

Maziko 1:

Moyo Uyamba

Walongesheli Sarah Small,
Jon Paul Witt,
Alan Scantlebury
na Jo Kimball



Maziko 1

Moyo Uyamba

*'Adzatchedwa thundu la chilungamo,
kubzala kwa Ambuye
pa chiwonetsero cha ulemerero wake.'*

Yesaya 61:3

Maziko 1: Moyo Uyamba, Kope Loyamba, Okutobala 2017

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Zikomo

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Gulu kumbuyo kwa Maziko

Okonza: Sarah Small, Jon Paul Witt, Alan Scantlebury ndi Jo Kimball

Owerenga Zachikhalidwe: Cornelius Chalwe, Gervas Chalwe ndi

Dorothy Jikubi

Vomerezi: Rachel Warner, Mark Vermes, ndi Elisabeth Cartwright

Mawu a M'baibulo

Babulo mu chi Chewa, olembedwa kapena yo falisidwa Buku Lopatulika. Bible Society ya Malawi. Kusewenzesedwa ndi chilolezo colemba ndi kusindikizidwa.

Zizindikiro Zowongolera

Zizindikiro Zowongolera zomwe Zidapangidwa ndi Studio 5 Lofalitsidwa ndi

SyncFusion. Zizindikiro zomwe zimagwiritsidwa ntchito ndi chilolezo.

Maziko

Maziko ndi njira yomwe imathandizira anthu kufufuza ndi kukula mu ubale wawo ndi Mulungu ndipo amawalimbikitsa kuti atumikire dera lawo. Zinalembedwa kuti zizipereka zida zapamwamba kwambiri zomwe zitha kugwiritsidwa ntchito m'malo osiyanasiyana okhala ndi magulu azikhalidwe padziko lonse lapansi. **Maziko** ndi gulu la mabuku anayi, chilichonse chomwe chimakhala ndi magawo khumi ndi atatu ogwirizana.

Maziko alembedwa ndi olemba alendo odzipereka a alendo ochokera padziko lonse lapansi ndikulemba komanso kusintha mwa Dignity.

Maziko 1: Moyo Uyamba ndi amene ali ndi chikhulupiro chatsopano kapena ayi. Kuchokera pazoyamba zosavuta zimatsogolera anthu omwe amatsatira chikhulupiro komanso kumudziwa Mulungu.

Maziko 2: Moyo Umakula umakhazikitsa maziko omwe chikhulupiro chimatha kukula ndikupereka chidziwitso chothandiza kugwiritsa ntchito Baibulo komanso kupemphera.

Maziko 3: Moyo Umamupanga kuti azichita nawo chilengedwe cha ophunzirira. Mkristu wathanzi mwachilengedwe amafalitsanso moyo womwe apatsidwa m'dera lawo ndi anthu ena.

Maziko 4: Moyo Wachikulire umawona kuti ndi Achikristu okhwima bwanji. Buku ili limanyamula mitu ya mndandanda wina wonsewo koma ndikukulitsa.

Kulemba

Maziko 1: Moyo Uyamba kulembedwa ndi olemba odzipereka ochokera padziko lonse lapansi. Olemba omwe adathandizira m'bukuli adalembedwa pano motsatira zilembo za zilembo. Wolemba Gawo 3 akufuna kuti akhalebe osadziwika.



Cornelius Chalwe ndi Mtsogoleri wa Gulu Lokhala ndi Dignity, wansembe wa Anglican, kusintha wothandizira ndi kukopa kwa kukhwima ndi kupulumutsidwa kwa anthu a Mulungu. Amakonda Mulungu, amakhulupirira kuti Mawu Ake amabweretsa ufulu ndipo amatsegula madera ndi nyumba kwa Mulungu.

Gawo 11

Alan de Wet amadzifotokozera ngati mainjiniya wowoneka bwino, kulima, amuna, abambo ndi mnzake yemwe amalalikira, amaphunzitsa ndipo tsopano alemba. Timamudziwa kuti ndi munthu amene amakonda Mulungu ndipo amagawana moyo wa Mulungu kupereka kudzera m'mawu ake.

Gawo 6



Kurt Francis ndi m'busa wa ku Ruthin Wachikhristu ku Wales. Ali wokwatiwa ndi Ann, ali ndi ana 3 akulu ndipo tsopano ndi agogo onyada. Amakonda kuwerenga ndi kukhala ndi nthawi komanso abale komanso nthawi zina kupaka nsomba.

Gawo 2



Mary Hardy adakhulupirira ndi chikhulupiriro mwa Khristu pomwe anali wophunzira ku Manchester, England. Ali wokwatiwa ndi Randall kuti akakweze ndipo adalemba zaka zambiri m'banja lawo ana 6, kuphunzitsa kusukulu Yachikristu tsopano kuphunzitsa kunyumba. Amakonda kuti azilumikizana ndi banja lake, kuwerenga, kulima, chilankhulo ndi mbiri.

Gawo 7 ndi 8



Jo Kimball yakhala gawo la timu Dignity kuyambira 2008, kuyenda kwambiri ku Zambia kuti agwire ntchito ndi Mabungwe Yamoyo ndi magulu. Ndi wokonzanso komanso kulimbikitsa amene amasangalala kuona ena akuchita zinthu ndikuphunzira tanthauzo la kukonedwa ndi Yesu.

Gawo 5



Ben Jeffery ndiye mtsogoleri wa Soul City, mpingo womwe adaunjikira ndi mkazi wake Emma ku Stockport, UK. Ali gawo la ntchito yatsopano yomwe ikupanga gulu lomwe likuyambitsa 10,000 zipatso pofika 2020.

Gawo 1



Tobbias Ngala ndiye m'busa wotsogolera wa Trinity Chapel ku Mombasa, Kenya. Atakwatirana ndi Joyce ndipo adalitsidwa ndi ana aakazi awiri, amalakalaka kubzala matchalitchi komanso amawona moyo wopatsa mpingo m'mizinda yonse ya Africa. Amachita bwino popanga zitsamba ndi atsogoleri.

Gawo 10



Sarah Small anakula ku Yorkshire ndiye kuti Zipembedzo ndi Zamulungu mu Manchester. Pambuyo pa zaka 10 akugwira ntchito yodzifunira ku UK ndi Africa, tsopano akugwira ntchito muukadaulo ku UK. Amachita utsogoleri wa tchalitchi cha junks, ntchito yodzifunira komanso moyo wabanja ndi ana awiri ndipo posachedwapa adamaliza Maphunziro a Ufumu.

Gawo 4, 9 ndi 13



Jon Paul Witt ali woyambitsa Dignity ndipo wagwira ntchito ndi mpingo m'maiko ambiri. Ndiwoganiza, mpainiya, mlaliki ndi mmishonale. Jon ali wokwatiwa ndi Judith ndipo ali ndi ana atatu. Amakhala pakati pa Zambia ndi UK. Kukonda kwa Jon ndikuwona anthu akudziwa Yesu komanso kuti akhumudwitse anthu awo.

Gawo 12

Zopezekamo

Momwe Mungagwiritsire Ntchito Bukuli.....	1
Kusunga ana kuli Kotetezeka kwambiri pa Mabungwe Yamoyo.....	6
1: Moyo Watsopano Kuchokera kwa Mulungu.....	8
2: Moyo wa Mulungu mwa Ife.....	20
3: Moyo Watsopano Umakula.....	30
4: Kugawana Moyo Watsopano.....	40
5: Kukula M'banja la Mulungu.....	50
6: Pamalo Abwino ndi Mulungu.....	60
7: Kodi Baibulo ndi Lotani?.....	70
8: Momwe Mungaphunzirire Baibulo.....	82
9: Kodi Pemphelelo ndi Chiyani?.....	92
10: Kupemphera Limodzi.....	102
11: Kupembedza Pamodzi.....	110
12: Mzimu Woyera Amapereka Moyo.....	120
13: Chidule Gawo.....	130

Momwe Mungagwiritsire Ntchito Bukuli

Bukuli lakonzedwa kuti ligwiritsidwe ntchito ngati kafukufuku wa gulu. Munthu yekhayo amene akutsogolera gawo amafunikira bukulo. Muyenera kuyesa kumaliza gawo lililonse mkati mwa 1.5 - 2 maola. Ngati mukupeza kuti mufunika nthawi yayitali, mutha kumaliza gawo limodzi patatha milungu iwiri.

Momwe mungayendetsere gawo

Ndikofunikira kuti mulowetse aliyense mu magawo. Sizovuta kuwerenga gawoli komanso kuwauza anthu zomwe ayenera kuchita. Tikhulupirira kuti munthu aliyense ali ndi china chake chapadera kuti athandizire komanso kuti Mulungu amatiphunzitsa kudzera mwa iwo. Chifukwa chake, magawo alembedwa mwanjira yoti anthu onsewa azikhudzidwa. Pali ma vesi okumbukira, mafunso, masewero, nkhani zomwe zingafunike aliyense kutenga nawo mbali.

Monga mtsogoleri wa gululi muyenera kuyambitsa zokambiranazo ndikuthandizira kupita ku njira yoyenera, koma simuyenera kuchita zonse.

Muyenera kulimbikitsa anthu achisoni komanso odekha kuti ayesere ndikulankhula momwe angathere. Muyenera kulimbikitsa anthu omwe ali olankhula komanso okonda kupatsa anthu ena mwayi wogawana nawonso malingaliro awo.

Zomwe mukufuna gawo lililonse

Magawowo adapangidwa kuti akhale osavuta ndipo safuna zinthu zambiri. Mudzafunikira:

- Kope la bukuli kwa munthu amene akutsogolera gawoli
- Baibulo (ndizothandiza ngati anthu ochepa mgululi angabweretse Baibulo, koma sikofunikira)

- Zolemba ndi pepala, zomwe nthawi zambiri zimagwiritsidwa ntchito pochita. Muyenera kulimbikitsa anthu kuti abweretse izi kunyumba

Momwe mungagwiritsire ntchito bukuli ngati china chilichonse chikufunika, izi zidziwika kumapeto kwa gawoli ndizofunikira. Muyenera kukonzekera zinthu izi pasadakhale.

Zizindikiro zokuthandizani

Kukuthandizani kutsogolera magawo omwe timaphatikizapo zizindikilo kuti ndikuuzeni gawo lililonse gawo lililonse. Zizindikirozi zikuwonetsedwa pansipa ndi tanthauzo lawo. Tengani kanthawi tsopano kuti mudziwe tanthauzo lililonse losonyeza kuti muwone magawo angapo ndikuwona momwe zizindikiritso zimagwiritsidwira ntchito. Izi zidzakuthandizani kuti muzikhala osavuta mukamatsogolera gawo.



Kukonzekela

Kuonetsetsa kuti gawo lililonse limayenda bwino pali zinthu zina zomwe mungachite pokonzekera. Izi zikuphatikiza kuwonetsetsa kuti muli ndi zinthu zomwe mukufuna kuti gawo lanu likonzekere ndikupanga antchito odzipereka musanakumane. Muyenera kuyang'ana masiku ochepa musanayambe gawo lanu kuti mukhale ndi nthawi yochita zomwe zikufunika kuchitika.



Kulunjika

Gawo lililonse limayamba ndi cholinga. Izi zikukupangitsani zomwe mukuphunzitsa gululi komanso zomwe aliyense ayenera kumvetsetsa akachita gawo. Nthawi zonse muyenera kukumbukira izi nthawi zonse ndikudzifunsa ngati mukuthandiza anthu kuwafika. Ndibwino kuyamba kutenga nawo gawo ndi gululi.



Vesi Loloweza

Aliyense ayenera kuphunzira vesi lokumbukira ndipo amatha kubwerezanso kumapeto kwa gawoli. Muyenera kuwaphunzitsa powerenga vesi lokumbukira komanso kutchula Baibulo mokweza gulu. Kenako werenganinso koma nthawi ino werengani pang'ono

pang'ono, m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Bwerezani izi, pang'onopang'ono kuwerenga magawo a nthawi zonse ndi gulu lobwereza gawo lililonse mpaka aliynse angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.



Nkhani

Mankhani ndi njira yabwino kwambiri yodziwitsira maphunziro ndikuphunzira kuchokera ku chinthu chomwe chimadziwika. Aliynse amasangalala ndi nkhani zomwe amamva ndipo ndi zosavuta kukumbukira! Mukamauga gululi m'gululi, muyenera kuwapeza kukhala moyo mwa kudabwitsa. Ngati pali wina m'gulu lanu amene ali wabwino kunena nkhani zingakhale bwino kuwafunsa kuti anene nkhani. Muyenera kuwafunsa gawoli lisanafike pokonzekera.



Vunga la Baibulo

Gawo lililonse limakhala ndi vesi limodzi 1 kuti liwerenge, ena ali ndi zambiri. Ngati pali anthu mgulu lanu omwe ali owerenga abwino omwe mungawafunse kuti akuwerengereni. Muyenera kuwafunsa pasadakhale kuti azitha kuchita kapena kunena kuti sakufuna kuwerenga. Kumbukirani kuti anthu ena sangathe kuwerenga kuwafunsa pamaso pa anthu pomwe sangathe kunena kuti ayi.



