

# February 2026

## MC Activity Calendar

| SUNDAY | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |   |
|--------|---|--|--|--|--|--|---|
|        | 1<br>9:15 AM Pastries & Coffee<br>9:45 AM Tri-City Baptist Church<br>11:00 AM Tell the Story<br>1:30 PM Jeopardy<br>2:15 PM Club Quail!<br>3:00 PM Sunday Social  | 2<br>Groundhog Day<br>9:30 AM This Week in History<br>10:30 AM Chair Exercise<br>11:00 AM Talk & Reminisce<br>1:30 PM Propagation Station!<br>3:00 PM Basketball<br>4:00 PM Community Walk & Roll      | 3<br>9:30 AM Chronicle Review<br>10:30 AM Volleyball<br>1:30 PM Busy Bee Club<br>2:00 PM Exercise with EmpowerMe<br>3:00 PM Bingo!<br>4:00 PM Balloon Swat           | 4<br>9:30 AM Catholic Mass<br>10:30 AM Chair Exercise<br>11:15 AM Alphabet Soup<br>1:30 PM Human Slot Machine!<br>2:30 PM Children's Hospital Card Making<br>3:30 PM Kickball                        | 5<br>9:30 AM Chronicle Review<br>10:30 AM Chair Zumba<br>11:15 AM Music in Dallas<br>1:30 PM Valentine's Day Decorating!<br>3:00 PM Cooking Club<br>4:00 PM Ring Toss                      | 6<br>9:30 AM Pray the Rosary<br>10:30 AM Chair Exercise<br>11:00 AM 20 Questions<br>1:30 PM Nail Salon<br>3:00 PM Happy Hour with Rick Iraki<br>4:00 PM Tic Tac Throw          | 7<br>9:30 AM Chronicle Review<br>10:30 AM Parachute<br>11:15 AM Conversation Cards<br>1:30 PM Valentine Mailbox Making<br>2:30 PM Ukulele Performance by Scott Fletcher & Band<br>4:00 PM Tic Tac Throw |
|        | 8<br>9:30 AM Pastries & Coffee<br>10:30 AM Church<br>11:00 AM Kite Making<br>1:30 PM Jewelry Design Workshop<br>2:15 PM Movie in the Theater<br>3:00 PM Sunday Social<br>4:30 PM Super Bowl LX Party! Seahawks VS. Patriots | 9<br>9:30 AM This Week in History<br>10:30 AM Chair Exercise<br>11:00 AM Doodle Den<br>1:30 PM Hot Cocoa Bar!<br>1:30 PM Heart Garlands<br>3:00 PM Hungry Hungry Humans!<br>4:00 PM Bird Feeder Making | 10<br>9:30 AM Chronicle Review<br>10:30 AM Bowling<br>1:30 PM Sweetheart Tree<br>2:00 PM Exercise with EmpowerMe<br>3:00 PM Bingo!<br>4:00 PM Picture Frame Painting | 11<br>9:30 AM Catholic Mass<br>10:30 AM Chair Exercise<br>11:00 AM Love Advice<br>1:45 PM Painting Memories with John & Janay<br>2:00 PM Valentine's Day Tea Party!<br>3:30 PM Valentine Card Making | 12<br>9:30 AM Chronicle Review<br>10:30 AM Chair Zumba<br>11:15 AM Short Stories<br>1:30 PM Nail Salon<br>3:00 PM Valentine's Day Happy Hour with Dino Cuneo<br>4:00 PM Cupcake Decorating | 13<br>9:30 AM Pray the Rosary<br>10:30 AM Chair Exercise<br>11:15 AM Flower Arranging<br>1:30 PM Valentine Toss<br>2:30 PM Valentine Social!<br>3:45 PM Human Wack-a-Mole Game | 14<br>Valentine's Day<br>9:30 AM Chronicle Review<br>10:30 AM Parachute<br>11:15 AM Flower Arranging<br>1:30 PM Valentine Toss<br>2:30 PM Valentine Social!<br>3:45 PM Human Wack-a-Mole Game           |
|        | 15<br>9:30 AM Pastries & Coffee<br>10:30 AM Roll & Score<br>11:00 AM Tell the Story<br>1:30 PM Church with Pastor Gary<br>2:15 PM Club Quail!<br>3:00 PM Sunday Social  | 16<br>9:30 AM This Week in History<br>10:30 AM Chair Exercise<br>11:00 AM Talk & Reminisce<br>1:30 PM Birdhouse Painting<br>3:00 PM Cornhole<br>4:00 PM Paint by Numbers                               | 17<br>9:30 AM Chronicle Review<br>10:30 AM Kickball<br>1:30 PM Mardi Gras Party!<br>2:00 PM Exercise with EmpowerMe<br>3:00 PM Bingo!<br>4:00 PM Cup Pong            | 18<br>9:30 AM Catholic Mass<br>10:30 AM Chair Exercise<br>11:15 AM Busy Bee Club<br>1:30 PM Cooking Club<br>3:00 PM Pom Pom Shooters<br>4:00 PM Cup Stacking   | 19<br>9:30 AM Chronicle Review<br>10:30 AM Chair Zumba<br>11:15 AM Guess the Scent<br>1:30 PM TRIP: Scenic Drive<br>3:00 PM Balloon Volleyball   | 20<br>9:30 AM Pray the Rosary<br>10:30 AM Chair Exercise<br>11:00 AM 20 Questions<br>1:30 PM Tic Tac Throw<br>2:30 PM Piñata Making<br>4:00 PM Axe Throwing                    | 21<br>9:30 AM Chronicle Review<br>10:30 AM Parachute<br>11:00 AM Conversation Cards<br>1:30 PM Tic Tac Throw<br>2:30 PM Piñata Making<br>4:00 PM Axe Throwing   |
|        | 22<br>9:30 AM Pastries & Coffee<br>10:30 AM Church<br>11:00 AM Make Your Own Margarita!<br>1:30 PM Break the Piñata<br>2:15 PM Movie in the Theater<br>3:00 PM Sunday Social  | 23<br>9:30 AM This Week in History<br>10:30 AM Chair Exercise<br>11:00 AM Doodle Den<br>1:30 PM Propagation Station!<br>3:00 PM Nerf Gun Target Practice<br>4:00 PM Salt Painting                      | 24<br>9:30 AM Chronicle Review<br>10:30 AM Basketball<br>1:30 PM Dirt & Worms Snack<br>2:00 PM Exercise with EmpowerMe<br>3:00 PM Car Racing!                        | 25<br>9:30 AM Catholic Mass<br>10:30 AM Chair Exercise<br>11:15 AM Music in Dallas<br>1:30 PM Scavenger Hunt<br>2:30 PM Snack & Chat<br>3:00 PM Tie-Dye!   | 26<br>9:30 AM Chronicle Review<br>10:30 AM Chair Zumba<br>11:15 AM I Spy<br>1:45 PM Painting Memories with John & Janay<br>3:00 PM Tornado Making<br>4:00 PM Bowling                       | 27<br>9:30 AM Pray the Rosary<br>10:30 AM Chair Exercise<br>11:15 AM Short Stories<br>1:30 PM Nail Salon<br>3:00 PM Happy Hour   | 28<br>9:30 AM Chronicle Review<br>10:30 AM Parachute<br>11:15 AM Flower Arranging<br>1:30 PM Board & Bottle<br>2:30 PM Soap Making Workshop<br>3:45 PM Drumming to the Beat                             |