m'modzi watsala kapena osewera onse atachotsedwa. Masewerawa amagwira ntchito bwino ngati munthu yemwe ali Simon apereka malamulo mwachangu.



Kudziwa Baibulo

Fotokozani kuti tiyang'ana pa ndime yomwe tayiwona mu Maziko 3 koma tiphunzirapo china chosiyana ndi ichi lero. Werengani Luka 5:1-11 kwa gululo.

¹Ndipo panali, pakumkanikiza khamu la anthu, kudzamva mau a Mulungu, Iye analikuimirira m'mbali mwa nyanja ya Genesarete; ²ndipo anaona ngalawa ziwiri zinakhala m'mbali mwa nyanja; koma asodzi a nsomba adatuluka m'menemo, nalikutsuka makoka ao. ³Ndipo Iye analowa m'ngalawa imodzi, ndiyo yake ya Simoni, nampempha iye akankhe pang'ono. Ndipo anakhala pansi m'menemo, naphunzitsa m'ngalawa makamuwo a anthu.

⁴Ndipo pamene Iye analeka kulankhula, anati kwa Simoni, Kankhira kwa kuya, nimuponye makoka anu kukasodza. ⁵Ndipo Simoni anayankha, nati, Ambuye, tinagwiritsa ntchito usiku wonse osakola kanthu, koma pa mau anu ndidzaponya makoka. ⁶Ndipo pamene anachita ichi, anazinga unyinjira waukulu wa nsomba; ndipo makoka ao analinkung'ambika; ⁷ndipo anakodola anza a m'ngalawa yinayo, adze awathangate. Ndipo anadza, nadzaza ngalawa zonse ziwiri, motero kuti zinalinkumira. ⁸Koma Simoni Petro, pamene anaona, anagwa pansi pa mawondo ake a Yesu, nanena, Muchoke kwa ine, Ambuye, chifukwa ndine munthu wochimwa. ⁹Pakuti chizizwo chidagwira iye, ndi onse amene anali naye, pa kusodzako kwa nsomba zimene anazikola; ¹⁰ndipo chimodzimodzinso Yakobo ndi Yohane, ana a Zebedeo, amene anali anzake a Simoni. Ndipo Yesu anati kwa Simoni, Usaope, kuyambira tsopano udzakhala msodzi wa anthu. ¹¹Ndipo m'mene iwo anakocheza ngalawa zao pamtunda, anasiya zonse, namtsata Iye.



Luka akutiiza nkhani ya Yesu akuitana ophunzira oyamba kuti amutsate Iye. Yesu anali kuphunzitsa khamu lalikulu la anthu m'mphepete mwa Nyanja ya Genesarete (dzina lina la Nyanja ya Galileya) moti analowa m'ngalawa ya Petulo kuti apeze malo ndi kuphunzitsa khamu la anthu ali m'madzi. Kenako anapempha Petulo kuti atuluke m'ngalawa kuti aponyenso makoka ake.

Petro anali msodzi wodziwa bwino ntchito yake, mosiyana ndi Yesu, ndipo anali wotopa atagwira nsomba usiku wonse osapha kanthu. Komabe, mosasamala kanthu za chenicheni chakuti iye akanalingalira kuti akudziwa bwino lomwe, iye anamvera Yesu ndipo anazizwa ndi nsomba zochuluka zimene anagwira. Iye anazindikira kuti Yesu sanali munthu wamba ndipo anagwada ndi mantha ndi mantha. Yesu anaitana Petulo kuti achoke m'ngalawa yake mpaka kalekale kuti agwire naye ntchito yosodza anthu. Iye ankatanthauza kuti ankaitana Petulo kuti akauze anthu za chipulumutso cha Yehova chimene chinali kubwera. Petulo sanamvetsebe kuti Yesu anali ndani, koma anamumveranso ndipo moyo wake unasintha kwambiri.

Nkhani ya Petulo ikutisonyeza chifukwa chake tiyenera kumvera Yesu pa chilichonse.

1. Tikamamvera Yesu timafika pomudziwa bwino

Petro anamudziwa kale Yesu pang'ono pamene anafika kunyanja koma sanadziwebe kuti iye anali ndani kwenikweni. Petulo ayenera kuti sanafune kukasodzanso pambuyo pa usiku wotopetsa komanso wosabala zipatso. Mwa kumvera Yesu mulimonse, ndi kuponyanso maukonde ake, ndi kuwaona odzaza ndi nsomba, anazindikira kuti Yesu anali wokhoza kuchita zozizwitsa. Tikamamvera Yesu ndi kumutsatira kumene

amatitsogolera, tidzadziwa kuti iye ndi wotani. Mofanana ndi Petulo, tidzaphunzila kuti tingadalile Yehova. Yesu ataitana Petulo kuti amutsate ndi kuphunzira kugwira anthu m'malo mwa nsomba, Petulo anamveranso. Timadziwa kuchokera m'Baibulo kuti Petro anakhala ndi nthawi yodabwitsa ndi Yesu ndi ophunzira ena kuphunzira za Mulungu, ataona chozizwitsa pambuyo pa kupachikidwa, kukumana ndi Yesu woukitsidwayo. Petulo anapitiriza kufalitsa uthenga wabwino wachipulumutso kudzera mu chikhulupiriro mwa Yesu Khristu kwa anthu ambiri. Petulo anamudziwa bwino Yesu moti anamukhulupirira ndi mtima wonse ndipo anadzipereka ndi mtima wonse kumutumikira.

2. Tikamamvera Yesu timachita gawo lathu mu dongosolo lake

Yesu anali ndi chikonzero cha Petro. Pamene Yesu anafika kwa Petulo panyanjapo, Petulo sanathe kuona zimenezi. Iye anamvera Yesu komabe dongosololi linabala zipatso zabwino kwambiri. Yesu ali ndi dongosolo kwa ifenso. Ngati tim'mvera, ife, mofanana ndi Petro, tidzaona dongosolo limenelo likukwaniritsidwa tsiku ndi tsiku. Ndipo tikudziwa kuti Mulungu adzatipatsa zonse zimene tikufunikira kuti tizimumvera. Ndiponso, mofanana ndi msungwana wa m'nkhani yoyambirira ija, taphunzira kuti malo otetezeka ndi abwino koposa okhalamo ndi kukhala m'malo omvera atate wathu mwachikondi.

Afilipi 4:19 amati:

*Koma Mulungu wanga adzakwaniritsa chosowa chanu
chilichonse monga mwa chuma chake mu ulemmerero mwa
Khristu Yesu.*

Pamene timvera Yesu ndi kuyamba kumvetsa bwino dongosolo la Mulungu kwa ife, monga Petro anachitira, tidzaona Mulungu

akugwira ntchito mwa ife ndi kupyolera mwa ife, kubala zipatso zodabwitsa.

3. Tikamamvera Yesu timamuona akugwira ntchito m'njira zatsopano komanso zodabwitsa

Petro akanakana kulola Yesu kugwiritsira ntchito ngalawa yake, kapena akanati, “Ayi” pa pempho la Yesu lakuti abwerere m'madzi akuya ndi kuponyanso maukonde ake, kodi moyo wa Petro ukanakhala wosiyana bwanji? Akanakhalabe msodzi ndipo akanaphonya zonse zimene Mulungu anamukonzera.

Chifukwa chakuti Petro anamvera, anaona nsomba mozizwitsa, anaona mphamvu ya Mulungu ikugwira ntchito kudzera mwa Yesu, ndipo anapatsidwa mwayi wosiya moyo wake wakale ndi kukhala wophunzira. Ndi dalitso lotani nanga!

4. Tikamamvera Yesu akhoza kudalitsa ena kudzera mwa ife

Petulo anamvera Yesu n'kusiya ngalawa yake yopha nsomba n'kumutsatira. Pambuyo pa imfa ndi kuukitsidwa kwa Yesu Petro wophunzirayo anakhala mtumwi Petro ndipo anayendayenda, kulalikira za moyo watsopano wopezeka kwa onse kupyolera mwa Yesu Kristu ndi kuchita zozizwitsa m'dzina la Yesu. Anthu ambiri adapulumutsidwa chifukwa cha zochita za Petro, mipingo idabzalidwa ndipo Akhristu omwe Petro adathandizira kutembenuka adachitira umboni kwa ena. Ndife Akhristu tokha pang'ono chifukwa cha Petro ndi atumwi ena oyamba omwe adalengeza uthenga wabwino ndikuthandiza kufalitsa kumadera onse a dziko lapansi.

Pamene timvera Mulungu, timakhala mboni za chikondi ndi choonadi chake m'miyoyo yathu ndipo Mulungu akhoza kukhudza miyoyo ya ena kupyolera mwa ife.

Mulungu safuna kuti wina aliyense awonongeke ndipo watiitana kuti tikhale mboni zake. Sitingakhale mboni zogwira mtima za Mulungu ngati sitimvera Yesu.

5. Timamvera Yesu chifukwa timamukonda

Chifukwa chofunika kwambiri chomvera Yesu si kupeza kapena kulandira kalikonse, kapena chifukwa cha udingo, koma chifukwa chakuti timamukonda. Yesu anatikonda ife poyamba. Kumvera ndiko kulabadira kwathu kwachibadwa ku chikondi chake pa ife.

Werengani mavesi awiriwa kwa gulu.

Koma Mulungu atsimikiza kwa ife chikondi chake cha mwini yekha m'menemo, kuti pokhala ife chikhalire ochimwa, Khristu adatifera ife.

Aroma 5:8

Ngati mukonda Ine, sungani malamulo anga.

Yohane 14:15



10
mphindi

Petulo anamvera Yesu ngakhale kuti anasiya zonse zimene ankadziwa. Pali mtengo wa kumvera. M'magulu a anthu 3 kapena 4 kambiranani mafunso otsatirawa.

- Kodi mukuganiza kuti Petulo anataya chiyani ndipo mukuganiza kuti anapindula chiyani pomvera Yesu?
- Kodi kumvera Yesu kukuwonongerani ndalama zambiri? Kodi mwataya chiyani ndipo mwapindula chiyani?



15
mphindi

Pemphero

Khalani awiriawiri.

Funsani aliyense kuti atseke maso awo ndi kuganiza kuti Yesu wayimirira patsogolo pawo ndi dzanja lake kwa iwo kuti, "Ndits nlk m ate lne".

Funsani aliyense kuti abwereze vesi lokumbukira mokweza.

Ndipo chikondi ndi ichi, kuti tiyende monga mwa malamulo ake. Ili ndi lamulolo, monga mudalimva kuyambira pachiyambi, kuti mukayende momwemo.

2 Yohane 1:6

Tsopano werengani mizere yotsatirayi pang'onopang'ono, imodzi imodzi, ndikusiya kaye kaye pakati pa mzere uliwonse kuti anthu aganizire za izo musanawerenge wina.

Ganizirani za moyo wanu.

Ganizirani za komwe mumakhala,

anthu omwe mumawadziwa,

luso lomwe muli nalo,

zinthu zomwe mumakonda.

Kodi kutsatira Yesu kumatanthauza chiyani kwa inu?

Kodi mukuganiza kuti Yesu akufuna kuti muchite chiyani

pakuitana kwake?

Tsopano funsani anthu kuti agawane nawo awiriawiri awo zomwe zabwera m'maganizo ndikupemphererana wina ndi mzake.

Pempherani kuti Mulungu akupatseni zonse zomwe mukufunikira kuti muchite chifuniro chake.

Kumbukirani muzinthu zonse timaitanidwa kuti tizikondana.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tichite. Sabata ino, ganizirani za anthu omwe ali **m'gulu lanu la Moyo yatsopano**. Pemphererani anthu amenewo tsiku lililonse ndipo funsani Yesu ngati akufuna kuti muchitepo kanthu kwa mmodzi wa anthuwo.

Konzani kukumana ndi gulu lanu lobzala kuti mupemphere limodzi ndikugawana zomwe mukuganiza kuti Yesu akukupemphani kuti muchite. Muzipemphererana wina ndi mnzake kuti muthe kumvera Yesu. Bushe kuti mwapeelana amalemba ya kukoselesha aya kuti muleibukisha uyu mulungu pa kuti mulefwana ukumfwana?



Mboni

Sabata yatha ndi **gulu yanu ya moyo yatsopano**, mudafunsa Mulungu kuti gulu lanu latsopano la Moyo liyenera kufikira ndani. Sabata ino, funsani Mulungu ngati pali chinachake chimene muyenera kuchita kwa mmodzi wa anthu awa kapena gulu linalake la anthu. Khalani ndi nthawi ndikupita kukachita zinthu zomwe Yesu wakufunsani kuti muchite monga gulu. Kungatanthauze kuchita kanthu kena kothandiza ndi kothandiza kwa wina kapena kunena mawu olimbikitsa kwa wina. Zingatanthauze kusiya kulankhula ndi munthu amene simulankhula naye kawirikawiri. Onetsetsani kuti mwachita zomwe mwasankha kuchita.



5

Mmene Mulungu Watsogolera Anthu Ake

'Koma atadza lyeyo, Mzimu wa choonadi, adzatsogolera inu m'choonadi chonse; pakuti sadzalankhula za lye mwini; koma zinthu zilizonse adzazimva, adzazilankhula; ndipo zinthu zilinkudza adzakulalikirani.'

Yohane 16:13



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

M'nkhani ino, tidzakambilana njila zambili zimene Mulungu watsogolela anthu ake m'nthawi yakale, monga mmene zinalembedwela m'Baibo. Tiona kuti akupitirizabe kutsogolera anthu ake masiku ano kudzera mu kudzoza kwa Mzimu Woyera pamodzi ndi mawu ake, Baibulo.



Vesi Loloweza

5

mphindi

Werengani vesi loloweza pantima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Koma atadza lyeyo, Mzimu wa choonadi, adzatsogolera inu m'choonadi chonse; pakuti sadzalankhula za lye mwini; koma zinthu zilizonse adzazimva, adzazilankhula; ndipo zinthu zilinkudza adzakulalikirani.

Yoahe 16:13



Nkhani

Werengani nkhanayi ku gulu:

Mu 1966 mtsikana wina wazaka 22 wa ku London, England, anatsika boti ku Hong Kong ali ndi mapaundi 10 okha m'chikwama chake. Iye sankadziwa izo, koma iye anali pafupi kupanga mbiriyakale.

Ali mwana Jackie Pullinger anamva kuti Mulungu amuyitanira ku ntchito ya utumwi. Nditamaliza sukulu ndikuphunzira nyimbo ku London's Royal College of Music kukhudzika kwake kudakula. Iye ankaganiza kuti Mulungu amutumiza ku Africa, koma atayesetsa kangapo kuti avomerezedwe monga mmishonale kumeneko khomo lililonse linamumenya mwamphamvu. Mwina anali wamng'ono kwambiri, wosadziwa zambiri kapena wosayenerera, ndipo palibe amene ankamufuna.

Ambiri a mabwenzi ake ndi mabwenzi anamlefula chikhumbo chake cha ntchito yaumishonale, koma bwenzi lodalirika, rekitala, anampatsa uphungu umene unasintha moyo wake. Anamulangiza kuti agule tikiti ya ngalawa ya ulendo wautali kwambiri umene angaupeze, kupemphera, ndi kudalira Yehova kuti amusonyeze kumene angatsikire m'ngalawamo. Jackie anakhulupirira Mulungu, nagula tikiti yotsika mtengo kwambiri yopita ulendo umodzi imene

angapeze m'sitima yapamadzi yochokera ku England, ndipo anatsikira mumzinda wa Hong Kong ku Asia.

Jackie anatsala pang'ono kubwezedwa ndi akuluakulu olowa ndi kutuluka, koma Mulungu adakonza njira yoti alowe ku Hong Kong, komwe adapeza ntchito pasukulu yoyendetsedwa ndi mishoni monga mphunzitsi wanyimbo mu mzinda wodziwika bwino wa Walled City wa Kowloon. Dzina lachi China la Mzinda Wa Mipanda linali 'hak nam', kutanthauza mdima.⁴

Jackie anakhala zaka zambiri mu Mzinda wa Walled, kufika kwa osauka kwambiri kumeneko: omwerekera ndi omwe aiwalika ndi anthu. Inali ntchito yolimba ndipo anavutika ndi zopinga zambiri, koma pamene ankatsatira, Mulungu anamutsogolera kwa anthu ambiri amene ankafuna kuti amasule.



Kudziwa Baibulo

Werengani Aheberi 11:6-12 ku gulu:

⁶koma wopanda chikhulupiro sikutheka kumkondweretsa; pakuti iye wakudza kwa Mulungu ayenera kukhulupirira kuti alipo, ndi kuti ali wobwezera mphoto iwo akumfuna lye.

⁷Ndi chikhulupiro Nowa, pochenjezedwa ndi Mulungu za zinthu zisanapenyeke, ndi pochita mantha, anamanga chingalawa cha kupulumutsiramo iwo a m'nyumba yake; kumene anatsutsa nako dziko lapansi, nakhala wolowa nyumba wa chilungamo chili monga mwa chikhulupiro.

⁴ McGrath, Cheryl (9 September 2015). Celebrating: Jackie Pullinger of Hong Kong [pa intaneti] Available at: <https://ishshahsstory.com/2015/09/09/celebrating-jackie-pullinger-of-hong-kong/> [Idafika pa 27 Julayi 2020]

⁸Ndi chikhulupiriro Abrahamu, poitanidwa, anamvera kutuluka kunka kumalo amene adzalandira ngati cholowa; ndipo anatuluka wosadziwa kumene akamukako. ⁹Ndi chikhulupiriro anakhala mlendo kudziko la lonjezano, losati lake, nakhalira m'mahema pamodzi ndi Isaki ndi Yakobo, olova nyumba pamodzi ndi iye a lonjezano lomwelo; ¹⁰pakuti analindirira mzinda wokhala nao maziko, mmisiri wake ndi womanga wake ndiye Mulungu. ¹¹Ndi chikhulupiriro Sara yemwe analandira mphamvu yakukhala ndi pakati, patapita nthawi yake, popeza anamwerengera wokhulupirika lye amene adalonjeza; ¹²mwa ichinso kudachokera kwa mmodzi, ndiye ngati wakufa, aunyinji ngati nyenyezi za m'mwamba, ndi ngati mchenga, uli m'mphepete mwa nyanja, osawerengeka.



M'ndimeyi titha kuona kuti Mulungu ankatsogolera anthu ake kuchita zinthu zodabwitsa komanso zomwe nthawi zambiri sankaziyembekezera. Izi n'zimenenso ndi nkhani imene tawerenga poyamba paja. Monga chotulukapo cha chikhulupiriro chawo Nowa ndi Abrahamu anatsatira chitsogozo cha Mulungu, iwo anamumva iye akulankhula kwa iwo, ndipo iwo anamvera ku kuitana kwake. Mulungu akupitiriza kutiyitana ife lero, akutipempha kuti timutsatire, ndipo monga taphunzira kale amatitsogolera ndi kutitsogolera tsiku ndi tsiku. M'gawo lino tiona mwatsatanetsatane mmene Mulungu watsogolera anthu ake m'nkhani yonse ya m'Baibulo.

Vumbulutso laumwini

Mulungu analenga dziko ndi mtima wofuna kukhala paubwenzi wolimba ndi anthu. M'buku la Genesis, buku loyamba la m'Baibulo, timauzidwa mmene Mulungu anathera nthawi ndi Adamu ndi Hava m'munda wa Edeni. Komabe Adamu ndi Hava

atachimwira Mulungu n’kusankha kutsatira zofuna zawo, ubwenzi wawo ndi iye unawonongeka. Sakanakhalanso pamaso pake kapena malo amene iye anawakonzera. Uku ndi kusweka komwe takambirana titagwiritsa ntchito zithunzi 3 zozungulira (**zopezeka mu Maziko 1: Moyo Umayambira ndi Maziko 3: Moyo Umapanga**).

M’mibadwo ya anthu imene inatsatira Adamu ndi Hava munali anthu ena amene ankakonda Mulungu ndi kumutsatira. Mulungu anasankha ena mwa anthu amenewa kuti azilankhula nawo komanso kuwatsogolera pa nthawi zina. Chitsanzo pa nkhanayi ndi Nowa. Mu Genesis 6:13-14 Mulungu akuti kwa Nowa:

¹³Ndipo Mulungu anati kwa Nowa, Chimaliziro chake cha anthu onse chafika pamaso panga; pakuti dziko lapansi ladzala ndi chiwawa chifukwa cha iwo; taonani, ndidzaononga iwo pamodzi ndi dziko lapansi. ¹⁴Udzipangire wekha chingalawa cha mtengo wanjale; upangemo zipinda m'chingalawamo, ndipo upake ndi utoto m'kati ndi kunja.

Mulungu anapatsa Nowa malangizo omveka bwino komanso osapita m’mbali, omanga chingalawa (chombo) ndi kudzaza m’chingalawacho ndi banja lake ndi nyama kuti apulumuke ku chigumula chimene Mulungu anadzatumiza padziko lapansi.

Pangano (Lonjezo)

Kupitilira munkhani ya Chipangano Chakale tikuwona Mulungu akutsogolera anthu ake popanga pangano (lonjezo) poyamba ndi banja, kenako ndi fuko kenako ndi mtundu wonse. Analonjeza izi kwa Abrahamu, mutu wa banja lake:

⁴Koma Ine, taona, pangano langa lili ndi iwe, ndipo udzakhala iwe atate wa khamu la mitundu. ⁵Sudzatchedwanso dzina lako Abramu, koma dzina lako lidzakhala Abrahamu; chifukwa kuti ndakuyesa iwe atate wa khamu la mitundu. ⁶Ndipo ndikubalitsa iwe ndithu, ndipo ndidzakuyesa iwe mitundu, ndipo mafumu adzatuluka mwa iwe. ⁷Ndipo ndidzalimbitsa pangano langa ndi Ine ndi iwe pa mbeu zako za pambuyo pako m'mibadwo yao, kuti likhale pangano la nthawi zonse, kuti ndikhale Mulungu wako ndi wa mbeu zako za pambuyo pako. ⁸Ndipo ndidzakupatsa iwe ndi mbeu zako za pambuyo pako, dziko la maulendo anu, dziko lonse la Kanani likhale lako nthawi zonse: ndipo Ine ndidzakhala Mulungu wako.

Genesis 17:4-8

Panganoli limapereka lonjezo la Mulungu kwa Abrahamu ndi banja lake kwa mibadwo yotsatira: ngati adzalambira Mulungu ndi kukhala okhulupirika kwa iye, ndiye kuti iwo ndi mbadwa zawo adzasangalala ndi malonjezo ake.

Oweruza ndi Mafumu

Nthaŵi ndi nthaŵi m'nkhani ya anthu a Mulungu, monga momwe zafotokozedwera m'Chipangano Chakale, amasiya kukhala okhulupirika kwa iye ndi kulambira Milungu ina.

Mobwerezabwereza Mulungu amapeza njira zowabweza ndi kuwatsogolera ndi kuwatsogolera.

Njira imodzi imene amachitira zimenezi ndi kudzera mwa Oweruza; anthu monga Debora, Gideon ndi Samsoni.

Anawapatsa anthuwa mphamvu, ulamuliro, chitsogozo ndi mavumbulutso kuti atsogolere anthu ake ndi kuwapulumutsa ku zovuta zina. Mungawerenge zimenezi m'buku la Oweruza.

Pambuyo pa nthawi ya Oweruza, anthu a Mulungu anapempha mfumu. Ngakhale adawachenjeza za zovuta zokhala ndi mfumu anthu adaumirira motero Mulungu adadzoza (kusankha) gulu la amuna kuti alamulire anthu ake. Ena a iwo, monga Mfumu Davide, anakonda Mulungu kwambiri, ngakhale kuti analakwitsabe zinthu zina zazikulu; ena anaiwala za Mulungu ndipo m'malo mwake anakonda mphamvu ndi kutchuka zimene angapeze pokhala Mfumu.

Ngakhale kuti panali mafumu abwino ndi oipa, Mulungu anakondabe anthu ake ndipo ankafunitsitsa kuti iwonso azim'konda, kumulambira ndi kukhala okhulupirika kwa iye.

Aneneri

Tsoka ilo, monga tanenera kale, anthu a Mulungu nthawi zonse anali osakhulupirika kwa Mulungu. Kawirikaŵiri anaiwala malonjezo ake ndipo sanasunge mbali yawo ya malonjezo pangano. Mulungu anaganiza zopereka machenjezo amphamvu kwa anthu ake kuti awathandize kumvetsa zimene zidzachitike ngati akana kubwerera kwa iye. Mulungu anatumiza machenjezo amenewa kudzera mwa aneneri amene timawerenga m'Chipangano Chakale. Nthaŵi zina machenjezo amenewa anali kuonedwa mopepuka ndipo aneneri onga Eliya ndi Elisa anali ndi mphamvu zazikulu zosonyeza ubwino ndi ulamuliro wa Mulungu. Nthawi zina machenjezo a aneneri ankanyalanyazidwa ndipo ankakanidwa.

