

Extra-Curricular PROGRAMME 2025/26



This Scholastic Year, our extra-curricular clubs target different ages and interests to complement our previous varied programme, together with some new additions. All extra-curricular programmes at San Anton School are registered with the Malta Qualifications Council and are credited

to the student's School Leaving Certificate.

Registration Number for School Leaving Certificate & Profile – Informal Learning is SLC12000.

All programmes will commence at 3.00pm, and will be of 60 minutes duration as specified, finishing at 4.00pm, except for the Cooking Clubs which are of 90 minutes duration, finishing at 4.30pm.

Places are limited and applications are accepted on a first come first served basis.

All clubs and programmes are subject to satisfying the minimum numbers required per group.

You may reserve your child's spot on the booking link provided. Fees for school-organised extra-curricular activities will be invoiced on your MySchool account for your convenience.





Extra-Curricular COOKING CLUB

GRADES 4-7 & GRADES 8-9

Our popular cooking club is back!

During each session the junior chefs will acquire hands-on basic cooking and baking skills to learn to cook confidently.

Tutor: Ms Claudine Bonavia



Tuesdays: Grades 4-7 Thursdays: Grades 8 & 9

3pm Duration: 1.5hr

€180 per term inclusive of all ingredients which will be provided.



BOOK NOW

SAN ANTON SCHOOL AFTER SCHOOL SPORTS ACTIVITIES

SCHOLASTIC YEAR 2025-2026

The P.E. Dept. will again be offering its after school programme for the forthcoming scholastic year 2025/26 and is accepting new registrations from all sectors as per registration form below with immediate effect.

All the sessions focus on improving general fitness, neuro-motor and technical skills, but we also try to maintain the FUN element which is so essential for students to continue participating in physical activity.

Applications are being accepted on a first come first served basis. All programmes are subject to satisfying the minimum numbers required per group, but once the limit has been reached in a particular session, no further registrations will be accepted.

Although applicants will be encouraged to choose another sport in cases of oversubscription in a particular discipline or if a discipline has to be cancelled due to the lack of registrations, refunds will be issued to applicants who will not be able to change their options.

Finally, as a reminder, Senior school students should gain MQC credits when attending the SASSC programme/s (this should be applied for on the pertinent MQC forms and submitted to Mr Roberto and the school for signature and school stamp respectively). For further details, kindly verify this with the relevant school authorities.

Please note that the **DEADLINE TO SUBMIT the AFTER-SCHOOL SPORTS APPLICATION is by: noon of** <u>Wednesday 17th September 2025</u>. (Link to application Form will not be available after this date).

	Monday	Tuesday	Wednesday	Thursday	Friday
FUNdamentals Athletics		Fitness & FUNdamentals Athletics Gr 3-6			
Specialised Athletics		Athletics Gr 7-10		Athletics Gr 5-7	
Martial Arts		Karate Gr 6-9			
Basketball			Basketball Gr 2-3		
Handball				Handball Gr 3-7 (split according to ages)	
Football				Swimming Gr 4-6	Swimming Gr 7-9
Multisport	Multisport Gr 4-7				

Summary of programme

Note: Should a group of parents want to organise an afternoon van; the school can provide you with a contact number. Please note that the school will not take any responsibility for vans organised by parents.

IMPORTANT GENERAL NOTES

Please print these two pages and keep them handy.

- All after school sports sessions will be held at San Anton School.
- Sessions will commence on <u>Wednesday 1st October 2025</u> and end on <u>Friday 29th May 2026</u>.

Divided in three Terms: Term 1: Wednesday 1st Oct 2025 – Friday 20th Dec 2025. Term 2: Wednesday 7th Jan 2026 – Friday 27th March 2026. Term 3: Tuesday 14th April 2026 – Friday 29th May 2026.

