



May 2026

AL/IL Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>31</p> <p>9:30 AM Pastries & Coffee 10:30 AM Virtual Church 11:15 AM Mocktails 1:30 PM Dominoes 3:00 PM Sunday Social 5:45 PM Weekend Film</p>					<p>1</p> <p>9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Game Room 3:00 PM Happy Hour with Randal Ames 5:45 PM Friday Flick: Resident's Pick!</p>	<p>2</p> <p>9:30 AM Pastries & Coffee 10:30 AM Chair Exercise 11:15 AM Card Games 1:30 PM Craft Corner 3:00 PM Bingo! 5:45 PM Weekend Film</p>
<p>3</p> <p>9:15 AM Pastries & Coffee 9:45 AM Tri-City Baptist Church 10:45 AM Bowling 1:30 PM Uno Card Game 3:00 PM Sunday Social - May Birthday Party! 5:45 PM Weekend Film</p>	<p>4</p> <p>9:30 AM Coffee & Chat 10:30 AM Chair Exercise 11:15 AM Bananagrams Game 1:30 PM Garden Club 2:15 PM Support Group 3:15 PM Masterpiece Monday 5:45 PM Comedy Movie</p>	<p>Cinco De Mayo 5</p> <p>9:30 AM Rise & Shine - History of Cinco de Mayo 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Frida Kahlo 1:45 PM Tasty Tuesday - Mock Margaritas & Taco Bites 3:00 PM Bingo! 5:45 PM Classic Movie</p>	<p>6</p> <p>9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Balloon Volleyball 1:30 PM TRIP: Shopping at Walmart 3:00 PM Rummikub 5:45 PM Documentary Movie</p>	<p>7</p> <p>9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Anteater 1:30 PM Craft Open Studio 2:00 PM Bible Study 3:15 PM Book Club 5:45 PM Historical Movie</p>	<p>8</p> <p>9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Game Room 3:00 PM Happy Hour with Larry O'Connor 5:45 PM Friday Flick: Resident's Pick!</p>	<p>9</p> <p>9:30 AM Pastries & Coffee 10:30 AM Chair Exercise 11:15 AM Shuffleboard 1:30 PM Courtyard Stroll 3:00 PM Bingo! 5:45 PM Weekend Film</p>
<p>Mothers Day 10</p> <p>9:30 AM Pastries & Coffee 10:30 AM Virtual Church 11:15 AM Bouquet Bar 1:30 PM Mother's Day Tea Party! 3:00 PM Sunday Social 5:45 PM Romantic Comedy Movie</p>	<p>11</p> <p>9:30 AM Coffee & Chat 10:30 AM Chair Exercise 11:00 AM Curious Dragonfly 1:30 PM Garden Club 2:15 PM Support Group 3:15 PM Masterpiece Monday 5:45 PM Comedy Movie</p>	<p>12</p> <p>9:30 AM Rise & Shine 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Amelia Earhart 1:00 PM Visiting Therapy Dog - Ralston! 2:00 PM Tasty Tuesday - Italian Bruschetta 3:00 PM Bingo! 5:45 PM Classic Movie</p>	<p>13</p> <p>9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Cornhole 1:30 PM TRIP: Shopping at Ross 3:00 PM Rummikub 5:45 PM Documentary Movie</p>	<p>14</p> <p>9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Dolphins 1:30 PM Craft Open Studio 2:00 PM Bible Study 3:15 PM Book Club 5:45 PM Historical Movie</p>	<p>15</p> <p>9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Visiting Therapy Rabbits! 3:00 PM Happy Hour with Mark Fossey 5:45 PM Friday Flick: Resident's Pick!</p>	<p>Armed Forces Day 16</p> <p>9:30 AM Pastries & Coffee 10:30 AM Chair Exercise 11:15 AM Card Games 1:30 PM Craft Corner 3:00 PM Bingo! 5:45 PM Weekend Film</p>
<p>17</p> <p>9:30 AM Pastries & Coffee 10:15 AM Curiosity Corner - Canaries & Finches 11:00 AM Game Room 1:30 PM Church with Pastor Gary 3:00 PM Sunday Social 5:45 PM Weekend Film</p>	<p>18</p> <p>9:30 AM Coffee & Chat 10:30 AM Music & Movement with Meridith 1:30 PM Garden Club 2:15 PM Support Group 3:15 PM Masterpiece Monday 5:45 PM Comedy Movie</p>	<p>19</p> <p>9:30 AM Rise & Shine 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Sitting Bull & Buffalo Bill 1:00 PM Bingo Bucks Store 2:00 PM Resident Council 3:00 PM Bingo! 5:45 PM Classic Movie</p>	<p>20</p> <p>9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:30 AM TRIP: Lunch & Walk in Olde Town Arvada 3:00 PM Rummikub 5:45 PM Documentary Movie</p>	<p>21</p> <p>9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Alligators VS. Crocodiles 1:30 PM Craft Open Studio 2:00 PM Bible Study 3:15 PM Book Club 5:45 PM Historical Movie</p>	<p>22</p> <p>9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Game Room 3:00 PM Happy Hour! 5:45 PM Friday Flick: Resident's Pick!</p>	<p>23</p> <p>9:30 AM Pastries & Coffee 10:30 AM Chair Exercise 11:15 AM Billiards 1:30 PM Courtyard Stroll 3:00 PM Bingo! 5:45 PM Weekend Film</p>
<p>24</p> <p>9:30 AM Pastries & Coffee 10:30 AM Virtual Church 11:15 AM Putt Putt Golf 1:30 PM Veteran Craft 3:00 PM Sunday Social 5:45 PM Weekend Film</p>	<p>Memorial Day 25</p> <p>9:30 AM Memorial Day Flag Ceremony 10:30 AM Chair Exercise 11:00 AM Veteran Memorial Wall 1:30 PM Garden Club 2:15 PM Support Group 3:15 PM Masterpiece Monday 5:45 PM Patriotic Movie</p>	<p>26</p> <p>9:30 AM Rise & Shine 10:30 AM Exercise with EmpowerMe 11:00 AM Famous Figures - Our Veterans 1:00 PM Visiting Therapy Dog - Ralston! 2:00 PM Tasty Tuesday - Patriotic Parfaits 3:00 PM Bingo! 5:45 PM Classic Movie</p>	<p>27</p> <p>9:30 AM Catholic Mass 10:30 AM Chair Exercise 11:00 AM Bowling 1:00 PM TRIP: Wings Over the Rockies Museum 3:00 PM Rummikub 5:45 PM Documentary Movie</p>	<p>28</p> <p>9:30 AM Coffee & Current Events 10:30 AM Chair Exercise 11:15 AM Curiosity Corner - Bald Eagle 1:30 PM Craft Open Studio 2:00 PM Bible Study 3:15 PM Book Club 5:45 PM Historical Movie</p>	<p>29</p> <p>9:30 AM Pray the Rosary 10:30 AM Chair Exercise 11:00 AM Nail Salon 1:30 PM Visiting Therapy Rabbits! 3:00 PM Happy Hour with Rick & Charlie 5:45 PM Friday Flick: Resident's Pick!</p>	<p>30</p> <p>9:30 AM Pastries & Coffee 10:30 AM Chair Exercise 11:15 AM Card Games 1:30 PM Craft Corner 3:00 PM Bingo! 5:45 PM Weekend Film</p>