Aneneri monga Yesaya ndi Yeremiya analosera zimene zidzachitikira Aisiraeli ndipo analoseranso za kubwera kwa Yesu. Maulosi ambiri amene ananena akwaniritsidwa masiku ano.



15
mphindi

Zochita

Iyi ndi mafunso. Werengani zowona za munthu aliyense ndikuwona ngati alipo akudziwa yemwe mukufotokoza.

Munthu 1:

- Ndinabadwa kwa mwamuna ndi mkazi amene anali asanakhalepo ndi pakati.
- Ndinali wamphamvu kwambiri.
- Anandiuza kuti ndisametenso tsitsi langa.
- Ndinagonjetsa adani ambiri a Mulungu. Ndine ndani?
- Zokuthandizani: Mukhoza kuwerenga nkhani yanga mu Oweruza 16.
- *Yankho: Ndine Samsoni.*

Munthu 2:

- Ndinaperekedwa ndili mwana ndipo ndinaleredwa ndi mwana wamkazi wa mfumu.
Ndili ndi mkwiyo ndipo ndapha munthu.
Ndinakhala m'busa kwa zaka zambiri.
Mulungu anadziulula yekha ndi zolinga zake kwa ine kupyolera mu chitsamba choyaka moto.
Ndinatulutsa anthu a Mulungu mu ukapolo ku Igupto.
Ndine ndani?
- Zokuthandizani: Mungawerenge nkhani yanga m'buku la Ekisodo. Nkhani ya chitsamba choyaka moto ili mu Ekisodo 3.
- *Yankho: Ndine Mose.*

Munthu 3:

- Ndinali pa chibwenzi ndi Joseph.
Mngelo anandiyendera ndipo anandiuza kuti ndidzakhala mayi wa Mwana wa Mulungu.

Ndinamvera Mulungu ndipo ndinati, “Zikhale kwa ine monga mwa mawu anu.”

Mwana wanga anabadwira m’khola ku Betelehemu.

- Zokuthandizani: Mukhoza kuwerenga nkhani yanga mu Luka 1-2.
- *Yankho: Ndine Mary.*

Tsopano gawani onse m’magulu 3. Funsani gulu lirilonse kuti liwone nkhani ya mmodzi wa anthuwa ndi kukambirana njira zomwe Mulungu anawatsogolera. Itanani gulu lirilonse kuti ligawane ndi aliyense zomwe laphunzira.



Yesu

Njira yotsatira imene Mulungu ankatsogolera anthu ake inali kutumiza Mwana wake, Yesu. Yohane 3:16 akuti,

¹⁶Pakuti Mulungu anakonda dziko lapansi kotero, kuti anapatsa Mwana wake wobadwa yekha, kuti yense wakukhulupirira lye asatayike, koma akhale nao moyo wosatha.

Mwana wa mulungu, Yesu, anachoka kumwamba n’kubwera padziko lapansi kuti adzabadwe ali khanda. Kumayambiriro kwa buku lomweli, Yohane 1:14 amati:

¹⁴Ndipo Mau anasandulika thupi, nakhazikika pakati pa ife, ndipo tinaona ulemerero wake, ulemerero wonga wa wobadwa yekha wa Atate, wodzala ndi chisomo ndi choonadi.

Yesu anakhala padziko lapansi n’kumasonkhanitsa anthu ndi kuwaphunzitsa za Ufumu wa Mulungu. Anasonyezanso mmene

Ufumuwo unalili, kuchiritsa odwala, kulimbikitsa osauka ndi oponderezedwa, kuika maganizo ake pa othamangitsidwa ndi onyalanyazidwa. Pa zaka zitatu za utumiki wake Yesu anatsogolera anthu ambiri kwa Mulungu, kuwachititsa kusiya moyo wawo wakale ndi kumutsata.

Mzimu Woyera

Pambuyo pa imfa ndi kuukitsidwa kwa Yesu, iye ananena momveka bwino kuti sangakhalepo ndi kuti adzatumiza Mzimu wake Woyera kuti ulowe m'malo mwake. Mzimu Woyera, monga taonera m'magawo apitawa, ndi mphatso ya Mulungu kwa anthu ake; kupezeka kwake kumakhala mu mitima yathu kubweretsa chiyembekezo ndi machiritso ndi chitsogozo kwa aliyense. Imodzi mwa njira zazikulu zimene Mzimu Woyera umagwirira ntchito ndiyo kubweretsa Mawu a Mulungu, Baibulo, amoyo kwa ife. Iye adzatsogolera ku ndime zofunika kwambiri ndi kutiphunzitsa kuchokera pa izo. Mzimu Woyera ndi Baibulo zimagwirizana nthawi zonse. Tidzaphunziranso izi mu gawo la sabata yamawa.

Mapeto

Mulungu wakhala akutsogolera anthu ake m'njira zambiri m'mbiri yonse, ndipo masiku ano kudzipereka kwake kutitsogolera ndi kutitsogolera n'kofanana. Ngati titsegula moyo wathu kwa iye adzabwera ndi kukhala mwa ife, kutitsogolera ndi kutitsogolera. Ngati tiwerenga mawu ake, kukhala ndi nthawi pamaso pake, kumvera mawu ake ndi mawu a anthu amene amam'dziwa, ndiye kuti tingadziwe kutitsogolera lerolino.



15

Kukambirana

Mulungu amatitsogolera tonse ndipo chifukwa chake wakhala akukutsogolerani, ngakhale simunadziwe. Munthawi ino

mphindi kambiranani m'magulu anu njira zomwe mwatsogoleredwera ndi Mulungu.

Funsani anthu kukhala m'magulu a anthu 3 kapena 4 ndikuyankha mafunso otsatirawa.

- Kodi mwaona kuti Mulungu akukutsogolerani?
- Ngati sichoncho, yang'anani mmbuyo zaka zingapo zapitazi za moyo wanu. Imani kaye ndi kupemphera pamodzi monga gulu, kupempha Mulungu kuti akusonyezeni nthawi imene iye watsogolera aliyense wa inu.
- Ngati mukudziwa nthawi yomwe Mulungu wakutsogolerani, gawanani nkhaniyo ndi gulu lanu. Fotokozani mmene Mulungu anakutsogolerani, zimene munachita ndi zotsatira zake.

Tsimikizirani aliyense kuti tiphunzira zambiri sabata yamawa. Ngati wina sadziwa momwe Mulungu amawatsogolera komanso momwe angayankhire, tidzakhala ndi mwayi wophunzira limodzi.



10

mphindi

Pemphero

M'magulu a anthu 3 kapena 4, khalani ndi nthawi yothokoza Mulungu chifukwa chotsogolera anthu ake m'mbiri yonse ya anthu komanso kutitsogolera masiku ano.

Muthokozeni chifukwa cha njira zosiyanasiyana zomwe amatsogolera komanso nkhani za anthu osiyanasiyana omwe wawatsogolera.

Bweretsani gulu pamodzi ndipo funsani aliyense kuti ayime mozungulira. Aliyense atembenukire kudzanja lamanja ndi kuika

manja ake paphewa la munthu amene ali patsogolo pake. Ayenera kumupempherera munthuyo. Apemphereni kuti adziwe kutsogolera kwa Mulungu kudzera mwa Mzimu Woyera komanso kudzera mu Baibulo. Nonse mukhoza kupemphera nthawi imodzi.



Zochita sabata ino

Muzipeza nthawi yowerenga Baibulo, n’kudzifunsa kuti, ‘Kodi Mulungu akuwatsogolera bwanji anthu ake kuno?’ Lembani chilichonse chimene mukuwerenga chimene chimakulimbikitsani kapena chimene chimakuvutitsani. Ngati simukudziwa zomwe mungawerenge, mutha kuyesa Oweruza 16, Eksodo kapena Luka 1-2 - izi ndi nkhani za ena mwa anthu omwe taphunzira za lero.

Sabata yamawa tikhala tikuwona zomwe Mulungu akufuna kuti tichite. Pokonzekera izi, muyenera kupatula nthawi yopemphera sabata ino ndikupempha Mulungu kuti akuthandizeni kumutsatira ndikuwona komwe akukutsogolerani.



Mboni

Mulungu wakhala akutsogolera anthu ake m’mbiri yonse, ndipo inunso adzakutsogolerani. Mulungu uno, pamodzi ndi gulu lanu latsopano la Moyo, ganizirani mmene Mulungu watsogolerera anthu ena ndipo kumbukirani kuti amakutsogoleraninso.

Mwaganiza kale za komwe Gulu Lanu la Moyo lingakumane ndi omwe mungawayitanire. Tsopano funsani Mulungu momwe akufuna kuti muyambitsire Gulu la Moyo, komanso ngati pali china chilichonse chachindunji kapena chofunikira kwambiri chomwe akufuna kuti muchite mkati ndi kudzera mugulu lanu. Mwina pali vuto lina mdera limene Mulungu adzakuyitanirani kuti musinthe. Mwina pali munthu wina amene Mulungu amafuna

kuti azichita naye zinthu. Khalani ndi nthawi kupemphera za izi ndi kuyang'ana kumene iye akutsogolera.

Kodi Mulungu Afuna Kuti Ndichite Chiyani?

'Muyendere munzeru ndi iwo akunja, kuchita machawi nthawi ingatayike.'

Akolose 4:5



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziro la sabata ino ndi kufufuza momwe tingadziwire zomwe Mulungu akufuna kuti aliyense wa ife achite. Tingawerenge chifuniro chake chonse m'Baibulo, koma amatsogoleranso aliyense wa ife m'zinthu zenizeni kudzera m'mawu ake, mzimu wake woyera ndi anthu ake.



Vesi Loloweza

5

mphindi

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Muyendere munzeru ndi iwo akunja, kuchita machawi nthawi ingatayike.

Akolose 4:5



Nkhani

Werengani nkhaniyi ku gulu:

Tsiku lina kamnyamata kankapita kunyumba kuchokera kusukulu. Iye ankayenda m'mbali mwa khoma la damu lalikulu kwambiri. Anaona kadontho kakang'ono ka madzi kakutulukuka m'mbali mwa khoma. Iye anali asanaonepo zimenezi! Mwadzidzidzi anazindikira kuti dambo lija likutha. Likasiyidwa dzenje likanakulirakulira ndiyeno khoma lonse la damulo likhoza kuthyoka. Mudzi wake udzasefukira ndipo anthu akhoza kumizidwa ndi madzi osefukirawo.

Mnyamatayo anaganiza kuti ayenera kuthamanga kuti akapeze chithandizo! Koma kenako maganizo anamufikira. Ngati akanatha kuimitsa dzenjelo, kutayikirako kukanasiya, ndipo aliyense akanapuluma. Anayang'ana uku ndi uku kuti apeze chomuthandiza. Palibe. Kunalibe mitengo, kunalibe tchire, kunalibe masamba, kunalibe kanthu. Mchenga wouma wokha. Iye anachita chinthu chokha chimene akanatha kuchiganizira. Anagona pansi pa nthaka yoyaka moto, ndipo anagona pafupi ndi dzenjelo. Iye anafinyira chala chake m'dzenjemo mpaka kukafika. Anadikirira ndikuyang'ana dzenjelo. Madziwo anaphwa ndipo madzi anasiya kutulukuka m'dzenjemo! Zinathandiza! Anayimitsa kutulutsako!

Patapita nthawi pang'ono mayi wina anabwera n'kupeza kamnyamatako. Anamupempha kuti amuthandize ndipo anachotsa chala chake m'dzenjemo. Mayiyo anayesa kuyika chala chake m'malo mwake, koma chinali chachikulu kwambiri. Chala cha mnyamata wamng'ono chinali kukula bwino. Mnyamatayo atazindikira kuti ndi yekhayo amene angaletse kudonthako,

mwamsanga analowetsa chala chake m’dzenjemo, pamene mayiyo anapita kukafuna thandizo.

Mnyamatayo anazindikira kuti anali ndi zomwe zinali zofunikira panthawiyo kuti apulumutse mudzi wake: anali ndi luso komanso kupezeka. Iye anali pamalo oyenera pa nthawi yoyenera. Iye akanatha kuyang’ana uku ndi uku kuti apeze munthu wina, koma n’kutheka kuti kumudzi kwawo kunali kochedwa.

Mayiyo anabwerera ndi ena ndipo pamodzi anakonza dzenjelo. Mudziwo unali utapulumsidwa ndi kufunitsitsa kwa mnyamatayo kuchita zimene iye yekha akanatha kuchita.



Kudziwa Baibulo

Mu Gawo 2 tinaphunzira kuti chirichonse ndi cha Mulungu ndipo amatipempha kuti tidzipereke tokha monga nsembe yamoyo poyamikira zimene watipatsa. Pamene tiphunzila masiku ano zimene Mulungu amafuna kuti ticite, tidzabwelelanso ku mbali imodzi ya Baibulo.

Werengani Aroma 12:1-2 ku gulu:

¹Chifukwa chake ndikupemphani inu, abale, mwa zifundo za Mulungu, kuti mupereke matupi anu nsembe yamoyo, yopatulika, yokondweretsa Mulungu, ndiko kupembedza kwanu koyenera. ²Ndipo musafanizidwe ndi makhaliidwe a pansi pano: koma mukhale osandulika, mwa kukonzanso kwa mtima wanu, kuti mukazindikire chimene chili chifuniro cha Mulungu, chabwino, ndi chokondweretsa, ndi changwiwo.



Sabata yatha tinaphunzira za njira zosiyanasiyana zimene Mulungu ankatsogolera anthu ake m’Baibulo - tinaona zimene Mulungu anachita. M’sabata ino tiphunzila mmene tingadziwile zimene Mulungu amafuna kuti ticite. Tiona zitsanzo za anthu osiyanasiyana otchulidwa m’Baibulo.

Nkhani ya m’Baibulo ya masiku ano ikutiphunzitsa zinthu 2 zofunika kwambiri zimene zingatithandize kudziwa zimene Mulungu amafuna komanso zimene amafuna kuti tichite.

Choyamba, ndime yathu ikunena kuti tiyenera kudzipereka tokha ngati nsembe zamoyo. Tawona tanthauzo la izi m’masabata aposachedwa.



Kukambirana: Nsembe Zamoyo

Funsani anthu zomwe akuganiza kuti kumatanthauza kukhala nsembe yamoyo?

5

mphindi

Ngati anthu akuvutika, mutha kuwakumbutsa mfundo zazikulu za Gawo 2: Chilichonse ndi Milungu - Nsembe.



Kukhala wosiyana ndi dziko lotizungulira

Chachiwiri, ndimeyi imatiuza kuti tisakhale osiyana ndi dziko lotizungulira. Timauzidwa kuti tisandulike mwa kukonzanso kwa maganizo athu. Izi zikutanthauza kuti timalola Mulungu kusintha maganizo athu. Pamene mikhalidwe ikuwoneka ngati yolemetsa, Mulungu amatiuza kuti tikhale ndi chikhulupiriro (Yesaya 43). Tikakhala opanda kalikonse, Mulungu amatiuza kuti tizimudalira (Mateyu 6:25-34). Munthu akatilakwira, Mulungu amatiuza kuti timukhululukire (Mateyu 18:21-35). Amatiuza kuti tizipempherera adani athu, kuwakonda ndi kuwachitira zabwino (Mateyu 5:43-48). Amatiuza kuti tizipereka ndalama zathu kwa osowa (Mateyu

19:16-30). Amatiuza kuti tilandire anthu osiyana ndi ife, ndi kukonda aliyense amene timakumana naye (Mateyu 25:34-40). Tikapempha Mulungu kuti asinthe maganizo athu, iye adzatiphunzitsa mmene tiyenela kukhalila m'njira imeneyi.

Ngati tichita zinthu 2 izi, ndime ya lero ikuti uza kuti tidzatha kuyesa ndikuvomereza chomwe chili chifuniro cha Mulungu. Ndicho chinthu chodabwitsa! Ndi bwino kuti tiyambe kuyeseza kuchita zimenezi ndi zosankha zing'onozing'ono za tsiku ndi tsiku, kotero kuti pamene tifunikira kupanga zisankho zazikulu ndi zokulirapo timaphunzira mmene tingayesere ndi kudziwa zimene Mulungu akufuna kuti tichite.

M'nkhani ino, tiona zida zimene Mulungu watipatsa kuti zitithandize kusankha zinthu m'njira imene ingatithandize kukhala ndi moyo wotero. Tiyanika mafunso otsatirawa:

- Kodi n'zogwirizana ndi Baibulo?
- Kodi Mulungu watsimikizira bwanji zimenezi?
- Kodi anzathu amene timawakhulupirira amati chiyani?
- Nanga bwanji zikawoneka zosatheka?

Kodi n'zogwirizana ndi Baibulo?

Baibulo, Mawu a Mulungu ayenera kukhala chiyambi chathu. Yesu akutionetsa zimenezi pamene anayesedwa ndi mdierekezi.

¹Pamenepo Yesu anatengedwa ndi Mzimu kunka kuchipululu kukayesedwa ndi mdierekezi. ²Ndipo pamene lye analibe kudya masiku makumi anai usana ndi usiku, pambuyo pake anamva njala. ³Ndipo woyesayo anafika nanena kwa lye, Ngati muli Mwana wa Mulungu, tauzani kuti miyala iyi isanduke mikate.

*⁴Koma Iye anayankha nati, Kwalembedwa,
Munthu sadzakhala ndi moyo ndi mkate wokha,
koma ndi mau onse akutuluka m'kamwa mwa Mulungu.*

Mateyu 4:1-4

Pamene mdierekezi anamuyesa, yankho la Yesu linali kutchula mawu a m'Baibulo, apa iye anagwira mawu Deuteronomo 8:3. Yesu ankadziwa zimene Baibulo limanena ndipo anazigwiritsa ntchito pomuthandiza kusankha zochita. Ifenso tingachite chimodzimodzi. Mavesi onse amene taphunzira angatithandize tikamasankha zochita.

Nthawi zina m'Baibulo muli lamulo lomveka bwino limene tingatsatire, mwachitsanzo lemba la Ekisodo 20:13 limanena kuti musaphe munthu. Zimenezo n'zosavuta kumva!

Nthawi zina palibe lamulo lomveka bwino, koma pali mfundo. Tiyenera kudziwa tanthauzo la mfundo imeneyi. Mwachitsanzo, lemba la Ekisodo 20:12 limanena kuti tiyenera kulemekeza bambo ndi mayi athu. Sikuti uza mmene tingachitire zimenezi, koma tikamasankha zochita pa nkhani ya mmene tingachitire ndi makolo athu, mmene timawaonera kapena kuwasamalira timadziwa kuti zochita zathu ziyenera kuwalemekeza. Tikhoza kupanga zosankha tili ndi maganizo amenewa.



Kukambirana

Funsani ngati pali wina mgulumo yemwe ali ndi nkhani ya momwe vesi lokumbukira lawathandizira kudziwa zoyenera kuchita. Afunseni kuti agawane nkhanayi ndi gulu.

⁵
mphindi



Kodi Mulungu watsimikizira bwanji zimenezi?

Yesu anauza ophunzira ake kuti mzimu woyera udzawatsogolera m'choonadi chonse. Izi ndi zoonza kwa ifenso.

Koma atadza lyeyo, Mzimu wa choonadi, adzatsogolera inu m'choonadi chonse; pakuti sadzalankhula za lye mwini; koma zinthu zilizonse adzazimva, adzazilankhula; ndipo zinthu zilinkudza adzakulalikirani.

Yohane 16:13

Taphunzira kale zambiri za Mzimu Woyera. Mzimu Woyera ndi Mulungu akukhala mwa ife ndipo timadziwa kuti tiyenera kudzazidwa nthawi zonse ndi Mzimu Woyera.

(Zindikirani kwa mtsogoleri: Ngati anthu akulimbana ndi malingaliro omwe ali mu gawoli, mutha kubwereza Maziko 2, Gawo 1 & 2 m'masabata amtsogolo.)

Nazi zitsanzo zitatu za momwe Mzimu Woyera ungatitsogolere mu choonadi.

1. Mzimu Woyera ukhoza kutitsutsa za uchimo ndi kutidzadza ndi mtendere.

Ndipo atadza lyeyo, adzatsutsa dziko lapansi za machimo, ndi za chilungamo, ndi za chiweruziro.

Yohane 16:8

Ndipo mtendere wa Khristu uchite ufumu m'mitima yanu, kulingakonso munaitanidwa m'thupi limodzi; ndipo khalani akuyamika.

Akolose 3:15

Tiyenera kufufuza mitima yathu mwapemphero tikamasankha zochita. Tikhoza kupempha Mzimu Woyera kuti atitsutse pa zosankha zolakwika kapena kutipatsa mtendere pa chisankho chimene tiyenera kupanga. Ngati tatsutsidwa ndi chinachake kapena tilandira mtendere, Mulungu akutseka kapena kutsimikizira zochita kwa ife.

2. Mzimu Woyera adzaunikira zina mwa ife.

Nthawi zina timawona chosowa, monga mnyamata m'nkhani ya lero. Timaona chinachake ndipo sitingathe kuchinyalanyaza. Timamva kusalungama kwakukulu kapena timawona kuopsa kwa mkhalidwe. Uwu ukhoza kukhala Mzimu Woyera kutifunsa ife kuyankha, kuchitapo kanthu. Yesu akuyamikira anthu amene alabadira zosoŵa zimene iwo amawona mozungulira iwo, kuti:

Ndipo Mfumuyo idzayankha nidzati kwa iwo, Indetu ndinena kwa inu, Chifukwa munachitira ichi mmodzi wa abale anga, ngakhale ang'onong'ono awa, munandichitira ichi Ine.

Mateyu 25:40

3. Mzimu Woyera angagwiritse ntchito kubwerezabwereza.

Njira ina imene Mulungu amatitsimikizira zinthu ndiyo kubwerezabwereza. Taganizirani nkhani ya Petulo. Yesu ataukitsidwa anakumana ndi Petulo m'mphepete mwa nyanja kumene ankapha nsomba limodzi ndi ophunzira ena. Yesu anafunsa Petulo maulendo 3 ngati amamukonda ndipo anamulangiza katatu kuti adyetse ndi kusamalira nkhoa zake, lomwe ndi dzina la otsatira a Yesu (Yohane 21). Popeza kuti Petulo anakana Yesu katatu, n'zosangalatsa kwambiri kuti Yesu

anabwezeretsa Petulo n’kutsimikizira zimene akufunsidwa kuti achite polankhula katatu konse.

Ndi mfundo yabwinonso kwa ife. Ngati timva chinthu chomwecho mobwerezabwereza, akhoza kukhala Mulungu kutitsimikizira chinachake kwa ife. Mwacitsandzo, vesi inango inakwanisa kukhala yakufunika kakamwe kwa ife tingaleri Bhimbhya. Ndiyeno mnzathu angatifikozere lembalo mlungu umenewo. Tikhoza kumva vesi lomwelo mu mpingo kapena m’gulu lathu. Zinthu ngati zimenezi zikachitika, tiyenera kumvetsera chifukwa Mulungu akulankhula nafe.



10
mphindi

Kukambirana

M’magulu a anthu 3 kapena 4, gawanani zitsanzo za pamene Mzimu Woyera wakutsogolerani mu njira 1 mwa njira 3. Gawani zomwe zidachitika, momwe zidakhalira komanso momwe izi zidakuthandizirani kusankha zochita.



Kodi anzathu amene timawakhulupirira amati chiyani?

Mulungu adatilenga kuti tikhale mbali ya anthu. Sitiyenera kutero kupanga zosankha zovuta patokha. Izi zikuwonetseredwa kwa ife mu Machitidwe 15.

M’mbiri yakale, anthu a Mulungu (Ayuda) ankafunika kudulidwa anyamata ndi amuna onse. Pamene anthu osakhala Ayuda (Amitundu) anayamba kutsatira Yesu panali kusamvana kwakukulu mu mpingo woyamba ponena za ngati iwonso ayenera kudulidwa kuti apulumutsidwe.

Paulo ndi Baranaba anapita kwa atumwi ndi akulu kuti akakambirane funsolo. N’zoonekeratu kuti panali zokambirana zambiri ndipo linali funso lovuta kwambiri chifukwa anthu

ankafuna kuchita zoyenera ndi kutsatira malamulo amene Mulungu anakhazikitsa. Petro anafotokoza nkhani ya zonse zimene Mulungu anachita ndi mmene amitundu analandira mzimu woyera, kusonyeza kuti analandiridwa ndi Mulungu. Onse pamodzi anayang'ana ndime ya m'Baibulo. Onse pamodzi adagwirizana.

