

January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><i>January</i></p> <p>Winter looks like January When she's wrapped in days of white; She's a diamond-sparkled fairyland Covered in crystal light. Winter looks like January With snowflakes, frost and cold, With icy winds and frozen lakes And sledders brave and bold. Winter looks like January With drifts of snow piled high, But the north winds briskly blowing Make me wish it was July!</p> <p>Nora M. Bozeman</p>			<p>HAPPY BIRTHDAY MARY LOU!</p> <p>10:00 AM New Year's Scavenger Hunt</p> <p>10:30 AM Snack Time & Daily Chronicle</p> <p>11:00 AM Mid Morning Stretch</p> <p>2:00 PM Snack Time & What's New in 2026</p> <p>2:30 PM Sing Along: Songs that Usher in the New Year</p> <p>3:30 PM Calming Coloring</p>	<p>1 9:45 AM Color Walk</p> <p>10:00 AM Daily Chronicle w/ Snack Time</p> <p>10:30 AM Snack Time</p> <p>11:00 AM Stories From the Past Activity</p> <p>2:00 PM Snack Time w/ National Day</p> <p>2:30 PM SingFit Music Therapy</p> <p>3:30 PM Cool Down Stretch</p> <p>4:00 PM Evening Devotional</p>	<p>2 9:30 AM Daily Chronicle w/ Snack Time</p> <p>11:00 AM Morning Stretch</p> <p>11:30 AM Pet Therapy w/ Jovi</p> <p>1:45 PM Movie Classic</p> <p>3:15 PM Snack Time</p> <p>3:30 PM Warm Towel Hand Spa</p>
<p>9:30 AM Daily Chronicle w/ Snack Time</p> <p>11:00 AM Morning Stretch</p> <p>11:30 AM Singing Hymns</p> <p>1:45 PM Movie Documentary</p> <p>3:15 PM Snack Time</p> <p>3:30 PM Fancy Nails Spa</p>	<p>4 9:45 AM Gentle Morning Yoga</p> <p>10:00 AM Daily Chronicle w/ Snack Time</p> <p>10:30 AM Everybody Moves Dance Class</p> <p>11:00 AM Catholic Communion</p> <p>2:00 PM Snack Time</p> <p>2:15PM Rummage Wagon</p> <p>3:00 PM Story: Clash of the Tysons</p> <p>3:30 PM Calming Coloring</p>	<p>5 10:00 AM Daily Chronicle w/ Snack Time</p> <p>10:30 AM Nursery Rhymes Reminiscing</p> <p>11:00 AM Let's Learn: Goals for the New Year</p> <p>2:00 PM Snack Time w/ National Day</p> <p>2:45 PM Scenic Drive to: Lookout Mnt.</p>	<p>6 9:45 AM Gentle Morning Yoga</p> <p>10:00 AM Daily Chronicle w/ Snack Time</p> <p>10:30 AM Craftworks: Cupcake Holders</p> <p>2:00 PM Snack Time w/ National Day</p> <p>2:30 PM Bingo for Candy</p> <p>3:00 PM Happy Hour w/ Roz B. - Folk</p> <p>4:00 PM January Trivia</p>	<p>7 9:45 AM Seated Balloon Toss</p> <p>10:00 AM Daily Chronicle w/ Snack Time</p> <p>10:30 AM Exercise with EmpowerMe</p> <p>11:00 AM Touch Table: Baking Supplies</p> <p>2:00 PM Snack Time w/ National Day</p> <p>2:30 PM SingFit Music Therapy</p> <p>3:00 PM Let's Cook: Chocolate Cupcakes</p> <p>4:00 PM Calming Coloring</p>	<p>8 9:45 AM Color Walk</p> <p>10:00 AM Daily Chronicle w/ Snack Time</p> <p>10:30 AM Puzzles & Tea</p> <p>11:00 AM Touch Table: Baking Supplies</p> <p>2:00 PM Snack Time w/ National Day</p> <p>2:30 PM SingFit Music Therapy</p> <p>3:00 PM Cool Down Stretch</p> <p>4:00 PM Evening Devotional</p>	<p>9 9:30 AM Daily Chronicle w/ Snack Time</p> <p>11:00 AM Morning Stretch</p> <p>11:30 AM Putt Putt Golf</p> <p>1:45 PM Movie Classic</p> <p>3:15 PM Snack Time</p> <p>3:30 PM Warm Towel Hand Spa</p>
WEEK 1: Rest & Reset	WEEK 1: Rest & Reset	WEEK 1: Rest & Reset	WEEK 1: Rest & Reset	WEEK 1: Rest & Reset	WEEK 1: Rest & Reset	WEEK 1: Rest & Reset

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9:30 AM Daily Chronicle w/ Snack Time 11:00 AM Morning Stretch 11:30 AM Singing Hymns 1:45 PM Movie Documentary 3:15 PM Snack Time 3:30 PM Fancy Nails Spa	9:45 AM Gentle Morning Yoga 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Show & Tell: Familiar Objects 2:00 PM Snack Time w/ National Day 2:15 PM Let's Learn: Famous Duos 3:30 PM Calming Coloring	10:30 AM Daily Chronicle w/ Snack Time 11:00 AM Catholic Communion 11:30 AM Mirrored Movements Game 2:00 PM Snack Time w/ National Day 2:30 PM Remembering Childhood B-Day Parties 3:30 PM Story Time: Friendships	9:45 AM Gentle Morning Yoga 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Craftworks: Penguin Paradise Decor 2:00 PM Bingo for Candy 3:00 