Kulankhula

Pali magawo omwe amafunika kuwerengedwa mokweza m'bukuli. Mukakumana ndi izi muyenera kupuma nthawi ndi nthawi, makamaka ndi mfundo zofunika, ndipo mufunsi anthu ngati amvetsetsa zomwe mukunena zomwe mukunena. Ngati alibe, mungafunike kubwereza gawo kapena kukambirana china kuwathandiza kumvetsetsa.



Kukambirana ndi Mafunso

Kuyankha mafunso ndi kukambirana zinthu kumathandiza anthu kuphunzira komanso kudzifufuza kena kake. Izi zimawathandiza kukumbukira. Mukawona chizindikiro chofunsi kuti ndikofunikira kuti mufunse funsoli mafunso ndikulimbikitsa anthu osiyanasiyana

angapo kuti ayankhe. Nthawi zina mafunsowo ndi omwe amakambirana m'magulu ang'onoang'ono. Ngati gawoli likukuwuzani, muyenera kugawanitsa anthu m'magulu atatu kapena anayi ndikuwapatsa nthawi yokambirana funsoli. Gulu lonse litabweranso limodzi muyenera kuloza nthawi kuti gulu lililonse ligawane limodzi kapena awiri mwa mfundo zazikulu zomwe amakambirana.

Ngati pali mafunso ambiri kapena Baibulo lomwe anthu amafunikira kuti mulimbikitse wina kuchokera ku gulu lililonse kuti atenge chithunzi cha foni kapena kukonzekera pasadakhale mafunso.



Zochita

Anthu amaphunzira mosangalala komanso pochita zinazake. Zochita zimathandizira izi kuchitika. Muyenera kukhutitsa aliyense pantchitotozo ndikuwalimbikitsa kuti azisangalala pomwe akuchita!



Pemphero

Zomwe Mulungu anena mwachindunji kwa anthu ndizofunika kwambiri. Tikufuna kulimbikitsa gulu lanu kuti lizipemphererana ndi wina ndi mnzake ngati zingatheke. Mukawona chizindikiro ichi muyenera kufunsa anthu kuti azipemphera. Pali njira zosiyanasiyana zopemphereramo ku bukhu ili. Nthawi zina gulu limapemphedwa kuti lipemphere tonse pamodzi, nthawi zina m'magulu ang'onoang'ono ndipo nthawi zina awiriawiri. Nthawi zina anthu amafunsidwa kufuula mokweza kwa Mulungu ndipo nthawi zina anthu amafunsidwa kuti apemphere chete. Ndikofunikira kuti muchoke nthawi yokwanira kupemphera ndikulimbikitsa anthu kuti amvere zomwe Mulungu akunena.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti anthu azichita. Muyenera kufotokozerana mosamala kuti anthu amvetsetse ndikulimbikitsa anthu kuti azichita izi mkati mwa sabata. Kumayambiriro kwa gawo lililonse, muyenera kulolera anthu nthawi kuti adyetse ngati adachita ntchito yomwe adapatsidwa.



Mboni

Ndikofunikira kuti tisonyeze chikondi cha Yesu kwa iwo omwe ali pafupi nafe. Titha kuchita izi m'njira zambiri. Gawo lililonse limatipatsa lingaliro la momwe tingachitire izi. Muyenera kufotokozero pagululo mosamala pagululo ndikulimbikitsa aliyense kuti achite izi mkati mwa sabata. Tikamaonetsa chikondi cha Yesu kwa iwo omwe timakhala nawo tikakhala nawo timakhulupirira kuti Yesu asintha miyoyo ndi kubweretsa ufulu. Kungakhale bwino kulimbikitsa mamembala a gulu kuti ayankhe za anthu omwe amalankhula nawo komanso kuwalimbikitsa kuti apitilize kupempherera anthu amenewo.

5

Nthawi

Mphindi

M'malo ena tidaphatikiza nthawi yayitali yomwe ntchito kapena zokambirana ziyenera kutenga. Izi zikuthandizani kuti musunge magawo omwe ali mkati mwa nthawi yonse.

Mavesi a Baibulo

Mukawona dzina ndi manambala omwe ali pa Masalimo 1:4-6 akupereka gawo la m'Baibulo. Ili ndi njira imodzi imatanthawuza kuti muyenera kuwerenga kuchokera m'buku la Masalimo, vesi 1 mpaka 6.

Kusunga ana kuli Kotetezeka kwambiri pa Mabungwe Yamoyo

Tonse tinkabwera ndi malamulo osavuta kuti ana athu akhale otetezeka ngakhale ali kunyumba kapena nafe Bungwe Lamoyo. Malamulowa ndi abwino kugwiritsira ntchito madera ena miyoyo yathu. Kaya tikugwira ntchito m'minda yathu, kutchalitchi kapena ndi abwenzi, Mulungu akufuna ife kuonetsetsa kuti ana athu ali otetezeka.



Aliyense amene amapezekapo gulu ayenera kuonetsetsa kuti ana awo azikhala otetezeka kunyumba ndi kusamalira munthu wodalirika kapena kubweretsa ana awo.



Atsogoleri amgulu ayenera kukumbukira mamembala amgulu kuti atsimikizire kuti ana awo ndi otetezeka kunyumba ndikusankhidwa ndi munthu wodalirika komanso amapangitsa kuti ana alandire gulu.



Aliyense mgulu akugwira ntchito ndi ana sayenera kugwira ntchito yekha koma ndi anthu ena kapena awiri. Ngati ndi anthu awiri, sayenera kuchokera ku banja lomwelo. (Ayenera kukhala ochokera m'mabanja osiyanasiyana.)



Omwe akugwira ntchito ndi ana mgulu ayenera kuti anali kupita ku gulu kwa miyezi itatu.



Atsogoleri a mabungwe ndi mamembala sayenera kujambula ana akamachita nawo mu Bungwe Yamoyo la anthu.



Ngati ana akugawana nawo chakudya kumisonkhano yamagulu, onetsetsani kuti ali oyenera kudya.



Mamembala a mu bungwe omwe amayendera mabanja mderalo ayenera kupita awiriawiri, mwachitsanzo amuna 2 kukacheza ndi bambo kapena akazi awiri kuti acheze mkazi.

Zolembe

1

Moyo Watsopano Kuchokera

kwa Mulungu

'Ndabwera kuti akhale
ndi moyo, ndikukhala
nazo mokwanira.'

Yohane 10:10b



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Cholemba ndi pepala kwa inu ndi ena paberekezerani wina aliyense sabweretsa zawo

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa aliyense kuti abweretse cholemba ndi pepala lina?



Kulonjera

Ndizotheka kuti anthu mgululi samadziwana. Muyenera kuyamba sabata ino pouza aliyense dzina lanu ndikufunsa ena kuti anenere gululo. Muyenera kuthokoza aliyense chifukwa chobwera ndikufotokozera zomwe zidzachitike mgululi.

5
Mphindi

Nenani pemphero lalifupi, losavuta lothokoza.



Kulunjika

Cholinga cha phunziroli sabata ino ndikumvetsetsa kuti kusatila Yesu zikutanthauza kuti titha kupanga zatsopano; pakhoza kukhala chiyambi chatsopano m'miyoyo yathu. Zakale zimakhululukidwa kwathunthu. Tisanadziwe za Mulungu; tsopano tikudziwa Mulungu.



Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono kuwerenga magawo ambiri ndi gulu kubwereza pang'ono mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

5
Mphindi

Ndabwera kuti akhale ndi moyo, ndikukhala nazo mokwanira.

Yohane 10:10b



Nkhani

Werengani nkhanu yotsatira pagululi.

Hetty Green adatchedwa 'American Yayikulu Kwambiri'. Woipa ndi munthu amene amasonkhanitsa chuma, amasunga ndalama zambiri koma amawononga ndalama zochepa.

Ngakhale kuti ali ndi ndalama zambiri, Hetty adakhalamo ambiri kuti anali wosauka chifukwa sankafuna kugwiritsa ntchito ndalama zomwe anali nazo. Anati anadya pori wozizira chifukwa amaganiza kuti anali okwera mtengo kwambiri kuti azitenthetsetsa madziwo kuti azitentha. Mwana wake wamwamuna anali ndi vuto loopsa koma anakana kulipiritsa chithandizo komanso mwendo wake umadulidwa. Adamwalira atangokhalira kukangana kwambiri chifukwa chamkaka wamkaka wodulidwako ndi wabwinoko chifukwa unali wotsika mtengo.

Pamene Hetty adamwalira mu 1916 chilichonse chomwe ali nacho chinali chamtengo wapatali pa \$100 miliyoni. Limenelo linali ndalama zambiri mu 1916 ndipo zilipo. Kodi mungaganizire kukhala ndi ndalama zochulukira koma ngati mulibe zokwanira? Hetty anali ndi zonse zomwe amafunikira koma sanali moyo yemwe akanakhala ndi moyo.



3

Mphindi

Kukambirana

Funsani gulu lomwe angachite ngati atengera ndalama zambiri?

Lolani aliyense kuti apereke lingaliro.



Vunga la Baibulo

Werengani Aefeso 2:1-9 ku gulu:

¹Chifukwa cha inu, mudafa chifukwa cha zolakwa zanu ndi machimo anu, ²ndimwe mudakhala moyo mudatsata njira za dziko lapansi ndi wolamulira wa ufumu wa mlengalenga, mzimu woyera tsopano akumvera. ³Ndionse ife timakhalana pakati pawo nthawi ina, ndikukondweretsa ma curvings a thupi lathu ndikutsatira zilakolako zake. Monga enawo, tinali ndi chilengedwe choyenera mkwiyo. ⁴Koma chifukwa cha chikondi chake chachikulu kwa ife, Mulungu, amene ali ndi chifundo

chochuluka, ⁵mide ife tili ndi moyo ndi Khristu, pamene tidapuluma ochimwa – ndi mwa chisomo mudapulumsidwa.

⁶Ndipo Mulungu anatiukitsa limodzi ndi Khristu natikhala ndi Iye mu malo akumwamba mwa Khristu Yesu, ⁷ndi dongosolo la m'badwo wakudzanso Iye momwe Iye angawonetsere, chuma chake chosayerekezeka kwa ife mwa Khristu Yesu.

⁸Pakuti mwapulumsidwa mwa chisomo, mwa chikhulupiriro – ndipo sikuchokera kwa inu nokha, ndi mphatso ya Mulungu – ⁹ndi ntchito, kuti pasadzitamandire.



Titha kumvetsera nkhani ya Hetty Green ndikuganiza kuti sitikhala ngati iye, koma chowonadi ndichakuti mphaso ya Mulungu mu umoyo kwambiri kuposa chilichonse chomwe tikutha kugula, koma monga ngati sitinapatsidwe mphatso yayikulu ngati imeneyi.

Vesi la Bukhu la Aefeso lomwe tawerenga pamwambapa ndi gawo la kalata yopita ku Turkey. Mmenemo Paulo, wolemba, akufotokoza kuti munafa, koma tsopano muli ndi moyo. Mwalandira moyo. Ndipo izi ziyenera kusintha chilichonse.

Koma kodi zikutanthauza chiyani kuti Mulungu watipatsa moyo watsopano? Njira imodzi yosavuta yomvetsetsa izi ndikugwiritsa ntchito chithunzi ndi mabwalo 3.¹

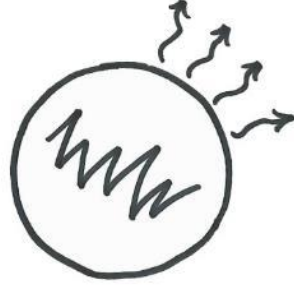
Fotokozerani kuti mujambula chithunzi mukamawerenga gawo lotsatir.

(Pezani pepala, chokulirapo, ndikutulutsa gawo lililonse la chithunzi mukamawerenga gawo lotsatira.)

Linga 1 - Kusweka

¹ Mabwato atatu ozungulira Amachokera ku Mpingo wabanja ku West Palm Beach, Florida. Ndi gwero lotseguka lomwe lingapangidwenso kwaulere.

Kusweka



Tikayang'ana padziko lonse lapansi, titha kuona kuti zinthu sizabwino. Tikuwona kuti zinthu zasweka. Anthu amadwala, maukwati ndi mabanja amaphwanya, anthu amapweteketsana wina ndi mnzake, kunama wina ndi mnzake ndikubera wina ndi mnzake.

Anthu ena amakhala ndi zochulukirapo ndipo ena alibe zokwanira. Pali zivomezi ndi kusefukira kwamadzi. Anthu ndi mayi amitundu akumenyana.

Tikamadziyang'ana tokha, tikudziwa kuti ifenso sitili angwiro. Titha kuwona zolakwa zomwe timapanga ndi njira zomwe tasweka.



3

Mphindi

Kukambirana

Funsani gululo ngati akuwona chilichonse chomwe chimasweka kapena padziko lapansi kuzungulira?