Tingaphunzirepo kanthu pa chitsanzo chawo. Nthawi zambiri n'chinthu chanzeru kukambitsirana zosankha ndi mabwenzi odalirika achikristu. Titha kupemphera limodzi, kuyang'ana Baibulo limodzi ndi kufufuza zomwe tingathe pamodzi. Sitiyenera kusankha tokha zochita.



15
mphindi

Zochita

M'magulu anu a anthu 3 kapena 4, funsani wina ndi mzake ngati wina ali ndi chisankho chomwe akulimbana nacho chomwe angafune kugawana ndikukambirana. Ngati wina agawana kanthu ndi gulu lawo laling'ono, gululo liyenera kupeza nthawi yopempherera pamodzi, kugawana mavesi a m'Baibulo kapena zochitika zomwe Mzimu Woyera umabweretsa. Zingatengere nthawi yambiri kuposa masiku ano, choncho limbikitsani anthuwo kuti azikumana mkati mwa mlungu kuti apitirize kukambirana.



Nanga bwanji zikawoneka zosatheka?

Nthawi zina Mulungu angatipemphe kuti tichite zinthu zimene zimaoneka ngati zosatheka.

Ganizilani za Gideoni. Pa nthawi imene anthu a Mulungu ankaponderezedwa kwambiri ndi Amidiyani moti ankakhala m'phanga n'kukhala ndi njala, Mulungu anatumiza mngelo kuti akalankhule naye. Anaitana Gideoni kuti akhale msilikali wamphamvu ndipo anati:

¹⁴Pamenepo Yehova anamtembenukira, nati, Muka nayo mphamvu yako iyi, nupulumutse Israele m'dzanja la Midiyani. Sindinakutume ndi Ine kodi?

¹⁵Ndipo anati kwa Iye, Ha! Mbuye, ndidzapulumutsa Israele ndi chiyani? Taonani, banja langa lili loluluka mu Manase, ndipo ine ndine wamng'ono m'nyumba ya atate wanga.

¹⁶Ndipo Yehova ananena naye, Popeza Ine ndidzakhala nawe udzakantha Amidiyani ngati munthu mmodzi.

Oweruza 6:14-16

Mitu 2 yotsatira ya Oweruza imasimba nkhani ya mmene Mulungu anagwiritsira ntchito Gideoni kupulumutsa anthu ake.

N'zosavuta kulingalira chifukwa chake Gideoni anadabwa pamene Mulungu anamuuzira kuti apulumutse mtundu wa Israyeli! N'zosavuta kudziyang'ana kuti ndife ndani kapena amene sitiri, zimene tili nazo kapena zimene tilibe n'kukhulupirira kuti n'zosatheka.

Tikamafunsa Mulungu zimene akufuna kuti tichite, tisalole kuti zinthu zimene tili nazo kapena mantha athu zitilepheretse kuchitapo kanthu. M'Baibulo lonse Mulungu anagwira ntchito ndi anthu wamba monga ife kuchita zinthu zodabwitsa! Tingagwilitsile nchito zida zimene taphunzila masiku ano kuti tidziwe zimene Mulungu amafuna kuti ticite. Kenako, monga mmene Mulungu anauzira Gideoni, tiyenera kupita ndi mphamvu imene tili nayo ndi kukumbukira kuti Mulungu ali nafe.



10

mphindi

Pemphero

Pempherani pemphero ili mokweza. Werengani pang'onopang'ono, mzere umodzi umodzi ndikupempha anthu kuti abwereze mzere uliwonse pambuyo panu.

Wokondedwa Ambuye,
Chonde ndithandizeni kukufunani tsiku lililonse,
kuti amve kwa inu, Ndi kumvera
muzochitika zilizonse zomwe ndimakhala.
Zikomo kuti mwandithandiza,
ndipo muli ndi mapulani odabwitsa a ine.
Zikomo kuti mukufuna zomwe zili zabwino kwa ine.
Ndipatseni mphamvu mwa Mzimu Woyera wanu
kuti ndiyende nanu ndikukumvani tsiku lililonse.
Amene.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tigwire. Sabata ino, kumana ndi **gulu lanu lobzala** ndikuwerenga nkhani ya gawoli kapena za munthu wina wa m'Baibulo amene anachita zomwe Mulungu adawafunsa. Mungawerenge za Nowa, Esitere, Rute, Mariya, ophunzira kapena nkhani ina imene mungasankhe. Lankhulani wina ndi mnzake za zisankho zomwe anthuwa adapanga ndi zomwe adachita. Kambiranani zomwe ziyenera kuti zidamveka.

Tsopano fufuzani pamodzi zimene Mulungu akufuna kuti muchite ndi kukhala ndi nthawi yopemphera limodzi, kuwerenga Baibulo limodzi ndi kukambirana nkhaniyo pamodzi. Kumbukirani njira zosiyanasiyana zimene Mulungu angalankhulire kwa inu.

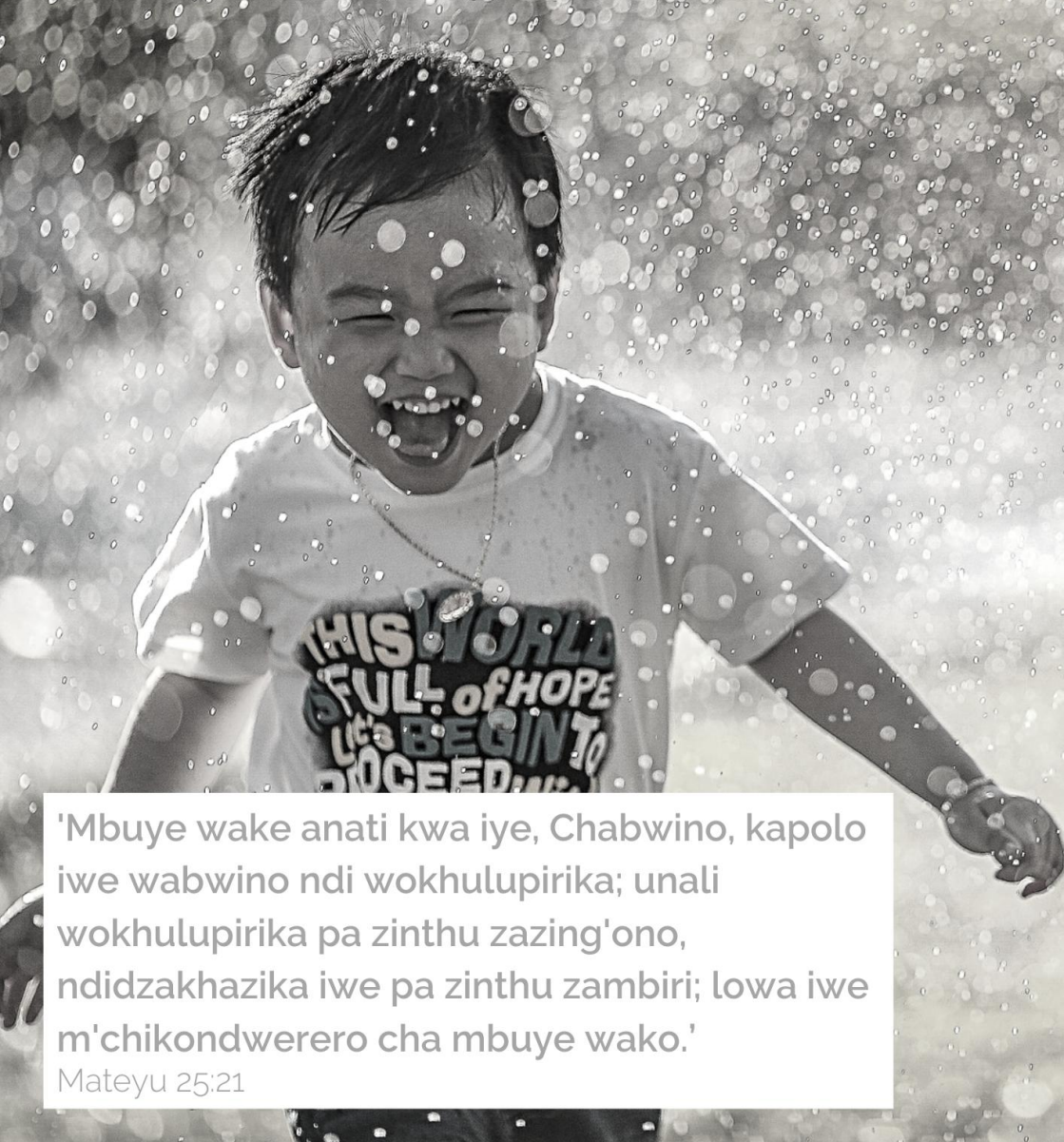


Mboni

Ndi **gulu yanu ya moyo yatsopano** ganizirani zomwe mudapempherera sabata yatha. Tsopano ndi nthawi yoti mupite kukachitapo kanthu potengera zomwe mukuganiza kuti Mulungu akukupemphani kuti muchite! Mulungu watsogolera, tsopano muyenera kuchita zimene iye akufuna kuti muchite.

Pamene mutuluka m'chikhulupiriro sabata ino, ndikuchita zimene mwamva kwa Mulungu, pempherani kuti akutsogolereni ku mipata imene mungagawire ena chikhulupiriro chatsopanochi ndi kumvera, kuti nawonso ayambe kukhulupirira ndi kumvera Mulungu.

Chilakolako Chaumulungu



'Mbuye wake anati kwa iye, Chabwino, kapolo iwe wabwino ndi wokhulupirika; unali wokhulupirika pa zinthu zazing'ono, ndidzakhazika iwe pa zinthu zambiri; lowa iwe m'chikondwerero cha mbuye wako.'

Mateyu 25:21



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Mtanda wamatabwa (mukhoza kutipatsa womwe mudapanga kale).

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhaniyi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha gawo la sabata ino ndikuwona kuti pamene tikukula mchikhulupiliro chathu zinthu zomwe timayika patsogolo zikusintha ndikuyamba kulakalaka zomwe Mulungu akufuna. Cholinga cha umulungu ndi kukwaniritsa zinthu zazikulu kuti Mulungu alemkezedwe mwa inu, ndi ena kugawana nawo moyo umene Yesu amabweretsa.



Vesi Loloweza

5

mphindi

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Mbuye wake anati kwa iye, Chabwino, kapolo iwe wabwino
ndi wokhulupirika; unali wokhulupirika pa zinthu zazing'ono,
ndidzakhazika iwe pa zinthu zambiri; lowa iwe
m'chikondwerero cha mbuye wako.*

Mateyu 25:21



Nkhani

Werengani nkhanayi ku gulu:

Ali ana ang'onoang'ono, Blessing ndi mlongo wake Miriyamu anaphunzira za Yesu kwa makolo awo. Bambo ndi amayi awo onse anali okangalika m'tchalitchi chawo chakumaloko, ndipo nthawi zonse anali kukhala ndi alendo m'nyumba mwawo, nthawi zina amakhala masiku angapo kapena milungu ingapo. Panthawi imeneyi, atsikanawo ankagaŵa chakudya chawo, zovala zawo ngakhalenso matiresi awo kwa ena amene sakuwadziŵa. Nthawi zina ankangosowa zinthu zatsopano n'cholinga choti makolo awo apereke ndalama ndi zovala kwa anthu ovutika.

Pamene anakula, Blessing ndi Miriyamu anayamba kukhala ndi maganizo osiyanasiyana okhudza mmene nyumba ndi mabanja awo aziyendera. Blessing anakonda kuti kunyumba kwa makolo ake nthawi zonse kunkakhala malo olandirira alendo, choncho anayesetsa kuti nyumba yake ikhale yabwino yolandiriranso alendo. Atakwatiwa, iye ndi mwamuna wake anapeza ndalama zina zogulira matiresi kuti alendo azitha kukhala momasuka. Anagula miphika yokulirapo kuposa momwe angafune kuti aziphikira alendo chakudya chowonjezera ndipo anagulitsa ng'ombe kuti apeze ndalama zowonjezera zomwe banja lake lingagwiritse ntchito kudziphezera okha ndi ena awiri osowa.

Miriyamu nayenso anakwatiwa, koma maganizo ake anali osiyana ndi a mlongo wake. Nayenso anali ndi ndalama koma anasankha kuzigwiritsa ntchito pochita zinthu zabwino kwa iye ndi ana ake. Ankaonetsetsa kuti nthawi zonse amakhala ndi zovala ndi nsapato zatsopano, kuti tsitsi lawo likhale lopangidwa nthawi zonse komanso kuti aziwoneka kuti akuyenda bwino.

Zinthu zomwe Miriyamu ankafuna sizinali zoipa mwa izo zokha koma cholinga chake chinali kwa iye yekha ndi banja lake lokha. Komabe, kulakalaka kwa Blessing kunali kokulirapo kuposa pamenepo. Iye sankafuna kokha kusamalira banja lake lapafupi, komanso kutumikira ena. Blessing anali ndi chikhumbo cha Mulungu.



Kudziwa Baibulo

Werengani Matheyu 25:14-30 ku gulu:

¹⁴Pakuti monga munthu, wakunka ulendo, aitana akapolo ake, napereka kwa iwo chuma chake. ¹⁵Ndipo mmodzi anampatsa ndalama za matalente zisanu, ndi wina ziwiri, ndi wina imodzi; kwa iwo onse monga nzeru zao; namuka iye. ¹⁶Pomwepo uyo amene analandira matalente asanu, anapita kugula nazo malonda, napindulapo matalente ena asanu. ¹⁷Chimodzimodzi uyo wa awiriwo, anapindulapo ena awiri. ¹⁸Koma uyo amene analandira imodziyo anamuka, nakumba pansi, naibisa talente ya mbuye wake.

¹⁹Ndipo itapita nthawi yaikulu, anabwera mbuye wa akapolo awo, nawerengera nao pamodzi. ²⁰Ndipo uyo amene adalandira matalente asanu anadza, ali nawo matalente ena asanu, nanena, Mbuye, munandipatsa matalente asanu, onani ndapindulapo matalente ena asanu.

²¹*Mbuye wake anati kwa iye, Chabwino, kapolo iwe wabwino ndi wokhulupirika; unali wokhulupirika pa zinthu zazing'ono, ndidzakhazika iwe pa zinthu zambiri; lowa iwe m'chikondwerero cha mbuye wako.*

²²*Ndipo wa matalente awiriwo anadzanso, nati, Mbuye, munandipatsa ine matalente awiri; onani, ndapindulapo matalente ena awiri.*

²³*Mbuye wake anati kwa iye, Chabwino, kapolo iwe wabwino ndi wokhulupirika; unali wokhulupirika pa zinthu zazing'ono, ndidzakhazika iwe pa zinthu zambiri; lowa iwe m'chikondwerero cha mbuye wako.*

²⁴*Ndipo uyonso amene analandira talente imodzi, anadza, nati, Mbuye, ndinakudziwani inu kuti ndinu munthu wouma mtima, wakututa kumene simunafese, ndi wakusonkhanitsa kumene simunawaze; ²⁵ndinaopa ine, ndinapita, ndinabisa pansi talente yanu: onani, siyi talente yanuyo.*

²⁶*Koma mbuye wake anayankha, nati kwa iye, Kapolo iwe woipa ndi waulesi, unadziwa kuti ndimatuta kumene sindinafese, ndi kusonkhanitsa kumene sindinawaze; ²⁷chifukwa chake ukadapereka ndalama zanga kwa okongola ndalama, ndipo ine pobwera ndikadatenga zanga ndi phindu lake.*

²⁸*Chifukwa chake chotsani kwa iye ndalamayo, muipatse kwa amene ali nazo ndalama khumi. ²⁹Pakuti kwa yense amene ali nazo, kudzapatsidwa, ndipo iye adzakhala nazo zochuluka: koma kwa iye amene alibe, kudzachotsedwa, chingakhale chimene anali nacho. ³⁰Ndipo ponyani kapoloyo*

*wopanda pake kumdima wakunja; kumene kudzakhala kulira
ndi kukukuta mano.*

Mateyu 25:14-30



15

mphindi

Zochita

Gawani gululo pakati ndipo funsani gulu lirilonse kuti likonze sewero. Gulu limodzi liyike nkhani ya Miriamu ndi Dalitso; winayo azinena fanizo la matumba agolide.

Perekani mphindi zisanu kuti anthu akonzekere, kenaka funsani gulu lirilonse kuti liwonetsere zolemba zawo, gulu limodzi panthawi. Limbikitsani magulu kuti azichita mwachidwi.

M'fanizoli, mbuye amene anali pa ulendo'wo akuimira Yesu. Yesu anali kulankhula ndi khamu la anthu asanalowe mu Yerusalemu pa Lamlungu la kanjedza - sabata yomwe inali yoti amalize ndi kupachikidwa kwake. Iye ankafuna kufotokoza kwa khamu la anthu kuti adzawasiya ndi kubweranso kumapeto kwa nthawi. Mu Luka 19 fanizo ili (nkhani) likunenedwanso ndipo likuwonjezera Yesu kufotokoza kuti ulendowu ndi wopita ku "ufumu wakutali" kumene adzavekedwa ufumu asanabwerenso. (Mungawerenge zimenezi pa Luka 19:12 ngati mukufuna kutero.) Zikwama zagolide zimene zili m'nkhanayi ndi chitsanzo kwa ife. Pambuyo pake, Yesu akufotokoza kuti zikuimira zimene Mulungu watipatsa: talente, mphatso, kapena chuma (kuphatikizapo ndalama).



Yesu akufuna kuti timvetsetse kuti tonse tapatsidwa moyo, mpweya ndi luso ndipo tiyenera kuzigwiritsa ntchito (ndime 29) ku ulemerero wake ndi chimwemwe chathu. Mu vesi 21 ndi 23 mbuye akuti, "Lowa m'chisangalalo cha mbuye wako". Baibulo limanena kuti chimwemwe cha Yehova ndicho mphamvu yathu. Mwa kugwiritsa ntchito luso lathu kwa Mulungu, timalandira

chimwemwe ndi mphamvu zake. Izi zinalidi choncho kwa antchito awiri amene anagwiritsa ntchito bwino ndalama zimene anapatsidwa. Mbuye wawo anakondwera nawo ndipo anawonjezedwa. Izi zinalinso choncho kwa Dalitso; anazindikira njira yabwino yokhalira ndi moyo kuchokera ku chitsanzo cha makolo ake. Chifukwa cha zimenezi, anagwiritsa ntchito nthawi yake ndi chuma chake kuti adalitse ena mwa kuchereza kwake.

Komabe, kapolo amene anali wamantha ndi wamantha ndi kunyalanyaza kugwiritsira ntchito ndalama zake sanalandire mphotho. Iye analangidwa. Zimenezi zingaoneke ngati zankhanza, koma zikutiphunzitsa mfundo yofunika kwambiri. Tikhoza kukhala ngati wantchito ameneyo, wofooka ndi mantha ndipo sitingathe kukhala ndi cholinga chilichonse. Monga tikuonera m’ndimeyi, umu si mmene Mulungu amafuna kuti tikhale ndi moyo. Kapoloyo sanamvetse bwino mbuye wake, ndipo ankaganiza kuti kusachita kalikonse kungakhale kwabwino kuposa kuyesa chinachake ndi kulephera. Koma pochita kalikonse, wantchitoyo anali wosamvera mbuye wake. Iye anaikizidwa ndalamazo, ndipo chidaliro chimenecho chinafuna yankho. Sitifunika kuopa Mulungu ngati mmene wantchitoyo ankachitira, kapena kupereka zifukwa ngati tasokoneza. Komabe, tiyenera kuzindikira kuti tapatsidwa zambiri, ndipo kukhulupirirako kumafuna kuchitapo kanthu.

M’nkhani yathu, Miriam nayenso anachitapo kanthu mosamalitsa ku zimene anaphunzira ali mwana, ndipo zimenezo zinali kukana mfundo za makolo ake za kuchereza alendo ndi kufunafuna zopezera zofunika pa moyo wake ndi banja lake lapafupi. Pochita zimenezi anaphonya mwayi wopereka zimene analandira kwa makolo ake, ndipo chikhumbo chake chinali chodzikonda osati chaumulungu. Baibulo limanena mosasinthasintho kuti kukonda kwathu Mulungu kumatanthauza kuti otsatira oona a Yesu

amamvera chiphunzitso chake ndi kutsatira chitsanzo chake. Mu vesi 30, Yesu akulankhula za zotsatira pa tsiku la chiweruzo, “...ponyani kapolo wopanda pake ku mdima wakunja. Kumeneko kudzakhala kulira ndi kukukuta mano.



15
mphindi

Kukambirana

Mafunso amenewa amatithandiza kuganizila zimene Yesu amafuna kuti ticite masiku ano. Funsani anthu kuti akambirane m'magulu a anthu 2 kapena 3, kenako, pambuyo pa funso lililonse, patulani nthawi kuti magulu agawane mayankho awo ndi aliyense.

Funso 1: Kambiranani zinthu zabwino zimene Yesu amafuna kuti tonse tichite motengera zimene taphunzira **m'Maziko**. Pali mayankho ambiri, koma mayankho otheke ndi awa:

- Thandizani osauka
- Uzani anthu Uthenga Wabwino
- Lambirani Yesu
- Pempherani ndi kumvetsera
- Dzazidwani ndi Mzimu Woyera ndi kufunafuna mphatso za uzimu
- Kusamalira ana amasiye ndi akazi amasiye
- Thandizani alendo
- Limbikitsani ena

Funso 2: Pa Aefeso 2:10, Paulo akuti, “Pakuti ife ndife ntchito ya manja a Mulungu, olengedwa mwa Khristu Yesu **kuchita ntchito zabwino**, zimene Mulungu anazikonzeratu kuti tizizichita.” Kodi ndi matalente otani amene Mulungu akanatipatsa m'gulu limeneli? Pali mayankho ambiri, koma mayankho otheke ndi awa:

- Kuchereza alendo
- Kuwolowa manja
- Kulima
- Kufotokozero kapena kuphunzitsa
- Kulera ana
- Bizinesi
- Luso
- Kulalikira
- Kuthirira ndi ngalande
- Ulosi
- Kuyimba
- Kumanga
- Machiritso
- Kusamalira ndalama
- Utsogoleri
- Kumvetsera ndi kulimbikitsa
- Usodzi
- Sewero/sewero
- Kulankhula malilime ena
- Kupembedzera ena m'mapemphero
- Kuyenda ndi Akhristu atsopano ndikuwathandiza kuti akule mwa Khristu
- Kuyendera gawo latsopano
- Kukambilana
- Kudzala mipingo yatsopano



Kukhala ndi Chilakolako Chaumulungu

Kukhala ndi chikhumbo chaumulungu kumatanthauza kugonjera ziyembekezo ndi maloto athu amtsogolo, zolinga ndi zolinga zathu kwa Mulungu. Izi n'zosiyana ndi kukhala ndi zolinga zamtundu wina. Nthawi zambiri anthu amafunitsitsa kupeza ntchito yabwino, maphunziro, chuma, banja lalikulu ndi zinthu zabwino. Zinthu zimenezi sizili zolakwa mwa izo zokha, komabe pamene tizitsatira poyamba, ndipo pamene kufunafuna kwathu kwazika mizu m'kukwaniritsa zikhumbo zathu zadyera, pamenepo zikhocha kukhala vuto.

Kufuna kutchuka kumakhudza kumene timafuna kuti moyo wathu upite, chotero, kuphatikizapo kupereka nsembe zimene tili nazo pakali pano, Baibulo limatiuza kuti tipitirizebe kudzimana zimene tingakhale nazo m'tsogolo, ndi kumene tikufuna kukhala. Yesu analankhula za zimenezi mobwerezabwereza ali padziko lapansi. Mavesi otsatirawa ndi zinthu zonse zimene Yesu ananena. Werengani iwo kwa gulu.

Pakuti ndinatsika Kumwamba, si kuti ndichite chifuniro changa, koma chifuniro cha lye amene anandituma Ine.

Yohane 6:38

Yesu ananena nao, Chakudya changa ndicho kuti ndichite chifuniro cha lye amene anandituma Ine, ndi kutsiriza ntchito yake.

Yohane 4:34

Si yense wakunena kwa Ine, Ambuye, Ambuye, adzalowa mu Ufumu wa Kumwamba; koma wakuchitayo chifuniro cha Atate wanga wa Kumwamba.

Mateyu 7:21

Ndipo wondituma Ine ali ndi Ine; sanandisiye lye pa ndekha; chifukwa ndichita Ine zimene zimkondweretsa lye nthawi zonse.

Yohane 8:29



Kukambirana

Bweretsani onse pamodzi ndikukambirana funso ili.

