



October

MC Activity Calendar

RETIREMENT COMMUNITY						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM TRIP: Botanic Gardens 11:15 AM Talk & Reminisce 1:30 PM Darts 2:30 PM Snack & Chat 3:00 PM Busy Bee Club 4:00 PM Parachute	9:30 AM Chronicle Review 10:30 AM Pool Noodle Exercise 11:00 AM Music in Dallas 1:30 PM Flower Arranging 2:45 PM Bowling 3:30 PM Movie & Popcorn	9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM 20 Questions 1:30 PM Nail Salon 3:00 PM Happy Hour with Rick	10:00 AM Chair Zumba 11:00 AM Hair Salon & Shaving 1:30 PM Candy Apple Making 2:30 PM Kickball 3:30 PM Fall Decorations!
9:15 AM Pastries & Coffee	9:30 AM Chronicle Review	9:30 AM Chronicle Review	9:30 AM Catholic Mass	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	11 10:00 AM Chair Zumba
9:45 AM Tri-City Baptist Church	10:30 AM Chair Zumba	10:30 AM Chair Exercise	10:30 AM Chair Exercise	10:30 AM Pool Noodle Exercise	10:30 AM Chair Exercise	11:00 AM Hair Salon & Shaving
11:00 AM Talk & Reminisce	11:00 AM Short Stories	11:00 AM Music in Dallas	11:15 AM Talk & Reminisce 1:30 PM Pumpkin Putt Putt	11:00 AM Music in Dallas	11:00 AM 20 Questions	1:30 PM Bat Craft
1:30 PM Volleyball 2:15 PM Walk & Roll	1:30 PM Fall Wreath Making 3:00 PM Snack & Chat	1:30 PM Fall Tree Painting 3:00 PM Walk in the Garden	2:30 PM Snack & Chat	1:30 PM Pumpkin Suncatchers 2:45 PM Cornhole	1:30 PM Nail Salon	2:30 PM Target Practice
3:00 PM Sunday Social	4:00 PM Axe Throwing	4:00 PM Table Top Activities	3:00 PM Bingo 4:00 PM Table Soccer	3:30 PM Movie & Popcorn	3:00 PM Happy Hour with Dino	3:30 PM Cooking Club
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	9:30 AM Chronicle Review	9:30 AM Catholic Mass 10:30 AM Chair Exercise	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	18 10:00 AM Chair Zumba
10:30 AM Virtual Church 11:00 AM Talk & Reminisce	10:30 AM Chair Zumba 11:00 AM Short Stories	10:30 AM Chair Exercise	11:15 AM Talk & Reminisce	10:30 AM Pool Noodle Exercise 11:00 AM Music in Dallas	10:30 AM Chair Exercise	11:00 AM Hair Salon & Shaving
1:30 PM Bowling	1:30 PM Sip & Paint	11:00 AM Music in Dallas	1:30 PM Axe Throwing	1:30 PM Children's Hospital Card Making	11:00 AM 20 Questions	1:30 PM Jewelry Making
2:15 PM Walk & Roll	3:00 PM Snack & Chat	1:00 PM Visit with Therapy Dog Ralston!	2:30 PM Snack & Chat	2:45 PM Kickball	1:30 PM Nail Salon	2:30 PM Table Hockey
3:00 PM Sunday Social - October Birthdays Party!	4:00 PM Seated Basketball	2:00 PM Leaf Peeping Scenic Drive	3:00 PM Busy Bee Club 4:00 PM Balloon Toss	3:30 PM Movie & Popcorn	3:00 PM Happy Hour	3:30 PM Cooking Club
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	9:30 AM Chronicle Review	9:30 AM Catholic Mass	9:30 AM Chronicle Review	9:30 AM Pray the Rosary	25 10:00 AM Chair Zumba
10:30 AM Virtual Church	10:30 AM Music with Meridith	10:30 AM Chair Exercise	10:30 AM Chair Exercise	10:30 AM Pool Noodle Exercise	10:30 AM Chair Exercise	11:00 AM Hair Salon & Shaving
11:00 AM Talk & Reminisce	1:30 PM Salt Watercolor Painting	11:00 AM Music in Dallas	11:15 AM Talk & Reminisce 1:30 PM Seated Basketball	11:00 AM Music in Dallas	11:00 AM 20 Questions	1:30 PM Pumpkin Faces!
1:30 PM Kickball	3:00 PM Snack & Chat	1:30 PM Wind Chimes	2:30 PM Snack & Chat	1:30 PM Mummy Craft	1:30 PM Nail Salon	2:45 PM Volleyball
2:15 PM Walk & Roll 3:00 PM Sunday Social	4:00 PM Pool Noodle Hockey	3:00 PM Walk in the Garden 4:00 PM Table Top Activities	3:00 PM Bingo 4:00 PM Cornhole	2:45 PM Parachute 3:30 PM Movie & Popcorn	3:00 PM Happy Hour with Leonard	3:30 PM Cooking Club
9:30 AM Pastries & Coffee	9:30 AM Chronicle Review	7 28 9:30 AM Chronicle Review	9:30 AM Catholic Mass	30 10:00 AM Little Loves Preschool Trick-or-Treat!	9:30 AM Pray the Rosary	
10:30 AM Virtual Church	10:30 AM Chair Zumba	10:30 AM Chair Exercise	10:30 AM Chair Exercise		10:30 AM Glow Stick Exercise!	
11:00 AM Talk & Reminisce	11:00 AM Short Stories	11:00 AM Music in Dallas	11:15 AM Talk & Reminisce	1:30 PM Bingo	11:00 AM 20 Questions	
1:30 PM Cornhole	1:30 PM Fall Leaf Chalk Art	1:00 PM Visit with Therapy Dog Ralston! 2:00 PM Scarecrow Craft	1:30 PM Zombie Eyeball Toss! 2:30 PM Snack & Chat	3:30 PM Movie & Popcorn	1:30 PM Nail Salon	
2:15 PM Walk & Roll	3:00 PM Snack & Chat	3:00 PM Walk in the Garden	3:00 PM Busy Bee Club	2.22	3:00 PM Halloween Happy Hour with Dino	
3:00 PM Sunday Social	4:00 PM Balloon Toss	4:00 PM Table Top Activities	4:00 PM Volleyball		3.00 гм паномеен парру поиг міш оню	