



# SOCIOLOGY

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## 3 WEEK STUDY PLAN

### Week 1: Institutions & Social Patterns

#### Day 1:

- Read Chapter 18 (Work and the Economy)
- Read Chapter 16 (Education)
- Summarize key functions of economic and educational institutions

#### Day 2:

- Read Chapter 14 (Marriage and Family)
- Read Chapter 19 (Health and Medicine)
- Create flashcards for family structures and healthcare systems

#### Day 3:

- Read Chapter 17 (Government and Politics)
- Read Chapter 15 (Religion)
- Compare different political and religious institutions

#### Day 4:

- Read Chapter 20 (Population, Urbanization, and the Environment)
- Take notes on demography, urbanization, and environmental sociology

#### Day 5:

- Review all readings from Week 1
- Take a practice quiz on institutions & social patterns

#### Day 6:

- Watch related sociology videos on YouTube (e.g., CrashCourse Sociology)
- Discuss concepts with a study partner or explain them aloud

#### Day 7:

- Complete a full-length practice test on institutions

## **Week 2: Social Processes & Stratification**

**Day 8:**

- Read Chapter 21 (Social Movements and Social Change)
- Read Chapter 3 (Culture)
- Make a concept map on social movements and cultural norms

**Day 9:**

- Read Chapter 7 (Deviance, Crime, and Social Control)
- Read Chapter 6 (Groups and Organizations)
- Define key theories of deviance & group interactions

**Day 10:**

- Read Chapter 4 (Society and Social Interaction)
- Read Chapter 5 (Socialization)
- Practice applying socialization theories to real-life scenarios

**Day 11:**

- Read Chapter 13 (Aging and the Elderly)
- Read Chapter 9 (Social Stratification in the U.S.)
- Compare functionalism, conflict theory, and symbolic interactionism on aging

**Day 12:**

- Read Chapter 17.1 (Power and Authority)
- Read Chapter 12 (Gender, Sex, and Sexuality)
- Take notes on power structures and gender roles

**Day 13:**

- Review all readings from Week 2
- Take a practice quiz on social processes & stratification

**Day 14:**

- Complete a full-length practice test on social processes & stratification

## **Week 3: Advanced Topics & Final Review**

**Day 15:**

- **Read Chapter 11 (Race and Ethnicity)**
- **Read Chapter 9.1 & 9.2 (Social Stratification & Mobility)**
- **Create a comparison chart of different social classes and race/ethnicity concepts**

**Day 16:**

- **Read Chapter 18 (Work and the Economy – Review)**
- **Discuss labor market inequality, workplace trends, and social mobility**

**Day 17:**

- **Review all flashcards and notes from previous weeks**
- **Identify weak areas and re-read relevant sections**

**Day 18:**

- **Take a full-length practice test covering all topics**
- **Review mistakes and revisit weak areas**

**Day 19:**

- **Watch sociology documentaries or TED Talks to reinforce concepts**

**Day 20:**

- **Do a final review session: Summarize key concepts in a notebook**

**Day 21 (Exam Day Prep):**

- **Relax, skim over notes, and get a good night's sleep**