10

mphindi

Funso 3: Kodi wantchito wachitatu anayankha bwanji atafunsidwa kuti afotokoze zimene anachita?

Mayankho angaphatikizapo zinthu monga:

- Anadzudzula ena - adatsutsa mbuyeyo kuti ndi munthu wouma mtima
- Anapereka zifukwa - "Ndimaopa"
- Kusachitapo kanthu - adabisa talente yake pansi pomwe antchito ena adagwira ntchito molimbika

Tsopano funsani gululo, ngati Yesu angabwerenso lero kudzatiweruza, kodi ife tikanakhala ngati ndani mwa antchito?



15
mphindi

Pemphero

Ngati mukadali nawo mtanda womwe mudapanga wa Gawo 3, mutha kuwugwiritsanso ntchito pano. Ikani patsogolo pa chipinda monga chizindikiro cha Yesu ndi zomwe watichitira.

Pawekha kwa mphindi 15 mwakachetechede funsani Mulungu mafunso otsatirawa. Anthu amatha kukhala, kuyimirira, kuyenda kapena kugwada - komabe amamva bwino.

- Vomerezani pamaso pa Mulungu pamene mwalephera kutsatira muyezo wa Mulungu
- Mfunzeni kuti akuwonetseni zokhumba zomwe muli nazo mu mtima mwanu.
- Pamene akusonyezani chikhumbo chilichonse chimene muli nacho, m'pempheni kuti akuthandizeni kuona chimene chili chokhumba chaumulungu ndi kudzikonda.
- Muyitanireni kuti asinthe mtima wanu pomwe umafunika kusintha ndikumuthokoza pomwe wakupatsani kale chikhumbo cha Mulungu.

- Dziperekeni kupenda zokhumba zanu nthawi zonse ndi kuzibwezeretsanso mogwirizana ndi zokhumba za Mulungu.

Ndikofunika kulimbikitsa anthu kuti atenge nthawi yochita ntchitoyi ndikumvetsera zomwe Mulungu akunena kwa iwo.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tigwire. Sabata ino pezani ka pepala ndikujambula mizati 3 pamenepo.

Mu ndime yoyamba, lembani mphatso ndi zinthu zomwe Mulungu wakupatsani. Phatikizani chilichonse chokhudzana ndi zokhumba zomwe Mulungu walankhula kwa inu mu gawoli. Pakatikati, lembani mawu okhudza momwe mukugwiritsira ntchito mphatso iliyonse tsopano. M'gawo lomaliza, lembani momwe mungagwiritsire ntchito mphatso ndi zinthu izi m'tsogolomu. Kuti mutsirize danga ili, pemphani Mulungu kuti akuululireni mmene iye amafunira kuti mugwiritsire ntchito maluso ameneŵa. Mpempheni kuti akupatseni cholinga chaumulungu.

Nachi chitsanzo chokuthandizani kuti muyambe.

Mpaso/Lutso	Momwe ndikugwiritsa tsopano	Momwe ndikugwiritisire ntchito mtsogoro
Pempero	Ku tchalitci	M'mawa uliwone kwa mpindi 10
Kuimba	Ku nyumba	Ku tchalichi
Kuchereza alendo	Dyetsani banja langa	Kudyetsa alendo

Mukhozanso kuchita izi polankhula ndi mnzanu ngati mukufuna.



Mboni

Limodzi ndi **gulu yanu la moyo yatsopano**, kambiranani zokhumba zanu za gululo. Kodi chilichonse mwachiyembekezo chanu ndi chotani pagululi? Ndioopa Mulungu kapena ndi odzikonda? Mwachitsanzo, kodi mukuyembekezera kuti mudzakhala mtsogoleri wamkulu amene aliyense adzasirira, kapena mukuyembekeza kuti anthu adzaona kuti Yesu ndiye mtsogoleri wamkulu amene tonsefe tikhoza kusilira?

Gawanani moona mtima wina ndi mzake, lapani zilakolako zilizonse zolakwika ndikupempha Mulungu kuti alowe m'malo mwazokhumba zake.

Limbikitsani aliyense mu Gulu Lanu la Moyo yatsopano kuti aganizire za mphatso ndi maluso awo, momwe akuzigwiritsira ntchito panopa ndi momwe angagwiritsire ntchito pophunzitsa ena kudzera mu Gulu la Moyo Wathu.

Zolembo

Kugawana Chuma Chathu

- Kuwolowa Manja

'Kuti m'chitsimikizo chachikulu cha chisautso, kuchulukitsa kwa chimwemwe chao, ndi kusauka kwao, kwenikweni zidachulukira ku cholemera cha kuolowa mtima kwao.'

2 Akorinto 8:2



Kukonzekela

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhanayi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziroli m'sabatayi n'chakuti timvetse kuti m'Baibulo anthu a Mulungu anauzidwa kuti azisamalira anthu amene anali ndi zochepa, kaya ndi alendo kapena a m'banja lawo. M'dziko lodzala ndi kupanda chilungamo ndi kupanda chilungamo, tingakhale mbali ya yankho la Mulungu mwa kugaŵana chuma chathu ndi kusamalira osowa.



Vesi Loloweza

5

mphindi

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono ŵerengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Kuti m'chitsimikizo chachikulu cha chisautso, kuchulukitsa
kwa chimwemwe chao, ndi kusauka kwao, kwenikweni
zidachulukira ku cholemera cha kuolowa mtima kwao.*

2 Akorinto 8:2



Nkhani

Werengani nkhani 2 zotsatirazi ku gulu:

Nkhani 1: Chanda anali mphunzitsi wa masamu. Iye anaona kuti ophunzira ambiri ankavutika kumvetsa mfundo zina komanso masamu. Kuti athandize ophunzira ake kumvetsa mfundo zovuta za masamu, anayamba kupanga masewera ndi zothandizira pophunzitsa. Ophunzira a Chanda anapeza zimenezi kukhala zothandiza kwambiri pamene anayamba kuona malingaliro osonyezedwa m'njira zothandiza, kalasi la Chanda linayamba kuchita bwino kwambiri. Posakhalitsa masewera a Chanda ndi zida zophunzitsira zidayamba kufunidwa kwambiri popeza masukulu ena adamupempha kuti agawane nawo malingaliro ake. Posakhalitsa, Chanda adayambitsa kampani yomwe imapanga zida zophunzitsira ndi kuphunzira ndipo adakwanitsa kuzigulitsa kusukulu zina.

Kuchita bwino kumeneku kunapangitsa Chanda ndi mkazi wake kukhala ndi vuto la masamu: atani ndi chuma chachuma chomwe Mulungu akuwapatsa?

Choyamba, iwo ankaona kuti ndi ndalama zingati zomwe anafunikira kuti azikhala ndi moyo monga banja, komanso kuti azigwiritse ntchito pa bizinesi yawo. Kenako mwezi uliwonse ankasangalala kulola kuti Mulungu aziwasonyeza mmene angaperekere ndalama zowonjezera. Iwo anapitiriza kuchita zimenezi kwa zaka zambiri ndipo Mulungu wachulukitsa

madalitso kwa iwo. Anazindikira kuti chiyembekezo chawo chinali mwa Mulungu osati chuma chawo. Anazindikira kuti anali omasuka kusiya chuma chawo kuti athandize anthu owazungulira.

Nkhani 2: Panali m’busa wa tchalitchi china amene anapita ku Haiti pambuyo pa chivomezi choopsa kuti ayesere kuthandiza kumene akanatha. Anatenga ndalama zina kuti zithandize pa ntchito yomanganso nyumba ndi matchalitchi.

Atakhala kumeneko kwa mlungu wathunthu ndalama zake zinali zitangotsala pang’ono kutha, koma kulikonse kumene ankapita kunali zofunika. Munthu wina anamupempha ndalama zogulira chakudya ndipo anam’patsa ndalama zomalizira zimene anali nazo m’chikwama chake. Kupitilira mumsewu, munthu wina adamupempha ndalama koma adati alibe. Anatulutsa chikwama chake kuti amusonyeze munthuyo, koma anadabwa kuti chikwama chake chinalinso ndi ndalama! Anapereka ndalamazi kwa munthuyo ndipo chikwama chake chinalinso chopanda kanthu. Nthawi zonse abusa akamaganiza kuti wakhuthula m’chikwama chake, ndalama zambiri zinkatuluka m’chikwamacho n’kumapitiriza kupereka ndalama kwa anthu amene ankazifuna. Izi zinapitirira kuchitika kwa ulendo wonsewo koma atafikanso kunyumba zinasiya, popeza kufunikira kunalibenso.



5
mphindi

Tisewera masewera omwe amatithandiza kumvetsetsa momwe kupatsa kumamvekera. Kutu musewere masewerawa muyenera kukhala ndi malo ambiri. Mungafunike kutuluka panja.

Aliyense atenge zinthu 5 zazing'ono. Itha kukhala masamba 5, kapena mapensulo 5. Chilichonse chomwe mukuyenera kupereka ndichabwino.

Kuzungulira 1 - Kutenga kwa mphindi 2

Kwa mphindi ziwiri aliyense atengere zinthu zochuluka momwe angathere. Aliyense azizungulira mchipindamo kupempha anthu kuti amupatse chimodzi mwazinthu zawo. Munthu akafunsidwa chinthu, ayenera kupereka chinthu kwa wofunsayo (sanganene ayi). Aliyense aziyendayenda ndikufunsa nthawi imodzi.

Imitsani masewerawo pakatha mphindi 2 ndikufunsani anthu momwe zimakhala kutengera ena. Funsani anthu momwe zimamvekera kupemphedwa zinthu mobwerezabwereza.

Kuzungulira 2 - Kupereka kwa mphindi 2

Kwa mphindi 2 aliyense apereke zinthu kwa wina ndi mzake momwe angathere. Munthu aliyense azizungulira mchipindamo ndikupatsa anthu chimodzi mwazinthu zawo. Munthu akapatsidwa chinthu, alandire (sanganene ayi). Aliyense aziyenda mozungulira kupereka nthawi imodzi.

Imitsani masewerawo pakatha mphindi 2 ndikufunsa anthu momwe adamvera popereka kwa ena. Funsani anthu momwe munamvera popereka zinthu mobwerezabwereza. Anthu ambiri amapeza kuti amakonda kupatsa ndipo amamva bwino kuposa kulandira.



Kudziwa Baibulo

Werengani 2 Akorinto 8:1-15 ku gulu:

¹Ndipo tikudziwitsani, abale, chisomo cha Mulungu chopatsika mwa Mipingo ya ku Masedoniya, ²kuti m'chitsimikizo chachikulu cha chisautso, kuchulukitsa kwa chimwemwe chao, ndi kusauka kwao, kwenikweni zidachulukira ku cholemera cha kuolowa mtima

kwao. ³Pakuti munga mwa mphamvu yao, ndichitapo umboni, inde koposa mphamvu yao, ⁴anachita eni ake, natiumiriza ndi kutidandaulira za chisomocho, ndi za chiyanjano cha utumiki wa kwa oyera mtima; ⁵ndipo, si munga tidayembekeza; koma anayamba kudzipereka okha kwa Ambuye, ndi kwa ife mwa chifuniro cha Mulungu. ⁶Kotero kuti tinadandaulira Tito, kuti munga anayamba kale, chomwechonso atsirize kwa inu chisomo ichinso. ⁷Koma munga muchulukira m'zonse, m'chikhulupiriro, ndi m'mau, ndi m'chidziwitso, ndi m'khama lonse, ndi m'chikondi chanu cha kwa ife, chulukaninso m'chisomo ichi.

⁸Sindinena ichi munga kulamulira, koma kuyesa mwa khama la ena choonadi cha chikondi chanunso. ⁹Pakuti mudziwa chisomo cha Ambuye wathu Yesu Khristu, kuti, chifukwa cha inu anakhala wosauka, angakhale anali wolemera, kuti inu ndi kusauka kwake mukakhale olemera.

¹⁰Ndipo m'menemo nditchula choyesa ine; pakuti chimene chipindulira inu, amene munayamba kale chaka chapitachi si kuchita kokha, komanso kufunira. ¹¹Koma tsopano tsirizani kuchitaku; kuti munga kunali chivomerezo cha kufunira, koteronso kukhale kutsiriza kwake m'chimene muli nacho. ¹²Pakuti ngati chivomerezocho chili pomwepo, munthu alandiridwa munga momwe ali nacho, si munga chimsowa.

¹³Pakuti sinditero kuti ena akamasuke, ndi inu musautsidwe; ¹⁴koma mwa kulingana kuchuluka kwanu kukwanire kusowa kwao nthawi ya makono ano, kutinso kuchuluka kwao kukwanire kusowa kwanu. ¹⁵Kuti pakhale

*chilingano; monga kwalembedwa, Wosonkhetsa chambiri
sichinamtsalire; ndi iye wosonkhetsa pang'ono
sichinamsowe.*

2 Akorinto 8:1-15



Kaya tili ndi ndalama zambiri kapena tilibe ndalama zokwanira, mmene timagwiritsira ntchito ndalama zathu zimasonyeza bwino lomwe ubwenzi wathu ndi Mulungu. Satana amagwiritsa ntchito zomwe tili nazo kapena zomwe tilibe kutilekanitsa ndi Mulungu - izi zikuphatikizapo ndalama kapena kusowa ndalama.

Anthu miyandamiyanda akukumana ndi mavuto chifukwa cha umbombo, kusaona mtima, kusakhutira, ngongole, kukonda chuma, kudzikonda komanso kuopa ndalama. Tikakhala motere, ndalama zimakhala mbuye wathu ndipo timatumikira ndalama mmalo mwa Yesu. Yesu ananena momveka bwino za zimenezi pamene anati,

*“Palibe munthu angathe kukhala kapolo wa ambuye awiri:
pakuti pena adzamuda mmodziyo, ndi kukonda winayo;
pena adzakangamira kwa mmodzi, nadzanyoza wina.
Simungathe kukhala kapolo wa Mulungu ndi wa Chuma.”*

Mateyu 6:24

Njira yabwino yoganizira ndalama ndi kudziona ngati adindo a ndalama zomwe tili nazo. Ndalamazo ndi za Mulungu ndipo watipatsa kuti tizizisamalira. Watikhulupirira kuti tidzagwiritsa ntchito ndikuwongolera bwino. Tikamaona kuti ndife adindo, timakumbukira kuti ndalama zathu sizimaperekedwa kwa ife tokha, koma kuti tipindule ndi anthu amene ali pafupi nafe amenenso Mulungu amawakonda. Mulungu watipatsa udindo wosamalira bwino ndalama zathu ndi kuzigwiritsa ntchito pokwaniritsa zolinga zake.

M'ndime ya lero ya m'Baibulo Paulo akulemba mpingo wa ku Korinto za ndalama. Iye akuwalimbikitsa kuti azipereka mowolowa manja. Iye akulemba za cisomo cimene Mulungu anaonetsa ku mipingo ya ku Makedoniya cifukwa ca kuwolowa manja kwa anthu ena ngakhale pamene anali kuvutika kwambili. Izi ndi zodabwitsa! Mu vesi 2 ndi 3, Paulo akunena kuti,

“Kuti m'chitsimikizo chachikulu cha chisautso, kuchulukitsa kwa chimwemwe chao, ndi kusauka kwao, kwenikweni zidachulukira ku cholemera cha kuolowa mtima kwao. Pakuti monga mwa mphamvu yao, ndichitapo umboni, inde koposa mphamvu yao.”

Anthu a ku Makedoniya sanapereke monyinyirika koma mwaufulu ndi mosangalala, akumauwona kukhala mwaŵi kwawirizana ndi Paulo m'zimene anali kuchita.

Mu vesi 7, Paulo anafotokoza kuti kupereka ndalama kwa ena n'kofunika mofanana ndi mphatso zina monga chikhulupiriro, kulankhula komanso kudziwa zinthu. Amaona ngati chiyeso cha chikondi cha Akorinto pa Yesu; ali okonzeka kupereka modzipereka kapena kungopereka zomwe akuona kuti angakwanitse?

M'mavesi 10-12 Paulo akuwayamikira iwo chifukwa cha changu chawo chopereka, ndipo akuwauza kuti amalize ntchito monga mwa mphamvu zawo. Iye akuwauza kuti apereke zimene ali nazo osati zimene alibe. Iye safuna kuti adzikakamize okha m'ngongole kapena umphaŵi mwa kupatsa, koma kuti apereke zimene ali nazo. Iye amafuna kuti onse akhale ofanana. Mulungu safuna kuti gulu lina likhale ndi zinthu zambiri pamene lina limakhala

paumphawi. Tonse tiyesetse kukwaniritsa zosowa za omwe ali pafupi nafe omwe alibe zambiri.

Mulungu akufuna kuti tigawane zomwe tili nazo ndi omwe ali osauka, kapena osowa kwambiri, kotero tonse ndife ofanana. Mu vesi 14, Paulo akufotokoza kuti ngati mukhala ndi zochuluka panthaŵi inayake, muyenera kugawana ndi mnansi amene alibe zochuluka. Ngati mudzasowa nthawi ina, wina adzakuthandizani.

Kupereka ndalama kumatha kukhala kowopsa kapena kowopsa koma chodabwitsa chimachitika tikapereka ndalama. Pamene timasiya ndalama m’manja mwathu zenizeni ndi mwakuthupi, momwemonso timasiya mantha kapena kulamulira kumene kuli nazo m’mitima yathu.

Tikusankha kudzizindikiritsa tokha kuti ndife a Yesu, osati munthu amene amafotokozedwa ndi kuchuluka kwa ndalama zomwe tili nazo kapena zomwe tilibe. Tikusankha kunena kuti timatumikira ndi kukhulupirira Yesu, osati ndalama. Pamene tipereka ndalama, Mulungu amatidalitsa ndi ufulu wokulirapo m’mitima yathu.



Kukambirana

M’magulu a anthu 3 kapena 4 kambiranani mafunso awa:

15

mphindi

- Kodi ndi liti pamene munalandirapo kuwolowa manja, kaya ngati munthu amene munapereka kapena kulandira mphatso? Kodi munamva bwanji?
- Kodi mumakhulupirira Yesu kapena ndalama? Kodi izi zikuwonetsedwa bwanji ndi momwe mumagwirira ntchito ndalama zanu?
- Kodi mukuganiza bwanji pa zimene taphunzira masiku ano, makamaka zokhudza ndalama zimene Mulungu

watipatsa ndipo tili ndi udindo wokhala adindo abwino,
n'kumazigwiritsa ntchito pothandiza ena?

- Kodi mupanga chiyani monga zotsatira za zomwe mwaphunzira lero?



5

mphindi

Pemphero

Perekani aliyense mphindi zochepa kuti aganizire ndi kupemphera mwakachetechede. Kenako pempherani pemphero lotsatirali mokweza. Werengani pang'onopang'ono, chiganizo chimodzi panthawi, ndipo pemphani anthu kuti abwereze mawu aliwonse pambuyo panu.

Wokondedwa Ambuye, chonde tipatseni ife Mzimu wowolowa manja, kuti utsogoleredwe ndi inu kuti mupereke kwa iwo omwe ali oyipa kuposa ife.

Tithandizeni kuti tisunge chuma chathu mopepuka ndi kukhala okonzeka kugawana ndi anthu ena.

Pomwe ndalama kapena kusowa kwandalama kwatigwira, chonde tipatseni ufulu m'mitima yathu.

Tithandizeni kukumbukira mphatso yaikulu kuposa zonse ndi yakuti munapereka Mwana wanu Yesu Khristu kuti atipulumutse ku machimo athu.

Amene.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tigwire. Sabata ino khalani ndi nthawi yokhala ndi banja lanu kapena gulu lanu lobzala ndikukambirana za ndalama zomwe muli nazo. Yamikani Mulungu chifukwa cha ndalama zomwe wakupatsani ndipo vomerezani udindo womwe umabwera nawo. Ndiyeno pemphani Mulungu kuti akuonetseni mmene iye amafunila kuti muziugwilitsila nchito

kudalitsa munthu wina. Pemphani Mulungu kuti akupatseni ufulu mu mtima mwanu pamene mukupereka ndalama zina sabata ino.



Mboni

Gawani zomwe mwakhala mukuphunzira ndi **Bungwe lanu la moyo yatsopano** ndikupemphera limodzi, kufunsa Mulungu momwe akufuna kuti mugwiritse ntchito ndalama zomwe wakupatsani kuti muyang'anire. Mutapemphera za ndalama zanu, pitani mukapereke ndalama sabata ino!

Mungachite zimenezi panokha kapena mukhoza kuchita monga gulu, aliyense akuikamo ndalama kenako n'kudalitsa wina m'deralo. Zili ndi inu momwe mumachitira. Chofunika ndikuchita.

Yang'anani m'mudzi mwanu kapena tchalitchi chanu ndikuwona ngati pali munthu kapena banja lomwe mungathandizire. Apatseni mphatso ya ndalama zothandizira pa zosowa zawo. Pempherani musanapite komanso mutapita kuti mphatso imene mukuperekayo ibweretse ufulu kwa iwo komanso kwa inu.

Zolembo

Kugawana Miyoyo Yathu



'Koma musaiwale kuchitira chokoma
ndi kugawira ena; pakuti nsembe
zotere Mulungu akondwera nazo.'

Ahebri 13:16



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Chinthu cholempera chomwe chimatengera anthu awiri kuti anyamule, ngati thanthwe lalikulu.

Kodi mwa:

- Anafunsa wina pagulupo kuti awerenge nkhaniyi?
- Kodi anafunsa munthu wina m'gululo kuti awerenge ndime ya Baibulo?



5

mphindi

Takulandirani & Mayankho

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziroli ndi kumvetsa kuti Yesu anatchula otsatira ake kuti 'mabwenzi' ndipo anawalamula kuti azikondana ngati mmene iye anawakondera. Pamene tikukula m'moyo wa Yesu, timapeza kuti kugawana chimwemwe ndi chisoni chathu, ziyembekezo zathu ndi mantha, limodzinso ndi chakudya ndi katundu wathu wakuthupi, zimatifikitsa kwa iye ndi kwa wina ndi mnzake.



5

mphindi

Vesi Loloweza

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu

likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Koma musaiwale kuchitira chokoma ndi kugawira ena;
pakuti nsembe zotere Mulungu akondwera nazo.*

Ahebri 13:16



Nkhani

Werengani nkhanayi ku gulu:

David Wilkerson anali m'busa wa m'tauni ina yaing'ono ya ku Pennsylvania, m'dziko la United States. Tsiku lina akupemphera mu ofesi yake anakhudzidwa mtima ndi nkhani ya mu Life Magazine, pafupifupi achinyamata asanu ndi awiri omwe akuzengedwa mlandu ku New York omwe anali m'gulu la zigawenga zoopsa za Mau Mau. David ankaona kuti Mulungu ankamuitana kwa anthu amenewa, kuti akambirane za moyo wake komanso kulankhula za Yesu ndi ana a zigawenga mumzindawo. Ali yekhayekha komanso ali ndi ndalama zochepa, ananyamuka ulendo wopita kudera lachiwawa ku Brooklyn.

Panthawiyo, zigawenga zinali vuto lalikulu m'mizinda ya USA ndipo David adachita mantha ndi zomwe adawona mumzindawo. Achinyamata zikwizikwi adachita nawo zigawengazo ndipo amakhala moyo woyipa wodzala ndi umphawi, chiwawa, kugwiritsa ntchito mankhwala osokoneza bongo, kusankhana mitundu komanso chiwerewere. Madera osowa ku New York anali malo amdima koma David Wilkerson amakhala mosiyana ndi omwe amamuzungulira. Moyo wake unali ngati kuwala kumene kunawala mumdima.

Anagawana nthawi yake, ndalama zake ndi chuma chake pofuna kubweretsa anthuwa pafupi ndi Yesu. Ichi chinali chisonkhezero champhamvu pa miyoyo ya mazana a achichepere. Mwa kugawana nawo m'mazunzo a achichepere ameneŵa ndi kugawana nawo chiyembekezo chimene anali nacho pa iwo, iye anasonyeza mmene Yesu anawakondera ndi kuwasamalira. Uthenga uwu udakhalabe ndi achinyamata ambiri osweka, omwe sanadziwepo chikondi m'miyoyo yawo, ndipo adakumana ndi zowawa.