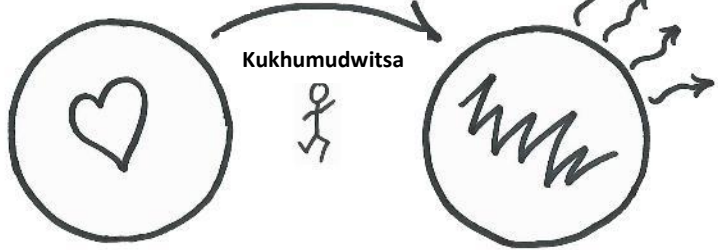
Limbikitsani aliyense kuti apange malingaliro.



Linga 2 – Mapangidwe Abwino Kwambiri Mulungu

(Tsopano jambulani ma bits otsatirawa pazithunzi patsamba lanu.)

**Mapangidwe Abwino
Kwambiri Mulungu**



Baibulo imatiuza kuti Mulungu atalenga dziko lapansi silinawonongeke. **Mulungu anapanga** dziko labwino komanso lodabwitsa. Amati mu Genesis 1:31 kuti:

Mulungu adawona zonse zomwe adazipanga, ndipo zinali zabwino kwambiri.

Timaonabe zinthu zambiri zangwiro za Mulungu padziko lapansi komanso anthu otizungulira – zonse zomwe zili m'gulu la Mulungu ndi gawo limodzi.

Baibulo ikupitilizabe nkhani ya momwe mawonekedwe angwiro a Mulungu anagwera chifukwa anthu oyamba omwe Mulungu **anamukhululukira** namchotsera. Pakadali pano, uchimo unalowa m'dziko lapansi.

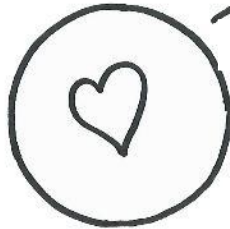
Tchimo ndi chilichonse chomwe chimatilekanitsa ndi Mulungu. Tchimo limatanthawuza kuti ubale pakati pa Mulungu ndi ife wasweka ndipo kuti dziko la Mulungu lakonzedwa. Tikuwona izi mu choncholo chomwe takambirana.

Anthu ambiri amayesa ndikupeza njira zomwe mungapangire chosweka chomwe amakumana nacho koma sangathe kukonza.

Linga 3 – Chikonzero cha Mulungu chobwezeretsa kudzera mwa Yesu

(Tsopano jambulani ma bits otsatirawa pazithunzi patsamba lanu.)

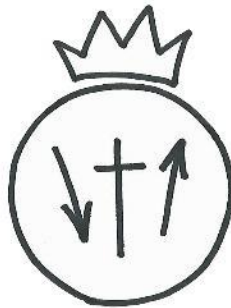
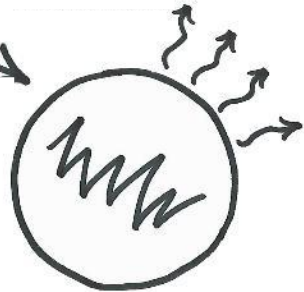
Mapangidwe Abwino
Kwambiri Mulungu



Kukhumudwitsa



Kusweka



Yesu

Tchimo lathu ndi kuwonongeka komwe timakumana ndi kumatanthauza kuti tapatukana ndi Mulungu, ndipo sitingathe kudziwa zambiri mu chidzalo chake chonse. Komabe, Mulungu anatomiza mwana wake Yesu kuti atipulumutse ku choterecho.

Yesu adabwera kudziko lapansi ngati munthu wangwiro, ndipo adakhala moyo wangwiro. Adalipira mtengo wa choterera chatu ndi kuchimwa ndi moyo wake, kumwalira m'malo mwathu. Koma sanakhale akufa. Pambuyo pa masiku atatu adauka kwa akufa, ndikupha imfa yomwe. Nsembe yake inatipanga njira yoti tipewe mu ubale wathu ndi Mulungu, kuti tikhululukidwe, komanso kuti tizikhala moyo monga momwe zidapangira kale.



Zochita

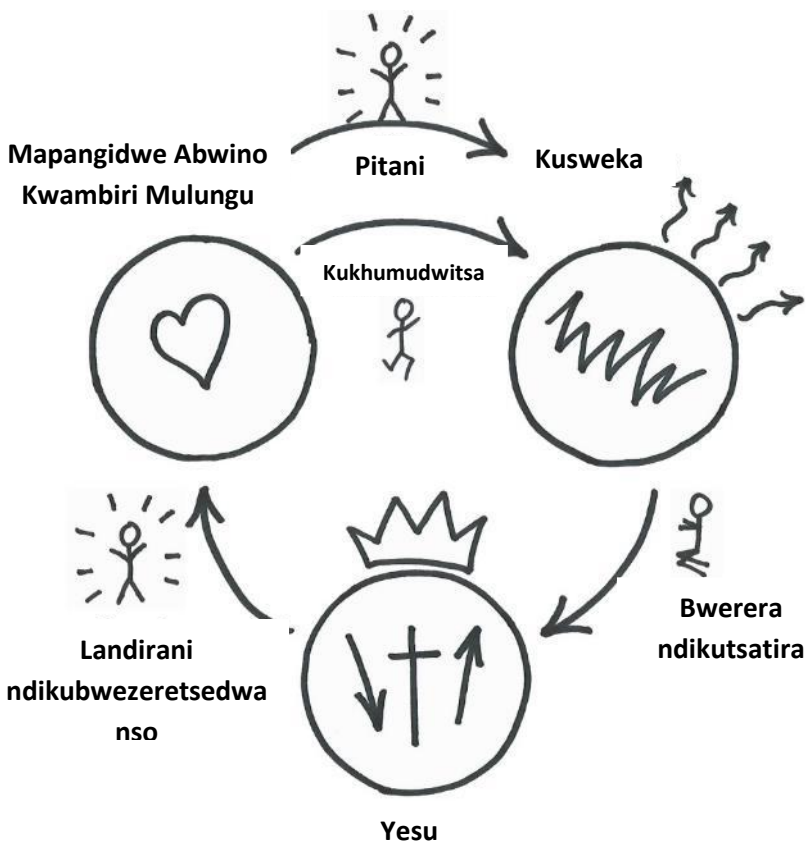
3 Mphindi

Funsani gulu kuti lifotokozere vesi la kukumbukira lomwe tinaphunzira kale. Onani ngati anthu ochepa anganene pawokha.



(Tsopano jambulani zingwe zomaliza za chithunzicho papepala lanu.)

Taphunzira kuti Mulungu adapanga dziko langwiro koma kuti lidasweka ndiuchimo. Taphunzira kuti Yesu ndi Mulungu ndipo anabwera kudziko lapansi, anaphedwa ndipo anauka. Lero Yesu ali wamoyo ndipo ali kumwamba ndipo amatipatsa mphatso yaulere: moyo womwe wadzaza ndi wathunthu.



Aliyense wa ife ayenera kusankha ngati tikufuna **kulandira** mphatso

yomwe Yesu amatipatsa kapena kuti timuyendere ndikukhalabe mu chosweka.

Kulandira mphatso ya moyo pali zinthu ziwiri zosavuta zomwe timafunikira kuti tichite.

- Siyani tchimolo komanso kukhala ndi moyo njira yathu **ndikubwerera** kwa Yesu.
- **Sankhani kutsatira** Yesu ndikukhala moyo momwe amatifunira.

Tikamachita izi Yesu akulonjeza kuti **adzabwezeretsanso** mwa njira yabwino yomwe tinapangira. Amatipatsa mphatso ya moyo mpaka zonse zomwe tiyenera kungolandira. Izi zikutanthauza kuti titha kukhala paubwenzi ndi Mulungu nthawi yomweyo komanso kuti Mulungu amabwera kudzakhala mwa ife.

Zimatanthauzanso kuti padziko lapansi padziko lapansi Yesu atithandiza kukula paubwenzi wathu ndi Mulungu ndikutisintha kuti tikhale monga Iye. Tidzakhala ndi moyo mokwanira!

Titango **landira** mphatsoyo kuchokera kwa Yesu, Yesu akutifunsa kuti **tipite** kwa ena mdziko lapansi omwe akukhalabe mu chonchnine kuti amve momwe angayandikirire kwa Mulungu.

Osadandaula ngati simumvetsetsa zonse zomwe takambirana. Chithunzi cha ma 3 ozungulira ndi chida chothandiza chomwe chimatiwonetsa chithunzi chachikulu. Tiona mwatsatanetsatane malingaliro aliwonse omwe talankhulapo tikamagwiritsa ntchito m'mbuku a **Maziko**.



Zochita

Onetsetsani kuti chithunzi chanu chikuwonetsa mabwalo atatu ndi kwinakwake aliyense amatha kuwona.

15

Mphindi

Aliyense adzasowa chidutswa ndi cholemba. Ngati pali ena omwe ali ndi vuto kulemba izi atha kuchitika mawu.

- Pezani gululi kukhala awiriawiri.
- Munthu wina pagulu lililonse ayenera kujambula zojambula zitatu, ndikufotokozero kuzungulira kulikonse komwe kumakoka kwa munthu yemwe amachedwera nawo.
- Akamaliza, munthu wachiwiriyo mwa aliyense azichita zomwezo.

Muyenera kuti mukumbukire aliyense amene akuvutika kukumbukira magawo ndi zomwe akutanthauza.



15

Mphindi

Kukambirana

Ena mwa ife tidasankha kale kutsatira Yesu. Talandira mphatso ya moyo mpaka Yesu apereka.

Ena mwa ife tidasankha kutsatira Yesu koma sitinalandiredi mphatso ya moyo mpaka chifukwa chake tikukhala ngati tikusweka. Tili ngati Hetty Green mu nkhani yathu omwe anali ndi ndalama zambiri koma amakhala ngati anali wosauka.

Ena mwa ife mwina sakanasankha kutsatira Yesu ndikulandira mphatso ya moyo mpaka pano.

Awiriawiri, kambiranani mafunso otsatirawa:

- Kodi mwasankha kutsatira Yesu ndikulandila mphatso ya moyo wathu?
- Ngati muli ndi, nkhani yanu yakukumana ndi Yesu iti? Yesani kuyankha lililonse la mafunso awa mu mphindi imodzi yokha.
 - Kodi moyo wanu udali wotani usanakumane ndi Yesu?
 - Mukukumana bwanji ndi Yesu?
 - Moyo wanu ndi wotani kuyambira pomwe mudakumana ndi Yesu?
- Ngati simunasankhe kutsatira Yesu panobe, tsopano ndi nthawi yabwino kuvomereza mphatso ya moyo mpaka yonse ndikumuyitanira m'moyo wanu. Yesani kugawana momwe moyo wanu uliri ndi chifukwa chake mukufuna kudziwa

Yesu. Tidzapemphera limodzi kumapeto kwa gawoli. Mutha kuwapemphera ndi mtsogoleri ndikuyitana Yesu m'moyo wanu.



5

Mphindi

Werengani pemphelo lotsatirali ku gululi. Werengani m'magawo afupiafupi ndikufunsa aliyense kuti abwereze gawo lililonse mutatha kudziwa Yesu kapena kumudziwa bwino.

Zikomo Yesu chifukwa chomwalira m'malo mwanga.

Zikomo kuti mwandipatsa moyo watsopano.

Pepani machimo onse ndi kusweka m'moyo wanga.

Ndimasankha kusiya izi.

Popeza chilichonse chomwe mwandichitira

Ndisankha kukutsatirani ndipo ndimapereka zonse zomwe ndili nazo kwa inu!

Ndithandizeni kukhala ndi moyo wanu mokwanira.

Ameni.

Apatseni nthawi kuti anthu apitirize kupemphelera wina ndi mnzake m'manja mwawo zokambirana zomwe adakambirana omwe adakambirana omwe adakambirana. Alimbikitseni kuti amvere zomwe Mulungu akunena kwa iwo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, lembani chilichonse chomwe chasweka m'moyo wanu. Yambirani kuthokoza Mulungu chifukwa cha zonse zomwe adasintha ndikupanga zonse.



Mboni


Tangani kwanu mabwalo 3 omwe mudakonzera. Yesezani kujambula izi kuti mutha kuzikumbukira. Tipempherere mnzanuyo ndipo kenako ugawane nawo 3 mabwalo atatuwo, kukambirana zomwe mabwalo amatanthauza kwa inu ndi zomwe mwapeza. Funsani mnzanu kuti akuganiza kuti ali mkati ndipo ngati angafune kuti muwapemphere nawo. Pitolizani kuti muwapempherere sabata yonseyo.

Phunziro Linanso

Ngati anthu ali ndi Baibulo ndipo akufuna kuwerenga nkhani ya momwe Mulungu adalenga dziko lapansi ndi momwe adathyoledwa pomwe uchimo udalowa mdziko lapansi, amatha kuwerenga izi mu Genesis 1-3.

Ngati anthu akufuna kuwerenga zomwe Yesu adachita atabwera kudziko lapansi, amatha kuwerenga buku la Marko m'Baibulo. (Mateyu, Luka ndi Yohane akunenanso nkhani ya nthawi ya Yesu padziko lapansi.)

