



## TED – HAIR RESORATION AFTER CARE TREATMENT GUIDELINES

### BEFORE CARE INSTRUCTIONS:

- Arrive with CLEAN & DRY hair and without hair products applied to the scalp or hair.
- You will have a series of scalp and hair pictures taken.
- SUPPLEMENTS: there are many products to stimulate and enhance hair growth. TSSWC has partnered with NUTRAFOL™. If you are interested, please let us know.

### AFTER CARE INSTRUCTIONS:

- After your Alma-TED treatment, do NOT wash your hair for 12-24 HOURS.
- Use gentle shampoo (we recommend baby shampoo) for 3 days following treatment.
- We recommended that you do not have your hair colored for at least 5 days following the treatment.
- Minimize excessive sweating for 24 hours (do not do intense exercise or activities that will promote excessive sweating).
- Treatments are recommended at 4-6 week intervals  
\*(# of treatments are determined by your response and desired results)\*.
- Touch-up treatment at 6-12 months if or as needed.

If you have questions or concerns, please contact us:  
phone: (503 691-2000), email: [ma@huebertssc.com](mailto:ma@huebertssc.com), website: [huebertssc.com](http://huebertssc.com).

*"You only have one body,  
your best investment is in yourself" -Lexi H*

*We hope you get great results and had a great experience!*