Monga chotulukapo cha David kugawana moyo wake motere, ambiri mwa achinyamata anafika podziwa Yesu ndipo miyoyo yawo inasintha kotheratu. Mmodzi mwa anthuwa anali Nicky Cruz, mtsogoleri wa gulu lachigawenga la Mau Mau. Poyamba iye ankatsutsa kwambiri zimene David ankachita ndipo anachita zonse zimene akanatha kuti amulepheretse kupambana. Komabe, chifukwa cha kulimbikira ndi chikondi cha David, Nicky anafika podziwa Yesu ndipo anapitiriza kutumikira Mulungu monga m'busa.⁵



Kudziwa Baibulo

Werengani Mateyu 26:26-30 ku gulu:

²⁶Ndipo pamene iwo analinkudya, Yesu anatenga mkate, nadalitsa, naunyema; ndipo m'mene anapatsa kwa ophunzira, anati, Tengani, idyani; ichi ndi thupi langa. ²⁷Ndipo pamene anatenga chikho, anayamika, napatsa iwo, nanena, Mumwere ichi inu nonse, ²⁸pakuti ichi ndi mwazi wanga wa pangano wothiridwa chifukwa cha anthu ambiri ku kuchotsa machimo. ²⁹Ndipo ndinena kwa

⁵ Kutengera Wilkerson, David, *The Cross and the Switchblade* (New York, NY: Berkley Publishing Group, 1977)

inu, sindidzamwanso chipatso ichi champesa, kufikira tsiku limene ndidzamwa chatsopano, pamodzi ndi inu, mu Ufumu wa Atate wanga.

³⁰Ndipo pamene anaimba nyimbo, anatuluka kunka kuphiri la Azitona.



Kugawana miyoyo yathu kumabweretsa kukula

Ndime ya m'Baibulo ya lero ikunena nkhani yotchuka ya mgonero womaliza; ndi chimodzi mwa zitsanzo zambiri mu Uthenga Wabwino wa Yesu amene ankacheza ndi ophunzira ake.

Pali chinachake chapadera pa kugawana chakudya ndi anthu. Zakudya nthawi zambiri zimagawidwa pakati pa abwenzi kapena achibale-anthu omwe ali pafupi komanso omwe ali ndi ubale wolimba. Tikamaona Yesu atakhala pansi n'kudya limodzi ndi ophunzira ake, zimasonyeza kuti ophunzirawo anali mabwenzi komanso achibale a Yesu. Lingaliro la otsatira a Yesu kukhala ngati mabwenzi ake limawonekera pa Yohane 15: 14 pomwe Yesu akuti, "Muli abwenzi anga ngati muchita zomwe ndikulamulirani".

Yesu ndi ophunzira akenso anaimba nyimbo yotamanda Mulungu ndipo anapita limodzi kuphiri la Azitona. Yesu ankakhala limodzi ndi ophunzira ake kutamanda ndi kutamanda Mulungu. Vesi ili likufanana ndi chithunzi cha kumwamba: banja la mabwenzi akulemekeza Mulungu pamodzi. Yesu anali kuyanjana ndi ophunzira ake ndipo, mwa kuchita zimenezi, anali kuthandiza ophunzirawo kukula mu unansi ndi Atate.

M'nkhani yathu, tinamva za Nicky Cruz, yemwe anali mtsogoleri wa zigawenga, amene anapitiriza kutumikira Mulungu modabwitsa. Izi zinali zotheka chifukwa David Wilkerson

adagawana moyo wake ndi Nicky, amacheza naye, kumuwonetsa kuti Mulungu amamukonda ndikumuthandiza kuti akule monga wokhulupirira.

Timaonanso chimodzimodzi m'miyoyo ya ophunzira. Yesu atakwera kumwamba, anapitiriza kuchita zinthu zodabwitsa, anafalitsa uthenga wabwino padziko lonse lapansi, anamanga mpingo woyambirira ndipo mwa mphamvu ya Mzimu Woyera anayatsa moto umene ukuyakabe mpaka pano. N'chifukwa chiyani akanapitiriza kuchita zimenezi? Chifukwa chakuti Yesu anagawana nawo moyo wake: anadya nawo, anagona nawo, anawaphunzitsa ndi kuwalowetsamo m'ntchito imene anali kuchita padziko lapansi.

Tikamagawana moyo wathu ndi anthu, kukhala ndi nthawi yocheza nawo komanso kuyika ndalama m'miyoyo yawo, titha kuthandiza anthu kuti ayandikire kwa Mulungu ndi kutenga nawo gawo muzokonzekera za Mulungu za dera lawo.

Kugawana miyoyo yathu ndi dongosolo la Mulungu kwa ife
Mapangidwe a Mulungu a mpingo ndi thupi la Khristu ndi banja la okhulupirira. Gulu la anthu omwe ali ogwirizana komanso amagawana moyo wa wina ndi mnzake. Mu moyo wathu aliyense tidzakhala ndi zinthu zodabwitsa ndi zabwino; tidzakumananso ndi zinthu zomvetsa chisoni ndi zovuta, ndi zinthu zambiri zapakati. Mulungu anafuna kuti tizikumana ndi zinthu zimenezi pamodzi.

Mu 2 Akorinto 1:7 Paulo akulemba kuti,

*Ndipo chiyembekezo chathu cha kwa inu nchokhazikika;
podziwa kuti monga muli oyanjana ndi masautsowo,
koteronso ndi chitonthozo.*

Pamene tidutsa mbali zabwino za moyo, tiyenera kukondwerera ndi kutamanda Mulungu pamodzi. Tikapeza moyo wovuta kwambiri ndikukumana ndi zowawa ndiye kuti ndi chitonthozo chachikulu kukhala ndi okhulupilira ena pambali panu akukulimbikitsani, kukulimbikitsani ndikukunyamulani.

Ganizilani za nyerere. Nyerere imodzi, yaying'ono kwambiri ndi yofooka komanso yosatetezeka. Sichingachite kalikonse. Komabe, nyerere zimakhala m'magulu akuluakulu. Nyerere zambiri zikasonkhana n'kugwirira ntchito limodzi, zimatha kuchita zinthu zodabwitsa, ngakhale kuti nyerere iliyonse ndi yaing'ono kwambiri. Ndi chimodzimodzi kwa ife okhulupirira: patokha titha kukhala ofooka ndi ofooka koma tili amphamvu pamodzi. Tikhoza kukhala olimba pamodzi ngati tigawana m'miyoyo ya wina ndi mzake, kugawana mphamvu zathu, zofooka zathu ndi kuyang'anizana ndi moyo pamodzi.



Zochita

5
mphindi

Bweretsani chinthu cholemera ngati mwala. Funsani aliyense pagulu kuti ayesere kuyikweza yekha. Onse akatha kuchita izi, sonkhanitsani gulu lonse ndikuwawuza kuti ayesere kunyamula chinthucho pamodzi ngati gulu.

- Afunseni anthu kuti zidatheka bwanji kunyamula chinthucho paokha. Zinali zophweka kapena zovuta?
- Kenako funsani momwe zinalili kukweza chinthucho ngati gulu. Kodi zinakhala zosavuta?

Fotokozani kwa gulu kuti izi ndi momwe zimakhallira tikamagawana moyo wathu ndi ena. Monga momwe thanthwe linali losavuta kukweza pamene adagawana kulemera kwake, moyo umakhala wosavuta kwambiri tikamagawana chimwemwe chathu, chisoni, ziyembekezo ndi mantha wina ndi mzake ndikukumana nazo pamodzi.



Kugawana Moyo Wathu Kumatanthauza Kugawana Zomwe Tili Nazo

Mbali imodzi ya kukhala Mkhristu ndi kugawana moyo wathu ndi kukhala owolowa manja ndi zomwe tili nazo. Mulungu watipatsa zambiri ndipo amafuna kuti tizigawana nawo. Monga Akristu, tingakhale mboni kwa anthu otizungulira mwa kugawana nawo zimene tili nazo. Zina mwazinthu zomwe titha kugawana ndi zathu:

- Ndalama
- Katundu
- Maluso ndi luso
- Chidziwitso
- Nthawi
- Zakudya
- Moyo wabanja

Nthawi zina tingayang'ane pa moyo wathu n'kumaganiza kuti tilibe chopereka. Musaganizire zimene mulibe; ganizirani zomwe muli nazo. Mulungu wakudalitsani ndi zinthu izi ndipo akufuna kuti mupitilize kugawana zinthu izi ndi dziko lapansi.



15

mphindi

Kukambirana

M'magulu a anthu 3 kapena 4 kambiranani mafunso amenewa pamodzi.

- Kodi ndi njira ziti zimene Yesu anachitira moyo wake? Kodi tingaphunzire chiyani pa chitsanzo chake?
- Kodi tili ndi chiyani chimene tingagawire ena?
- Kodi ndi zopinga ziti zomwe zimatilepheretsa kugawana moyo wathu? Kodi zimenezi tingazigonjetse bwanji?
- Monga gulu, tingagawana bwanji bwino ndi wina ndi mnzake?

Kenako bwererani pamodzi ndipo gulu lililonse lifotokoze zomwe likuganiza.

Kambiranani palimodzi kusiyana komwe kungapangitse ngati tonse tiyamba kugawana moyo wathu ndi wina ndi mnzake, komanso ndi omwe ali pafupi nafe.



15

mphindi

Pemphero

Choyamba, tipemphera limodzi. Tiyanika zomwe Mulungu watiwonetsa lero.

Funsani anthu kuti atseke maso awo. Fotokozani kuti lero takumbutsidwa zimene Mulungu watipatsa ndi mmene Yesu anagaŵira moyo wake ndi ife. Itanani anthu kuti aimirire pomwe ali ndipo, m'mawu awoawo, ayamikire Mulungu pazimene wagawana nawo ndikudzipereka kugawana nawo moyo wawo kuti awonetse chikondi chake kwa omwe ali nawo. (Aliyense amene akufuna kuchita zimenezi atha kuchita zimenezi nthawi imodzi.) Kenako funsani anthu kuti alowe m'magulu a anthu 3 kapena 4 monga poyamba. Tigawana moyo wathu m'pemphero.

M'magulu awo, aliyense agawane chinthu chimodzi kuti:

- Kufuna kutamanda Mulungu
- Kupeza zovuta m'miyoyo yawo
- Chiyembekezo m'miyoyo yawo

M'magulu mwawo, anthu ayenera kupemphererana wina ndi mnzake ndi kupempherera zinthu zenizenizi. Limbikitsani aliyense kuti atsatiye izi popitiliza kupempherera zinthu izi sabata yamawa ndikufunsanso anthu kuti akupemphereranso zinthu izi.



Zochita sabata ino

Talankhula za kugawana moyo wathu. Mlungu uno pempherani ndi kuganizira zinthu zimene Mulungu wakupatsani.

- Lembani zinthu zimene Mulungu wakupatsani.
- Kenako lembani mndandanda wa njira zomwe mungagawire zinthu izi.

Tiyezetsa kugawana miyoyo yathu pochita izi ndikugawana zomwe tili nazo ndi anthu amdera lanu.



Mboni

Sabata ino tichitira umboni pogawana moyo wathu ndi anthu omwe angawoneke ngati osaloledwa m'deralo - monga momwe Yesu ndi David Wilkerson adachitira. Limodzi ndi **gulu lanu latsopano la Moyo Ganizirani** za iwo omwe amakankhidwira m'mphepete mwa dera lanu, ganizirani za munthu kapena gulu la anthu lomwe mumawawona nthawi zambiri. Apempherereni ndikuyang'ana mndandanda wa zinthu zomwe Mulungu wakupatsani ndi mndandanda wa njira zomwe mungagawire

nazo. Pamene mukupemphera, sankhani zimene mungauze anthu amene mwawaona.

Pezani njira yotetezeka yocheza ndi anthuwa ndikuwonetsa chidwi pamoyo wawo. Mungawaitanire kunyumba kwanu kudzadya nawo chakudya, kapena kuwathandiza mwa kuwagawira kunyumba kapena kuntchito. Pamene mukuchita zimenezi, fotokozerani anthuwa kuti Yesu ali ndi chidwi ndi moyo wawo ndipo amafuna kugawana nawo moyo wake. Aitaneni kuti abwere ku Gulu la Moyo yomwe muyambe posachedwapa.

Zolembo

Kukhala ndi Chikhulupiriro



'Koma iwo amene alindira Yehova adzatenganso mphamvu; adzauluka pamwamba ndi mapiko monga ziombankhanga; adzathamanga koma osalema; adzayenda koma osalefuka.'

Yesaya 40:31



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Zophimba mmaso zokwanira theka la gulu. Chophimba m'maso ndi chinthu chomwe chimaphimba maso a munthu kuti asawone - mutha kugwiritsa ntchito nsalu.

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhanayi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



5

mphindi

Takulandirani & Mayankho

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Pamene tikuphunzira kukhala ndi moyo kwa ena ndi kudzifera tokha, timaphunzira kuti sitepe ya chikhulupiriro imene tinatenga potsatira Yesu ndi ulendo wopitiriza wa chikhulupiriro umene umakulitsa moyo wa Yesu umene ukukula mwa ife. Timaphunzira kukhala ndi chikhulupiriro mwa Mulungu pa zosowa zathu zonse ndipo zimenezi zimatisationkhezera kumtumikira ndi kumdalira.



5

mphindi

Vesi Loloweza

Werengani mokweza mavesi okumbukira ndi Baibulo mokweza. Werenganinso m'tigawo ting'onoting'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani ndimeyi m'zigawo zazitali ndipo gulu likubwereza gawo lililonse

mpaka aliyense anene ndime yonseyo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Koma iwo amene alindira Yehova adzatenganso mphamvu;
adzauluka pamwamba ndi mapiko monga ziombankhanga;
adzathamanga koma osalema; adzayenda koma osalefuka.*

Yesaya 40:31



Nkhani

Nkhani ya gawo la lero yatengedwa m'Baibulo pa Genesis 22:1-18. Ndi nkhani yodziwika kwambiri ya m'Baibulo imene yalankhula kwa anthu ambiri. Abrahamu anali munthu wogwiritsidwa ntchito ndi Mulungu mu Chipangano Chakale cha Baibulo. Moyo wake ndi phunziro la kuphunzira kukhala mwa chikhulupiriro ndi Mulungu. Mbali imeneyi ya mbiri ya moyo wake ndi yokhudza chikhulupiriro chake mu ubwino wa Mulungu woyesedwa.

¹Ndipo panali zitapita zimenezo, Mulungu anamuyesa Abrahamu nati kwa iye, Abrahamu; ndipo anati, Ndine pano.

²Ndipo anati, Tengatu mwana wako, wamwamuna wayekhayo, Isaki, amene ukondana naye, numuke ku dziko la Moriya; numpereke iye kumeneko nsembe yopsereza pa limodzi la mapiri lomwe ndidzakuuza iwe.

³Ndipo Abrahamu analawira m'mamawa namanga bulu wake, natengako anyamata ake awiri pamodzi naye, ndi Isaki mwana wake, nawaza nkhu za nsembe yopsereza, nauka, nanka kumalo komwe Mulungu anamuza iye. ⁴Tsiku lachitatu Abrahamu anatukula maso ake naona malowo patali. ⁵Ndipo Abrahamu anati kwa anyamata ake, Khalani

kuno ndi bulu, ine ndi mwanayu tinka uko, ndipo tikapemphera ndi kubweranso kwa inu.

⁶Ndipo Abrahamu anatenga nkhuni za nsembe yopsereza, nazisenzetsa Isaki mwana wake; natenga moto m'dzanja lake ndi mpeni; nayenda pamodzi onse awiri. ⁷Ndipo Isaki ananena ndi Abrahamu atate wake, nati, Atate wanga; ndipo iye anati, Ndine pano, mwana wanga. Ndipo anati, Taonani moto ndi nkhuni; koma mwanawankhosa wa nsembe yopsereza ali kuti?

⁸Ndipo Abrahamu anati, Mwana wanga, Mulungu adzadzifunira yekha mwanawankhosa wa nsembe yopsereza; nayenda pamodzi onse awiri.

⁹Ndipo anafika kumalo komwe Mulungu anamuza iye; ndipo Abrahamu anamanga guwa la nsembe nakonza nkhuni, namanga Isaki mwana wake, namuika iye paguwa la nsembe pamwamba pa nkhuni. ¹⁰Ndipo Abrahamu anatambasula dzanja lake, natenga mpeni kuti amuphe mwana wake. ¹¹Koma mthenga wa Yehova anamuitana iye ndi mau odzera kumwamba, nati, Abrahamu, Abrahamu; ndi iye anati, Ndine pano.

¹²Ndipo mthenga anati, Usaike dzanja lako pa mwana, usamchitire iye kanthu; chifukwa tsopano ndidziwa kuti iwe umuopa Mulungu wako, pakuti sunandikanize ine mwana wako, mwana wako wayekha.

¹³Ndipo Abrahamu anatukula maso ake nayang'ana taonani, pambuyo pake nkhoa yamphongo yogwiridwa ndi nyanga zake m'chiyangoyangomo; ndipo ananka Abrahamu

nakatenga nkhusa yamphongoyo, naipereka nsembe yopsereza m'malo mwa mwana wake. ¹⁴Ndipo Abrahamu anatcha dzina lake la malowo Yehova-Yire: monga ati lero lomwe, M'phiri la Yehova chidzaoneka. ¹⁵Ndipo mthenga wa Yehova anamuitana Abrahamu ndi mau odzera kumwamba kachiwiri, ¹⁶nati, Pa Ine ndekha ndalumbira, ati Yehova, popeza wachita ichi, sunandikanize mwana wako, mwana wako yekha, ¹⁷kudalitsa ndidzakudalitsa iwe, kuchulukitsa ndidzachulukitsa mbeu zako monga nyenyezi za kumwamba, monga mchenga wa m'mphepete mwa nyanja; ndipo mbeu zako zidzagonjetsa chipata cha adani ao; ¹⁸m'mbeu zako mitundu yonse ya dziko lapansi idzadalitsidwa: chifukwa wamvera mau anga."



Zochita

10
mphindi

Ntchitoyi itenga kukhulupilika m'malo mwa omwe atenga nawo mbali. Gawani gululo kukhala awiriawiri.

Tengani zotchingira m'maso (zovala) zomwe mwakonzā. Ngati mulibe funsani achinyamata kuti atseke maso awo ndi kuti asatseke.

Munthu woyamba pa awiriwa adzatseka maso wachiwiriyo. Anthu ophimbidwa m'maso adzatsogozedwa ndi anzawo, amatha kupita kunja kwa malowo ndikuyenda mozungulira malowo mpaka mphindi 2. Ndikofunika kuti musapite kulikonse koopsa komanso kuti munthu amene akutsogolera njirayo asamalire ndikuonetsetsa kuti munthu wotsekedwa m'maso asagwe.

Tsopano, sinthanani ndi kuchitanso chimodzimodzi kuti amene anali kutsogolera kale atsekeredwa m'maso ndipo anthu ena atsogolere. Yendaninso mozungulira mpaka mphindi 2.

Aliyense akabweranso, funsani anthu kuti afotokoze mmene zinalili kutsekedwa m'maso ndi kumene akuganiza kuti anapita! Longosolani kuti anthu ophimbidwa m'maso anayenera kukhala ndi chikhulupiro mwa amene akuwatsogolera.



Kudziwa Baibulo

Nkhani za moyo wa Abrahamu (wotchedwanso Abram) zimapezeka m'buku loyamba la m'Baibulo la Genesis. Tikambirana mbali zitatu zazikulu za nkhani ya moyo wa Abrahamu zimene zimatiphunzitsa za chikhulupiro.

Ulendo wa Abrahamu

Ulendo wa Abrahamu unayambira ku Harana pamene anapemphedwa ndi Mulungu kuti ayende ulendo wautali kudutsa m'dera limene panthaŵiyo linkatchedwa kapendekedwe kachonde kupita ku dziko limene akasonyezedwa (Genesis 12:1). Kachilombo kachonde kameneka kanali malo olimapo ambiri, okwana makilomita mazana ambiri.

Abrahamu ananyamuka ulendo. Tikudziwa kuti Abrahamu anali ndi zinthu zina zakezake chifukwa Baibulo limanena za banja lake; anali ndi chuma ndi anthu (Genesis 12:4-5). Abrahamu akanakhala ngati ife, akanafunsa mafunso monga akuti, "Ndikupita kuti? Kodi ndikuitanidwa ku chiyani? Kodi ndili ndi zothandizira zokwanira?" Ngakhale ali ndi mafunsowo m'mutu mwake adaganiza zonyamuka ulendo wake. Amasonyeza kuti amakhulupilira Mulungu mwa kufunitsitsa kwake kuyenda ulendo umenewu popanda kudziwa mayankho onse. Ichi ndi chiyambi cha mphatso ya chikhulupiro ndi kuphunzira kukhala mwa izo.

N'cifukwa ciani Abrahamu anakhulupilira kuti Mulungu anasiya nyumba yake ndi moyo umene anali kuudziwa ndi kupita kumalo

osadziwika? Ayenera kuti ankakhulupirira kuti Mulungu ndi wabwino komanso wachikondi. Ngakhale kuti ciwembuco cinali codziwika, Abrahamu anakhulupilila kuti Yehova adzamuteteza. Nkhani ya Abrahamu imatilimbikitsa kuganiza za moyo wathu monga ulendo wachikhulupiro ndi kudalira Mulungu.



5

mphindi

Kukambirana

Kodi mukuganiza kuti Abrahamu ankaganiza chiyani pamene Mulungu anamupempha kuti apite kudera lachilendo?



Lonjezo la Isake

Pamene Abrahamu anali ndi zaka 75, Mulungu analonjeza kuti adzapanga Abrahamu kukhala mtundu waukulu ndi kuti Mulungu adzachita chinthu chofunika kwambiri kupyolera mwa banja lake (Genesis 12:2).

Patapita nthawi, Abrahamu ndi Sara anakula ndipo analibe ana. anali osabereka. Ichi chinali chopinga chachikulu chimene Abrahamu sakanatha kuchigonjetsa ndi khama lake. Iye sakanatha kudzipangitsa yekha ndi mkazi wake kukhala wosabereka, sichoncho iye? Chifukwa cha zimenezi, Abrahamu analakwitsa. Anaganiza zongodalira luso lake komanso osadalira mphamvu za Mulungu. Zitatero, Abrahamu anagona ndi mtsikana wantchito, Hagara, ndipo onse anabala mwana wamwamuna, Ismayeli.

Panali zotsatira za zochita za Abrahamu. Ismayeli anabadwa koma sanali yankho la lonjezo limene Mulungu anapanga kwa Abrahamu. Kusamvera Mulungu kwa Abrahamu kunadzetsa magawano, zowawa ndi zowawa. Ngakhale kuti Ismayeli sanali dongosolo la Mulungu, kapena yankho la lonjezo limene Mulungu anapanga, Mulungu anasamalira Hagara ndi Ismayeli. Anatumizidwa ku ukapolo koma Mulungu anamulonjeza kuti

adzamupanganso kukhala mtundu waukulu, timauzidwa kuti Mulungu anali naye pamene anali kukula.

Tikuwona apa kuti Mulungu amachitira chifundo zolakwa zathu ndi nthawi zomwe sitimukhulupirira. Iye ndi wabwino komanso wachifundo kwa ife ngakhale tikalakhwitsa zinazake ndipo sitimudalira mmene tiyenera kuchitira.

Kodi Abrahamu anamva bwanji pamene Mulungu sanakwaniritse malonjezo ake ndipo nthawi inali kudutsa?



5

mphindi

Kukambirana

Kodi Abrahamu anamva bwanji pamene Mulungu sanakwaniritse malonjezo ake ndipo nthawi inali kudutsa?



Kupereka nsembe Isake

Zaka zingapo pambuyo pake, pamene Abrahamu anali ndi zaka 99, Mulungu analonjeza Abrahamu ndi mkazi wake Sara (wotchedwanso Sarai) mwana wamwamuna ([Genesis 17](#)).

Zimenezi zinkaoneka ngati zosatheka kwa Abrahamu ndi Sara amene panthaŵiyi anali okalamba kwambiri. Komabe Mulungu anapanga zosatheka. Abrahamu ali ndi zaka 100, Mulungu anasonyeza ubwino ndi mphamvu zake popatsa Abrahamu ndi Sara mwana amene analonjeza. Iwo anamutcha Isake.

Patapita nthawi, timafika pa nkhani yathu ya m'Baibulo imene timawerenga masiku ano. Mwina ichi ndi chimodzi mwa zitsanzo zodziwika bwino za chikhulupiro cha m'Baibulo.

Mulungu adauza Abrahamu kuti akwere phiri ndi Isake kuti apereke nsembe yake paguwa polambira Mulungu ([Genesis 22:2](#)).

Pamene anali kupita kukapereka nsembe, Isake anafunsa kuti, “Mwanawankhosa ali kuti?” Mwanawankhosa inali nsembe yamwambo ndipo, ndithudi, panalibe mmodzi chifukwa Isake anali nsembe. Abrahamu anayankha, “Mulungu adzapereka Mwanawankhosa” (Genesis 22:7-8).