Moyo wa Mulungu mwa Ife



'Ine pano! Ndayimirira pakhomo ndikugogoda.
Ngati wina amva mawu anga ndi atatsegula
chitseko, ndidzalowa ndi kudya ndi munthu
ameneyo, ndipo iwowa ndi ine.'

Chivumbulutso 3:20



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti kusatila Yesu zitanthauza kuti Mulungu amabwera mkati mwathu. Amakhala nafe nthawi zonse ndipo amatisintha kuyambira kunja.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.

Chivumbulutso 3:20



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Anthu nthawi zambiri amati, 'Kukongola ndi khungu lakuya'. Makhalidwe nthawi zambiri amaikidwa pa anthu ndi zinthu malinga ndi mawonekedwe akunja okha.

Ku Japan, pali mawonekedwe aluso otchedwa Doradango (omwe amatanthauza 'mipira yamatope'). Ojambula amapanga mipira yabwino kwambiri m'nthaka ya nthaka. Amayamba ndi dothi lonyowa ndikupanga mawonekedwe a mpira. Amawalola kuti iume pang'ono kenako pang'onopang'ono kwa masiku angapo otsatirawa amayamba kuwonjezeka dothi labwino komanso labwino kwambiri mpaka atapanga mpira wangwiro wa nk'honya yanu. Izi zitha kuwoneka zachilendo, koma zomwe akuchita ndi zachilendo.

Isanawume konse wojambulayo amatenga nsalu ndikuyamba kupukuta nthaka. Maola ndi maola ochepa ozungulira omwe ali ndi nsaluyo amapanga zowala bwino. Mipira yamadzi yonyezimira ikamalizidwa, imayikidwa pachipata chaching'ono chamatabwa kuti aliyense asire.

Ngakhale zingawonekere bwanji, momwe mbuyeyo waluso wakhalira kapena wakhala wonyezimira, adapangidwabe matope. Ndi mpira wamatope wonyezimira, wopangidwa kuti asamalidwe koma osagwiritsa ntchito kwina.

Ikani mumtsuko wamadzi ndipo posakhalitsa muwona kuti zakhala zomwe zinali choncho, dothi lokha, palibe china.

Lero tikuphunzira kuti Mulungu akufuna kutipangitsa kukhala okongola pokhala ife. Mulungu amatidziwa ndipo titha kuwona kudutsa kwakunja kwakunja, kuzindikira zomwe tili nazo. Samangofuna kupukuta zakunja monga kupukutira kumapukutira mipira yamatope yonyezimira. M'malo mwake, Mulungu wasankha kukhala mwa ife kuti atisinthe kuchokera mkati.

Izi zikutanthauza kuti titha kukhala osiyana kwambiri ndi mipira yamadzi yonyezimira yomwe imawoneka bwino kunjira koma ikadali matope mkati. Tikapempha Mulungu kuti akakhale mkati mwathu, tili ndi mwayi wokhala kwambiri komanso kukhala wokongola kwambiri mkati komanso kunjira.



Werengani 2 Akorinto 4:1-12 kwa gululi:

¹Chifukwa chake, popeza kudzera mwa chifundo cha Mulungu tili nacho utumiki uwu, sititaya mtima. ²Ter, tasiya njira zachinsinsi ndi zochititsa manyazi; sitigwiritsa ntchito chinyengo, kapena kutchula mawu a Mulungu. M'malo mwake, pokhazikitsa chowonadi momveka timadzilemekeza tokha kwa chikumbumtima cha aliyense pamaso pa Mulungu. ³Ndipo ngakhale uthenga wathu waphimbika, waphimbidwa kwa iwo amene akuwonongeka. ⁴Mulungu wa m'badwo uno wachititsa khungu khungu malingaliro a osakhulupirira, kuti asawone kuwala kwa uthenga wabwino womwe uziwonetsa ulemerero wa Khristu, ndiye chifanizo cha Mulungu. ⁵Pakuti ndi zomwe tife sali tokha, koma Yesu Kristu monga mbuye, ndi ife monga akapolo anu chifukwa cha Yesu. ⁶Pakuti Mulungu, amene anati, 'Muwalikitse kuwala kwake mumtima,' mwathu kuti atipatse kuunika kwa ulemerero wa Mulungu.

⁷Koma tili ndi chuma ichi m'mbulu la dongo lofunika kwambiri limeneli ndi lochokera kwa Mulungu osati kwa ife. ⁸Mudabwitsika mbali zonse, koma osaphwanyika; ⁹odandaula, koma osataya mtima; kupulumutsidwa, koma osasiyidwa; adakumana, koma osawonongedwa. ¹⁰Nthawi zonse we kwezani mu thupi lathu kufa kwa Yesu, kuti moyo wa Yesu uwululidwenso mthupi lathu. ¹¹Popeza ife amene tili moyo timaphedwa nthawi zonse chifukwa cha Yesu, kuti moyo wake uwululenso m'thupi lathu. ¹²Ndipo tsono, imfa ili ku ife, koma moyo uli kuntchito inu.



Tili ngati mtsuko zopangidwa dongo

Ndime lero linalembedwa ndi Paulo, mmodzi wa atsogoleri a Mpingo woyambirira. Paulo anagwiritsa ntchito chithunzi mtsuko, odzichepetsa ndipo dothi wamba zadothi, chotengera zipolopolo mu uvuni. A mtsuko dongo mwina sangakhale kwambiri kuyang'ana. Mwina opembedza amaoneka zomveka wamba koma angagwiritsidwe ntchito ali ndi kusunga wapatali ndi zofunika zinthu monga mafuta, vinyo, chakudya kapena zikopa kapena nthawi zina

chuma cha golide ndi siliva.

Paulo anagwiritsa ntchito fanizo la mtsuko dongo chithunzi cha iyeyo ndi ife.

Yesu ali ngati chuma mwa ife

Ife ndife ngati botolo, osalimba ndi breakable. Paulo anati kuti Mulungu adatuma Yesu kuti akhale chuma mkati mwathu.

Nthawi zina tikhoza kuyang'ana ngati ndife wapadera. Mulungu anali kugwiritsa Paulo mwamphamvu koma mu fanizoli Paulo anasonyeza kuti si luso lake kapena kuti mphamvu kumupanga iye wamkulu. M'malo mwake amanena kuti chuma kuti Mulungu anaika mkati mwake kumupanga iye wamkulu.

Paulo anali kunena si za mmene timaonekera kapena momwe ife tikudziwira. M'malo mwake ndi za *amene* tikudziwa – Yesu. Kukhulupirira Yesu, ndi chuma mkati mwa ife, ndiye kuti Yesu tokha.

Paulo ankafuna mpingo kumvetsa kuti chinthu chofunika kwambiri ndi Yesu ndipo moyo wake ntchito mwa ife mwa ife. Ndipotu, Afilipi 2:13 iye anati:

Pakuti nikwa Mulungu wakuchita mwa inu kufuna ndi kuchita pofuna kukwaniritsa cholinga chake chabwino.

Mulungu akufunafuna anthu odzichepetsa kuti chumacho wake mkati. Iye anatilenga ndi cholinga apamwamba pontho asafuna pasa ife chuma chake mu mitima yathu – Yesu.

Kodi inu ngati mtsuko dongo?

Ngati mwaika chigwa dongo mtsuko pafupi ndi wokongola woumba, dongo mphika zadothi adzayang'ana kwambiri wapadera. (Mungasonyeze anthu cithunzithunzi ici thandizo kupanga mfundo imeneyi.)



Chigwacho dongo mtsuko sichitsata wapadera kwambiri. Izo ziribe kanthu kuti inu mukukhulupirira izo ndi wokongola. Likhoza amanenanso za chuma mkati yokha.

The chokongoletsedwa zadothi mtsuko atchule yako kumbali palokha ndipo chidzachitika ulemerero. Inu mukhoza konse mkati.

Anthu ena kukhazikika kuyang'ana abwino kunja, kuthamangitsa kukongola, nzeru, chuma chawo kapena chuma. Amangokhala ngati mbiya zadothi kapena mipira matope mu nkhani yathu lero. Iwo amakhala ndi cholinga china kuposa awatame (kupanga okha kumawoneka bwino). Iwo amvela uthenga wa Yesu, koma musalole kuti mumtima mwawo. Izi yochepa woona. Patapita nthawi, zinthu chonyezimira amakhala kugwazidwa, wosweka ndi wosasamala.

Anthu ena nkhwana kwambiri za mmene iwo amayang'ana kunja ndi wokhuzidwa kwambiri chimene chili mkati. Iwo amakhala ngati mtsuko kumveka dongo. Iwo kuitana Yesu kuti alowemo moyo mkati mwake. Ichi ndi chinthu choposa: izi ndi kukongola konse chimazilala ndipo adzaupereka kwa Yesu! Miyoyo awa andilemekeza Yesu ndi ake.



5

Mphindi

Kukambirana

M'magulu a 3 kapena 4 fotokozerani mafunso otsatirawa. Yesetsani kukhala oona mtima pa mayankho anu.

- Kodi timayamikira zinthu kapena anthu momwe amawonekera panja kapena pazomwe ali mkati?
- Kodi timayamikira anthu omwe ali ndi ndalama zambiri kapena zinthu kuposa anthu omwe ali ndi zochepa?
- Kodi mawonekedwe akunja kapena mawonekedwe ofunikira kwambiri kapena kodi Mulungu adatilenga kuti tipeze zinanso?
- Mulungu atalenga zoposa izi, kodi angafune kuchita zinthu ziti kudzera mwa ife?



Yesu akufuna kukhala mwa inu

Yesu akufuna kuti abwere ndi kukhala mwa inu. Timawerenga za izi m'magawo osiyanasiyana a Baibulo.

M'buku la Chivumbulutso 3:20, Yesu akuti:

Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.

Ngati mungamumve, Yesu akuti, 'Ndikufuna ndibwere ndi kukhala m'moyo wanu.'

Ngati Yesu akhala mwa ife, amasintha zochita zathu, malingaliro, mawu ndi malingaliro athu. Amatipanga ife kukhala athunthu komanso abwino. Nayi njira ina yomwe izi zikufotokozedwera.

Mu Yohane 15:5 Yesu akuti:

Ine ndine mpesa; ndinu nthambi. Mukakhala mwa ine ndi ine mwa inu, mudzabala zipatso zambiri; kusiyana ndi ine simungathe kuchita kalikonse.

Chodabwitsa ndichakuti Mulungu wapangitsa kuti Yesu akhale mwa

ife. Chinthu choyamba chomwe chimachitika kwa ife ndikuti Mulungu amatiyeretsa ndikupangitsa mitima yathu kukhala yatsopano. Mu 2 Akorinto 5:17 Paulo akufotokoza kuti Yesu akalowa mu moyo wathu, timasinthidwa. Iye akuti:

Chifukwa chake, ngati wina aliyense ali mwa Khristu, cholengedwa chatsopano chafika: wakaleyo wapita, watsopano ali pano!

Popita nthawi Yesu amasintha momwe amachitira ndi malingaliro athu. Mu 1 Akorinto 3:16 timawerenga kuti Mulungu akufuna kukhala mwa anthu ake kuti dziko lapansi limuwone kudzera mwa ife:

Kodi sukudziwa kuti inu nokha ndinu kachisi wa Mulungu ndipo kuti Mzimu wa Mulungu umakhala pakati panu?



Zochita

5
Mphindi

Khala pansu awiriawiri ndikugawana zomwe mumawona za Khristu wina ndi mnzake. Khalani okoma mtima koma owona mtima. Mayankho angawuluke komanso kulimbikitsa.



Pemphero

10
Mphindi

Pezani gulu kuti lizibwereza vesi lokumbukira. Perekani anthu ena mwayi wonena izi ngati akumva.

Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.

Chivumbulutso 3:20

Ndikofunikira kupatsa anthu mwayi woyankha zomwe Mulungu wanena kwa iwo lero. Funsani ngati pali wina amene angafune kuyitanitsa Mulungu kuti atumize Yesu kuti akhale mkati mwawo? Ngati pali, aziwatsogolera mu pemphero losavuta ili.

Ambuye Yesu, zikomo kwambiri kuti mukufuna kukhala mkati

mwanga. Zikomo kwambiri kuti ngakhale ndili ngati dokotala wowoneka bwino womwe mukufuna kukhala chuma mkati mwanga. Masiku ano, ndikulola chuma ichi, moyo watsopanowu ndi kufunsa kuti mwabwera kudzandisinth kuchokera mkati mwathu. Bwerani mudzakhale mumtima mwanga. Pepani chifukwa ndakhala ndikukhala komanso kuyambira tsopano ndikufuna kukukhalirani moyo. Amen.

Tsopano, mu magulu omwewo ngati ntchitoyi, afunsi gulu kuti apempherere wina ndi mzake potengera zokambirana zomwe anali nazo. Alimbikitseni kuti amvere zomwe Mulungu akunena kwa iwo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite.

M'mawa uliwonse sabata ino, pemphani Mulungu kuti akupatseni mwayi wolola ena kuti awone ndi kukumana ndi Yesu mwa inu. Khazikani mtima pansu; Mulungu samakonda china kuposa kugwiritsa ntchito iwo amene ali ofunitsitsa!



