



# February 2026

## AL/IL Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>1</div> <div>9:15 AM Pastries &amp; Coffee</div> <div>9:45 AM Tri-City Baptist Church</div> <div>11:00 AM Strength Training</div> <div>1:30 PM Card Game - Kings in the Corner</div> <div>3:00 PM Sunday Social</div> <div>6:15 PM Weekend Film</div>	<div>2</div> <div>Groundhog Day</div> <div>9:30 AM Coffee &amp; Chat - Old Wives' Tales</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Roll &amp; Shuffle</div> <div>1:30 PM Jeopardy!</div> <div>2:00 PM Support Group</div> <div>3:00 PM Masterpiece Monday - Cupid's Arrow Door Hanger</div> <div>6:15 PM Comedy Movie</div>	<div>3</div> <div>9:30 AM Write from the Heart Journaling</div> <div>10:30 AM Exercise with EmpowerMe</div> <div>11:00 AM Famous Figures - JFK</div> <div>1:15 PM Walk &amp; Roll</div> <div>2:00 PM Tasty Tuesday</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Classic Movie</div>	<div>4</div> <div>9:30 AM Catholic Mass</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Valentine's Day Decorating!</div> <div>1:00 PM TRIP: Shopping at Goodwill</div> <div>3:00 PM Rummikub</div> <div>6:15 PM Documentary Movie</div>	<div>5</div> <div>9:30 AM Coffee &amp; Current Events</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Curiosity Corner - Bears</div> <div>1:00 PM Activity Cart</div> <div>2:00 PM Bible Study</div> <div>3:15 PM Book Club</div> <div>6:15 PM Musical Movie</div>	<div>6</div> <div>9:30 AM Pray the Rosary</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Nail Salon</div> <div>1:30 PM Roll &amp; Shuffle Games</div> <div>3:00 PM Happy Hour with Rick Iraki</div> <div>6:15 PM Friday Flick: Resident's Pick!</div>	<div>7</div> <div>9:30 AM Morning Meditation</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Reading &amp; Writing - Couplet Poems</div> <div>1:00 PM Ink &amp; Drink! - Acrylic Pour Paintings</div> <div>2:30 PM Ukulele Performance by Scott Fletcher &amp; Band</div> <div>6:15 PM Weekend Film</div>
<div>8</div> <div>9:30 AM Pastries &amp; Coffee</div> <div>10:30 AM Church</div> <div>11:15 AM Strength Training</div> <div>1:30 PM Dominoes - Mexican Train</div> <div>3:00 PM Sunday Social</div> <div>4:30 PM Super Bowl LX Party! Seahawks VS. Patriots</div> <div>6:15 PM Weekend Film</div>	<div>9</div> <div>9:30 AM Coffee &amp; Chat - 20th Century Trivia</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Roll &amp; Shuffle</div> <div>1:30 PM Wheel of Fortune!</div> <div>2:00 PM Support Group</div> <div>3:00 PM Masterpiece Monday - Now Sew Heart Pillows</div> <div>6:15 PM Comedy Movie</div>	<div>10</div> <div>9:30 AM Coffee &amp; Comics</div> <div>10:30 AM Exercise with EmpowerMe</div> <div>11:00 AM Famous Figures - Princess Diana</div> <div>1:00 PM Visiting Therapy Dog - Ralston!</div> <div>2:00 PM Resident Council</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Classic Movie</div>	<div>11</div> <div>9:30 AM Catholic Mass</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Sweetheart Tree</div> <div>2:00 PM Valentine's Day Tea Party!</div> <div>3:30 PM Rummikub</div> <div>6:15 PM Documentary Movie</div>	<div>12</div> <div>9:30 AM Coffee &amp; Current Events</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Curiosity Corner - Platypus</div> <div>1:00 PM Activity Cart</div> <div>2:00 PM Bible Study</div> <div>3:15 PM Book Club</div> <div>6:15 PM Musical Movie</div>	<div>13</div> <div>9:30 AM Pray the Rosary</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Nail Salon</div> <div>1:30 PM Roll &amp; Shuffle Games</div> <div>3:00 PM Valentine's Day Happy Hour with Dino Cuneo</div> <div>6:15 PM Friday Flick: Resident's Pick!</div>	<div>Valentine's Day</div> <div>14</div> <div>9:30 AM Morning Meditation</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Reading &amp; Writing - Haiku Poems</div> <div>1:30 PM Planting! - Tradescantias</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Weekend Film</div>