- All after school sessions **commence at 3.00pm** and **finish at 4.15/20 pm**. It is of utmost importance that you call for your children on time. There will be **NO SUPERVISION after 4:30pm**.
- After school sessions are only held on a school day. Therefore, if it's a school holiday there will be NO after school sport sessions.
- Applicants must pay the yearly fee on commencement of Term 1. Please note that **no refunds will be** given for students who do not continue to attend sessions without a valid reason.
- All student attendances will be checked against a registration list from the very first session. Kindly DO
 NOT send students who are not registered as they will not be allowed to participate in the session.
- All coaches are qualified in their respective areas.
- The P.E. Dept. reserves the right to cancel any after school sports activity should there not be enough registration for that particular activity. (Refunds will be given to already registered students).
- For Handball related queries kindly read the next point whilst for any other information please contact
 Mr. Roberto Pisani (Head of Physical Education Dept.) on sports@sananton.edu.mt.
- Kavallieri Handball Club Schools Project is responsible for the running of the Handball after school programme. Contact person: Ms Ilenia Xuereb Mobile: 79292556 Email: kavallierihandballclub@gmail.com

Swimming

- This year we are introducing swimming. Kindly note the following important points relevant for swimming since they differ from the rest of the other after school sports.
- Sessions will commence on <u>Wednesday 1st October 2025</u> and end on <u>Friday 26th June 2026</u>.
 Divided in three Terms: Term 1: Wednesday 1st Oct 2025 Friday 20th Dec 2025.
 Term 2: Wednesday 7th Jan 2026 Friday 27th March 2026.

Term 3: Tuesday 14th April 2026 – Friday 26th June 2026.

- After school swimming sessions are only held on a school day. Therefore, if it's a school holiday there will be NO after school sport sessions.
- A Van to Ta'Qali will be organised by the school. Kindly note that there will be no supervision on the van and the swimming coach will be waiting for the students at Ta'Qali.
- Please note that no San Anton School educators or personnel will be present at Ta' Qali; students will be under the care of the swimming coach, who will be waiting to receive them upon their arrival by van.
- All after school swimming sessions commence at 3:15pm and finish at 4:15pm. It is of utmost importance that you call for your children on time. There will be NO SUPERVISION after 4:15pm.
- Applicants must pay the yearly fee on commencement of Term 1. Please note that **no refunds will be** given for students who do not continue to attend sessions without a valid reason.
- All coaches are qualified.
- The **P.E. Dept. reserves the right to cancel Swimming should there not be enough registration**. Registration is on first come first served bases. (Refunds will be given to already registered students).

Sports Organised by San Anton School

ATHLETICS

- Fitness & FUNdamentals Athletics: One group session per week for grades 3-6 will focus on fundamentals with an emphasis on FUN and will include an updated variety of athletics activities- running, jumping, throwing, plus fun games as per IAAF (International Athletics Federation) recommendations. These sessions will include ageappropriate fitness activities.
- Specialised Athletics: Two separate sessions will be held on Tuesdays for Grades 7 -10 and Thursdays for grades 5-7 only. These will be limited to smaller groups (max 12 students) and slightly more specialised coaching under Coach Vladimir. (If a student does not reach the required level, they might be asked to shift to the Fundamentals Group on Tuesdays).

For Specialised Athletics, a first come first serve bases will have to be applied. Should there be a long waiting list another slot, probably on a Wednesday, will be offered. This all depends on the number in the waiting list.

Further athletics coaching (outside school) can be offered to Grade 11 and 12 students who are interested in continuing the sport.

FREQUENCY:

FUNdamentals Grades 3-6: Once weekly - Tuesdays at 3.00pm. The first session starts on Tuesday 7th October.

Specialised Grades 5-7 : Once weekly - Thursdays at 3.00pm. The first session starts on Thursday 2nd October.

Specialised Grades 7-10 : once weekly - Tuesdays at 3.00pm. The first session starts on Tuesday 7th October.

MULTISPORTS

This will be another exciting programme, which will consist of participating in a large variety of different Team Games throughout the scholastic year. These games will include Handball, Volleyball, Basketball, Cricket, Baseball, Hockey and so much more. The P.E. department has prepared a fun-packed and varied programme to suit all the requests for different sports that we have been receiving, thereby building on the success and experience of previous years.