Mboni

Sabata ino itenga nthawi yolankhula ndi munthu yemwe mungathe kupewa chifukwa cha mawonekedwe ake kapena mawonekedwe awo. Mverani mosamala kwa iwo ndikuwalimbikitsa kuti Mulungu aziwakonda. Fotokozerani za chuma mumtima mwanu, Yesu mwa inu. Gawanani nawo kuti akufuna kuwapatsa moyo. Dziperekeni kuti muwapemphere nawo.

Pakati pa sabata lonse pempherani mzanu amene mudagawana mabwalo 3 ndi sabata yatha ndi anthu omwe mudalankhula nawo sabata ino.

Zolembe

Moyo Watsopano Umakula



'Ndikuthokoza Mulungu wanga nthawi iliyonse ndikakumbukira inu... ndikukhulupirira izi, kuti iye amene adayamba ntchito yabwino mwa inu adzathamangira kufikira tsiku la Kristu Yesu.'

Afilipi 13&6



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti monga mwana amakula kukhala mwana kenako munthu wamkulu, motero timakula m'moyo wathu watsopano ndi Mulungu. Timakhala monga Yesu, ndipo zomwe tikuganiza ndi zochita zathu zimakhala ngati Yesu.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Ndikuthokoza Mulungu wanga nthawi iliyonse ndikakumbukira inu... ndikukhulupirira izi, kuti iye amene adayamba ntchito yabwino mwa inu adzathamangira kufikira tsiku la Kristu Yesu.

Afilipi 1:3&6



Nkhani

Werengani nkhani yotsatirayi yokhudza mwana wotchedwa Peter Pan kwa gululi:

Peter Pan anali ana, adathawa kunyumba ndikupita ku Khalani ndi

Moyo ku Neverland, komwe sadzakalamba kapena kukalamba. Anakumana ndi ana ena omwe amakhala kumeneko ndikukhala akung'ono, monga momwe Iye angafunire. Ana onse adasewera limodzi. Anali ndi maulendo ambiri ndipo anali ndi chizungulire Neverland pamodzi. Chilichonse chinali chosangalatsa kwambiri ndipo palibe amene amawauza zomwe amayenera kuchita.

Tsiku lina Peter anabwerera kudziko lomwe anabadwira ndipo anakumana ndi ana atatu: Wendy, John ndi Michael. Adakhala abwenzi ndipo Peter adawapempha kuti abwere Neverland ndi iye.

Ana onse aku Neverland atakumana ndi Wendy anali okondwa ndikumupempha kuti akhale mayi awo. Wendy adawona kuti palibe wina yemwe anali ngati mayi kwa ana chifukwa palibe amene adakula kotero kuti adagwirizana. Wendy anachita zabwino zake zonse, koma anali yekha wachichepere ndipo sanakhale ndi zokumana nazo.

Tsiku lina Wendy adauza ana onse nkhani – ndi nkhani yake. Anauza ana momwe mtsikana ndi abale ake awiri anali atachoka kwawo ndikuthawira kulibe ku Neverland. Anaphonya mayi ndi abambo awo ndipo anadziwa kuti makolo awo asoweka.

Wendy anakhumudwa atanena nkhanayi ndipo anaganiza inali nthawi yoti iye ndi abale ake azipita kwawo. Anaitanitsa Peter ndi ana onse kuti abwere nawo.

Onsewa adabwerera kwawo ndipo makolo a Wendy anavomera kuti atenge ana onse, kuphatikizapo Peter. Ana onse anali okondwa kukhala ndi banja latsopano, kuti aphunzire zinthu zatsopano ndipo patapita nthawi kuti akule ndi kukhala achikulire okha. Koma Peter anali wachisoni. Amafuna kubwerera ku Neverland ndipo sanadzale. Amafuna kukhala achichepere mpaka kalekale. Peter adasankha kusiya abwenzi ake onse ndikubwerera ku Neverland. Kutu mukhalebe achichepere, Peter adayiwala za maulendo ake ndi abwenzi ake komanso zomwe adaphunzira padziko lonse lapansi. Peter Pan ndi nkhani yolembedwa ndi J.M. Barrie mu 1904. Mbale wa Peter Pan yemwe adaganizira kuti akhazikitsidwe J.M.Barrie pa

ngozi ali ndi zaka 14 ndipo chifukwa chake sanakhalepo ndi mwayi wokula. Ngakhale Peter Pan anali ndi maulendo ambiri ndipo zonse zimawoneka ngati zosangalatsa, nkhani yake imatiwonetsa kuti pamapeto pake, ndizachisoni kwambiri ngati ana sakukula.



Vunga la Baibulo

Werengani Aefeso 4:11-15 mgulu:

¹¹Ndi chifukwa Kristu iye anapatsa atumwi, aneneri, alaliki, abusa ndi aphunzitsi, ¹²kuti asinthe anthu ake a ntchito za utumiki, kuti thupi la Khristu lidzalimbikitse ¹³tonsefe tidzafika Mwana wa Mulungu ndi kukhwima, kufikira muyeso wonse wa chidzalo cha Kristu.

¹⁴Ndipo sitidzakhhalanso ana, naponyedwanso ndi mafunde, ndi kuwombera apa ndi mphepo iliyonse yophunzitsa ndi kusasitsa kwa anthu pakuchita chiwembu. ¹⁵Ndipo, kuyankhula zowona cikondi cikondi, tidzakula kuti tikhale mu lemekezani thupi lokhwima la iye amene ali m'mutu, ndiye, Khristu.



Ana ndi kolakalakika, koma iwo sakuyenera ana muyaya. A mwana wathanzi akukula ndipo amaphunzira zambiri luso latsopano.

Ngati muli ndi ana muzakumbukira chisangalalo cha tsiku pamene iwo anayesetsa chawo choyamba. Iwo sanali wangwiro. Zinali wobly ndipo mwina inatha mu kugwa. Koma zinali mphindi kwambiri. Ngati muli ndi mwana amene waphunzira nkhani, kodi inu mukukumbukira zimene mawu oyamba anali mwana wanu analankhula? Zinali 'Mayi' kapena 'Bambo'? Zimakondweretsa mtima kholo pamene mwana wawo akuzindikira zinthu zatsopano. Timasangalala pamene kukula ndi kukhala. Timafuna kuchita bwino.

Pamene ife Mkristu timavomereza mphatso ya Mulungu ya moyo watsopano. Baibulo likuti kukhala obadwa kachiwiri. (Mungawerenge Yohane 3:1-8 zambiri pa izi.) Thupi si adzabadwanso monga koma ife timabadwa mu moyo wa uzimu watsopano. Mu njira yomweyo imene mwana ukukula komanso

kusinthu, koteru ife kukula ndi kusinthu moyo wathu wauzimu pambuyo mfundo imeneyi.

Pamene ana amabadwa, matupi awo kwathunthu otukuka. Poyamba kukula ndi mkaka wakumwa; akamakula amaphunzira kudya chakudya cholimba ndi matupi awo kwambiri koteru iwo akhoza kukhala paokha ndipo kenako kuima kenako kuyenda ndi kuthamanga. Ubongo awo amakula kwambiri. Khalidwe lawo kukhala ndi momwe kulankhula ndi ena.

Kukula izi sizichitika palokha. Zimatengera LOT kudya ndi kumwa ndi LOT kuphunzira ndi kuchita kwa mwana kukhala munthu wamkulu. Kuposa chilichonse zimatenga nthawi kukula. Palibe munthu amene amakhala usiku wamkulu. Nthawi zambiri mwana sazindikira kuti ikukula. Koma ife monga makolo zindikirani chifukwa iwo kukula zovala zawo. Ana athanzi kukula.

Izi likusowa kuchitikira mu moyo wathu wauzimu pamene tinabadwanso kwatsopano. Ife amayamba ngati mwana wamng'ono, osasowa mkaka. Pamafunika nthawi kukula ndi zambiri kudya ndi kumwa zokuthandizani kupanga kukula kuchitika.

Mu 2 Akorinto 13:9 Paulo akupemphera kwa Akhristu zochokera ku Korinto, Greece. Iye anapemphera kuti:

pemphero lathu ndi lakuti mukhoza kubwezeretsedwa kwathunthu.

Mawu Achigiriki amene Paulo ntchito njira kwathunthu kubwezeretsedwa kulimbikitsidwa ndi changwirowo. Mulungu akufuna ife kukula. Mulungu safuna kukhala ana auzimu.

Mu Ahebri 5:12-14 wolemba Wakhumudwa ndi okhulupirira achiyuda iye akulemba kuti. Iye anati:

¹²Ngakhale, ndi nthawi muyenera kukhala aphunzitsi, inu kusowanso kuti wina aphunzitse inu choonadi chiyambidwe cha mawu a Mulungu kachiwiri. Inu amafuna mkaka, osati

chakudya chotafuna! ¹³Aliyense amakhala pa mkaka, pokhala akadali khanda, si bwino kuphunzitsa za chilungamo. ¹⁴Koma chakudya chotafuna chiri cha okhwima, amene ndi zones munawaphunzitsa okha kusiyanita chabwino ndi choipa.

Iye anawauza kuti iwo akhala okhulupirira kwa nthawi yaitali kwambiri ndipo tsopano iwo ayenera kuphunzitsa ena. Koma kwenikweni, ndi ana okha, komabe kumwa mkaka ndipo lifunika kusamaliridwa. Paulo akufuna kuti iwo amakula Akristu amphamvu amene kudziwa kusiyana kwa chabwino ndi choipa. N'zomvetsetsa chisoni Mulungu ayenera akaona mmodzi wa ana ake kukula.



10
Mphindi

Zochita

M'magulu a 3 kapena 4, werengani [Aefeso 4:11-15](#). Funsani gulu lilirilonse kuti muwone ngati angapeze mawu awa kapena mawu otsatirawa:

- Omangidwa
- Kukulira
- Mpaka tonse tifike
- Kukhala
- Makanda
- Okhwima

Afunseni kuti akambirane mawu kapena mawu amatanthauza.

Pakatha mphindi 5, abweretse maguluwo kuti afotokozere malingaliro awo pankhani ya mawuwo.

Mukuyang'ana mayankho omwe amalankhula za njirayi, kusunthira kutsogolo kapena kupita patsogolo ndikulankhula za nthawi ndi kusintha.



Amati mu [Aefeso 4:15](#) kuti kukhala okhwima ndi kukhala ngati Yesu. Izi ndi zomwe tikufuna kukhala - monga Yesu.

Ambiri aife timafuna kukula ndikukula. Ambiri a ife timafuna kukhala ngati Yesu, koma nthawi zambiri sitikudziwa momwe tingakulire.

Maphunziro onse m'bukuli adapangidwa kuti akuphunzitseni ndikuthandizani. Ali ngati chakudya ndi zakumwa kuti mukhale ndi moyo wa uzimu kuti muwonjezere.



5

Mphindi

Kukambirana

Funsani gululi kuti mwana ayenera kuchita chiyani kuti akule? Pamene amabwera ndi mayankho (onani pansipa) mutha kugwiritsa ntchito malongosoledwewa posonyeza momwe timafuniranso zinthu izi m'moyo wathu wauzimu.

- Idyani zakudya ndi zakumwa – M'moyo wathu wa uzimu tiyenera kudya ndikumwa Mawu a Mulungu. Pumulani mpweya – Kupumira mu moyo wathu wa uzimu womwe tiyenera kuuza Mulungu ndi kulandira kuchokera kwa Mzimu Woyera wa Mulungu.
- Landirani chikondi – Tiyenera kukonedwa ndi kusamaliridwa ndi banja lathu lauzimu (Akhristu ena).
- Kuchita masewera olimbitsa thupi ndi kukhala ogwira ntchito – Tiyenera kugwiritsa ntchito minofu yathu pochita zinthu zauzimu pochita zinthu zauzimu, zinthu monga kupatsa, kutumikira ndi kupembedza Mulungu.



Izi zonsezi, tifunika kukumbukira kuti ndi Mulungu amene amagwira ntchito m'miyoyo yathu kudzera mwa Mzimu wake Woyera kuti titipangitse kukula mu uzimu; ichi sichinthu chomwe tingachite tokha.

Ngati tikudziwa Baibulo LONSE lapansi, kukhoza kukhalabe chidziwitso m'mutu mwathu, koma moyo wathu wa uzimu ndi wocheperako ndipo timakhala pang'ono pokhapokha Mzimu Woyera ngati Mulungu watipangitsa kuti tikule bwino. Ngati tili gawo la mpingo ndipo timapereka, ndipo timalalikira, koma Mzimu Woyera wa Mulungu sukugwira ntchito m'miyoyo yathu, ndiye kuti sitinakulire kwathunthu m'moyo wathu wa uzimu.

Moyo wathu wa uzimu umangokulira ngati tichita chilichonse ndi chikhulupiriro mwa Mulungu komanso cholinga chatu chimakhala

pa Mulungu osati pa luso lathu. Ngati mukudzidalira kuti izi zisachitike sizichitika.

