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# I. EXECUTIVE SUMMARY





Brianna Zhang Co-founder

Growing up as a dancer, spending time in the studio was my favorite part of the week. I loved wearing ballet slippers, learning combinations, and bonding with teammates. But I'll never forget the feeling of sitting at the dinner table with my parents, adding up the costs of dance lessons, costumes, and shoes, only to realize I had to give up what I loved. Too ashamed to ask for help, I felt alone.

This is the heartbreaking reality many young athletes face today, where financial barriers block them from participating in activities that build character, teach teamwork, and develop leadership. No child should have to choose between pursuing their passion and their economic circumstances. That's why my team and I are committed to helping kids access sports—so every child has the opportunity to play, grow, and feel included.

## **Problem**

Youth sports are a cornerstone of childhood. Whether that's playing tag on the playground or competing in soccer, physical activity is a need in adolescence. However, many children in Southwest Michigan lack access to these opportunities due to high costs and limited school-supported programs. As a result, thousands of children are excluded from a vital aspect of their development, leading to inequities that hinder their physical, social, and emotional growth.



60% of families report financial strain from youth sports

-2022 Lending Tree survey<sup>2</sup>

## Project Mission: To make youth sports more equitable and build future leaders.

In 2023, we started Leaders for Youth Sports, a one-and-a-half-year-long project entirely led by youth volunteers. We would assist kids in Southwest Michigan by raising awareness about the importance of sports, hosting free sports opportunities, conducting research, advocating for sports programs in schools, and providing resources to families struggling to pay for these activities.

## **Project Goals**



## **Participation**

Raise \$10,000 in contributions to support youth sports initiatives, such as events and equipment donations.



#### Leadership Create 15 leaders

Create 15 leadership positions for teenagers and opportunities for local adults to get involved.



### **Awareness**

Educate 10,000 community members about sports inequities and the benefits of sports participation.



Support 500 children in sports participation by providing resources, free opportunities, and advocacy.

## **Evaluation of Gaps and Opportunities**

Several prominent organizations in our community operate in sports equity, such as the YMCA, which provides inclusive physical activity facilities for people of all ages. While these organizations have made significant strides, there are still gaps that remain unaddressed. Few organizations support children in their critical elementary-aged years. These children face several barriers to sports, including high equipment costs, lack of transportation, and limited free opportunities. Even fewer have focused on youth leadership, which, as teenagers ourselves, is a major priority of ours. With Leaders for Youth Sports, sports equity for children meets youth leaders to make an impact. We also evaluated our strengths and weaknesses as a volunteer organization. Our strength as local students is that we have connections with schools and sports programs for collaborations. However, while youth leadership is energetic, a weakness is that we are less professionally experienced than other organizations.



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## **Quality Management**

### Schedule



Key metric: Adherence to timeline and deadlines

Month-by-month project timeline, individual event agendas, and weekly task lists

## **Delegation**



Key metric: Completion of a range of responsibilities

Assigned work to student volunteers and Board of Directors according to skills

#### **Financials**



Kev metric: Maintained financial health records

Regular calls with Treasurer for financial planning; recorded all income and expenses

## **Analysis of Potential Risks**

### **Potential Risks**

#### Low Volunteer Retention

Risk: Low



**Response Strategy** 

**Leveraged honors societies** to invite students in need of volunteer hours Exit surveys to get feedback and improve future opportunities

#### **Limited Event Engagement**

Moderate -



Social media posts weekly

Media features such as radio, articles, videos, and live television news

Advertisements on school platforms

#### Failure to Meet Fundraising Goals

High



Multiple streams of income, including sponsors, grants, event registration

Realistic financial goals through thoroughly tracked finances

## **Project Budget**

501(c)(3) Office Expenses Miles 4 Smiles 5K 2023 Ugandan Sports Day with ECDC 2nd Annual Miles 4 Smiles 5K 2O24 Lawrence Elementary School Sports Kits Sports Equipment Drive 2024-25

\$91.53 \$1,444,74 \$1,648.48 \$1,114.41 \$525.00 \$24.50

\$4,848.66

We created a detailed budget to plan expenses for each event. This helped us set realistic fundraising goals, track financial progress, and ensure the efficient allocation of resources to maximize the impact of our efforts.

## Total

## **Timeline of Events**

Jun '23 - Oct '24 **Fundraising** 



March 2024 Funded by Project Play



October 2024 2nd Annual 5K



October 2023 Miles 4 Smiles 5K



- Oct 2024 501(c)(3) Incorporation



December 2024 Sports Kit Distribution



Dec '23 - Jan '24 Sports Equipment Drive



Apr '24 - Feb '25 Sports Equity Survey



Dec '24 - Jan '25



February 2024 Ugandan Sports Day



August 2024 Launched Website





Five More Events Planned





## **Monitoring**

## **Meetings and Calls**

We regularly held meetings (both in-person and virtual) with team members and collaborators, ensuring team bonding and smooth and concise event planning.

#### **Emails**

We frequently sent updates and other communications to the Board of Directors, Team of Advisors, and collaborators to keep everyone on the same page.

### Google Classroom

We used Google Classroom to monitor the Team of Advisors and Branch Leaders as they managed event coordination, grant applications, and social media posts.

## Controlling

**Problem** 

Communication Issues

Transition to a Legal Enterprise **Limited Marketing Opportunities** 

Recruitment **Issues** 

## Solution

#### Responsibilities:

- Used to-do lists Delegated at least a month in advance

#### Timelines:

- Placed important dates placed in a Google Calendar Repeated
- communication about events and meetings

Legality Issues:

• Asked legal firms for lawyers to be our adult representatives

- Funding:

   Made a single nonprofit associated bank account to consolidate our funds
  - Managed by Treasurer and Secretáry

- Lack of Accessibility:
  Persistently reached out for opportunities
  Employed risk
  - management strategy and used alternative methods
- Utilized our own social media
- Contacted local school districts

#### **Board Members:**

Contacted a hospitality manager for more professional connections

#### **Branch Leaders:**

- Connected with classmates
- Advertised leadership on social media

## **Key Metrics**



Total Value of Contributions

Team Members

People Our Mission Reached

Youth Helped

## **Lessons Learned**

## Initiating



Manage legal issues

### Planning & Organizing



Increase event publicity

### **Execution**



Prevent timeline delays

# **Monitoring &**



Lead several projects

## **Recommendations for Future Projects**

## **Branch Out**

Expand the mission to involve teens and aid children in more communities.

## **Diversify Events**

Host new events to increase methods of assisting and educating youth.

## **Increase Publicity**

Increase advertisements and social media presence to raise awareness.