Pamene Abrahamu ananena izi, anali kulankhula ndi kuchita mwa chikhulupiro. Abrahamu sanangokhulupira kuti Mulungu atha kupereka nsembe, koma kudzera muzochitika zake zonse, anakhulupira kuti Mulungu anali wabwino ndi kuti Mulungu adzapereka nsembeyo. Abrahamu anadziŵa ubwino wa Mulungu ndipo anam’khulupira. Kumeneko ndiko kukhala ndi moyo mwa chikhulupiro.

Izi zinapatsa Abrahamu mwayi wocita zimene Yehova anali kumuza kuti asaope mavuto ake.

Powerenga nkhanayi, Abrahamu mwadala ananyamuka kuti amalize kupereka nsembe, ngakhale kumanga Isake pa guwa (Genesis 22:9). Tangoganizirani mmene Abrahamu ankamvera pa nthawi. Chikhulupiro chake chiyenera kuti chinayesedwa kwambiri. Iye ankadziwa kuti Mulungu anamupatsa Isaki monga kukwaniritsidwa kwa lonjezo limene anamulonjeza. Iye ankadziwa kuti Mulungu amasunga malonjezo ake, komabe Mulungu ankamupempha kuti apereke mwana amene ankamukonda yemwenso anali yankho la lonjezo limene Mulungu analonjeza. Nthawi imeneyo iyenera kuti inali yodzaza ndi mkangano mu mtima ndi malingaliro a Abrahamu. Komabe, Abrahamu anadalira Mulungu mokwanira kuti achite zinthu momvera ndi kupitiriza kuchita zimene Mulungu anamuza.

Panthaŵi yomaliza, pamene Abrahamu anatola mpeni, mngelo wa Mulungu anamuimitsa ndipo anapereka mwana wankhosa kuti alowe m'malo mwa Isake.

Uku ndiko kumvera ndi chikhulupiro chopitirira malire. Abrahamu anali wotsimikiza kuti Mulungu anali wabwino ndi wamphamvu, anali wofunitsitsa kudalira Mulungu ndi mtima wonse, osabisa kanthu, ngakhale mwana wake. Zimene anaphunzira m'mbuyomu zinamuthandiza kudalira makhalidwe a Mulungu pa nthawi.



5

mphindi

Kukambirana

Kodi Abrahamu anamva bwanji Yehova atamuza kuti apereke mwana wake nsembe?



N'cifukwa ciani Mulungu anauza Abrahamu kuti apeleke nsembe Isaki?

Ili ndi funso lofunika kufunsa. Tikudziwa kuti Mulungu amadana ndi nsembe za ana. Timawerenga zimenezi pambuyo pake m'Baibulo mu Levitiko 18:21, 20:1-5 ndi Deuteronomo 12:31 . Mulungu amatcha nsembe ya ana kukhala yonyansa. Nanga n'cifukwa ciani anapempha Abrahamu kuti apeleke nsembe mwana wake?

Pamene Mulungu anapempha Abrahamu kuti apereke nsembe Isake, Mulungu anadziwanso kuti adzapereka nsembe ina nthawi isanathe. Pamene anapempha Abrahamu kuti acite cinthu covuta cimeneci, anapatsa Abrahamu ndi Isaki mwayi womukhulupilila kuposa ndi kale lonse, kuti aphunzile mozama kuti Mulungu ndi wabwino. Kudzera m'nkhani ya chikhulupiro imeneyi, Mulungu watipatsanso chitsanzo chabwino kwambiri cha mmene

akanaperekera Mwana wake, Yesu, kuti akhale nsembe yopulumutsa aliyense wa ife.

Ulendo umenewu umene Mulungu watipatsa nthawi zina umakhala wovuta. Sitikudziwa zimene zili m'tsogolo, zimene moyo udzatichitira kapena zimene Mulungu adzatipempha kuti tichite. Monga Abrahamu pali zokwezeka, zotsika ndi zovuta panjira. Vesi loloweza pamtima masiku ano latengedwa m'ndime yodziwika bwino ya m'Baibulo. Kwa zaka zikwi zambiri, Akristu ambiri atonthozedwa ndi vesi limeneli, akumakumbukira kuti Mulungu adzawonjezera mphamvu zawo ndi kuti adzaulukira m'mapiko awo ngati chiwombankhanga. Mulungu ndi wabwino, amayenda nafe ngati mmene anachitira ndi Abrahamu, ndipo tingakhale ndi chikhulupiro tsiku lililonse kuti timamudalira.



5

mphindi

Zochita

Funsani anthu 3 kapena 4 pagulu kuti abwereze ndime yapamtima.



5

mphindi

Kukambirana

Agaweni onse m'magulu ang'onoang'ono a anthu 3 kapena 4. Funsani magulu kuti akambirane.

- Kodi n'chiyani chinathandiza Abrahamu kuthetsa mantha ndi kukayikira komanso kukhulupirira Mulungu?
- N'chifukwa chiyani anayenda ulendowu?
- N'chifukwa chiyani anapita kukapereka nsembe Isaki?

Abweretseni gulu limodzi ndikuwafunsa kuti agawane mayankho awo.

Mvetserani ndi kulimbikitsa mayankho amene amakamba za ubwino wa Mulungu. Mulungu akanakhala wankhanza ndipo

amafuna kuti tizivutika popanda cholinga, ndiye kuti sitikanamukhulupirira. Komabe, Mulungu wathu ndi wachikondi, wokoma mtima ndipo watembenuza nkhope yake kwa ife mwachikondi ndi chifundo. Iye amafuna kutithandiza.



10
mphindi

Pemphero

M'magulu anu obzala, kambiranani chilichonse chomwe mukulimbana nacho panthawiyo kapena chilichonse chomwe Mulungu wakufunsani kuti muchite chomwe chikuwoneka chovuta.

Kukambitsirana kudzatsogolera ku gawo lathu la mapemphero. M'pofunika kuti tizipempherera munthu aliyense.

M'magulu anu pemphererani munthu aliyense payekhapayekha. Limbikitsani membala aliyense kuti aike manja pa munthu amene akupemphereredwayo ndikupempha Mulungu kuti awonjezere mphatso yachikhulupiro pazochitika zake. Pempherani ubwino wa Mulungu pa iwo. Pemphani Mulungu kuti athandize munthuyo kuona kuti Mulungu amamukonda ndipo amamufunira zabwino. Adzapereka, apereka njira ngakhale zitakhala zovuta.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tigwire. Sabata ino tipitiliza kupemphera limodzi ndi **gulu lathu latsopano la Moyo** ndikuchitapo kanthu. Takhala tikuphunzira zimene zinatanthauza kwa Abrahamu kukhala ndi chikhulupiro ndi kudalira ubwino ndi malonjezo a Mulungu. Takambirananso zovuta ndi zovuta zomwe zili m'miyoyo yathu pakadali pano. N'kutheka kuti timaona kuti Mulungu watipempha kuti tichite ntchito inayake, koma sitingaone mmene ingachitikire.

Sabata ino, kukumana ndi **Gulu lanu latsopano la Moyo**, tsiku lililonse ngati mungathe, kwa mphindi pafupifupi 20. Tengani nthawi iyi kupemphera za zovuta kapena zotchinga izi ndikupempha Mulungu kuti akupatseni njira. Muzigwiritsa ntchito mphindi 5 mwa anthu 20 othokoza Mulungu chifukwa cha zimene wachita kale.

Ngati mungathe kuchitapo kanthu kuti mugonjetse chotchingacho tengani sitepe ya chikhulupiro pamene mukumva kuti Mulungu akulankhula nanu. Mwachitsanzo, mungaganize kuti Mulungu amafuna kuti mupemphere munthu wina kuti achiritsidwe koma muyenera kudzidalira. Muyenera kuchitapo kanthu, kumudalira ndikupemphera.



Mboni

Gulu lanu la Moyo yatsopano yayamba kusunkhana pamodzi m'njira yosavuta. Pamene mukuyang'ana kuti muzule gulu lanu pamalo komanso ndi anthu omwe Mulungu wakuwonetsani, ndikofunikira kuti muyike chikhulupiro chanu mwa Mulungu.

Kodi pali zochitika zina mdera lanu zomwe mukuziwona ngati zolepheretsa kuti Gulu la Moyo lizike mizu? Kodi pali vuto lomwe dera lanu likukumana nalo lomwe limabweretsa zovuta kwa anthu ambiri? Pempherani limodzi za izi ndipo pemphani Mulungu kuti abweretse kusintha. Dalirani pa iye ndipo yembekezerani chozizwitsa!

Kodi pali anthu ena amene akukumana ndi mavuto? Apempherereni pamodzi ndi kupempha Mulungu kuti alowererepo pa masautso awo. Ayitanireni kuti alowe nawo mu Gulu lanu la Moyo yatsopano yomwe muyambe posachedwa.

Zimatengera chikhulupiro kupempherera zochitika ndi anthu,
makamaka pamene simungathe kuwona momwe zinthu
zingasinthire. Kukhala mwachikhulupiro ndikutenga njira
zenizeni m'miyoyo yathu ndi dera lathu potengera chikhulupiro
cha momwe Mulungu aliri wabwino!

Kutenga Udindo

- Utsogoleri

'Ndipo iwe, mwana wanga, limbika m'chisomo cha mwa Khristu Yesu. Ndipo zimene wazimva kwa ine mwa mboni zambiri, zomwezi uikize kwa anthu okhulupirika, amene adzadziwa kuphunzitsa enanso.'

2 Timoteo 2:1-2



Kukonzekela

Zomwe mukufuna gawo lililonse:

- Aliyense ayenera kubweretsa cholemba ndi pepala.

Kodi mwa:

- Funsani wina pagulupo kuti awerenge nkhanayi?
- Funsani munthu wina m'gululo kuti awerenge ndime ya Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziro la sabata ino ndi kumvetsetsa kuti monga mwana akukula ndikukhala munthu wamkulu yemwe angathe kulera ndi kusamalira ena, kotero pamene tikukula mu moyo ndi Yesu timakula kulimbikitsa ndi kusamalira ena. Cholinga cha gawoli ndikumvetsetsa kuti Mulungu amapereka nthawi zonse kuti tidutse - izi ndi zoona ndi moyo ndi kukula komwe amalenga mwa ife.



Vesi Loloweza

5

mphindi

Werengani mokweza mavesi okumbukira ndi Baibulo mokweza. Werenganinso m'tigawo ting'onoting'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani ndimeyi m'zigawo zazitali ndipo gulu likubwereza gawo lililonse mpaka aliyense anene ndime yonseyo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Ndipo iwe, mwana wanga, limbika m'chisomo cha mwa Khristu Yesu. Ndipo zimene wazimva kwa ine mwa mboni zambiri, zomwezi uikize kwa anthu okhulupirika, amene adzadziwa kuphunzitsa enanso.

2 Timoteo 2:1-2



Nkhani

Werengani nkhani yotsatirayi ku gulu. Ndi nkhani ya Malala Yousafzai, monga yanenedwa m'mawu akeake.

1997: Ndinabadwira ku Mingora, Pakistan, pa July 12, 1997. Kulandira mwana wamkazi sikunali kochititsa chikondwerero nthawi zonse ku Pakistan—koma bambo anga, Ziauddin Yousafzai, anatsimikiza mtima kundipatsa mpata uliwonse umene mnyamata angakhale nawo.

2008: Bambo anga anali mphunzitsi ndipo ankayendetsa sukulu ya atsikana m'mudzi wathu. Ndinkakonda sukulu. Koma zonse zinasintha pamene a Taliban analanda tawuni yathu ku Swat Valley. Ochita zinthu monyanyira adaletsa zinthu zambiri - monga kukhala ndi wailesi yakanema komanso kusewera nyimbo - ndikukhazikitsa zilango zowawa kwa iwo omwe adaphwanyama malamulo awo. Ndipo amati atsikana sangapitenso kusukulu. Mu Januwale 2008 ndili ndi zaka 11 zokha, ndidatsanzikana ndi anzanga akusukulu, osadziwa kuti ndikadzawaonanso liti.

2012: Ndinayankhula poyera m'malo mwa atsikana komanso ufulu wathu wophunzira. Ndipo izi zidandipangitsa kukhala chandamale. Mu October 2012, ndikubwerera kunyumba kuchokera kusukulu, munthu wina yemwe anali ndi mfuti anakwera basi yanga ya kusukulu n'kundifunsa kuti, “Kodi Malala ndi ndani?” Anandiwombera kumanzere kwa mutu wanga. Patapita masiku 10

ndinadzuka m'chipatala ku Birmingham, England. Madokotala ndi anamwino anandiuza za chiwembucho - komanso kuti anthu padziko lonse lapansi amandipempherera kuti ndichire.

2018: Tsopano ndikuphunzira Philosophy, Politics ndi Economics ku yunivesite ya Oxford. Ndipo tsiku lililonse ndimayesetsa kuonetsetsa kuti atsikana onse amalandira zaka 12 za maphunziro aulere, otetezeka komanso abwino. Ndimayenda m'maiko ambiri kukakumana ndi atsikana akulimbana ndi umphaŵi, nkondo, ukwati wa ana aang'ono ndi tsankho kuti ndipite kusukulu. Malala Fund ikugwira ntchito kuti nkhani zawo, monga zanga, zimveke padziko lonse lapansi. Timayika ndalama zothandizira aphunzitsi ndi olimbikitsa mayiko omwe akutukuka kumene, monga abambo anga, kudzera mu Gulmakai Network ya Malala Fund. Ndipo timayankha atsogoleri chifukwa cha malonjezo awo kwa atsikana.

Popeza atsikana oposa 130 miliyoni sali pasukulu masiku ano, pali ntchito yambiri yoti ichitike. Ndikukhulupirira kuti mulowa nawo nkondo yanga yamaphunziro ndi kufanana. Pamodzi, tikhoza kupanga dziko limene atsikana onse angaphunzire ndi kutsogolera.⁶



Kudziwa Baibulo

Werengani 2 Timoteo 1:3-7 ku gulu:

³Ndiyamika Mulungu, amene ndimtumikira kuyambira makolo anga ndi chikumbumtima choyera, kuti ndikumbukira iwe kosalekeza m'mapemphero anga, ⁴pokhumba usiku ndi usana kukuona iwe, ndi kukumbukira misozi yako, kuti ndidzazidwe nacho

⁶ Yousafzai, Malala (pa intaneti), Malala's Story [pa intaneti] Ikupezeka pa: <https://www.malala.org/malalas-story> [Idafikira pa 3 Januwari 2020]

chimwemwe; ⁵pokumbukira chikhulupiro chosanyenga chili mwa iwe, chimene chinayamba kukhala mwa agogo ako Loisi, ndi mwa mai wako Yunisi, ndipo, ndakopeka mtima, mwa iwenso.

⁶Chifukwa chake ndikukumbutsa iwe ukoleze mphatso ya Mulungu, ili mwa iwe mwa kuika kwa manja anga. ⁷Pakuti Mulungu sanatipatse mzimu wa mantha; komatu wa mphamvu ndi chikondi ndi chidziletso.

Werengani 2 Timoteo 3:10-11 ku gulu:

¹⁰Koma iwe watsatatsata chiphunzitso changa, mayendedwe, chitsimikizo mtima, chikhulupiro, kuleza mtima, chikondi, chipiro, ¹¹mazunzo, kumva zowawa; zotere zonga anandichitira mu Antiokeya, mu Ikonio, mu Listara, mazunzo otere onga ndawamva; ndipo m'zonsezi Ambuye anandilanditsa.



Malala - chitsanzo cha kutenga udindo

Nkhani yolimba mtima ya Malala ikuwonetsa zomwe zingachitike ngati munthu m'modzi atenga udindo ndikuchita utsogoleri.

Malala ndi chitsanzo kwa ife kuti ngakhale munthu wachichepere akhoza kubweretsa kusintha. Zikanakhala zosavuta kuti Malala asachite kalikonse komanso kukhala chete pamene iye ndi anzake sakanapitanso kusukulu. Malala anasankha kuyankhula mmalo mwake ndi ena, adatenga udindo. Ambiri aife sitidzayika moyo wathu pachiswe monga momwe adachitira, koma tonse titha kukhala anthu omwe amasintha m'mabanja athu, mdera lathu komanso mu mpingo wathu. Mulungu amafuna kuti tikhale anthu obweretsa Ufumu wake kulikonse kumene tingakhale.

Kodi utsogoleri ndi chiyani ndipo umabwera bwanji kwa ife?

Pamene mukukula ndikukula mu chikhulupiriro mwa Yesu, mudzapeza mipata yambiri yotumikira, kukopa ndi kutsogolera ena. Pali njira zambiri zomwe mungachitire izi, ndipo Mulungu wakukonzerani malo apadera kuti mulimbikitse ena ozungulira inu. Kukula mwauzimu mwachibadwa kumatanthauza kuzindikira mowonjezereka zosoŵa za ena ndipo chikondi chathu pa iwo chimakula. Timakulitsa malingaliro atsopano a udindo wa ena. Timapeza kuti ndife ofunitsitsa kutumikira ndi kukhala amene amatenga nawo mbali pothandiza ena kukula monga ophunzira. Aliyense wa ife ayenera kusankha ngati angayankhe pokwera pa utsogoleri ndi kutenga udindo.

M'kalata yake yopita kwa Timoteo, yemwe anali mtsogoleri wachinyamata, Paulo anamulimbikitsa kuti akhale wolimba mtima potsogolera mpingo. Anamuza kuti asakhale amantha, kumukumbutsa kuti Mzimu Woyera umatipatsa mphamvu, chikondi ndi kudziletsa. Paulo analangiza Timoteyo kuti azikoleza moto zimene Yehova anam'patsa. Kwa ife, izi zikutanthauza kutenga udindo wa mphoto zimene Mulungu watipatsa ndi kuzigwiritsa ntchito.

Pamene anali padziko lapansi, Yesu ananena kuti utsogoleri wa panthaŵiyo unali kutsogolera mwa kulamula kapena kulamulira, koma ananena kuti anadza pakati pa ophunzira ake monga kapolo. Pali zitsanzo zambiri za anthu omwe ali m'maudindo omwe amalamulira mwa kulamula kapena kulamulira. Njira ya Yesu inali kutumikira modzichepetsa ndipo ananena kuti amene anachita zimenezi adzalandira mphoto yawo kumwamba. Ngakhale chinthu chaching'ono kwambiri chochitidwa polemekeza Mulungu chimabweretsa mphoto kuchokera kwa Atate wathu.



Kukambirana

M'magulu a anthu 3 kapena 4, kambiranani mafunso otsatirawa.

5

mphindi

- Kodi utsogoleri ndi chiyani?
- Kodi utsogoleri si chiyani?
- N'chiyani chakulimbikitsani pa chitsanzo cha Malala, Timoteyo ndi Yesu?



Kukula mu utsogoleri

Malinga ndi zimene Paulo analemba, titha kuona kuti Timoteo anaphunzira zambiri chifukwa ankacheza naye. Paulo anapatula nthawi yophunzitsa Timoteo ndipo kenako anamulimbikitsa kutenga udindo ndi kulowa utsogoleri. Paulo akuuza Timoteo kuti asayang'ane pa matalente a Paulo, koma pa khalidwe lake ndi chikhulupiro chake mwa Mulungu. Nayenso Paulo analimbikitsidwa kuti chikhulupiro cha Timoteo chinatsatira zitsanzo za chikhulupiro cha amayi ake ndi agogo ake.

Uthenga waumwini wa Paulo kwa Timoteo, mtsogoleri wachichepere wokhala ndi udindo, unali woti akhale munthu amene Mulungu anafuna kuti iye akhale, ndi kupereka kwa ena uthenga ndi njira ya moyo zimene ena akadzapereka kwa ena.

Mukhoza kukhala mtsogoleri kulikonse, mosasamala kanthu za msinkhu wanu, udindo, ndalama, kapena kumene mukukhala. M'banja la Timoteo, mzera wake wa amayi unanyamula miyezo ya Ufumu ku mibadwomibadwo. Paulo analimbikitsa Timoteyo kuti atsogolere pakukhala ndi kulankhula uthenga wa uthenga wabwino mkati ndi kunja kwa mpingo.

Mavesi ena a m'Baibulo akusonyeza kuti kugwiritsa ntchito luso lathu komanso luso limene Mulungu watipatsa kungatithandize

kuti tikhale ndi maudindo akuluakulu komanso udindo. Watiitana
kuti atitsogolere munjira zosiyanasiyana, kaya pakati pa
okhulupirira kapena osakhulupirira.

*¹¹Ndipo Iye anapatsa ena akhale atumwi; ndi ena aneneri;
ndi ena alaliki; ndi ena abusa, ndi ena aphunzitsi; ¹²kuti
akonzere oyera mtima kuntchito ya utumiki, kumangirira
thupi la Khristu; ¹³kufikira ife tonse tikafikira ku umodzi wa
chikhulupiriro, ndi wa chizindikiritso cha Mwana wa
Mulungu, kwa munthu wangwiro, ku muyeso wa msinkhu
wa chidzalo cha Khristu.*

Aefeso 4:11-13

*Kodi upenya munthu wofulumiza ntchito zake?
Adzaima pamaso pa mafumu, osaima pamaso pa anthu
achabe.*

Miyambo 22:29

Baibulo limatikumbutsanso kuti utsogoleri ndi udindo waukulu
ndipo limatichenjeza kuti tisakhale onyada.

*Musakhale aphunzitsi ambiri, abale anga, podziwa kuti
tidzalangika koposa.*

Yakobo 3:1

*³musachite kanthu monga mwa chotetana, kapena monga
mwa ulemerero wopanda pake, komatu ndi kudzichepetsa
mtima, yense ayese anzake omposa iye mwini; ⁴munthu
yense asapenyere zake za iye yekha, koma yense
apenyerenso za mnzake.*

Afilipi 2:3-4

Mwina mofanana ndi Timoteo mumachita mantha. Taganizirani zimene taphunzira zokhudza mmene Mulungu adzakhalire nafe komanso mmene adzatitsogolere. Tikhoza kumukhulupirira, kuika chikhulupiro chathu mwa iye ndi kudalira chisomo chake. Pamene tikum'tsatira, amatithandiza kukhala anthu osonkhezera ena ndi kukhala anthu amene zochita zawo, kaya zing'onozing'ono kapena zakumaloko, zingasinthe dziko lotizungulira.



5

mphindi

Kukambirana

M'magulu a anthu 3 kapena 4, kambiranani mafunso otsatirawa.

- Kodi Paulo ananena kuti anapatsa Timoteo zinthu ziti kuti akhale mtsogoleri?
- Kodi mwaphunzirapo chiyani pa makhalidwe a mtsogoleri?



20

mphindi

Zochita

Munthu aliyense azichita yekha ntchitoyi ndipo adzafunika cholemba ndi pepala.

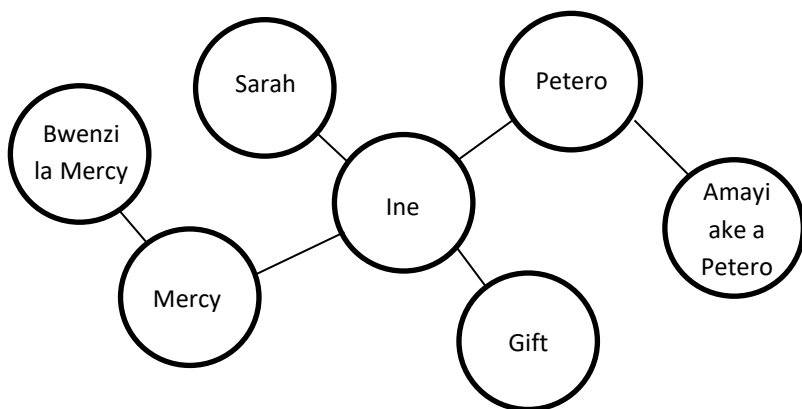
Khalani ndi nthawi yoganizira za anzanu, oyandikana nawo, abale anu komanso anzanu.

Jambulani bwalo pakati pa pepala lanu ndi kulemba “Ine” pakati pake. Izi zikuyimira inu.

Tsopano jambulani anthu osiyanasiyana omwe mumawadziwa ndikulemba mayina awo mozungulira. Jambulani mizere yosonyeza kuti akulumikizana nanu.

Mungathe kuchitapo kanthu poganizira za anthu omwe anthu awa akuwadziwa, omwe ndi mabwenzi awo ndi achibale awo? Jambulani bwalo la munthu aliyense, yonjezerani dzina lake

ndikujambulitsa mzere wosonyeza amene alumikizidwa naye.
Nachi chitsanzo cha momwe chithunzi chanu chingawonekere.



Chithunzi chanu chikhoza kukhala chachikulu kwambiri kuposa chitsanzo. Siyani kujambula pomwe mukuganiza kuti muli ndi maulumikizidwe ochulukirapo oti muwerenge!