Mukamawerenga Baibulo lanu, muyenera kuliwerenga m'chikhulupiro kuti Mulungu adzakuphunzitsani ndi kukuthandizani kukula. Mukamapemphera, muyenera kupemphera mwachikhulupiro kuti Mzimu Woyera wa Mulungu umakumverani komanso kuti amapereka mphoto kuti am funefune, akukulimbikitsa iwe, ndikukuyeretsani iwe— ndiye kuti, Mzimu wake Woyera uzimitsa mtima wako mwala kukhala mumtima mwanu. Mukamakonda ndi kutumikira ena, muyenera kuchita kuti mulemekeze Mulungu komanso m'chikhulupiro kuti mukhulupirire kuti akupangani inu kukhala ngati Yesu. Mukamalambira Mulungu ndi zonse zomwe mumapanga kuti minofu yauzimu imakula.

Yesu anaphunzitsa ophunzira ake mu [Luka 11:1-13](#) kupemphera. (Simuyenera kuwerenga ndimeyi tsopano, koma mutha kulimbikitsa anthu kuti aziwerenga kunyumba mkati mwa sabata.) Yesu akuti Mulungu akupatsirani Mzimu wake Woyera mukamufunsa. Yesu akuti Mulungu akupatsirani mzimu wake woyera mukamufunsa. Ali ngati bambo wabwino ndipo amadziwa kupereka mphoto kwa ana ake. Tidziwa zambiri za Mzimu Woyera wa Mulungu nthawi yophunzira pambuyo pake.



15
Mphindi

Pemphero

Kuti mwana azikula, ndiye woyamba kubadwa; ziri ndi chikhulupiro chathu. Ngati tikufuna kukula ndikuyamba kukhala ndi chikhulupiro, choyamba choyamba tiyenera kufunsa Mulungu kuti atithandizire kuti 'tisamudwenso.' Funsani ngati pali aliynse mgululi lero. Ngati pali pemphero lomwe likutsatirali:

Ambuye Yesu, zikomo kwambiri pondipatsa mphoto ya moyo watsopano. Masiku ano, ndikufuna kulandira mphotoyo. Ndimatembenuka kutali ndi moyo wanga wakale ndikupemphani kuti mubwere ndikukhala mwa ine, ndikundithandiza kukhala ngati inu. Amen.

Kenako, m'magulu a anthu atatu kapena anayi, afunseni anthu kuti azipemphera limodzi. Apatseni nthawi kuti anthu azipemphera pang'onopang'ono komanso mozama pamene akuganiza momwe Mulungu akugwirira ntchito m'moyo wawo.

Munthu aliyense ayenera:

- Tithokoze Mulungu chifukwa cha mbali iliyonse ya moyo wanu komwe wakuthandizirani kukula.
- Funsani Mulungu kuti akuwonetseni kulikonse komwe akufuna kukulirani.
- Funsani Mulungu kuti atumize Mzimu wake Woyera kuti ukugwira ntchito mwa inu ndi kukuthandizani kukula mwauzimu.

Bweretsani gululi limodzi ndikuyandikira ndi pempheroli.

Zikomo Ambuye kuti ndinu bambo wabwino komanso kuti mumakonda kutipatsa zonse zofunika kuti tikhale monga mwana wanu Yesu. Mulole Mzimu wanu Woyera ugwire ntchito m'miyoyo yathu kuti tikuletse ulemu. Tipatseni chidwi m'mitima yathu kuti tikule, kuti tisadye 'mawu' anu ndipo 'kupumira' Mzimu wanu Woyera kuti Ufumu wanu ubwere m'miyoyo yathu. M'dzina la Yesu, ameni.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, pezani munthu wokhwima m'chikhulupiriro chawo kuposa inu ndipo amakhala nawo nthawi yayitali. Afunseni momwe Mulungu wakhala akugwirira ntchito m'miyoyo yawo ndikuyika chinthu chimodzi chomwe amangonena mu moyo wanu.



Mboni

Sabata ino, uzani munthu wina zomwe Mulungu wachita m'moyo wanu. Gawanani momwe wayambira ntchito yabwino komanso zomwe akuchita mwa inu pakadali pano. Izi zitha kukhala bwenzi lomwe mudagawana mabwalo atatu ndi kapena munthu yemwe mudalankhula naye sabata yatha kapena winawake.



4

Kugawana Moyo Watsopano

'Chifukwa chake pitani mukapange ophunzira mitundu yonse, kuwabatiza iwo mu Dzina la Atate ndi la Mwana ndi Mzimu Woyera.'

Mateyo 28:19



Kukonzekela

Ukhale nayo:

- Adafunsa wina m’gululi kuti awerenge nkhaniyi?
- Anafunsa wina m’gululi kuti awerenge vesi la m’Baibulo?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu ‘Zochita sabata ino’ ndi ‘Mboni’ kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikutithandiza kumvetsetsa kuti pamene tikuyamba kutsatira Yesu, timakhala gawo la cholinga cha Mulungu chofikira anthu ena. Moyo wathu watsopano ndi chitsanzo kwa ena mwazomwe Mulungu angachite, ndipo amatifunsa kuti titembere nkhani yathu ndi uthenga wabwino wa Yesu, ndi anthu otizungulira.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m’magawo ang’onoang’ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang’onopang’ono muziwerenga m’magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Chifukwa chake pitani mukapange ophunzira a mitundu yonse, kuwabatiza iwo mu Dzina la Atate ndi la Mwana ndi Mzimu Woyera.

Mateyo 28:19



Nkhani

Werengani nkhani yotsatirayi ku gululi:
Thandiwe ndi miyezi 9 ndipo mwana wake ali ndi tsiku lililonse.

Thandiwe amadziwika mdera lake. Mwamuna wake wa Chimwemwe ndi wamkulu wolemekezeka ndipo amagwira ntchito limodzi kuti athandizire gulu lawo. Onsewa amakondedwa ndi aliyense m'dera lawo.

Pamene Thandiwe ndi Chimwemwe adauza anthu kuti akuyembekezera mwana nthawi yayitali. Aliyense anali wokondwa chifukwa cha mwana woyamba kubadwa. Adadzifunsa ngati mwana watsopanoyo adzatsogolera gulu lawo tsiku lina? Anthu amafuna kudziwa kuti Thandiwe anali kumva bwanji pa nthawi yake. Kodi anali bwino? Kodi anali kudwala? Kodi mwana akadakankhabe?

Anthu adadzifunsa ngati mwanayo angakhale mwana wamwamuna kapena wamkazi. Adayesa kulosera dzina lake likanapatsidwa. Kodi zingayambike mochedwa kapena mochedwa ndipo kodi zingakhale zotetezeka? Pamene nthawi idayamba kukhala okondwa kwambiri. Tsopano Thandiwe ndi chifukwa chobala tsiku lililonse anthu amudzi amafunitsitsa kumva nkhani.

M'mawa kwambiri mwana wamng'ono amawona gulu la azimayi akuyenda mwachangu kwa a Thandiwe ndi Chimwemwe. Mnyamatayo amathamangira kukauza amayi ake omwe amaganiza kuti khandalo likuyenda ndipo azimayiwo adayitanidwa kuti athandize. Amauza mnzake, yemwe amauza mnzake ndi zina. Posakhalitsa unyinji ukusonkhana kunja kwa nyumba ya wamkulu. Anthu akufuna kukhala oyamba kumva uthengawo ndipo mwina angawone mwana watsopanoyo. Amadikirira mwakachetechete kunja, wamanjenje koma anasangalala.

Pakati pa masana a Thandiwe ndi Chimwemwe kutuluka m'nyumba zawo, onse akuwoneka wotopa komanso wokondwa. Mwambo wa Chimwemwe ndi mwana wawo wamkazi watsopano, wokutidwa mosamala mu nsalu yokongola ndikumenya ndikufuula kuti aliyense awone ndi kumva! Pali chisangalalo chachikulu ndipo anthu amayamba kujambula zithunzi pamafoni awo.

Posakhalitsa nkhani yachimwemwe imafalikira mwachangu anthu amudzi onse. Kwa sabata yonse komanso anthu ambiri amabwera

kudzakondwera ku Thandiwe ndi Chimwemwe ndikukondwerera nawo. Aliyense akufuna kudziwa za mwana wamkazi watsopano ndikuyesera ndikumuwona. Atolankhani am'deralo amatumiza chithunzi ku Nthawi za Lusaka. Kufika kwake ndi nkhani yabwino!



Tikakhala ndi nkhani yabwino tikufuna kuuza anthu za izi. Tikufuna kugawana chisangalalo ndi chisangalalo ndi anzathu ndi mabanja. Moyo watsopano womwe Mulungu amatipatsa ndi nkhani yabwino! Tikalandira mphatso yochokera kwa Mulungu ndi chilengedwe kufuna kuuza anzathu abwino ndi anzathu, abale ndi anthu otizungulira. Tikamacheza ndi nkhani yathu ndikulankhula za moyo watsopano womwe Mulungu watipatsa, anthu amatha kuona kuti Mulungu ndi wabwino bwanji ndi zomwe Yesu wachita m'miyoyo yathu. Adzachitira umboni za uthenga wabwino uno m'miyoyo yathu.



Vunga la Baibulo

Werengani Yohane 4:4-30 gulu:

⁴Now anayenera kupita pakati pa Samariya. ⁵So anadza kwa tauni ya Samariya dzina lake Sychar, pafupi ndi munda nthaka Yakobo anapatsa mwana wake Yosefe bwino. ⁶Yakobo anali kumeneko, ndipo Yesu, atatopa monga iye anali ndi ulendowo, anakhala panso pa chitsime. Iyo inali pafupi masana.

⁷When mkazi Wachisamariya anafika kudzatunga madzi, Yesu anati kwa iye, 'Kodi inu mungandipatse ine chakumwa?'

⁸(Ophunzira ake anali atalowa mu mzinda kukagula chakudya.)

⁹The mkazi Wachisamariya anamuza kuti, 'Iwe ndiwe Myuda ndipo ine ndine mkazi Wachisamariya. Kodi ukandipempha chakumwa?' (Pakuti Ayuda satero kucheza ndi Asamariya.)

¹⁰Jesus adayankha iye, 'Ngati iwe ukanadziwa mphatso ya Mulungu ndi amene ndiye akufunsa madzi akumwa, mukanam'pempha iye ndipo akanakupatsani madzi amoyo.'

¹¹'Sir,' mkaziyo anati, 'Inu mulibe chotungira ndipo chitsimechi nchakuya. Kodi mudzatenga kuti madzi a moyo?' ¹²Kodi Inu ndinu wamkulu ndi atate wathu Yakobo, amene adatipatsa ife chitsimechi, izo yekha monga mmene anachitira ana ake ndi ziweto zake?'

¹³Jesus anayankha, 'Yense wakumwako madzi awa adzamvanso ludzu, ¹⁴koma iye wakumwa madzi amene Ine ndikuwapereka iwo ludzu. Ndithudi, madzi Ine ndikuwapereka iwo adzakhala iwo kasupe wa madzi otumphukira m'moyo wosatha.'

¹⁵Ndipo anati kwa iye, 'Ambuye, ndipatseni madzi amenewo kuti ine sindifika ludzu ndi kusunga kubwera kuno kudzatunga madzi.'

¹⁶He kuti, 'Pitani, kaitaneni mwamuna wanu ndi kubwerera.'

¹⁷'I mwamuna ndiribe,' iye anayankha.

Yesu ananena naye, 'Inu mukulondola pamene inu mukuti ndiribe mwamuna. ¹⁸Ndipotu ndi, munakwatiwapo ndi amuna asanu, ndipo mwamuna amene mukhala tsopano sali mwamuna wako. Zomwe inu mwanena basi ndi zoona ndithu.'

¹⁹'Sir,' mkaziyo anati, 'Ndikuona kuti ndinu mneneri. ²⁰Our makolo ankambira m'phiri ili, koma inu Ayuda amadzinenera kuti malo tiyenera kulambira ku Yerusalemu.'

²¹'Woman,' Yesu anayankha, 'khulupirira Ine, ikudza nthawi imene simudzalambira Atate kapena mphiri ili kapena ku Yerusalemu. ²²Asamariya mulambira chimene sindikudziwa; timalambira chimene tichidziwa, pakuti chipulumutso kwa Ayuda. ²³pomw ikudza nthawi ndipo tsopano wayamba imene olambira wowona adzalambira Atate mu Mzimu ndi mu choonadi, pakuti iwo ndiwo mtundu wa olambira Atate afuna. ²⁴God ndiye Mzimu, ndipo omlambira iye ayenera kulambira mu Mzimu ndi mu choonadi.'

²⁵Mkazi anati, 'Ndikudziwa kuti Mesiya' (watchedwa Khristu) 'akubwera. Pamene iye abwera, iye kufotokoza zonse kwa ife.'

²⁶Yesu anati, 'Ine, amene akuyankhula kwa inu – ndine.'

²⁷Ndiye kuti ophunzira ake anabwera ndi tinadabwa kupeza iye akulankhula ndi mkazi. Koma palibe wina anafunsa kuti, 'Kodi mukufuna' kapena 'N'chifukwa chiyani mukulankhula naye chiyani?'

