



CARE PACKS

Have you ever wanted to help someone in need but found yourself with nothing to offer? Stock your car with pre-packed bags containing items that address basic human needs such as hunger, hygiene, and clothing accessories.

Pack a ziplock bag with any of the items below and keep in your car ready to hand out as needed.

Food/Drink:

Bottled water
Tuna/Chicken packets (not cans)
Granola bar or cereal bar
Crackers with peanut butter or cheese
Pretzels, chips, fruit snacks, etc
Gift certificate to fast food

Hygiene:

Deodorant
Toothbrush/toothpaste
Shampoo/soap
Nail clippers
Hand wipes
Pack of Kleenex
Comb or small brush
Mints/gum
Maxi pads

Other:

Rain poncho, Socks, gloves, hat, scarf
Band Aids
Chapstick