



# March 2026



## AL/IL Activity Calendar

| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY   |
|--|---|--|---|--|---|--|
| <p>1</p> <p>9:15 AM Pastries &amp; Coffee</p> <p>9:45 AM Tri-City Baptist Church</p> <p>11:00 AM Strength Training</p> <p>1:30 PM Rummikub</p> <p>3:00 PM Sunday Social</p> <p>5:45 PM Weekend Film</p>                      | <p>2</p> <p>9:30 AM Coffee &amp; Chat - Riddles</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Jeopardy!</p> <p>1:30 PM St. Patrick's Day Decorating!</p> <p>2:00 PM Support Group</p> <p>3:00 PM Masterpiece Monday</p> <p>5:45 PM Comedy Movie</p>                                  | <p>3</p> <p>9:30 AM Back In My Day...</p> <p>10:30 AM Exercise with EmpowerMe</p> <p>11:00 AM Famous Figures - Dr. Seuss</p> <p>1:30 PM Tasty Tuesday</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Classic Movie</p>   | <p>4</p> <p>9:30 AM Catholic Mass</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Houseplant Care</p> <p>1:15 PM TRIP: Shopping at King Soopers</p> <p>3:00 PM Rummikub</p> <p>5:45 PM Documentary Movie</p>                               | <p>5</p> <p>9:30 AM Coffee &amp; Current Events</p> <p>10:30 AM Chair Exercise</p> <p>11:15 AM Curiosity Corner - Moose</p> <p>1:30 PM One-On-Ones</p> <p>2:00 PM Bible Study</p> <p>3:15 PM Book Club</p> <p>5:45 PM Historical Movie</p>         | <p>6</p> <p>9:30 AM Pray the Rosary</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Nail Salon</p> <p>1:30 PM Billiards!</p> <p>3:00 PM Happy Hour!</p> <p>5:45 PM Friday Flick: Resident's Pick!</p>                                  | <p>7</p> <p>9:30 AM Stretch &amp; Relaxation</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Card Games</p> <p>1:30 PM Craft Corner</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Weekend Film</p>     |
| <p>8</p> <p>9:30 AM Pastries &amp; Coffee</p> <p>10:30 AM Virtual Church</p> <p>11:15 AM Strength Training</p> <p>1:30 PM Rummy Card Games</p> <p>3:00 PM Sunday Social</p> <p>5:45 PM Weekend Film</p>                      | <p>9</p> <p>9:30 AM Coffee &amp; Chat - Jokes</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Pictionary!</p> <p>1:30 PM Garden Club</p> <p>2:00 PM Support Group</p> <p>3:00 PM Masterpiece Monday</p> <p>5:45 PM Comedy Movie</p>  | <p>10</p> <p>9:30 AM Travelogue</p> <p>10:30 AM Exercise with EmpowerMe</p> <p>11:00 AM Famous Figures - Rosie the Riveter</p> <p>1:00 PM Visiting Therapy Dog - Ralston!</p> <p>2:00 PM Resident Council</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Classic Movie</p>     | <p>11</p> <p>9:30 AM Catholic Mass</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM "Don't Press Your Luck!" - Fraud Prevention Class</p> <p>1:00 PM TRIP: Buffalo Bill Museum</p> <p>3:00 PM Rummikub</p> <p>5:45 PM Documentary Movie</p> | <p>12</p> <p>9:30 AM Coffee &amp; Current Events</p> <p>10:30 AM Chair Exercise</p> <p>11:15 AM Curiosity Corner - Pangolin</p> <p>1:30 PM Activity Cart</p> <p>2:00 PM Bible Study</p> <p>3:15 PM Book Club</p> <p>5:45 PM Historical Movie</p>   | <p>13</p> <p>9:30 AM Pray the Rosary</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Nail Salon</p> <p>1:30 PM Visiting Therapy Rabbits</p> <p>3:00 PM Happy Hour with Mark Fossey</p> <p>5:45 PM Friday Flick: Resident's Pick!</p>   | <p>14</p> <p>9:30 AM Stretch &amp; Relaxation</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Balloon Swat!</p> <p>1:30 PM Craft Corner</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Weekend Film</p> |