²⁸Then, kusiya mtsuko wake wa madzi, mkaziyo anapita ku mzinda ndipo anati kwa anthu, ²⁹'bwelani, mudzamuwone munthu yemwe wandiuza ine chirichonse chimene ine ndinayamba ndachitapo. Kodi uyu ali Mesiya?' ³⁰ ana bwera kunja kwa mzinda ndipo anayenda kwa iye.



10
Mphindi

Zochita – Nkhani Zabwino

Aliyense m'gululi akuyenera kuganiza za uthenga wabwino wouza gulu lonselo. Ayenera kusankha njira yabwino kuuza ena uthengawu, mwachitsanzo amangouza anthu, ndikuimbira nyimbo yokhudza izi, lembani mawuwo, jambulani chithunzi kapena njira zina zofotokozerana. Alimbikitseni kuti akhale oganiza.

Pamene akugawana uthenga wabwino kulimbikitsa gulu kuti liwombedwe! Ndi bwino kuuza ena uthenga wabwino!



M'nkhani yathu ya m'Baibulo lero Yesu akuyenda ndi ophunzira ake. Amalowa m'tauni momwe anthu ndi Asamariya. Nkhaniyi ikamatiuza, anthu Achisamariya sayanjana ndi anthu Achiyuda (monga Yesu). Komabe, Yesu amatenga mwayi wocheza ndi mkazi wa ku Samariya pomwe akudikirira chitsime. Izi sizinali zachilendo chifukwa anthu sankalankhula ndi akazi. Izi zikulongosola chifukwa chake mayiyo adadabwa Yesu atamuza ndikumufunsa chifukwa chamwa madzi.

Yesu atapeza mwayi womuphunzitsa za 'madzi amoyo.' Iyi ndi njira ina yolankhulira za moyo womwe amapereka komanso modabwitsa amuza kuti madziwa ndi kwa iye, ngakhale ali ndi mkazi,

Msamariya ndi wochimwa. Amakondwera ndi nkhaniyi ndipo amadabwa ndi kuzindikira kwa Yesu pa moyo wake molunjika molunjika kupita kumudzi kwawo kukawauza onse kuti akomane ndi Yesu.

M'ndimeyi mkaziyo anafunsa Yesu ngati iye ndi Mesiya. Mesiya adamveka kuti ndi munthu amene adzatumizidwe kwa Mulungu kuti apulumutse anthu ake. Amaganiza kuti Mesiya yo adzakhala mtsogoleri wankhondo yemwe adzagwetse ufumu Wopondereza wa Roma wa nthawi ndi kumasula anthu Achiyuda. Komabe, Yesu akuuza mayi ameneyo ndiye Mesiya, koma ndi wosiyana ndi zomwe zimayembekezeredwa. Wabwera kudzapulumutsa anthu onse, osati Ayuda okha, ndipo omwe angaoneke ngati moyo watsopano amapatsidwa moyo watsopano wopatsidwa moyo watsopano kwa Yesu.



15

Mphindi

Kukambirana

Mu Gawo 1 la buku lino, tidamva za moyo watsopano womwe Mulungu amatipatsa. Mu Gawo 2 taphunzira kuti Mulungu amakhala mkati mwathu, monga chuma m'mwala wadongo. Mu Gawo 3 tidazindikira tanthauzo la kukula m'miyoyo yathu ya uzimu.

Tidzabwereza ntchito kuchokera pa Gawo 1 tsopano. Yesani kuphatikiza zina mwazinthu zomwe taphunzira mpaka pamayankho omwe mumapereka.

Funsani anthu kuti akhale awiriawiri ndikuchita izi ponena nkhani yawo pogwiritsa ntchito mafunso otsatirawa. Ayenera kuyesa kuyankha lililonse la mafunso awa mumphindi limodzi.

- Kodi moyo wanu unali bwanji musanakumane ndi Yesu?
- Kodi mwakumana ndi chiyani Yesu?
- Kodi moyo wanu ndi wotani popeza munakumana ndi Yesu?

Pambuyo pa mphindi 6 kapena 7, afunseni anthu kuti agwirizane limodzi m'magulu a 4. Fotokozani kuti tikuganizira momwe zinthu zatsopano za Mulungu za moyo wabwino zilili mu gawo la

m'Baibuloli. Afunseni kuti akambirane mafunso otsatirawa.

- Kodi zimakupangitsani bwanji kuti mukhale moyo watsopano wa Mulungu ndi wa aliyense, osati okhawo amene ali ngati ife, kapena omwe angaoneke ngati oyenera?
- Kodi anthu m'dera lanu ndi ndani omwe angakhale omwe sangakwanitse kwambiri moyo watsopano wa Mulungu?
- Fotokozerani njira zomwe mungawathandizire kwa anthu awa ndikugawana ndi moyo watsopano wa Mulungu. Izi zitha kuphatikizanso kugawana nkhani yanu.



15

Mphindi

Pemphero

M'magulu anu zikomo Mulungu chifukwa cha moyo watsopano womwe mwalandira kuchokera kwa Mulungu. Ngati pali anthu a m'gulu omwe sanalandirebe mphatso ya moyo yatsopanoyi ndiyepatsa mwayi wotero tsopano. Ngati akufuna kuyankha ndikuvomera mphatsoyi pemphani kuti apemphere pempheroli ndi inu:

Ambuye Yesu, zikomo kwambiri chifukwa cha mphatso yanu ya moyo watsopano. Zikomo kuti ngakhale sindiyeyenerera, mwandilanditsanso. Masiku ano, ndikulola moyo watsopanowu ndikufunsa kuti mwabwera kudzandisintha kuchokera mkati. Bwerani mudzakhale mumtima mwanga. Pepani chifukwa ndakhala ndikukhala komanso kuyambira tsopano ndikufuna kukukhalirani moyo. Amen.

Tsopano yeserani nthawi yopempherera omwe mudakambirana omwe mungawaone ngati osalandira moyo watsopano wa moyo watsopano wa Mulungu. Funsani Mulungu kuti akupatseni mwayi wogawana nawo nkhani yanu ndi kuwawonetsa momwe Mulungu amawakondera.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, onetsetsani kuti mwakumbukira vesi lero ndikubwereza tsiku lililonse. Mukamabwereza vesi funsani Mulungu kuti akuwonetseni momwe

'mungayendere' ndikupanga ophunzira a 'mitundu yonse chifukwa cha mitundu yonse'.



Mboni

Kumbukirani anthu omwe mudakambirana kale ndi njira zomwe mwanena kuti mungayesere ndikuwakwaniritsa. Pitani mukawawone anthu amenewo, kuyika mapulani anu kuti agwiritse ntchito sabata ino. Mwina awaitane kuti alowe nawo gulu lanu kapena muwone ngati angafune kuyambitsa yatsopano. Pempherani musanapite.

Zolembe

5

Kukula M'banja la Mulungu

'Ndipo tiyeni tikambirane momwe tingapangirena wina ndi mnzake kuloza chikondi ndi zabwino, osasiya kukumana, monga ena ali ndi chizolowezi chochita, koma kulimbikitsana wina ndi mnzake.'

Ahebri 10:24-25a



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti moyo wathu wa Mulungu amathanthauza kuti tili nawo m'banja lake: ndiye Atate wathu ndipo ndife ana ake. Tiyeleranso kuchita nawo gawo lathu m'banjali kuti tiziphunzira komanso kukula mwa Mulungu.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Ndipo tiyeni tikambirane momwe tingapangirena wina ndi mnzake kuloza chikondi ndi zabwino, osasiya kukumana, monga ena ali ndi chizolowezi chochita, koma kulimbikitsana wina ndi mnzake.

Ahebri 10:24-25a



Nkhani

Werengani nkhani yotsatira pagululi.

Miriam, Ruth, Simoni ndi Yakobo amakhala m'mudzi waung'ono ndi

makolo awo. Tsiku lililonse imayamba ndi kuyenda banja osati zitsime zokumba zogwiritsa pamodzi. Iwo kusonkhanitsa monga madzi ambiri monga iwo angakhoze ndikabwerera kunyumba. Pambuyo Miriam, Ruth ndi Simoni onse kupita ku sukulu. Yakobo ndi mwana kotero iye amakhala kunyumba ndi mayi komanso bambo ake.

Pamene ana anabwera kunyumba kuchokera kusukulu iwo onse thandizo mayi ndi bambo awo ndi ntchito zosiyanasiyana. Miriam kumathandiza kukonza chakudya. Amalimbikira ndi mayi ake ankamuphunzitsa mmene kusakaniza oonetsera ndi kuphika bwino. Ruth amawathandiza ntchito koma nthawi zambiri amaoneka pambuyo Yakobo.

Iye akumuthandiza kuphunzira kuyenda pa nthawiyo iye akuyamba kunena mawu ochepa! Simon ndi amphamvu ndipo amathandiza bambo ake kumunda. Atate wake wasonyeza iye pamene kudzala mbewu zosiyana, zomwe fetereza zofunikira ndi mmene madzi kupereka mbewu zosiyanasiyana.

Banja lonse ntchito molimbika, kugwira ntchito zosiyanasiyana. Kumapeto kwa tsiku lililonse, iwo anakhala pansu pamodzi ndi chakudya chawo. Iwo amalankhula za tsiku ndi nthawi yomvetsera kwa zimene zachitika. Mwina wina analankhula kovuta kapena chidwi ndi anthu. Mwina munthu akudwala lero. Mwina Yakobo wanena mawu atsopano ndi iwo onse angathe kukondwerera pamodzi. Mwina ana ena amanena ndi mzake ndipo muyenera kupepesa kwa wina ndi mzake. Mwinamwake mmodzi wa ana achikulire mayeso kusukulu. Mwina mayi awo kapena bambo akuwauza nkhani ya ana.

Zonse kudutsa mu tsiku Miriam, Ruth, Simoni ndi Yakobo kuphunzira kuchoka kwa mzake ndi kwa makolo awo. Iwo akuphunzira momwe ntchito pamodzi ndi akuphunzira maluso ofunika kuti tikhale ndi moyo mwa moyo. Iwo kuphunzira kumvetsera nkhani wina ndi mzake ndi momwe kulimbikitsana. Iwo akudziwa kuti iwo sangakhoze kuyankhula kwa makolo awo pamene iwo ali achimwemwe kapena achisoni ndipo iwo akhoza kulankhula

zinthu zabwino ndinso zoyipa m'miyoyo yawo.

Monga banja ntchito pamodzi ndi amathera nthawi pamodzi onse kuphunzira kuchoka kwa mzake.



Monga ana anayi a m'nkhani ya lero, tikabadwa nthawi zambiri zimakhala banja la mtundu wina. Izi zingaphatikizapo makolo, agogo, abale, azamalume. Tikakhala achichepere tikufunika banja lathu kuti atiteteze, kuti atithandizire kukula komanso kutiphunzitsa.

Tikamakula titha kukhala ndi gawo lothandiza kwambiri kuthandiza ena m'banjamo, kusamalira anthu achichepere kapena achikulire, kuwathandiza munthawi yamatenda kapena mavuto. Tikamakula timayamba kubweretsa zopereka zapadera kukhala moyo wabanja, zimapangitsa kukhala bwino komanso zamphamvu kuposa kale. Timayambanso kuyimira banja la ena. Timalankhula ndi kuchita bizinesi m'malo mwa banja.

Ichi ndi chithunzi chothandiza kwa ife tikamaganiza potsatira Yesu. Tikasankha kutsatira Yesu, Mulungu akuti yitanira ana ake aamuna ndi aakazi, timalandiridwa m'banja la Mulungu. Tizifufuza izi limodzi powerenga za anthu ena omwe adasankha kutsatira Yesu.



Vunga la Baibulo

Werengani Mateyo 4:18-22 ku gulu:

¹⁸Ndipo Yesu anali kuyenda pafupi ndi Nyanja ya Galileya, anawona abale awiri, Simoni anacha Petulo ndi m'bale wake Andireya. Iwo anali kuponya ukonde munyanjayo, chifukwa anali asodzi. ¹⁹"Bwerani, unditsate," Yesu anati, "ndikutumiza inu kukawedza anthu." ²⁰Tikasiya makoka awo ndi kumutsatira.

²¹Pofika kumeneko, anawona abale ena awiri, Yakobo mwana wa Zebedayo ndi m'bale wake Yohane. Iwo anali m'boti limodzi ndi abambo awo za Zebedayo, kukonza maukonde awo. Yesu adawaitana, ²²pomwepo adachoka m'bwatomo ndi atate wawo namtsata.



M'machaputala otsatira a buku la Mateyo, timawerenga za zomwe zimachitika Petro (amatchedwa Simoni), Andireya, Yakobo ndi Yohane ndi ophunzira ena ndi ophunzira ena anayamba kutsatira Yesu. Timawerenga kuti Yesu achiritsa anthu omwe anali odwala ndi kutulutsa ziwanda. Timawerenga za zomwe amaphunzitsa amuna anayiwo, ophunzira ake ena ndi anthu ambiri omwe anasonkhana momuzungulira. M'malo amodzi timawerenga kuti Yesu anapita kunyumba ya Petro ndikuchiritsa apongozi ake. Timawerenga za momwe anali m'ngalawa ndi ophunzira ake pamene naphunzirawo mkuntho wamphamvu ukabwera. Ophunzirawo anali owopsa koma Yesu adalamulira namondwe kuti akakhale, ndipo zinali.