FREQUENCY:

Grades 4-7: Once weekly - Mondays at 3.00pm. The first session starts on Monday 6th October.

Basketball

We had a request to try and fit in more sports for our Grade 2 and 3 students. Mini Basketball will be taught with emphasis on fundamental motor skills, whilst keeping fun and enjoyment at the centre of the session.

Basketball Grades 2 - 3: Once weekly - Wednesday at 3.00pm. The first session starts on Wednesday 1st October.

Martial Arts

The specific area we will be catering for is Karate. The essence for karate is to empower the physical, mental and spiritual aspects. Emphasis will be made on specific movements, whilst skill will be learnt just for one's own knowledge and must only be used when supervised. Understanding this will be given its due importance. The knowhow of acting when is needed only is a respectful value in itself and helps the individual mature. Once this is clear then the pedagogy used by the coaches will be adequate for the students age in order to incorporate the element of fun too. These sessions are offered by SKSM Karate Malta coaches, a renowned school in this discipline.

Karate Grades 6 - 9: Once weekly - Tuesday at 3.00pm. The first session starts on Tuesday 7th October.

Swimming

The school is collaborating with Neptunes Waterpolo Swimming Club in an effort to offer another sport to our students. These sessions will be run by Neptunes qualified coaches at their new refurbished indoor pool in Ta'Qali. The school will be organising a van that will take the kids to Ta'Qali. (there will be no supervision on the van). Please note that **no San Anton School educators or personnel will be present at Ta' Qali**; **students will be under the care of the swimming coach**, who will be waiting to receive them upon their arrival by van. **The session will start at 3:15pm and finish at 4:15pm. Parents are to collect their kids from Ta'Qali at 4pm Punctual.** Kids will be split by ability according to the following groups:

- **Group D Starfish (Beginner Level)** For children who cannot swim unaided and still use swimming aids like arm-bands etc. Focuses on water confidence, submersion, floating, and basic propulsion. Skills include blowing bubbles, submerging face, floating on the back and front, swimming 5m unassisted (dog paddle), and jumping in and exiting the pool safely.
- **Group C Seahorses (Fundamental Level)** For children who have just learnt to swim unaided, (at least 5m without arm-bands/noodle/floats). Introduction to basic strokes freestyle, backstroke, and breaststroke kick and gain more confidence in the water. Skills include streamlined body position, 15m freestyle with proper breathing, 10m backstroke with correct

form, 10m breaststroke kick, treading water for 30 seconds, underwater swimming, and assisted diving.

 Group B Dolphins (Foundation Level) – For children who have just moved up from Group C and can swim at least 33m (one pool length) confidently without aids. They must know how to swim freestyle and backstroke strokes and breaststroke kick.

Skills include 15-25m freestyle with proper breathing and backstroke with correct arm and body position. Basic breaststroke kick and arm movement and butterfly kick.

• Group A Sharks (Intermediate Level) – For children who have previously attended a swimming school at intermediate level and need to refine strokes and learn advanced techniques. Once a week is acceptable but encouraged to increase.

Skills include 50m freestyle and backstroke with correct breathing and flip turns, 50m breaststroke with legal touch turns, 15m butterfly stroke with proper rhythm, dives and underwater dolphin kick.

These sessions aim to teach basic skills in the appropriate level in a fun and engaging environment. Whether your child is new to the sport or looking to improve, they will enjoy learning and progress together with their peers.

Swimming Grades 4 - 6: Once weekly - Thursday at 3.00pm. The first session starts on Thursday 2nd October.

Swimming Grades 7 - 9: Once weekly - Friday at 3.00pm. The first session starts on Friday 3rd October.

Payment Details

After school sports activities will be invoiced on your MySchool account.

