



February 2026

AL/IL Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 9:15 AM Pastries & Coffee 9:45 AM Tri-City Baptist Church 11:00 AM Strength Training 1:30 PM Card Game - Kings in the Corner 3:00 PM Sunday Social 6:15 PM Weekend Film	2 Groundhog Day 9:30 AM Coffee & Chat - Old Wives' Tales 10:30 AM Chair Exercise 11:00 AM Roll & Shuffle 1:30 PM Jeopardy! 2:00 PM Support Group 3:00 PM Masterpiece Monday - Cupid's Arrow Door Hanger 6:15 PM Comedy Movie	3 9:30 AM Write from the Heart Journaling 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - JFK 1:15 PM Walk & Roll 2:00 PM Tasty Tuesday 3:00 PM Bingo! 6:15 PM Classic Movie	4 9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Valentine's Day Decorating! 1:00 PM TRIP: Shopping at Goodwill 3:00 PM Rummikub 6:15 PM Documentary Movie	5 9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Bears 1:00 PM Activity Cart 2:00 PM Bible Study 3:15 PM Book Club 6:15 PM Musical Movie	6 9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Roll & Shuffle Games 3:00 PM Happy Hour with Rick Iraki 6:15 PM Friday Flick: Resident's Pick!	7 9:30 AM Morning Meditation 10:30 AM Chair Exercise 11:15 AM Reading & Writing - Couplet Poems 1:00 PM Ink & Drink! - Acrylic Pour Paintings 2:30 PM Ukulele Performance by Scott Fletcher & Band 6:15 PM Weekend Film
	8 9:30 AM Pastries & Coffee 10:30 AM Church 11:15 AM Strength Training 1:30 PM Dominoes - Mexican Train 3:00 PM Sunday Social 4:30 PM Super Bowl LX Party! Seahawks VS. Patriots 6:15 PM Weekend Film	9 9:30 AM Coffee & Chat - 20th Century Trivia 10:30 AM Chair Exercise 11:00 AM Roll & Shuffle 1:30 PM Wheel of Fortune! 2:00 PM Support Group 3:00 PM Masterpiece Monday - Now Sew Heart Pillows 6:15 PM Comedy Movie	10 9:30 AM Coffee & Comics 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Princess Diana 1:00 PM Visiting Therapy Dog - Ralston! 2:00 PM Resident Council 3:00 PM Bingo! 6:15 PM Classic Movie	11 9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Sweetheart Tree 2:00 PM Valentine's Day Tea Party! 3:00 PM Rummikub 6:15 PM Documentary Movie	12 9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Platypus 1:00 PM Activity Cart 2:00 PM Bible Study 3:15 PM Book Club 6:15 PM Musical Movie	13 9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Roll & Shuffle Games 3:00 PM Valentine's Day Happy Hour with Dino Cuneo 6:15 PM Friday Flick: Resident's Pick!	14 Valentine's Day 9:30 AM Morning Meditation 10:30 AM Chair Exercise 11:15 AM Reading & Writing - Haiku Poems 1:30 PM Planting! - Tradescantias 3:00 PM Bingo! 6:15 PM Weekend Film
	15 9:30 AM Pastries & Coffee 10:30 AM Short Stories 11:15 AM Strength Training 1:30 PM Church with Pastor Gary 3:00 PM Sunday Social 6:15 PM Weekend Film	16 9:30 AM Coffee & Chat - Remember When? 10:30 AM Music & Movement with Meridith 1:30 PM President's Day Trivia 2:00 PM Support Group 3:00 PM Masterpiece Monday - Heart String Art 6:15 PM Comedy Movie	17 9:30 AM Write from the Heart Journaling 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Pablo Picasso 1:30 PM Mardi Gras Party! 3:00 PM Bingo! 6:15 PM Classic Movie	18 9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Faux Heart Candles 1:00 PM TRIP: Shopping at Target 3:00 PM Rummikub 6:15 PM Documentary Movie	19 9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Big Horn Sheep 1:00 PM Activity Cart 2:00 PM Bible Study 3:15 PM Book Club 6:15 PM Musical Movie	20 9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Roll & Shuffle Games 3:00 PM Happy Hour 6:15 PM Friday Flick: Resident's Pick!	21 9:30 AM Morning Meditation 10:30 AM Chair Exercise 11:15 AM Reading and Writing - Limerick Poems 1:30 PM Ink & Drink - Inked Coasters 3:00 PM Bingo! 6:15 PM Weekend Film
	22 9:30 AM Pastries & Coffee 10:30 AM Church 11:15 AM Strength Training 1:30 PM Card Game - Rummy 3:00 PM Sunday Social - February Birthday Party! 6:15 PM Weekend Film	23 9:30 AM Coffee & Chat - 20th Century Trivia 10:30 AM Chair Exercise 11:00 AM Roll & Shuffle 1:30 PM The Price is Right! 2:00 PM Support Group 3:00 PM Masterpiece Monday - Soap Making 6:15 PM Comedy Movie	24 9:30 AM Coffee & Comics 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Jane Goodall 1:00 PM Visiting Therapy Dog - Ralston! 2:00 PM Tasty Tuesday 3:00 PM Bingo! 6:15 PM Classic Movie	25 9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Paper Quilting 1:00 PM TRIP: Brass Armadillo Antique Mall 3:00 PM Rummikub 6:15 PM Documentary Movie	26 9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Saltwater Dwellers 1:00 PM Activity Cart 2:00 PM Bible Study 3:15 PM Book Club 6:15 PM Musical Movie	27 9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Roll & Shuffle Games 3:00 PM Happy Hour 6:15 PM Friday Flick: Resident's Pick!	28 9:30 AM Morning Meditation 10:30 AM Chair Exercise 11:15 AM Reading & Writing - Diamante Poems 1:30 PM Planting! - Pothos 3:00 PM Bingo! 6:15 PM Weekend Film