


# January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div><p><i>January</i></p><p>Winter looks like January When she's wrapped in days of white; She's a diamond-sparkled fairyland Covered in crystal light. Winter looks like January With snowflakes, frost and cold, With icy winds and frozen lakes And sledders brave and bold. Winter looks like January With drifts of snow piled high, But the north winds briskly blowing Make me wish it was July!</p><p>Nora M. Bozeman</p></div>				<b>HAPPY BIRTHDAY</b> 1 <b>MARY LOU!</b> <b>10:00 AM</b> New Year's Scavenger Hunt <b>10:30 AM</b> Snack Time & Daily Chronicle <b>11:00 AM</b> Mid Morning Stretch <b>2:00 PM</b> Snack Time & What's New in 2026 <b>2:30 PM</b> Sing Along: Songs that Usher in the New Year <b>3:30 PM</b> Calming Coloring	2 <b>9:45 AM</b> Color Walk <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Stories From the Past Activity <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> SingFit Music Therapy <b>3:30 PM</b> Cool Down Stretch <b>4:00 PM</b> Evening Devotional	3 <b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Pet Therapy w/ Jovi <b>1:45 PM</b> Movie Classic <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Warm Towel Hand Spa
<b>9:30 AM</b> 4 Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Singing Hymns <b>1:45 PM</b> Movie Documentary <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Fancy Nails Spa  WEEK 1: Rest & Reset	<b>9:45 AM</b> 5 Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Nursery Rhymes Reminiscing <b>11:00 AM</b> Let's Learn: Goals for the New Year <b>2:00 PM</b> Snack Time w/ National Day <b>2:45 PM</b> Scenic Drive to: Lookout Mnt. <b>3:30 PM</b> Calming Coloring  WEEK 1: Rest & Reset	<b>10:00 AM</b> 6 Daily Chronicle w/ Snack Time <b>10:30 AM</b> Everybody Moves Dance Class <b>11:00 AM</b> Catholic Communion <b>2:00 PM</b> Snack Time <b>2:15PM</b> Rummage Wagon <b>3:00 PM</b> Story: Clash of the Tysons  WEEK 1: Rest & Reset	<b>9:45 AM</b> 7 Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Craftworks: Cupcake Holders <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Bingo for Candy <b>3:00 PM</b> Happy Hour w/ Roz B. - Folk <b>4:00 PM</b> January Trivia  WEEK 1: Rest & Reset	<b>9:45 AM</b> 8 Seated Balloon Toss <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Exercise with EmpowerMe <b>11:00 AM</b> Touch Table: Baking Supplies <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Let's Cook: Chocolate Cupcakes <b>4:00 PM</b> Calming Coloring  WEEK 1: Rest & Reset	<b>9:45 AM</b> 9 Color Walk <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Puzzles & Tea <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> SingFit Music Therapy <b>3:30 PM</b> Cool Down Stretch <b>4:00 PM</b> Evening Devotional  WEEK 1: Rest & Reset	<b>9:30 AM</b> 10 Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Putt Putt Golf <b>1:45 PM</b> Movie Classic <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Warm Towel Hand Spa  WEEK 1: Rest & Reset

# January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Singing Hymns  <b>1:45 PM</b> Movie Documentary <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Fancy Nails Spa  WEEK 2: Gentle Connections	<b>9:45 AM</b> Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Show & Tell: Familiar Objects  <b>2:00 PM</b> Snack Time w/ National Day <b>2:15 PM</b> Let's Learn: Famous Duos <b>3:30 PM</b> Calming Coloring  WEEK 2: Gentle Connections	<b>10:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Catholic Communion <b>11:30 AM</b> Mirrored Movements Game  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Remembering Childhood B-Day Parties <b>3:30 PM</b> Story Time: Friendships  WEEK 2: Gentle Connections	<b>9:45 AM</b> Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Craftworks: Penguin Paradise Decor  <b>2:00 PM</b> Bingo for Candy <b>3:00 PM</b> Happy Hour w/ Gary R. - Country <b>4:00 PM</b> Finishing Lines Word Game  WEEK 2: Gentle Connections	<b>9:45 AM</b> Bean Bag Toss <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Exercise w/ EmpowerMe <b>11:00 AM</b> Touch Table: Stuffed Animals  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Let's Cook: Energy Bars <b>3:30 PM</b> Calming Coloring  WEEK 2: Gentle Connections	<b>9:45 AM</b> Color Walk <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Pondering Prompts <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> SingFit Music Therapy <b>3:30 PM</b> Evening Stretch <b>4:00 PM</b> End of Day Devotional  WEEK 2: Gentle Connections	<b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Corn Hole  <b>1:45 PM</b> Movie Classic <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Warm Towel Hand Spa  WEEK 2: Gentle Connections
<b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Singing Hymns  <b>1:45 PM</b> Movie Documentary <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Fancy Nails Spa  WEEK 3: Slow Rhythms	<b>9:45 AM</b> Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Lunch at Red Robin  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Steeped in Calm Sensory Activity <b>3:30 PM</b> Calming Coloring  WEEK 3: Slow Rhythms	<b>10:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Catholic Communion <b>11:30 AM</b> Detective Game  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> To the Beat of the Drum <b>3:00 PM</b> Story Time: Rhythmic Poems  WEEK 3: Slow Rhythms	<b>9:45 AM</b> Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Craftworks: Clay Creation  <b>2:00 PM</b> Bingo for Candy <b>3:00 PM</b> Happy Hour w/ Alan V. - Feel Good <b>4:00 PM</b> January Music Trivia  WEEK 3: Slow Rhythms	<b>9:45 AM</b> Morning Dance <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Exercise w/ EmpowerMe <b>11:00 AM</b> Touch Table: Percussions  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Eldergarden: Spider Plant <b>3:30 PM</b> Calming Coloring  WEEK 3: Slow Rhythms	<b>9:45 AM</b> Color Walk <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> January Group Up  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> SingFit Music Therapy <b>3:30 PM</b> Evening Stretch <b>4:00 PM</b> End of Day Devotional  WEEK 3: Slow Rhythms	<b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Pet Therapy w/ Peak  <b>1:45 PM</b> Movie Classic <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Warm Towel Hand Spa  WEEK 3: Slow Rhythms
<b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Singing Hymns <b>1:45 PM</b> Movie Documentary  <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Fancy Nails Spa  WEEK 4: New Year Adventures	<b>9:45 AM</b> Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Hidden in Plain Sight <b>11:00 AM</b> Traveling to Alaska  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Scenic Drive to Chatfield Park  WEEK 4: New Year Adventures	<b>10:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Catholic Communion <b>11:30 AM</b> Picture This!  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Antler Group Up <b>3:00 PM</b> Story Time: The Backyard Ghost  WEEK 4: New Year Adventures	<b>9:45 AM</b> Gentle Morning Yoga <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Craftworks: Personal Time Capsule  <b>2:00 PM</b> Bingo for Candy <b>3:00 PM</b> Moose Track Social <b>4:00 PM</b> Finishing Lines Word Game  WEEK 4: New Year Adventures	<b>9:45 AM</b> Alaskan Scavenger Hunt <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Exercise w/ EmpowerMe <b>11:00 AM</b> The Art of Cut Paper Program  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> Stories from the Past <b>3:30 PM</b> Calming Coloring  WEEK 4: New Year Adventures	<b>9:45 AM</b> Color Walk <b>10:00 AM</b> Daily Chronicle w/ Snack Time <b>10:30 AM</b> Postcard Sorting & Discussion  <b>2:00 PM</b> Snack Time w/ National Day <b>2:30 PM</b> SingFit Music Therapy <b>3:30 PM</b> Evening Stretch <b>4:00 PM</b> End of Day Devotional  WEEK 4: New Year Adventures	<b>9:30 AM</b> Daily Chronicle w/ Snack Time <b>11:00 AM</b> Morning Stretch <b>11:30 AM</b> Axe Throwing  <b>1:45 PM</b> Movie Classic <b>3:15 PM</b> Snack Time <b>3:30 PM</b> Warm Towel Hand Spa  WEEK 4: New Year Adventures