Sports Activity	<u>All 3 Terms</u>				
MULTISPORTS	€260				
Grades 4-7 once weekly (Mon.)					
Fitness & FUNdamentals ATHLETICS	€260				
Grades 3-6 once weekly (Tue.)					
Specialised ATHLETICS	€290				
Grades 7-10 once weekly (Tue.)					
Karate	€260				
Grades 6-9 once weekly (Tue.)	€280				
BASKETBALL	€260				
Grades 2-3 once weekly (Wed.)					
Specialised ATHLETICS	€290				
Grades 5-7 once weekly (Thur.)					
Swimming					
Grades 4-6 once weekly (Thur.)					
Group D Starfish (Beginner Level)	€460				
Group C Seahorses (Fundamental Level)					
Group B Dolphins (Foundation Level)	€410				
Group A Sharks (Intermediate Level)					
Swimming					
Grades 7-9 once weekly (Fri.)					
Group D Starfish (Beginner Level)	6460				
Group C Seahorses (Fundamental Level)	€460				
Group B Dolphins (Foundation Level)	€410				
Group A Sharks (Intermediate Level)					

Application Form

https://forms.office.com/e/gaA7K4AQTu

Handball: Organised by Kavallieri Handball Club

Kavallieri handball club is offering Handball sessions within San Anton school. After school sessions will be held from October till May for students in Grade 3 till Grade 7. Sessions will be held by Ms Ilenia Xuereb who is a Science/Biology teacher at San Anton, she is also a level one qualified Handball coach and a player of Kavallieri Women's team and part of the National team.

Students attending these afterschool sessions will also participate in mini handball tournaments organised throughout the season by the Malta Handball Association.

The cost will be of **€200** for the year. Sessions will run every **Thursday** during the school calendar from **3pm till 4:20pm**. Sessions commence on **Thursday 2nd October**.

If you have any further questions, please do not hesitate to contact us.

Contact person: Ms Ilenia Xuereb Mobile: 79292556 Email: kavallierihandballclub@gmail.com

Get to know the club: Kavallieri Facebook, Kavallieri Instagram

Application form: https://forms.gle/8WNsCEXokuxoKBUu5



INCITE of motion

BALLET CLASSES AT SAN ANTON

Principals: Christiane Borg Manche 99424475 • Astrid Gollcher 99452545

🖂 info@incitemotion.com

Incite Motion endeavours to offer more than ordinary dance lessons... it goes much further.

Incite Motion strives to develop dance and dance education by providing a deeper insight to movement, and incite motion. The school aims to educate dancers through Creativity, Appreciation and Performance providing a holistic dance education and thus developing versatile, creative and individual dancers. Quality professional training ensures that each student progresses steadily and develops as a performer.

Courses offered by Incite Motion: Classical Ballet & Repertoire • Modern Jazz • Contemporary • Lyrical • Hip Hop / Street • Pilates

Incite Motion will be offering Dance Classes at San Anton School as part of the Extra Curricular Programme. This will be considered a branch of our main school and will be run accordingly. We look forward to offering the same standards of teaching and opportunities to all students. Discounted rates will also apply to students who attend more than 1 dance genres and these discounts will also be effective if students attend one genre at San Anton and another genre at our Sliema School.



To apply, kindly <u>fill in our online</u> <u>form</u> and settle payment accordingly. Places will be reserved on a first-come first-served basis once payments have been received.

Class	Minimum Age (can be older) - Born in	Duration	Day & Time	Price Full Year Oct-May
Pre School Ballet	2022	45 mins	Thursday 12:45-13:30	€ 395
Pre Primary 1 Ballet	2021	45 mins	Tuesday 12:45-13:30	€ 395
Pre Primary 2 Ballet	2019-2020	60 mins	Tuesday 15:00-16:00	€ 440
Primary Ballet	2018-2019	60 mins	Thursday 15:00-16:00	€ 440

Nutty Scientists

A wacky way to make science stick.

We bring to San Anton, 20 years of experience working with children using a unique, award-winning methodology



This year join us at San Anton for a wonderful Science Adventure! Nutty Scientists offers entertaining and wacky, hands-on educational activities led by professional staff. Learn about Physics, Chemistry, Biology, Engineering, Forensic Science, Earth Science, Astronomy, Zoology, Psychology and much more while having fun. Sessions are as follows:

Term 1: 12 sessions on Thursday from 3.00-4.00 @ €180

2nd, 9th, 16th, 23rd, 30th October 6th, 13th, 20th, 27th November 4th, 11th, 18th December **Or**

You may opt to book for the 3 terms for all sessions at a discounted price of €450

E-registration <u>https://www.nuttyscientists.mt/e-registration/</u> Or send an email to register on: <u>info@nuttyscientists.mt</u>

Awarded Curriculum

Open to grade 4 - grade 7 students



We provide a professional and excellent standard of art education to all our students.