PM Happy Hour w/ Gary R. - Country 4:00 PM Finishing Lines Word Game	9:45 AM Bean Bag Toss 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Exercise w/ EmpowerMe 11:00 AM Touch Table: Stuffed Animals 2:00 PM Snack Time w/ National Day 2:30 PM Let's Cook: Energy Bars 3:00 PM Evening Stretch 4:00 PM Calming Coloring	9:45 AM Color Walk 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Pondering Prompts 2:00 PM Snack Time w/ National Day 2:30 PM SingFit Music Therapy 3:00 PM Let's Cook: Energy Bars 3:30 PM Evening Stretch 4:00 PM Calming Coloring	9:30 AM Daily Chronicle w/ Snack Time 11:00 AM Morning Stretch 11:30 AM Corn Hole 1:45 PM Movie Classic 3:15 PM Snack Time 3:30 PM Warm Towel Hand Spa
WEEK 2: Gentle Connections	WEEK 2: Gentle Connections	WEEK 2: Gentle Connections	WEEK 2: Gentle Connections	WEEK 2: Gentle Connections	WEEK 2: Gentle Connections	WEEK 2: Gentle Connections
9:30 AM Daily Chronicle w/ Snack Time 11:00 AM Morning Stretch 11:30 AM Singing Hymns 1:45 PM Movie Documentary 3:15 PM Snack Time 3:30 PM Fancy Nails Spa	9:45 AM Gentle Morning Yoga 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Lunch at Red Robin 2:00 PM Snack Time w/ National Day 2:30 PM Steeped in Calm Sensory Activity 3:30 PM Calming Coloring	10:30 AM Daily Chronicle w/ Snack Time 11:00 AM Catholic Communion 11:30 AM Detective Game 2:00 PM Snack Time w/ National Day 2:30 PM To the Beat of the Drum 3:00 PM Story Time: Rhythmic Poems	9:45 AM Gentle Morning Yoga 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Craftworks: Clay Creation 2:00 PM Bingo for Candy 3:00 PM Happy Hour w/ Alan V. - Feel Good 4:00 PM January Music Trivia	9:45 AM Morning Dance 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Exercise w/ EmpowerMe 11:00 AM Touch Table: Percussions 2:00 PM Snack Time w/ National Day 2:30 PM SingFit Music Therapy 3:00 PM Evening Stretch 4:00 PM Calming Coloring	9:45 AM Color Walk 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM January Group Up 2:00 PM Snack Time w/ National Day 2:30 PM SingFit Music Therapy 3:00 PM Evening Stretch 4:00 PM Calming Coloring	9:30 AM Daily Chronicle w/ Snack Time 11:00 AM Morning Stretch 11:30 AM Pet Therapy w/ Peak 1:45 PM Movie Classic 3:15 PM Snack Time 3:30 PM Warm Towel Hand Spa
WEEK 3: Slow Rhythms	WEEK 3: Slow Rhythms	WEEK 3: Slow Rhythms	WEEK 3: Slow Rhythms	WEEK 3: Slow Rhythms	WEEK 3: Slow Rhythms	WEEK 3: Slow Rhythms
9:30 AM Daily Chronicle w/ Snack Time 11:00 AM Morning Stretch 11:30 AM Singing Hymns 1:45 PM Movie Documentary 3:15 PM Snack Time 3:30 PM Fancy Nails Spa	9:45 AM Gentle Morning Yoga 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Hidden in Plain Sight 11:00 AM Traveling to Alaska 2:00 PM Snack Time w/ National Day 2:30 PM Antler Group Up 3:00 PM Story Time: The Backyard Ghost	10:30 AM Daily Chronicle w/ Snack Time 11:00 AM Catholic Communion 11:30 AM Picture This! 2:00 PM Snack Time w/ National Day 2:30 PM Antler Group Up 3:00 PM Story Time: The Backyard Ghost	9:45 AM Gentle Morning Yoga 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Craftworks: Personal Time Capsule 2:00 PM Bingo for Candy 3:00 PM Moose Track Social 4:00 PM Finishing Lines Word Game	9:45 AM Alaskan Scavenger Hunt 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Exercise w/ EmpowerMe 11:00 AM The Art of Cut Paper Program 2:00 PM Snack Time w/ National Day 2:30 PM SingFit Music Therapy 3:00 PM Evening Stretch 4:00 PM Calming Coloring	9:45 AM Color Walk 10:00 AM Daily Chronicle w/ Snack Time 10:30 AM Postcard Sorting & Discussion 2:00 PM Snack Time w/ National Day 2:30 PM SingFit Music Therapy 3:00 PM Evening Stretch 4:00 PM Calming Coloring	9:30 AM Daily Chronicle w/ Snack Time 11:00 AM Morning Stretch 11:30 AM Axe Throwing 1:45 PM Movie Classic 3:15 PM Snack Time 3:30 PM Warm Towel Hand Spa
WEEK 4: New Year Adventures	WEEK 4: New Year Adventures	WEEK 4: New Year Adventures	WEEK 4: New Year Adventures	WEEK 4: New Year Adventures	WEEK 4: New Year Adventures	WEEK 4: New Year Adventures