| <p>15</p> <p>9:30 AM Pastries &amp; Coffee</p> <p>10:15 AM Kings in the Corner</p> <p>11:15 AM Strength Training</p> <p>1:30 PM Church with Pastor Gary</p> <p>3:00 PM Sunday Social</p> <p>5:45 PM Weekend Film</p>         | <p>16</p> <p>9:30 AM Coffee &amp; Chat - Comics</p> <p>10:30 AM Music &amp; Movement with Meridith!</p> <p>11:30 AM Bingo Bucks Store!</p> <p>1:30 PM Irish Trivia - Truth or Blarney?</p> <p>2:00 PM Support Group</p> <p>3:00 PM Masterpiece Monday</p> <p>5:45 PM Comedy Movie</p> | <p>17</p> <p><i>Saint Patrick's Day</i></p> <p>9:30 AM Leprechaun Scavenger Hunt</p> <p>10:30 AM Exercise with EmpowerMe</p> <p>11:00 AM Famous Figures - Leprechauns</p> <p>2:00 PM St. Patrick's Day Party!</p> <p>3:30 PM Bingo!</p> <p>5:45 PM Classic Movie</p> | <p>18</p> <p>9:30 AM Catholic Mass</p> <p>10:30 AM Chair Exercise</p> <p>11:30 AM TRIP: Lunch at Olive Garden</p> <p>3:00 PM Rummikub</p> <p>5:45 PM Documentary Movie</p>  | <p>19</p> <p>9:30 AM Coffee &amp; Current Events</p> <p>10:30 AM Chair Exercise</p> <p>11:15 AM Curiosity Corner - Hummingbirds</p> <p>1:30 PM One-On-Ones</p> <p>2:00 PM Bible Study</p> <p>3:15 PM Book Club</p> <p>5:45 PM Historical Movie</p> | <p>20</p> <p>9:30 AM Pray the Rosary</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Nail Salon</p> <p>1:30 PM Roll &amp; Shuffle!</p> <p>3:00 PM Happy Hour with Rick &amp; Charlie</p> <p>5:45 PM Friday Flick: Resident's Pick!</p> | <p>21</p> <p>9:30 AM Stretch &amp; Relaxation</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Card Games</p> <p>1:30 PM Craft Corner</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Weekend Film</p>    |
| <p>22</p> <p>9:30 AM Pastries &amp; Coffee</p> <p>10:30 AM Virtual Church</p> <p>11:15 AM Strength Training</p> <p>1:30 PM Dominoes</p> <p>3:00 PM Sunday Social</p> <p>5:45 PM Weekend Film</p>                             | <p>23</p> <p>9:30 AM Coffee &amp; Chat - 20 Questions</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Wheel of Fortune!</p> <p>1:30 PM Garden Club</p> <p>2:00 PM Support Group</p> <p>3:00 PM Masterpiece Monday</p> <p>5:45 PM Comedy Movie</p>                                      | <p>24</p> <p>9:30 AM Back In My Day...</p> <p>10:30 AM Exercise with EmpowerMe</p> <p>11:00 AM Famous Figures - Babe Ruth</p> <p>1:00 PM Visiting Therapy Dog - Ralston!</p> <p>2:00 PM Tasty Tuesday</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Classic Movie</p>         | <p>25</p> <p>9:30 AM Catholic Mass</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Houseplant Care</p> <p>1:15 PM TRIP: Shopping at Burlington Coat Factory</p> <p>3:00 PM Rummikub</p> <p>5:45 PM Documentary Movie</p>                   | <p>26</p> <p>9:30 AM Coffee &amp; Current Events</p> <p>10:30 AM Chair Exercise</p> <p>11:15 AM Curiosity Corner - Salmon</p> <p>1:30 PM Activity Cart</p> <p>2:00 PM Bible Study</p> <p>3:15 PM Book Club</p> <p>5:45 PM Historical Movie</p>     | <p>27</p> <p>9:30 AM Pray the Rosary</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Nail Salon</p> <p>1:30 PM Visiting Therapy Rabbits</p> <p>3:00 PM Happy Hour!</p> <p>5:45 PM Friday Flick: Resident's Pick!</p>                   | <p>28</p> <p>9:30 AM Stretch &amp; Relaxation</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Putt Putt!</p> <p>1:30 PM Craft Corner</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Weekend Film</p>    |
| <p>29</p> <p>9:30 AM Pastries &amp; Coffee</p> <p>10:30 AM Virtual Church</p> <p>11:15 AM Strength Training</p> <p>1:30 PM Crazy Eights</p> <p>3:00 PM Sunday Social - March Birthday Party!</p> <p>5:45 PM Weekend Film</p> | <p>30</p> <p>9:30 AM Coffee &amp; Chat - 2 Truths and a Lie</p> <p>10:30 AM Chair Exercise</p> <p>11:00 AM Bingo!</p> <p>1:30 PM Garden Club</p> <p>2:00 PM Support Group</p> <p>3:00 PM Curious Dragonfly</p> <p>5:45 PM Comedy Movie</p>  | <p>31</p> <p>9:30 AM Travelogue</p> <p>10:30 AM Exercise with EmpowerMe</p> <p>11:00 AM Famous Figures - Marie Curie</p> <p>1:30 PM Tasty Tuesday</p> <p>3:00 PM Bingo!</p> <p>5:45 PM Classic Movie</p>   | <p>Happy Birthday!</p> <p>Cindy Ewing - 03/04</p> <p>Carol Aldinger - 03/04</p> <p>Anita Botsford - 03/06</p> <p>Ken Zeitlow - 03/13</p> <p>Dottie Eccher - 03/14</p> <p>Gretchen Faulkner - 03/16</p>                                    |  |   |  |