Tsopano limbikitsani aliyense kuwonetsa chithunzi chake kwa wina ndikukambirana mafunso awa:

- Kodi mungatengere bwanji udindo ndi kutsogolera ena omwe mwalumikizidwa nawo, kugawana nawo chikondi cha Mulungu ndikulankhula nawo omwe sangathe kudzilankhulira okha?
- Kodi mungawathandize bwanji kutenga udindo ndi kutsogolera omwe alumikizidwa nawo, ndikugawana nawo chikondi cha Mulungu?



15
mphindi

Pemphero

M'magulu obzala, khalani mphindi 5 mpaka 10 kupemphera pazithunzi zanu. Pemphani Mulungu kuti akulimbikitseni ndikukupatsani mwayi wotsogolera ndi kuphunzitsa anthu omwe ali mu chithunzi chanu. Pemphani Mzimu Woyera kuti alankhule nanu tsopano komanso masabata onse akubwerawa.

Zitatha izi, bweretsani gululo pamodzi ndikupemphera pemphero ili kwa aliyense:

Atate wa Kumwamba, chonde ndithandizeni ine kukhala wamphamvu mu chisomo chanu, kudziwa mochuluka momwe mumandikondera ine monga mwana wanu; kukhala munthu amene amaphunzira kutenga udindo wotumikira anthu ondizungulira, ndi kugawana nawo ndi kuwasonyeza uthenga wa Ufumu.

Ndidzazeni ndi Mzimu wanu Woyera kuti ndilandire mphatso yotsogolera kuti ndikudziweni, ndikukuthokozani kuti mumandipatsa mphamvu kuti ndikutumikireni molimba mtima komanso mwachikondi ngakhale panthawi zovuta.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tigwire. Sabata ino pali zinthu 2 zomwe muyenera kuchita.

Choyamba, lembani mndandanda wa anthu amene akukhudzani moyo wanu ndi kukuwonetsani njira yokhalira momvera mawu a Mulungu. Zikomo Mulungu chifukwa cha iwo ndi chikoka chawo m'moyo wanu.

Kachiwiri, kuyang'ana pazithunzi zomwe mwapanga, mwapemphero sankhani chinthu chimodzi chomwe mungachite kuti mutumikire m'banja mwanu kapena kuthandiza wina kupeza chikhulupiro.



Mboni

Pamodzi ndi gulu anu la moyo yatsopano mwapanga zoyambira zosavuta. Mwayamba kupanga malumikizano mdera lanu. Zatenga nthawi ndi khama.

Muyenera kupeza nthawi yolankhula moona mtima mmene mukumvera. Kodi ndinu okonzeka kutenga udindo wotsogolera gululi, pothandiza anthu amene mwakumana nawo kuti adziwe Yesu? Muyenera kudzipereka nokha ku izi momwe mumakhulupirira kuti Mulungu akufunsani inu.

Khalani ndi nthawi ndi Gulu lanu la Moyo yatsopano mukukambirana moona mtima za momwe mukumvera, zomwe mukuganiza kuti Mulungu akukupemphani kuti muchite komanso ntchito yomwe akukupemphani kuti muchite pamene mukuyambitsa Gulu la Moyo pamodzi. Kodi mungatsogolere, mutha kuthandizira, ndipo mutha kupereka chithandizo cha mapemphero?

Tengani nthawi kuti mujambule chithunzi chozungulira chomwe chikuwonetsa kulumikizana kwanu. Izi zidzakuthandizani kuona anthu amene Mulungu akukupemphani kuti muwatengere udindo, kuwathandiza kuti amudziwe. Mutha kuwona pachithunzichi zinthu zosiyanasiyana zomwe aliyense adzatengere udindo.

Kumaliza Bwino



'Chifukwa chake ifenso, popeza tizingidwa nao mtambo waukulu wotere wa mboni, titaye cholemetsa chilichonse, ndi tchimoli limangotizinga, ndipo tithamange mwachipiro makaniwo adatiikira, ndi kupenyera woyambira ndi womaliza wa chikhulupiro chathu, Yesu, ameneyo, chifukwa cha chimwemwe choikidwacho pamaso pake.'

Ahebri 12:1-2a



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Chidebe chamadzi
- Chophimba m'maso (chinthu chonga nsalu yophimba maso kuti asaone)

Kodi mwa:

- Funsu wina pagulupo kuti awerenge nkhanayi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



5

mphindi

Takulandirani & Mayankho

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziro la sabata ino ndikumvetsetsa kuti mmoyo wathu wonse moyo wa Yesu mwa ife udzakula kapena kuima ndi kufa. Kukhala wophunzira ndi moyo wotsatira Yesu ndipo mpaka pamene anatiitana kwathu, mpikisano ukadalipo!



5

mphindi

Vesi Loloweza

Werengani mokweza mavesi okumbukira ndi Baibulo mokweza. Werenganinso m'tigawo ting'onoting'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani ndimeyi m'zigawo zazitali ndipo gulu likubwereza gawo lililonse mpaka aliyense anene ndime yonseyo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Chifukwa chake ifenso, popeza tizingidwa nao mtambo waukulu wotere wa mboni, titaye cholemetsa chilichonse, ndi tchimoli limangotizinga, ndipo tithamange mwachipiriro makaniwo adatiikira, ndi kupenyera woyambira ndi womaliza wa chikhulupiriro chathu, Yesu, ameneyo, chifukwa cha chimwemwe choikidwacho pamaso pake.

Ahebri 12:1-2a



Nkhani

Werengani nkhanayi ku gulu:

Eliud Kipchoge ndi wothamanga wa marathon waku Kenya. Anapambana mpikisano wa Olympic Marathon mu 2016 ndi 2018. Pamene adapambana marathon 2018 adakhala katswiri wapadziko lonse, akuthamanga mtunda wa 2 hours 1 miniti ndi 39 masekondi. Akhalabe ngwazi yapadziko lonse lapansi mpaka wina atathamanga mtunda mwachangu!

Izi ndi zomwe ananena.

“Mu mpikisano wa marathon, theka loyamba ndi kuthamanga kwanthawi zonse. Pamakilomita 15, makilomita 20, aliyense adzakhalabe komweko. Kumene mpikisano wa marathon umayambira ndi pambuyo pa makilomita 30. Ndiko komwe mumamva kupweteka kulikonse m'thupi lanu. Minofu ikupweteka kwenikweni, ndipo wothamanga yekha wokonzeka komanso wokonzekera bwino adzachita bwino pambuyo pake. Ndidzapita ndi mayendedwe, koma pambuyo pa makilomita

30, ndisinthu kumayendedwe anga. Ndipo ngati mwakonzeka kunditsatira, titha kupita limodzi.”⁷

Kukhala ndi moyo wachikhristu kumakhala ngati kuthamanga mpikisano wothamanga.

Tiyenera kuonetsetsa kuti tili ndi kukonzekera koyenera mwa kukhala ndi Yesu komanso kulola Mzimu Woyera kutilimbitsa. Tikatero tikhoza kupitiriza zinthu zikafika povuta. Nafenso tiyenera kukhala ndi moyo wodzisunga – uku ndi maphunziro athu.



5
mphindi

Funsani gulu mafunso otsatirawa:

- Kodi chingachitike n’chiyani ngati Eliud Kipchoge sanayese kuthamanga kwambiri?
Mayankho angaphatikizepo kuti munthu wina amene akuthamanga amene akulimbikira kwambiri akhoza kumugonjetsa ndipo sangapambane.
- Kodi ndani amene ali ndi udindo woonetsetsa kuti tikukhala moyo wabwino kwambiri? Ndi Mulungu kapena ife?
Yankho mukuyang’ana onse! Mulungu amatipatsa mphatso mwa Mzimu Woyera kuti tikhale ngati iye. Komabe, tiyeneranso kuyesetsa ndi kugwiritsa ntchito luso lathu kuti luso lathu lopatsidwa ndi Mulungu likule. Tikamafooka tingapemphe Mzimu Woyera kuti atilimbikitse.

⁷ In Stride, The Culture of Running/Martin Fritz Huber, February 9 2018. Wisdom from the World’s Best Marathoner [pa intaneti] Zikuphezeka pa: <https://www.outsideonline.com/2280201/wisdom-worlds-best-marathoner> [Zafikira 11 January 2019]



Kudziwa Baibulo

Werengani 2 Timoteo 4:1-8 ku gulu:

¹Ndikuchitira umboni pamaso pa Mulungu ndi Khristu Yesu, amene adzaweruza amoyo ndi akufa, ndi pa maonekedwe ake ndi ufumu wake; ²lalikira mau; chita nao pa nthawi yake, popanda nthawi yake; tsutsa, dzudzula, chenjeza, ndi kuleza mtima konse ndi chiphunzitso. ³Pakuti idzafika nthawi imene sadzalola chiphunzitso cholamitsa; komatu poyabwa m'khutu adzadziunjikitsa aphunzitsi monga mwa zilakolako za iwo okha: ⁴ndipo adzalubza dala pachoonadi, nadzapatukira kutsata nthano zachabe. ⁵Koma iwe, khala maso m'zonse, imva zowawa, chita ntchito ya mlaliki wa Uthenga Wabwino, kwaniritsa utumiki wako.

⁶Pakuti ndilimkuthiridwa nsembe tsopano, ndipo nthawi ya kumasuka kwanga yafika. ⁷Ndalimbana nako kulimbana kwabwino, ndatsiriza njirayo, ndasunga chikhulupiriro: ⁸chotsalira wandiikira ine korona wa chilungamo, amene Ambuye, woweruza wolungama, adzandipatsa ine tsiku lijalo: ndipo si kwa ine ndekha, komatunso kwa onse amene anakonda maonekedwe ake.



Pa funso lililonse lomwe lili mu gawo lotsatirali, limbikitsani munthu mmodzi kapena awiri kuti afotokoze zomwe akuganiza kuti ndi yankho. Anthu akamaliza kugawana mayankho awo, werengani mayankho omwe ali pano.



Ndime imene tangowerengayi ndi mbali ya kalata imene mtumwi Paulo analemba Timoteo, yemwe anali wachinyamata amene ankamulimbikitsa.

Werenganinso vesi 1 ndi 2.

M'mavesi amenewa, Paulo akuuza Timoteo mmene angaphunzitsire ena za Yesu. Titha kugwiritsa ntchito mavesiwa pa moyo wathu m'njira ziwiri:

- Tingaphunzire kukhala ophunzira abwino kapena otsatira a Yesu ife eni.
- Mofanana ndi Timoteo, tingaphunzitse ena ndi kuwalimbikitsa pamene amatsatila Yesu.

Kodi ndi liti pamene tiyenera kuphunzitsa ena za Yesu?

(Kumbukirani kulola munthu m'modzi kapena awiri anene mayankho kaye.)

Paulo akutiiza kuti tikhale okonzeka ndi kuuza ena 'm'nyengo ndi m'nthawi yake. Timabzala chimanga kamodzi pachaka kamodzi pachaka koma tiyenera kuuza anthu za Yesu nthawi zambiri kuposa izi! Kuuza ena kuyenera kukhala gawo la moyo wathu watsiku ndi tsiku.

Kodi tiyenera kuphunzitsa bwanji uthenga wabwino?

(Kumbukirani kulola munthu m'modzi kapena awiri anene mayankho kaye.)

Paulo akutiiza kuti tiziphunzitsa 'ndi chilimbikitso chachikulu ndi chilangizo chosamalitsa'. Baibulo lingagwiritsidwe ntchito kuwongolera ndi kudzudzula koma osayiwala kuligwiritsanso ntchito kulimbikitsa.

Werenganinso vesi 3 ndi 4.

Ndimezi zikutiphunzitsa za chiphunzitso chabwino komanso kutichenjeza za aphunzitsi oipa. M’pofunika kuti ifeyo tisakhale aphunzitsi oipa.

Nanga tingaphunzile ciani pa mavesi amenewa, zimene zingatithandize kukhala aphunzitsi abwino?

(Kumbukirani kulola munthu m'modzi kapena awiri anene mayankho kaye.)

- Tisamayesedwe kunena zinthu zomwe anthu amafuna kumva. Nthawi zina timafunika kuuza ena zinthu zovuta zimene anthu safuna kumva.
- Tisaphunzitse nthano kapena mphekesera. Izi zikutanthauza kuti sitiyenera kungophunzitsa maganizo athu kapena zimene tamva kwa munthu wina. Tiyenera kuzika zimene timaphunzitsa pachoonadi ndi zenizeni.

Pamene tikuphunzitsa ena, tiyenera kuonetsetsa kuti zimene tikunena zikugwirizana ndi chiphunzitso cha Baibulo lonse ndiponso makhalidwe a Yesu. Zimenezi zidzatithandiza kuuza ena coonadi.

Tiyenera kuchita zimenezi kaya ndife mlaliki kapena mphunzitsi wolankhula ndi anthu ambiri. Tiyenera kuchita zimenezi ngati tikungolankhula ndi munthu mmodzi kapena awiri za Yesu.

Werenganinso vesi 5.

Ndime iyi ikukamba za khalidwe lanu ndi momwe muyenera kuchita. Mmene timachitira ndi zofunika.

Kodi lembali likunena kuti tiyenera kuchita chiyani?

(Kumbukirani kulola munthu m'modzi kapena awiri anene mayankho kaye.)

- Sungani mutu wanu. Izi zikutanthauza kuti sitienera kukhumudwa ndi zinthu zomwe zikuchitika pafupi nafe. Tiyenera kukhala olunjika!
- Pirirani mavuto. Izi zikutanthauza kuti tiyenera kupitirizabe zinthu zikavuta.
- Chitani ntchito ya mlaliki. Izi zikutanthauza kuti tiyenera kupitiriza kuuza anthu za Yesu.
- Chitani mbali zonse za utumiki wanu. Izi zikutanthauza kuti tiyenera kuchita zinthu zosavuta kapena kutibweretsera mphotho komanso kuchita zinthu zovuta zomwe sizitipatsa udindo uliwonse.

Werenganinso vesi 6.

Paulo akuti akutsanulidwa ngati 'nsembe yachakumwa'. Nsembe yachakumwa inali chikho cha vinyo chimene wansembe wachiyuda anathira pambali pa guwa la nsembe pambuyo popereka nsembe ya nyama m'kachisi. (Ngati mufuna kudziwa zambiri za zimenezi mukhoza kuwerenga Numeri 15:1–10 ndi Numeri 28:4–7.) Nsembe yachakumwa inkaimira kutha kwa nsembeyo ndipo inkatchedwa fungo lokhazika mtima pansu kwa Mulungu.

Paulo anali m'ndende ndipo anazindikira kuti mapeto a moyo wake anali pafupi. Iye akulemba kalatayi monga chopereka chake chomaliza, akuphunzitsa Timoteo kuti alowe m'malo mwake akadzachoka.

Tiyenera kupereka moyo wathu wonse kwa Mulungu ndi kupitirizabe kupereka mpaka mapeto. Ichi ndi chinthu chomwe chimakondweretsa Mulungu.

Tatsala pang'ono kumapeto kwa mabuku a Maziko tsopano, koma mwachiyembekezo sitifa ngati Paulo! Tiyenera kukonzekera zimene tiyenera kuchita panopa komanso kuphunzitsa ena kuti ntchitoyo ipitirire pakapita nthawi. Monga Eliud Kipchoge pamene akuthamanga marathon, mpikisanowu sunathebe! Tiyenera kupitiriza kuthamanga.

Werenganinso vesi 7 ndi 8. Paulo ananena kuti ‘wamenya nkhondo yabwino’. Nthawi zina moyo wachikhristu umakhala wovuta. Tingamve ngati tikumenya nkhondo. Anthu ena akhoza kutitsutsa. Satana angagwilitsile nchito njila iliyonse kutiyesa kuti ticimwe kapena kutisokoneza pa utumiki wathu. (Kumbukirani Akhristu ONSE ali ndi utumiki - osati atsogoleri ampingo okha.) Taphunzira kale izi mu **Maziko 3: Moyo Umapanga**. Kumbukirani kuti tikuzidwa m’buku la Aefeso kuti:

¹⁰Chotsalira, tadzilimbikani mwa Ambuye, ndi m'kulimba kwa mphamvu yake. ¹¹Tavalani zida zonse za Mulungu, kuti mudzakhoze kuchilimika pokana machenjerero a mdierekezi. Aefeso 6:10-11

Ichi ndi chifukwa chake timafunikira Mzimu Woyera kuti atithandize. Uku ndikumenya nkhondo yabwino!

Paulo ananenanso kuti ‘wamaliza mpikisano’. Kuthamanga mpikisano kungakhalenso ntchito yovuta. Eliud Kipchoge sapambana mipikisano chifukwa cha luso lake. Ayenera kuchita masewera olimbitsa thupi nthawi zonse. Kodi tikuyembekezera

kuti Mulungu achite chilichonse? Kodi tikuyembekezera kuti ena achite zinthu zovuta? Kapena kodi ndife okonzeka kugwira ntchito molimbika pa moyo wachikhristu ndi kuika muzochita ndi maphunziro?

Othamanga marathon nthawi zina amatha kulephera. Amatha kugwa kapena wina amatha kuthamanga kwambiri kuposa iwo. Osewera mpira amatha kuphonya chigoli. Kodi iwo amachita chiyani? Amayesanso! Amayesetsa kwambiri, amathamanga mpikisano wina.

Musalole kuti kulephera kukufooketseni. Pitirizani kuthamanga! Zinthu zikafika povuta kapena ngati palibe amene akuona zimene mukuchita musataye mtima. Othamanga amalandira mendulo ndipo osewera mpira amapeza chikho. Paulo akutiya kuti pali mphoto yomwe imatiyembekezera kumwamba - ‘korona wa chilungamo’. Mulungu amaona mmene timakhalira padziko lapansi pano ndipo tikamaliza mpikisanowo adzatiya kuti: “Wachita bwino, kapolo wabwino ndi wokhulupirika!” (Mateyu 25:23)



Kukambirana

M’magulu ang’onoang’ono a anthu 3 kapena 4 kambiranani mafunso otsatirawa.

15
mphindi

- Kodi timauza ena za Yesu kawirikawiri? Ndipo kodi timakhala osamala ndi oleza mtima tikamauza ena za Yesu? Nenani zoona! Kodi tingawongole bwani?
- Kodi ndife okonzeka kupirira mavuto ndi kudzimana muutumiki wathu? Kachiwirinso khalani owona mtima kwathunthu. Kodi ndi zinthu ziti zimene timapewa

kuchita, mwina chifukwa chakuti ndi zovuta, koma tikudziwa kuti Mulungu amafuna kuti tichite zambiri?

- Kodi ndani amene tingalimbikitse ndi kuphunzitsa mu utumiki?

Perekani nthawi yoti gulu lirilonse likambirane lingaliro limodzi kapena awiri kuchokera pazokambirana zawo ndi wina aliyense.



10
mphindi

Zochita

Kuti muchite izi mufunika ndowa yamadzi ndi chotchinga m'maso (chinthu chophimba maso kuti asawone).

Funsani anthu 3 odzipereka ndikuwauza kuti athamanga.

Perekani wodzipereka woyamba chidebe chamadzi ndikuwauza kuti athamangire mpikisano wonyamula chidebecho ndikuyesera kuti asatayike.

- Valani chotchinga mmaso kwa munthu wodzipereka wachiwiriyo ndipo fotokozani kuti athamanga ali ndi maso kuti asaone. (Munthu uyu asankhe wina woti athamange naye kuti akhale mtsogoleri wawo kuti asagwe.)
- Uzani wodzipereka wachitatu kuti athamanga bwino popanda chowaletsa kapena kuwachedwetsa.

(Ngati mulibe malo othamangira mpikisano mungathe kufotokozera anthu ntchitoyo kuti athe kulingalira zomwe zingachitike.)

Tsopano pezani anthu 3 odzipereka kuti athamangire mpikisanowu! Mpikisano ukatha, aliyense aziombera m'manja othamangawo.

Kodi munthu wonyamula ndowayo anachita bwanji?
Anachedwetsedwa chifukwa anali atanyamula chinthu chimene sichinkafunika pa mpikisanowo.

Funsani anthu kuti aganizire za zododometsa zomwe amatsatira zomwe zimawapangitsa kukhala akhristu opanda mphamvu - awa akhoza kukhala machimo odziwikiratu kapena zododometsa zosafunikira.

Kodi munthu amene anaphimba maso ake anachita chiyani pa mpikisanowu? Iwo ankavutika kwambiri moti sankona.

Funsani anthu kuti aganizire za nthawi yomwe akuthamanga ngati kuti atsekedwa m'maso. Izi zili ngati ife tikachotsa maso athu pa Yesu. Tikasiya kukhala ndi Yesu, timakhala tikuyang'ana mayankho omwe dziko limatipatsa ndikupunthwa ndi kugwa.

Kodi munthu ankathamanga bwanji popanda chododometsa chilichonse? N'kutheka kuti munthu ameneyu ndiye wapambana mpikisanowu!

Funsani anthu kuti tifanane nawo bwanji? Tikhoza kuganizira kwambiri za Yesu, kumutsatira ndi kusiya zinthu zimene zimatilepheretsa.



Pemphero

Sabata ino tipemphererana awiriawiri.

15

mphindi

Mwa anthu awiriawiri, aliyense agawane chinthu chimodzi chimene akuvutika nacho kuti achite chomwe Mulungu angafune kuti achite zambiri, KAPENA china chimene akudziwa kuti Mulungu akufuna kuti asiye. Pempherani kuti Mzimu Woyera

awathandize pa izi, ndi kuwathandiza kuti agwire ntchito molimbika ndi kuyang'anabe kwa Yesu.

Pambuyo pa mphindi 5 kapena 10, bweretsani onse pamodzi kukhala gulu limodzi lalikulu.

Tithokoze Mulungu chifukwa cha gulu, zinthu zomwe mwaphunzira komanso anzanu omwe mwapanga. Pempherani nzeru ndi zomwe mungachite. Pempherani kuti nonse muuze ena za Yesu. Tipemphere kuti Mzimu Woyera atithandize kumenya nkondo yabwino ndikuthamanga ndi kupirira.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tichite. Mwatsala pang'ono kumaliza mndandanda wa **Maziko**, koma simudzamaliza kuphunzira Baibulo! Nthawi zonse pali zambiri zoti tiphunzire za Yesu ndi chikhulupiriro chachikhristu.

Kumanani ndi **gulu lanu lobzala** sabata ino kuti mukambirane zomwe mukuchita kuti mupitilize kutsatira Yesu limodzi ndi kulimbikitsana wina ndi mzake. Zili ndi inu momwe mungachitire izi, koma ndi bwino kupitiriza kuthandizana.



Mboni

Pamodzi ndi **Bungwe Lamoyo lanu latsopano**, ndi nthawi yoti muyambe kuitana ndi kulandila anthu ambiri ngati simunatero. Muyenera kuwauza nthawi, tsiku ndi malo omwe mudzakumane. Ganiziraninso zimene munasankha zokhudza malo ndiponso nthawi yoti mudzakumane m'njira imene idzakhala yosavuta kwa anthu amene mukuwafikira.

Mwalankhula kale ndi anthu ena za Life Group yanu ndipo mwawaitana kuti abwere nanu. Onetsetsani kuti akudziwa zambiri zothandizazi ndikuwaitananso, kuwathandiza kumvetsetsa kuti ndi olandiridwa bwino.

Kodi mungamuyitanirenso ndani?

- Mungathe kuitana anthu omwe mumalumikizana nawo mdera lanu. Yang'ananinso pazithunzi za bwalo zomwe mudajambula sabata yatha.
- Mungathe kuitana anthu a m'dera lanu amene achotsedwa pazifukwa zina. Uwu ndi mwayi wowalandira m'banja la Mulungu.
- Mungathe kuitana anthu a m'gulu lanu amene akufunika kulimbikitsidwa kapena amene anaphonya phunzirolo.

Zingakhale bwino kuitana anthu pafupifupi 20. Afotokozereni mmene zimakhallira ndiponso zimene zidzachitike mukadzakumana.

Zothandizira zowonjezera

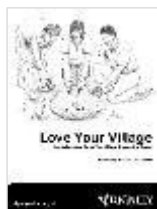
Dignity umapanga zinthu zingapo zosiyanasiyana zomwe mungapeze zothandiza. Zitsanzo zina zili pansipa. Mutha kudziwa zambiri ndikutsitsa zambiri mwazinthu izi pa intaneti pa:

www.dignityonline.org.uk/publications

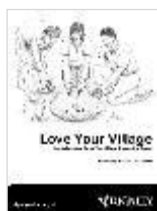
Mutha kulumikizanso ndi a Dignity komweko.