<div>15</div> <div>9:30 AM Pastries &amp; Coffee</div> <div>10:30 AM Short Stories</div> <div>11:15 AM Strength Training</div> <div>1:30 PM Church with Pastor Gary</div> <div>3:00 PM Sunday Social</div> <div>6:15 PM Weekend Film</div>	<div>16</div> <div>Presidents Day</div> <div>9:30 AM Coffee &amp; Chat - Remember When?</div> <div>10:30 AM Music &amp; Movement with Meridith</div> <div>1:30 PM President's Day Trivia</div> <div>2:00 PM Support Group</div> <div>3:00 PM Masterpiece Monday - Heart String Art</div> <div>6:15 PM Comedy Movie</div>	<div>17</div> <div>9:30 AM Write from the Heart Journaling</div> <div>10:30 AM Exercise with EmpowerMe</div> <div>11:00 AM Famous Figures - Pablo Picasso</div> <div>1:30 PM Mardi Gras Party!</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Classic Movie</div>	<div>18</div> <div>9:30 AM Catholic Mass</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Faux Heart Candles</div> <div>1:00 PM TRIP: Shopping at Target</div> <div>3:00 PM Rummikub</div> <div>6:15 PM Documentary Movie</div>	<div>19</div> <div>9:30 AM Coffee &amp; Current Events</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Curiosity Corner - Big Horn Sheep</div> <div>1:00 PM Activity Cart</div> <div>2:00 PM Bible Study</div> <div>3:15 PM Book Club</div> <div>6:15 PM Musical Movie</div>	<div>20</div> <div>9:30 AM Pray the Rosary</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Nail Salon</div> <div>1:30 PM Roll &amp; Shuffle Games</div> <div>3:00 PM Happy Hour</div> <div>6:15 PM Friday Flick: Resident's Pick!</div>	<div>21</div> <div>9:30 AM Morning Meditation</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Reading and Writing - Limerick Poems</div> <div>1:30 PM Ink &amp; Drink - Inked Coasters</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Weekend Film</div>
<div>22</div> <div>9:30 AM Pastries &amp; Coffee</div> <div>10:30 AM Church</div> <div>11:15 AM Strength Training</div> <div>1:30 PM Card Game - Rummy</div> <div>3:00 PM Sunday Social - February Birthday Party!</div> <div>6:15 PM Weekend Film</div>	<div>23</div> <div>9:30 AM Coffee &amp; Chat - 20th Century Trivia</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Roll &amp; Shuffle</div> <div>1:30 PM The Price is Right!</div> <div>2:00 PM Support Group</div> <div>3:00 PM Masterpiece Monday - Soap Making</div> <div>6:15 PM Comedy Movie</div>	<div>24</div> <div>9:30 AM Coffee &amp; Comics</div> <div>10:30 AM Exercise with EmpowerMe</div> <div>11:00 AM Famous Figures - Jane Goodall</div> <div>1:00 PM Visiting Therapy Dog - Ralston!</div> <div>2:00 PM Tasty Tuesday</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Classic Movie</div>	<div>25</div> <div>9:30 AM Catholic Mass</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Paper Quilting</div> <div>1:00 PM TRIP: Brass Armadillo Antique Mall</div> <div>3:00 PM Rummikub</div> <div>6:15 PM Documentary Movie</div>	<div>26</div> <div>9:30 AM Coffee &amp; Current Events</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Curiosity Corner - Saltwater Dwellers</div> <div>1:00 PM Activity Cart</div> <div>2:00 PM Bible Study</div> <div>3:15 PM Book Club</div> <div>6:15 PM Musical Movie</div>	<div>27</div> <div>9:30 AM Pray the Rosary</div> <div>10:30 AM Chair Exercise</div> <div>11:00 AM Nail Salon</div> <div>1:30 PM Roll &amp; Shuffle Games</div> <div>3:00 PM Happy Hour</div> <div>6:15 PM Friday Flick: Resident's Pick!</div>	<div>28</div> <div>9:30 AM Morning Meditation</div> <div>10:30 AM Chair Exercise</div> <div>11:15 AM Reading &amp; Writing - Diamante Poems</div> <div>1:30 PM Planting! - Pothos</div> <div>3:00 PM Bingo!</div> <div>6:15 PM Weekend Film</div>