San Anton School

Tuesday • 3pm - 4pm • Grade: 2 - 4

To register kindly write to simonestilontabone@gmail.com or call 9989 1791

TRANSFORMING CURIOSITY INTO A LIFE-LONG LEARNING ATTITUDE

robocoach brings science, technology, engineering, arts and math topics to kids through a fun, challenging and hands-on approach.

Our range of computational thinking courses for kids vary from basic principles in logic and programming to more challenging, problem-solving sessions within the highly engaging world of robotics.

All our courses/workshops provide learners with the opportunity to think logically and critically to build, programme, and overcome STEAM based challenges, whilst making friends and developing communication skills.

Our courses expose students to various robotic gadgets, including but not limited to, Be Creo Scottie Go!, Sphero, Matatlab, Engino, Kano, robo wunderkind and VEX Robotics, depending on specific course being followed.

During our courses, students will follow a varied programme that will not overlap one year to another as the course will change on a yearly basis to adapt to the students entrusted.

Robo Explorers

Students will step into the world of robotics and computational thinking through fun and interactive activities. Through this course, students will learn the basic concepts of programming and will start to understand that coding can provide solutions.

They will use easy to assemble models, compatible programs and applications to engage in different challenges to find solutions to tasks presented. Motivating every individual along the way.

Course Details Fee: €130 price for Term 1

. San Anton School



GRADE GROUPS

FREQUENCY Once Weekly TIME 15:0

15:00 to 16:00

1.1.1.1

DAY

COURSE DAY

Friday

Robo Developers

Experimenting through robotics and computational thinking, students will approach several fun and challenging tasks. During this course they will breakdown problems and tasks into simpler understandable solutions.

Using different robots, models and devices they will create a program to perform an action. They will experiment, investigate and discover the scientific notion therefore stimulating their curiosity further.



Robo Innovators

This course will allow students the time to experiment, investigate and discover the logical concepts of robotics and computational thinking.

They are at an age where they can face programmatic thinking techniques, problem solving solutions and embrace leadership skills while they design, construct and operate different robots, models and devices. Each concept is taught through fun and interactive activities.

Course Details

Fee: €130 price for Term 1 San Anton School



FREQUENCY Once Weekly



COURSE DAY

1-1-1-1

DAY

Thursday

To apply or renew visit:

https://robobook.robocoach.com.mt/

Guidelines to renew courses for returning customers visit: https://bit.ly/3Nel7vG

Guidelines to create a new account as a new applicant visit:

https://bit.ly/3SiFfyH

More information: https://youtu.be/vQ29U7CAqZQ





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Ages 6 -15 years - 3 hours @ 3.15pm Ages 4 - 6 years - 1.5 hours @ 3.00pm

3 October - 12 December Enrol online at stagecoach.com.mt

call 21419306 or txt 79445030

or

email: malta@stagecoach.com.mt

or

SAN ANTON SCHOOL - CGŸ

E-mail: sas@chungymnastics.com 33, Bed of Roses, Triq id-29 Tà Mejju, 1592, Kirkop Mob No.: (+356) 79213813 VAT No.: MT26400603



"A GREAT OPPORTUNITY TO EXPLORE THE EXCITING WORLD OF GYMNASTICS"

Chun Gymnastics (CGY) is a community which allows you to develop and emphasize motor skills that support fitness and physical development.

We believe that gymnastics is for everyone - from beginners to competitive gymnastics - we welcome all levels :)

DATES & DAYS

OCTOBER - DECEMBER

MONDAY FRIDAY SATURDAY

For more details, please contact us at **sas@chungymnastics.com**

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