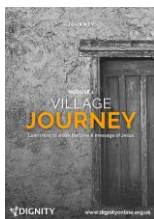


Chomera ndi chida chomwe chingagwiritsidwe ntchito ndi aliyense, kupereka chidziwitso champhamvu cha momwe mungayambitsire Gulu la Moyo. Zimapereka chidziwitso cha chifukwa chake Magulu a Moyo ali lingaliro lamphamvu komanso momwe mungayambitsire ndi kuyendetsa Gulu la Moyo. Ngati mukufuna chitsogozo chopatsa munthu, ichi ndi chida chabwino chogwiritsa ntchito. Kaya mukuyendetsa Gulu la Moyo m'mudzi mwanu kapena mukufuna kubzala pafupi, gwiritsani ntchito **Chomera** ngati chitsogozo chanu komanso kugawana ndi ena.



Mndandanda wa **Kondani Wanu...** ndi maphunziro a Baibulo omwe ali ndi chidwi chenicheni. Yesu anatiuza kuti tizikonda Mulungu ndi anzathu. Mfundozi ziyenera kukhala pamtima pa Gulu lililonse la Moyo. Sitingangoti ndife Akhristu, tiyenera kukonda ndi kukhala ndi moyo ngati mmene Yesu ankachitira. Panopa pali mabuku awiri oti, **Kondani Mudzi Wanu** omwe amafotokoza mmene mungakonde mudzi wathu komanso **Kondani Ana Anu** omwe amafotokoza za malo ndi kufunika kofikira ndi kusamalira ana m'dera lathu.





Atumwi anali ‘otumidwa’ a mpingo woyamba. Paulo ndi atumwi ena anayenda maulendo aakulu achikhulupiriro. Iwo anapeza njira zolankhulirako anthu za uthenga wa Yesu ndipo anatenga nthawi yosonyeza chikondi ndi mphamvu za Yesu m’madera ndi midzi yambiri. Kuyambira pachiyambi iwo anaphunzitsa anthu kukhala mogwirizana ndi choonadi cha Yesu, kufalitsa uthenga ndi chikondi chenicheni cha Yesu kwa iwo eni. Zonse sizinadalire pa atumwi, zimadalira aliyense.

Dignity wapanga Ulendo, njira yokuthandizani kutsatira mapazi a otsatira oyambirira a Yesu. Tikufuna kuti muphunzire momwe mungatengere sitepe imeneyo nokha. Ulendo ndi mndandanda wa ma modules anayi. Mu gawo lililonse muphunzira momwe mungagawire chikondi ndi uthenga wa Yesu pobzala Magulu a Moyo kapena kuthandiza ena kutero. Mutha kupita ku gawo lotsatira ntchito yothandiza ikamalizidwa.

Gawo Lachidule

'Aleluya.

Lemekezani Mulungu m'malo ake oyera;
mlemekezeni m'thambo la mphamvu yake.'

Masalimo 150:1



Kukonzekela

Ukhale nayo:

- Anapempha aliyense kuti abweretse chakudya kuti agawane ngati angakwanitse? Sichiyenera kukhala chakudya chokwanira.
- Funsu wina pagulupo kuti awerenge nkhaniyi?
- Funsu munthu wina m'gululo kuti awerenge ndime ya Baibulo?



Takulandirani & Mayankho

5

mphindi

- Thokozani onse chifukwa chobwera pagulu.
- Yambani ndi pemphero lalifupi losavuta.
- Funsani gulu ngati linachita 'Zochita sabata ino' ndi 'Umboni' za sabata yatha.
- Itanani anthu kuti afotokoze chilichonse chomwe aphunzira kapena akumana nacho pochita ntchitozi.



Kulunjika

Cholinga cha phunziroli sabata ino ndikudzikumbutsa tokha za mfundo zazikuluzikulu zomwe takambirana mu **Maziko 4: Moyo Umakhwima**. Tikondwerera ulendo womwe takhala nawo limodzi ndikuyang'ana kutsogolo zomwe zikubwera.



Vesi Loloweza

5

mphindi

Werengani vesi loloweza pamtima ndi maumboni a m'Baibulo mokweza kwa gulu. Werenganinso m'magawo ang'onoang'ono, kuti gulu libwereze gawo lililonse mukatha. Pang'ono ndi pang'ono werengani m'zigawo zazitali ndipo gulu likubwerezabwereza pang'ono mpaka aliyense anene vesi lonselo. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Aleluya.

*Lemekezani Mulungu m'malo ake oyera;
mlemekezani m'thambo la mphamvu yake.*

Masalimo 150:1



10
mphindi

Itanani anthu 2 kapena 3 kuti afotokoze nkhani yawo ya chikondwerero chomwe akhalapo. Afunseni kuti afotokoze zomwe amakondwerera, momwe amakondwerera komanso momwe zimawapangitsa kumva kukondwerera.

Mutamva nkhani zingapo, funsani momwe aliyense akumvera. Zikuoneka kuti aliyense akumva chimwemwe ndi chisangalalo pamene amalingalira za chikondwerero. Iyi ndi mphatso yamtengo wapatali imene Mulungu watipatsa.



Kudziwa Baibulo

Werengani Yesaya 61:10-11 ku gulu:

¹⁰Ndidzakondwa kwambiri mwa Yehova, moyo wanga udzakondwerera mwa Mulungu wanga; pakuti lye wandiveka ine ndi zovala za chipulumutso, nandifunda chofunda cha chilungamo, monga mkwati avala nduwira, ndi monga mkwatibwi adzikometsa yekha ndi miyala yamtengo. ¹¹Pakuti monga dziko liphukitsa mphundu zake, ndi monga munda umeretsa zobzalamo, momwemo Ambuye Yehova adzaphukitsa chilungamo ndi matamando pamaso pa amitundu onse.



Yesaya 61 akunena za kukondwera mwa Mulungu ndipo amaganizira zonse zimene wachita. Lembala lathu loloweza pamtima la Salimo 150 limatilangiza kutamanda Mulungu. Salmoli

likupitiriza kuti uza kuti tizikondwerera ndi chisangalalo ndi nyimbo!

Pamene tikufika kumapeto kwa mndandanda wa **Maziko** ndikofunika kukondwerera zonse zomwe Mulungu wachita m'miyoyo yathu komanso ulendo umene tayenda limodzi.



30

mphindi

Zochita: Kukondwerera & Kukondwerera

Kuti tisangalale limodzi, tigawana chakudya. Izi zitha kukhala zosavuta - siziyenera kukhala chakudya chokwanira. Konzekerani popanga malo a chakudya.

Yambani ndi kuyimba limodzi nyimbo yotamanda Mulungu!

Itanani aliyense kuti abwere kudzatenga chakudya. Anthu akhoza kukhala m'magulu a anthu atatu kapena anayi kapena gulu lonse. Anthu akamadya, alimbikitseni kuti azifunsana mafunso awa:

- Kodi Mulungu wakuphunzitsani chiyani?
- Kodi nonse mwasintha bwanji pamene munaphunzira zambiri za Mulungu?
- Kodi mumayamikira chiyani?

Mukamaliza kudya, imbani nyimbo yachikondwerero kapena kusangalala ndi kuwomba m'manja mokweza momwe mungathere!



Kuyang'ana mmbuyo pa Maziko 4: Moyo Umakhwima

M'buku lonseli, Moyo Umakhwima, takhala tikuyang'ana mmene miyoyo yathu imasinthira pamene tikukula m'chikhulupiriro chathu. Monga momwe mwana amakulira kukhala wamkulu,

momwemonso m'moyo wathu wauzimu tikhoza kukula ndi kukhwima.

Tinayamba mwa kuphunzira kuti chizindikiro chimodzi cha kukhwima kumeneku ndicho kuphunzitsa ena ndi kupereka moyo umene tapatsidwa.

Tinazindikira kuti chilichonse chomwe tili nacho ndi mphatso yochokera kwa Mulungu, kuyambira ku chipulumutso chathu, nthawi ndi ndalama zathu. Tinaona kuti pamene choonadi ichi chikhazikika pa mitima yathu, kuyankha kwathu ndi kukuthokozani kotero kuti ndife okonzeka kusiya zokhumba zathu, mapulani, chuma ndi nthawi (Baibulo limatcha izi 'kufa kwa ife tokha'). Timagwilitsila nchito bwino mphatso zimenezi pamene tizibweza kwa iye. Izi zimasintha momwe timawonera dziko lapansi, momwe timamvetsetsa malo athu, komanso zokhumba zathu zamtsofola.

Tinaphunzila mmene tingamvetsele kwa Mulungu ndi kumvetsetsa zimene iye amafuna kuti ticite, ndi mmene iye amafunila kuti tikhale ndi umoyo wabwino. Tinaphunzira mmene Mulungu wakhala akutsogolela anthu ake m'mbiri yonse ya anthu, ndipo tinafufuza njira zosiyanasiyana zimene akupitiriza kutitsogolera masiku ano.

Tinaona chitsanzo cha Abrahamu, amene chikhulupiriro chake mwa Mulungu chinamupangitsa kuchitapo kanthu, chikhulupiriro chake chinakula m'kupita kwa nthawi, chinayesedwa ndi kukhala cholimba. Tikamadalira kwambiri Mulungu, kumulola kuti azititsogolera pa zosankha zathu zatsiku ndi tsiku ndi zosankha zazikulu zimene timafunika kuchita, chikhulupiriro chathunso chiyenera kukhwima.

Tinamaliza mwa kuzindikira kuti tili ndi udindo wotsogolera ena, ndipo, mofanana ndi wothamanga wa marathon, kumaliza bwino lomwe mpikisano wathu.



20

mphindi

Kukambirana

Tsopano tiyang'ana m'mbuyo magawo 12 apitawa mu **Maziko 4: Moyo Umakhwima** ndipo khalani ndi nthawi yokambirana mmagulu ang'onoang'ono mfundo zazikuluzikulu zomwe mwaphunzira.

M'magulu a anthu 3 kapena 4, fotokozani zina mwa zimene mwakumana nazo za mmene mwakulira m'chikhulupiriro.

Pomaliza, yesani mavesi 13 a pamtima (kuphatikizapo amakono) ndi kuwona ngati mungathe kuthandizana kukumbukira malemba amene taphunzira.

Ngati pali nthawi, kambiranani mavesi amene mwawaona kukhala othandiza kwambiri kapena amene mwalankhulapo m'njira inayake m'milungu 12 yapitayi.



Kuyang'ana kutsogolo

Tangopeza nthawi yokondwerera zonse zomwe Mulungu wachita pamene taphunzira **Maziko** pamodzi. Tsopano tafika kumapeto. Tingamve chisoni kuti tafika pamapeto. Komabe, tikhoza kuyembekezera mwachisangalalo. Mulungu akali ndi zambiri zoti tiphunzire ndipo, monga taonera, tiyenera kuphunzitsa ena kuti nawonso akule m'moyo watsopano umene Yesu amapereka.

Pali zida 2 zosavuta zomwe mwaphunzira kale zomwe zingakuthandizeni kuchita izi.

Chida 1: Magulu a Moyo ndi Maziko

Ndi **gulu lanu la moyo yatsopano** mwakhala mukuitana anthu ena kuti abwere nanu ndikukonzekera kuwalandira. Tsopano ndi nthawi yoti mupite! Pamodzi mukhoza kutenga anthu kupyola mu maphunziro a Maziko ndi kuwathandiza kuti adziwe Yesu okha. Ganizilani mmene mwapitilila pamene munakumana ndi anzanu. Limodzi ndi Yesu, mutha kuthandiza enanso kuyenda ulendowu!

Chida 2: Kutulukira Phunziro la Baibulo⁸

Mukhoza kuphunzira mbali iliyonse ya Baibulo pogwiritsa ntchito njira yosavuta imeneyi.

Mutha kupitiliza kukumana ndi **gulu lanu lobzala** kapena kugwiritsa ntchito ndi anthu ena omwe mukuwaphunzitsa.

Werengani: Munthu mmodzi amawerenga ndime ya m'Baibulo mokweza.

Fotokozeraninso: Wina pagululo akufotokozanso nkhaniyo m'mawu awoawo.

Lingalirani: Aliyense akukambirana mafunso otsatirawa ndi mayankho awo:

- Kodi ndimeyi ikutiuza chiyani za Mulungu?
- Kodi ndimeyi ikutiuza chiyani za ife eni?
- Kodi pali chilichonse chimene tiyenera kuchita powerenga ndimeyi?

⁸Chitsanzo chogwiritsidwa ntchito pano chachokera pa njira ya Discovery Bible Study, njira yosavuta yodzionera nokha zimene Baibulo limanena pa nkhani zofunika kwambiri pa moyo. Linapangidwa ndi David L. Watson ndi Paul D. Watson. Mutha kudziwa zambiri pa: <https://www.dbsguide.org/>

Unikaninso: Sankhani pagulu zomwe aliyense achite powerenga ndimeyi, yemwe akuyenera kumva nkhaniyo komanso momwe mungawafotokozere.

Mudzi

Chida chilichonse chomwe mumagwiritsa ntchito pophunzitsa ena ndi kuphunzira limodzi, ndikofunikira kukumbukira kuti tiyenera kugawana nawo moyo wathu ndi anthuwa. Kumbukirani nkhani za Jackie Pullinger amene anapita kukakhala ku Walled City ku Hong Kong ndi David Wilkerson amene anakhala zaka zambiri limodzi ndi achifwamba ku New York. Jackie ndi David sanangouza anthu zoyenera kuchita, koma ankasonyeza anthu mmene kumaonekera kutsatira Yesu pogawana moyo wawo ndi anthu oyandikana nawo. Zimenezi zinali zamphamvu kwambiri ndipo anthu ambiri anabwera kwa Yesu.

Kugawana moyo wathu ndi anthu kumatanthauza kuti timawakonda, timawasamalira komanso timawalola kuti azitikonda komanso kutisamalira. Tiyenera kuwalola kuti azitiona mmene tilili.

Tiyenera kupanga gulu pogawana moyo wathu. Tikamachita zimenezi, ophunzira athu adzakhala amphamvu pamene anthu amaona Yesu pa moyo wathu.



15
mphindi

Pemphero

M'magulu ang'onoang'ono khalani ndi kamphindi kakang'ono kugawana zopempha zomwe zakhala zikuchitika mu gawoli. Mwina mungagawireko mfundo zoyamika pa zinthu zimene mwaona Mulungu akuchita mwa inu ndi kupyolera mwa inu pamene mukugwira ntchito m'bukuli. Muthanso kugawana nawo

mapemphelo amadera omwe mukuwona kuti akufunikabe ntchito, kapena kuchita bwino.

Mukagawana mfundo zoyamika izi ndi zopempha, khalani ndi nthawi mugulu lanu kuti mupemphererane wina ndi mzake.

Pomaliza, monga gulu lonse, pempherani limodzi pemphero ili:

Ambuye Yesu,
Zikomo kuti ndinu abwino ndipo simusintho.
Zikomo kuti munatifera kuti tikudziweni.
Tikukuyamikani chifukwa cha zomwe muli!
Zikomo kuti mumatidziwa komanso mumatikonda.
Zikomo kuti mukutipanga kukhala ngati inu.
Timakutamandani chifukwa cha kukoma mtima kwanu.
Zikomo kuti mukudziwa komanso kukonda anthu otizungulira.
Zikomo kuti mumatipempha kuti muwawonetse chikondi chanu.
Timakutamandani chifukwa cha kukhulupirika kwanu.
Amene.



Zochita sabata ino

Mlungu uliwonse pali homuweki yoti tichite. Sabata ino kumana ndi gulu lanu lobzala ndipo khalani ndi nthawi yokumbukira zonse zomwe Mulungu wakuphunzitsani komanso mapemphero omwe wakuyankhani pamene mukuphunzira Maziko limodzi.

Pezani njira yomutamandira pamodzi. Mukhoza kuimba, kupemphera, kugawana nkhanu yanu ndi ena, mutha kupereka ndalama kapena nthawi kuthandiza wina monga njira yobwezera kwa Mulungu mu chitamando.



Mboni

Ndi gulu lanu la moyo yatsopano, pemphererani aliyense amene mwamuitana kuti akhale nawo mgululi. Mukhoza kupempha Mulungu kuti akonzekeretse mitima yawo ndi kulankhula nawo. Tangoganizirani mmene anthuwo akumverera - angakhale okondwa, amanjenje, ochita chidwi, amantha - ndikupemphera kuti Mulungu akumane nawo pomwe iwo ali ndi kuwapatsa moyo watsopano.

Tsopano pitilizani kukhala ndi gawo lanu loyamba ndi onse omwe mwawayitana!

Kumbukirani momwe gulu lomwe mwakhalamo lakula ndikusintha pazaka zambiri. Osadandaula ngati anthu ochepa abwera pamene Life Group yanu yatsopano ikupita, kapena ngati zinthu sizikuyenda momwe munakonzera. Kumbukirani kuti mukugwira ntchito limodzi ndi Mulungu. Nawa ndime 2 za m'Baibulo zokulimbikitsani tikamaliza.

*¹⁰Pakuti monga mvula imagwa pansi ndi matalala,
kuchokera kumwamba yosabwerera komweko, koma
ikhamiza nthaka ndi kuibalitsa, ndi kuiphukitsa, ndi
kuipatsitsa mbeu kwa wobzala, ndi chakudya kwa wakudya;
¹¹momwemo adzakhala mau anga amene atuluka m'kamwa
mwanga, sadzabwerera kwa lne chabe, koma adzachita
chimene ndifuna, ndipo adzakula m'mene ndinawatumizira.
Yesaya 55:11*

*²⁰Ndipo kwa lye amene angathe kuchita koposaposatu zonse
zimene tizipempha, kapena tiziganiza, monga mwa
mphamvu ya kuchita mwa ife, ²¹kwa lye ukhale ulemmerero*

*mu Mpingo ndi mwa Khristu Yesu, kufikira mibadwo yonse
ya nthawi za nthawi. Amen.*

Aefeso 3:20-21

Mavesi Oloweza

‘Ndipo Yesu anadza nalankhula nao, nanena, Mphamvu zonse zapatsidwa kwa Ine Kumwamba ndi padziko lapansi. Chifukwa chake mukani, phunzitsani anthu a mitundu yonse, ndi kuwabatiza iwo m'dzina la Atate, ndi la Mwana, ndi la Mzimu Woyera: ndi kuwaphunzitsa, asunge zinthu zonse zimene ndinakulamulani inu; ndipo onani, Ine ndili pamodzi ndi inu masiku onse, kufikira chimaliziro cha nthawi ya pansi pano.’

Mateyu 28:18-20

‘Monga Mwana wa Munthu sanadze kutumikiridwa koma kutumikira, ndi kupereka moyo wake dipo la anthu ambiri.’

Mateyu 20:28

‘Ndipo anadziitanira khamulo la anthu pamodzi ndi ophunzira ake, nati kwa iwo, Ngati munthu afuna kudza pambuyo panga, adzikanize yekha, nanyamule mtanda wake, nanditsate Ine.’

Marko 8:34

‘Ndipo chikondi ndi ichi, kuti tiyende monga mwa malamulo ake. Ili ndi lamulolo, monga mudalimva kuyambira pachiyambi, kuti mukayende momwemo.’

2 Yohane 1:6

‘Koma atadza lyeyo, Mzimu wa choonadi, adzatsogolera inu m'choonadi chonse; pakuti sadzalankhula za Iye mwini; koma zinthu zilizonse adzazimva, adzazilankhula; ndipo zinthu zilinkudza adzakulalikirani.’

Yohane 16:13

‘Muyendere munzeru ndi iwo akunja, kuchita machawi nthawi ingatayike.’

Akolose 4:5

‘Mbuye wake anati kwa iye, Chabwino, kapolo iwe wabwino ndi wokhulupirika; unali wokhulupirika pa zinthu zazing'ono, ndidzakhazika iwe pa zinthu zambiri; lowa iwe m'chikondwerero cha mbuye wako.’

Mateyu 25:21

‘Kuti m'chitsimikizo chachikulu cha chisautso, kuchulukitsa kwa chimwemwe chao, ndi kusauka kwao, kwenikweni zidachulukira ku cholemera cha kuolowa mtima kwao.’
2 Akorinto 8:2

‘Koma musaiwale kuchitira chokoma ndi kugawira ena; pakuti nsembe zotere Mulungu akondwera nazo.’
Ahebri 13:16

‘Koma iwo amene alindira Yehova adzatenganso mphamvu; adzauluka pamwamba ndi mapiko monga ziombankhanga; adzathamanga koma osalema; adzayenda koma osalefuka.’
Yesaya 40:31

‘Ndipo iwe, mwana wanga, limbika m'chisomo cha mwa Khristu Yesu. Ndipo zimene wazimva kwa ine mwa mboni zambiri, zomwezi uikize kwa anthu okhulupirika, amene adzadziwa kuphunzitsa enanso.’
2 Timoteo 2:1-2

‘Chifukwa chake ifenso, popeza tizingidwa nao mtambo waukulu wotere wa mboni, titaye cholemetsa chilichonse, ndi tchimoli limangotizinga, ndipo tithamange mwachipiro makaniwo adatiikira, ndi kupenyera woyambira ndi womaliza wa chikhulupiro chathu, Yesu, ameneyo, chifukwa cha chimwemwe choikidwacho pamaso pake.’
Ahebri 12:1-2a

‘Aleluya.
Lemekezani Mulungu m'malo ake oyera;
mlemekezeni m'thambo la mphamvu yake.’
Masalimo 150:1

Mndandanda wa Zithunzi

Chifanizo

Chivundikiro cha

kutsogolo

Tsamba Laudindo 1

Tsamba Laudindo 2

Gawo 3 Tsamba
Laudindo

Gawo 4 Tsamba
Laudindo

Gawo 5 Tsamba
Laudindo

Gawo 6 Tsamba
Laudindo

Gawo 7 Tsamba
Laudindo

Gawo 8 Tsamba
Laudindo

Gawo 9 Tsamba
Laudindo

Gawo 10 Tsamba
Laudindo

Gawo 11 Tsamba
Laudindo

Gawo 12 Tsamba
Laudindo

Gawo 13 Tsamba
Laudindo

Tsatanetsatane wa Chithunzi

Chithunzi chojambulidwa ndi Scott Webb pa

Unsplash

Chithunzi chojambulidwa ndi Michael Syoma pa

Unsplash

Chithunzi chojambulidwa ndi Vladimir Soares pa

Unsplash

Chithunzi chojambulidwa ndi Ryunosuke Kikuno pa

Unsplash

Chithunzi chojambulidwa ndi Daiga Ellaby pa

Unsplash

Chithunzi chojambulidwa ndi Bantersnaps pa

Unsplash

Chithunzi chojambulidwa ndi Frida Bredesen pa

Unsplash

Chithunzi chojambulidwa ndi Mi Pham pa Unsplash

Chithunzi chojambulidwa ndi Josh Appel pa

Unsplash

Chithunzi chojambulidwa ndi Antoine Pluss pa

Unsplash

Chithunzi chojambulidwa ndi Mathew Schwartz pa

Unsplash

Chithunzi chojambulidwa ndi Yan Berthemy pa

Unsplash

Chithunzi chojambulidwa ndi Gene Devine pa

Unsplash

Chithunzi chojambulidwa ndi Dayso pa Unsplash

**Tsopano popeza mwamaliza
mabukuwa, bwanji osawagawira ndi
kuthandiza kuyambitsa gulu lina?
Buku la *Chomera* lingakhale
lothandiza ndi izi!**

MAZIKO 4:

Moyo Umakhwima

Maziko ndi njira yomwe imathandizira anthu kufufuza ndi kukula mu ubale wawo ndi Mulungu ndipo amawalimbikitsa kuti atumikire dera lawo. Zinalembedwa kuti zizipereka zida zapamwamba kwambiri zomwe zitha kugwiritsidwa ntchito m'malo osiyanasiyana okhala ndi magulu azikhalidwe padziko lonse lapansi. Maziko ndi gulu la mabuku anayi, chilichonse chomwe chimakhala ndi magawo khumi ndi atatu ogwirizana.

Maziko alembedwa ndi olemba alendo odzipereka a alendo ochokera padziko lonse lapansi ndikulemba komanso kusintha mwa Dignity.

Maziko 4: Moyo Umakhwima umawona kuti ndi Achikristu okhwima bwanji. Buku ili limanyamula mitu ya mndandanda wina wonsewo koma ndikukulitsa.

Lumikizanani nafe pa

hello@dignityonline.org.uk kapena

+44 (0)7340 573 937. Pamitengo yathunthu:

www.dignityonline.org.uk/publications.

Chewa 1st Edition

Mapangidwe: The Message Trust

Zithunzi: Scott Webb/Unsplash



www.dignityonline.org.uk