

Gardens ON QUALL RETREMENT COMMUNITY

Memory Care Activity Calendar

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	Sensory Tuesday: Bugs 2	3	4	5	6
	9:30 AM Chronicle Review	10:00 AM Sound!	9:30 AM Catholic Mass	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	10:00 AM Chair Zumba
	10:30 AM Chair Zumba	10:30 AM Touch!	10:30 AM Chair Exercise	10:30 AM Pool Noodle Exercise	10:30 AM Chair Exercise	11:15 AM Drinks in the Courtyard
	11:30 AM Name That Song!	11:00 AM Smell!	11:15 AM Cooking Club	11:15 AM Busy Bee Club	11:15 AM Puzzles	1:30 PM Bowling
	1:30 PM Courtyard Games - Cornhole	2:00 PM Move & Groove w/ EmpowerMe	1:30 PM Dart Practice	1:30 PM Nail Salon		2:30 PM Talk & Reminisce
	2:15 PM Drinks in the Courtyard	3:00 PM Taste!	2:30 PM Snack & Chat	3:00 PM Travelogue	1:30 PM Arts & Crafts	3:00 PM Scrapbooking
	3:30 PM Axe Throwing	3:45 PM Sight!	3:00 PM Bingo	4:00 PM Basketball	3:00 PM Happy Hour with Rick	4:00 PM Courtyard Games
	4:00 PM Walk & Roll	S. To Fill Olgin.	4:00 PM Kickball	4.00 File Businessan		a.so i iii osariyara dames
7	8	Sensory Tuesday: Animals 9	10	11	12	13
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	10:00 AM Sound!	9:30 AM Catholic Mass	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	10:00 AM Chair Zumba
10:30 AM Virtual Church	10:30 AM Chair Zumba	10:30 AM Touch!	10:30 AM Chair Exercise 11:00 AM TRIP: Malone's	10:30 AM Pool Noodle Exercise	10:30 AM Chair Exercise	11:15 AM Drinks in the Courtyard
11:00 AM Water the Garden	11:30 AM Trivia	11:00 AM Smell!	11:15 AM Cooking Club	11:15 AM Puzzles	11:15 AM Trivia	1:30 PM Kickball
1:30 PM Cornhole	1:30 PM Landscape Painting	1:00 PM Visit with Therapy Dog!	1:30 PM Cup Pong	1:30 PM Nail Salon		2:30 PM Talk & Reminisce
2:15 PM Courtyard Walk	2:30 PM Snack & Chat	2:00 PM Move & Groove w/ EmpowerMe	2:30 PM Snack & Chat	3:00 PM Travelogue	1:30 PM Arts & Crafts	3:00 PM Scrapbooking
3:00 PM Sunday Social	4:00 PM Walk & Roll	3:00 PM Taste!	3:00 PM Matching Cards	4:00 PM Tic Tac Toe	3:00 PM Happy Hour with Larry O'Connor	4:00 PM Courtyard Games
3.001 W Sunday Social	4.00 FW Walk & ROII	3:45 PM Sight!	4:00 PM Walk & Roll	4.00 TW THE THE TOE		4.001 W Courtyard Garnes
14	15	Sensory Tuesday: Gardening 16	17	18	19	20
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	10:00 AM Sound!	9:30 AM Catholic Mass	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	10:00 AM Chair Zumba
10:30 AM Virtual Church	10:30 AM Music with Meridith	10:30 AM Touch!	10:30 AM Chair Exercise	10:30 AM Pool Noodle Exercise	10:30 AM Chair Exercise	11:15 AM Drinks in the Courtyard
11:00 AM Water the Garden	11:45 AM Jenga	11:00 AM Smell!	11:15 AM Cooking Club	11:15 AM Board Games	ATAS AM Masshire Ocade	1:30 PM Axe Throwing
1:30 PM Volleyball	1:30 PM Pinecone Art	2:00 PM Move & Groove w/ EmpowerMe	1:30 PM Table Soccer	1:30 PM Nail Salon	11:15 AM Matching Cards	2:30 PM Talk & Reminisce
2:15 PM Courtyard Walk	2:30 PM Snack & Chat	3:00 PM Taste!	2:30 PM Snack & Chat	3:00 PM Travelogue	1:30 PM Arts & Crafts	3:00 PM Scrapbooking
3:00 PM Sunday Social	4:00 PM Walk & Roll	3:45 PM Sight!	3:00 PM Jeopardy	4:00 PM Darts	3:00 PM Happy Hour with Bob	4:00 PM Courtyard Games
3.00 FW Sullday Social	4.00 FIVE WAIK & ROII	3.43 FW Signe	4:00 PM Noodle Hockey	4.00 FW Daits		4.00 FW Courtyald Garnes
21	22	Sensory Tuesday: Birds 23	24	25	26	27
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	10:00 AM Sound!	9:30 AM Catholic Mass	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	10:00 AM Chair Zumba
10:30 AM Virtual Church	10:30 AM Chair Zumba	10:30 AM Touch!	10:30 AM Chair Exercise	10:30 AM Pool Noodle Exercise	10:30 AM Chair Exercise	11:15 AM Drinks in the Courtyard
11:00 AM Water the Garden	11:30 AM Guess the Picture!	11:00 AM Smell!	11:00 AM TRIP: Botanic Gardens! 11:15 AM Cooking Club	11:15 AM Simon Says	11:15 AM Busy Bee Club	1:30 PM Cornhole
1:30 PM Kickball	1:30 PM Jewelry Making	1:00 PM Visit with Therapy Dog!	1:30 PM Axe Throwing	1:30 PM Nail Salon		2:30 PM Talk & Reminisce
2:15 PM Courtyard Walk	2:30 PM Snack & Chat	2:00 PM Move & Groove w/ EmpowerMe	2:30 PM Snack & Chat	3:00 PM Travelogue	1:30 PM Arts & Crafts	3:00 PM Scrapbooking
3:00 PM Sunday Social	4:00 PM Walk & Roll	3:00 PM Taste!	3:00 PM Jenga	4:00 PM Cornhole	3:00 PM Happy Hour with Josh Brookstein	4:00 PM Courtyard Games
3.001 W Sunday Social	4.00 FW Walk & NOI	3:45 PM Sight!	4:00 PM Balloon Toss	4.00 FW Commore		4.001 W Courtyard Garnes
28	29	Sensory Tuesday: Fall 30				
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	10:00 AM Sound!				
10:30 AM Virtual Church	10:30 AM Chair Zumba	10:30 AM Touch!				
11:00 AM Water the Garden	11:30 AM 20 Questions	11:00 AM Smell!				
1:30 PM Bowling	1:30 PM Picture Frames	2:00 PM Move & Groove w/ EmpowerMe				
2:15 PM Courtyard Walk	2:30 PM Snack & Chat	3:00 PM Taste!				
3:00 PM Sunday Social	4:00 PM Walk & Roll	3:45 PM Sight!				
5.00 FW Sullday Social	7.00 I W Frank & ROII	5.45 FM Signe				

