

CONSCIOUS EATERY

## JUICES



CROWN CHAKRA JUICE

43DHS

Melon, coconut water, ashwagandha and lime.

Affirmation: I know myself





3RD EYE CHAKRA JUICE 43DHS

Cabbage, red apple, celery, watermelon and lemon.

Affirmation: I trust myself





THROAT CHAKRA JUICE

43DHS

Pineapple, cucumber, green apple, blue spirulina and mint.

Affirmation: I express myself





HEART CHAKRA JUICE 43DHS

Cucumber, green apple, celery, parsley,

ginger and lemon.

Affirmation: I forgive myself





SOLAR PLEXUS CHAKRA JUICE

43DHS

Pineapple, celery, red apple, fennel, aloe vera,

ginger and lime.

Affirmation: I accept myself





SACRAL CHAKRA JUICE

43DHS

Carrot, orange, grapefruit, turmeric and lemon.

Affirmation: I enjoy myself





ROOT CHAKRA JUICE

43DHS

Beetroot, green apple, carrot, ginger and lemon.

Affirmation: I care for myself





## SHOTS

## WELLNESS-O'CLOCK 25DHS

Orange, turmeric, cayenne pepper, coconut water and echinacea oil.



## GREEN LIGHT 25DHS

Green apple, cilantro, green spirulina, ginger and mint.



## PURE BLACK 25DHS

Red apple, charcoal, ginger and lemon.



## SUPERCHARGE 25DHS

Pineapple, grapefruit, apple cider vinegar, coconut water and bee pollen.



#### WOOWOO 25DHS

Pineapple, celery, blue spirulina, ginger and mint.



### SMOOTHIES

#### ADD WHEY OR VEGAN PROTEIN -VANILLA / CHOCOLATE +10DHS

### MATCHA MINDFUEL BREAKFAST **SMOOTHIE 55DHS**

Ceremonial grade matcha, frozen banana, mango, avocado, chia seeds, toasted walnuts, orange juice, cashew milk and dates.



## **PASSION COLADA 52DHS**

Passionfruit pulp, pineapple, coconut flesh, coconut cream, coconut water, lime juice and agave syrup.



## **BERRY GOOD** 55DHS

Mixed berries, beetroot, avocado, chia seeds, goji berries, cashew milk and dates.



## MANGO LASSI **55DHS**

Mango, banana, ginger, turmeric spice mix, coconut yoghurt, coconut milk and honey.



### WATERFALL 55DHS

Apple, mango, avocado, spinach, lime, coconut water and dates.



## **BLUEBERRY CACAO 55DHS**

Blueberries, cacao powder, coconut butter, avocado, cinnamon, blue spirulina, coconut milk and dates.



## STRAWBERRY SCREAM **55DHS**

Strawberries, banana, cashew butter, chai spice mix, cashew milk and dates.



## **POWERPLANT 55DHS**

Banana, peanut butter, cacao powder, spinach, hemp seeds, hazelnut milk and dates.



## **COFFEINI**

**55DHS** 

Frozen banana, tahini, shot of espresso, cacao powder, himalayan salt, oat milk and dates.



#### UNICORN 37DHS

Jasmine needle tea, ginger, honey, sapphire, coconut water and lemon.



## GRAPEFRUIT SPRITZER 33DHS

Grapefruit, thyme, sparkling water and agave.



## BERRY-ROSE LEMONADE 33DHS

Berry pulp, rose water, sparkling water and agave.



# HOMEMADE RUSH HOUR ICED TEA 33DHS

Overnight brewed Avantcha berry tea and agave.



## HOMEMADE TROPICAL ROOIBOS ICED TEA 33DHS

Overnight brewed Avantcha rooibos tea and agave.



## FRESH MINT SLUSHIE 33DHS

Lemon, fresh mint, crushed ice, water and agave.



## SUNSHINE MIMOSA 40DHS

Carrot juice, orange juice, champagne and orange infused syrup.



## SUPERFOOD LATTES

#### STANDARD WITH OAT MILK, CHANGE TO ALMOND, COCONUT OR SOY MILK +3DHS

HOT 40 DHS
CHANGE MILK +3DHS
EXTRA COFFEE SHOT +6DHS

ICED 42 DHS
CHANGE MILK +3DHS
EXTRA COFFEE SHOT +6DHS

### MATCHA VANILLA LATTE

Matcha tea, Madagascan vanilla and coconut extract.





### CACAO-CHAGA LATTE

Chaga mushroom, raw cacao and coconut extract.





## TURMERIC LATTE

Turmeric, cinnamon, black pepper and coconut extract.





### CHAI LATTE

Chai spice mix, coconut nectar and blue spirulina.





### COSMIC LATTE

Butterfly pea powder, ashwagandha, maca, astragalus root and blue spirulina.

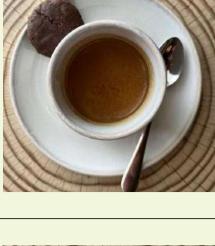




## COFFEES AND MATCHAS

CHOOSE BETWEEN ALMOND, OAT, COCONUT, OR SOY MILK +5DHS ADD EXTRA SHOT COFFEE OR <u>DECAF</u> (+6DHS) **EXTRA SHOT DATE CARAMEL (+10DHS)** 

## **ESPRESSO 27DHS**



## **CORTADO 31DHS**



## **MACCHIATO 31DHS**



**MANNACCINO** 

**34DHS** 

**CAPPUCCINO** 

**34DHS** 



(Caffeine-free organic coffee substitute)



**AMERICANO** 

**FLAT WHITE** 

**34DHS** 







HOT 34DHS ICED 37DHS

**LATTE** 



**MATCHA LATTE** 

**MOCHA** 





40DHS

HOT 37DHS ICED 39DHS

Peach pulp, ice, ceremonial grade matcha and milk of your choice.

**PEACH ICED MATCHA** 



## Mashed summer berries, ice, ceremonial grade matcha and milk of your choice.

**MATCHA-BERRY ICED LATTE** 

40DHS



## **COCO MINT MATCHA 40DHS** Mashed raspberries, fresh mint, ceremonial

grade matcha and coconut water.



## **PEACH ESPRESSO TONIC 50DHS** Peach pulp, tonic water and double espresso.

#### AVANTCHA TEAS - 30DHS

PEACH & PEAR - White Tea

JASMINE MAO JIAN - Green Tea

MOROCCAN MINT - Green Tea

ORGANIC ENGLISH BREAKFAST - Black Tea Blend

MAJESTIC EARL GREY - Black Tea

CHAMOMILE COOLER - Herbal

ROOIBOS VANILLA EARL GREY - Herbal

RUSH HOUR BERRY - Herbal