Yesu akhala nthawi ndi Petro, Andireya, Yakobo, Yohane ndi ophunzira ena. Amawaonetsa momwe amachitira zinthu zomwe amachita ndipo amawauza. Amayendera nyumba zawo ndikupita nawo. Ali ndi iwo akamawopa ndipo amawaonetsa kuti angadalire Mulungu.

Tsopano tikuwerenga za mphindi ina yofunika kwambiri mu nkhani ya Petro, Andireya, Yakobo ndi a Yohane ndi ophunzira ena.



Werengani Mateyo 10:1 ndi 7-8 kwa gululi:

¹Ndipo Yesu anaitana ophunzira ake khumi ndi awiri kwa iye, nawapatsa iwo mphamvu yothamangitsira zodetsa ndi kuchiritsa nthenda ndi matenda aliwonse.

⁷Ndipo pita ukalengeze uthenga uwu: 'Ufumu wa kumwamba wayandikira. Mwaulere mwalandira; perekani. ⁸Ndipo odwala, kwezani akufa, yeretsani iwo amene ali ndi khate, atulutse ziwanda. Mwaulere mwalandira; perekani.



Popeza anali kugwiritsa ntchito ophunzira ake ndi kuwaphunzitsa, Yesu awauza kuti akafike kwa anthu ena ambiri. Munjira zambiri Petro, Andireya, Yakobe ndi Yohane adakhala ngati banja kwa Yesu. Anakhala ndi iye, naphunzira kwa iye monga

momwe timaphunzirira kwa makolo athu ndi abale athu. Pamene anayamba kukula kumvetsetsa ndi chikhulupiriro Yesu anawatumiza kuti apitirize ntchito yomwe iye anali atayamba. Yesu sanafune kugwira ntchito ya Mulungu yokha; amafuna kuchita izi ndi anthu ena. Anaitanitsa ophunzira ake ndipo tsopano akutiuzza kuti tikhale mbali ya banja lake komanso kuti tizigwira naye ntchito limodzi.



Kukambirana

Ndikofunika kukumbukira kuti sikuti aliyense ali ndi zokumana nazo zabwino komanso kuti anthu ena atha kukhala opanda banja.

5
Mphindi

M'magulu a anthu 3 kapena 4, kambiranani mafunso otsatirawa:

- Kodi zimakupangitsani bwanji kuti Yesu acitila kwa ophunzira ake anakonda ophunzira ake ngati banja, ndikugwiritsa ntchito nthawi, akuwonetsa zinthu ndi kuwaphunzitsa?
- Kodi muli ndi zokumana nazo zabwino kapena zoyipa za banja m'moyo wanu ndipo mukuganiza kuti izi zingakhudze bwanji momwe mumaganizira banja la Mulungu?



Tikayamba kutsatira Yesu akutiuzza m'banja la Mulungu. Ichi ndi banja la uzimu, wapadziko lonse lapansi lomwe limafikira pakapita nthawi. Sitikudziwa aliyense mu banja lino chifukwa ndizachikulu kwambiri, koma Yesu amatipatsa anthu otizungulira kuti tigawane tsiku ndi tsiku. Izi zitha kukhala anthu mu mpingo wathu, Bungwe Lamoyo kapena gulu lina laling'ono.

Ndikofunikira kuti ticheze ndi anthu awa omwe akutsatiranso Yesu. Tingaphunzire kwa wina ndi mnzake komanso zokumana nazo zosiyanasiyana zomwe aliyense ali nazo. Padzakhala anthu omwe atsatira Yesu kwa nthawi yayitali ndipo akhoza kukhala ngati makolo auzimu kwa ife.

Tikamakula m'chikhulupiriro, padzakhala anthu omwe tiyenera kukhala makolo auzimu. Titha kulimbikitsana wina ndi mnzake ndikupemphererana. Izi zitha kutithandiza tikamamva kutali ndi Mulungu kapena tikufuna kulangidwa. Pamodzi titha kugwirizirana

wina ndi mnzake.

Monga abale ndi alongo, nthawi zina timatsutsana komanso nthawi zina timakhala tikulimbana wina ndi mnzake, koma monga banja lililonse ndikofunikira kuti tikhale mwamtendere wina ndi mnzake. Pamodzi titha kukhala banja lauzimu lolimba, kutsatira Yesu ndikuwapempha ena kuti alowe nawo banja.

Mwina mwazindikira kuti ngati simupeza nthawi yowona mabanja ndi abwenzi, mumachoka kwa iwo, pang'onopang'ono osamva bwino. Zilipo ndi banja lathu lauzimu. Ngati siticheza limodzi tidzachoka kwa wina ndi mnzake. Tidzakhala osatetezeka komanso ofooka, mosavuta kapena kusokeretsa. Izi sizitanthauza kuti sikulakwa kukhala ndi Mulungu nokha. Ichi ndi chinthu chofunikira kuchita ndipo tidzapeza zambiri mu gawo lotsatira.

Titha kukhala ndi nthawi limodzi monga mbali ya banja la Mulungu m'njira zosiyanasiyana. Titha kuimba limodzi, kuwerenga Baibulo limodzi, pempherani limodzi kapena kumangofunsa Mulungu modekha kuti alankhule nafe. Titha kudya limodzi, kuthandiza osauka mdera lathu pamodzi kapena kugwira ntchito limodzi. Pali njira zambiri zomwe tingakhalire ndi banja lauzimu.

Tizikumbukira nthawi zonse kuti moyo wathu watsopano mwa Mulungu umatipangitsa kukhala mbali ya banja latsopano. Timafunikira banja chimenecho pamene tikukula m'chikhulupiriro chathu ndipo banja lathu zimatifunikiranso.



Zochita – Masewera Opera

M'banja, nthawi zambiri timaphunzira pochita zinthu limodzi. Timayang'ana momwe wina angachitire kanthu kena kake kalikonse kamene tingawatengere akuti tikusewera masewera kuti atithandizire kukumbukira izi!

Gawani aliyense awiriawiri. Mwa aliyense aliyense ayenera kutsogolera, kupanga zochita, ndipo winayo ndi kutsatira potengera zomwe achite. Fotokozani kuti opambana masewerawa ndi awiri omwe angathe kuchita masewera olimbitsa thupi!

5

Mphindi

Sonyezani izi popeza odzipereka ndikuwafunsa kuti akope zonse zomwe mumachita kwa mphindi imodzi. Mutha kutembenuka pamalopo, dziperekeni pamutu, kudumphadumphha ndikutsika, kuthamanga mozungulira chipinda kapena kukoka nkhope yoseketsa! Itha kukhala yopusa momwe mungafunire.

Aliyense ali wokonzeka, kufuula "kupita" ndikupatsa aliyense mphindi 2 kapena 3 kusewera masewerawa.

Kumbukirani kuyang'ana zinthu zodekha kuti mutha kusankha wopambana kumapeto.



10

Mphindi

Kukambirana

M'magulu a 3 kapena 4, kambiranani mafunso otsatirawa:

- Tangokhala ndi zosangalatsa kutengera wina ndi mnzake. Kodi mutha kugawana nawo zitsanzo za nthawi yomwe mwaphunzirapo kanthu potsatsa munthu?
- Kodi mutha kugawana nawo zitsanzo za nthawi yomwe mumavutika ndi banja lanu kapena anzanu kapena anzanu omwe amakulimbikitsani komanso kukuthandizani kupitilirani kapena kuthana ndi mavuto omwe mudakumana nawo?
- Kodi pali nthawi yomwe mwakhala mukulimbikitsidwa ndi kungokhala ndi banja kapena anzanu?



15

Mphindi

Pemphero

Tikhala nthawi yayitali ndikupemphera ndi wina ndi mnzake tsopano. Kukhalabe m'magulu a anthu 3 kapena 4, yambani mwa kupempha anthu kuti ayankhe mafunso awa.

- Kodi pali chilichonse chomwe mungafune kuchita polimbikitsa banja lanu lauzimu?
- Kodi pali chilichonse chomwe mukulimbana ndi kuti mukufuna banja lanu lauzimu kuti likulimbikitseni?

Lolani anthu kukhala ndi nthawi yomvera Mulungu ndi wina ndi

mnzake komanso kuuza ena momasuka komanso moona mtima. Anthu akanakhala ndi nthawi yokambirana mafunso amenewa, afunsi kuti azipempherana m'magulu awo.

Tsopano bweretsani gulu lonse limodzi. Limbikitsani aliyense kuti ayime mozungulira ndikugwirana manja ndi anthu mbali zonse za iwo. Tikhala nthawi yayitali kuti tikuthokoza Mulungu wa banja lathu.

Pemphani aliyense kuti anene mapemphero achidule a Mulungu chifukwa cha banja lomwe watipatsa. Pakapita kanthawi, kutseka nthawi ya pemphero ndi pemphero lanu.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino sankhani munthu m'modzi mgululo ndikudzipereka kuti agwirizane ndi wina ndi mzake gawo lotsatira la nyama kuti lilimbikitsana wina ndi mnzake.

Ngati pali wina mgulu lanu amene mumasemphana naye, iyi ndi mwayi wodzipereka kuti akomane nawo ndikupanga mtendere. Mungafunike kupepesa ndikukhululukirana. Izi zitha kuwoneka zovuta koma ndichofunikira kuchita mu banja lathu la uzimu.

Musanakhalepo nthawi yayitali ndikuwapempherera ndi kupempha Mulungu pa china chake chomwe mungawalimbikitse, mwina gawo la lembali, nyimbo kapena mawu ena okongola okha omwe angawathandize kumudziwa bwino.

Mukakumana, limbikitsanina, werengani wina ndi mnzake zomwe akukumana nazo kenako upemphere limodzi ndikupempha Mulungu kuti akuthandizeni kuthana ndi mavutowa. Mutha kugawana ndemanga iliyonse pa sabata ya sabata yamawa.

Mboni



Mukamacheza ndi Mulungu, adzalankhula nanu. Mupempheni kuti akuthandizeni kulimbikitsa munthu yemwe sanakhale m'banja la Mulungu ndikuwapempha kuti alowe nawo gulu sabata yamawa.

Mufunsi yemwe muyenera kuyankhula, mwina amene
mwamufikira sabata yatha.

Pamalo Abwino ndi Mulungu



'Khalani chete, ndipo dziwani kuti ine
ndine Mulungu.'

Masalimo 46:10a



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti kuti ayandikire kwa Mulungu ndikukhala ofanana ndi iye, tiyenera kukhala chete ndi iye.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werengani kuwerenganso kuti gululo lizibwereza pambuyo pa inu mpaka aliyense athetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Khalani chete, ndipo dziwani kuti ine ndine Mulungu.

Masalimo 46:10a



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Daniel anali wachichepere wokhala m'mudzi komwe adakumana ndi Comfort, mtsikana wokongola wokongola yemwe amagwira ntchito yogulitsa. Anamukonda ndipo amafuna kumukwatila, koma anali kudziwa kwambiri kuti ayenera kumudziwa asanamudziwe.

Anapita naye tsiku lililonse ku shopu komwe amagwira ntchito ndipo adakambirana nthawi iliyonse yomwe akanatha, koma inali yoweta

ndipo sipanatenge nthawi kuti kasitomala wina asanafike ndipo amayenera kumuthandiza kuti athandize kasitomala. Komanso, mwini malo a shopu sanakonde kuwaona atakhala akucheza kotero amamupeza ntchito zowonjezera kuti achite ngati shopuyo idakhala chete. Anayesa kuyankhula pamene amagwira ntchito koma zinali zovuta pamene malingaliro ake anali pantchito yake osalankhula.

Daniel adazindikira kuti safuna kuziba Comfort pa shopu, motero adakonza zoti azikhala pa malo ogulitsira khofi atatha ntchito yobwerera kwawo. Komabe, malo ogulitsira khofi anali shopu yotanganidwa ndipo abwenzi awo ambiri ankangogulitsa malo ogulitsira khofi ndipo amabwera ndikuwayanjana nawo patebulo lawo. Komanso, nyimbozo nthawi zonse zimakhala mokweza kwambiri kotero kunali kovuta kumvana wina monga momwe amalankhulira.

Danieli adadzakhala wokhumudwa chifukwa chosakhala ndi nthawi yocheza ndi Comfort omwe amamukonda, kotero adaganiza kuti adzamuhezera kunyumba kwa makolo ake. Koma pamene iye anali komweko anayenera kukhala mu chipinda chokhalamo atawonera TV.

Atate anakonedwa ndi Danieli ndipo amalankhula naye za masewerawa omwe anali kuwonera. Amayi a wotonthoza amalumikizana nawo ndipo amakonda kulankhula, kuwafunsa za tsiku lawo ndi malingaliro awo. Comfort chinali ndi abale achichepere omwe amasewera ku chipinda cokhalamo, ndipo nthawi zonse ankafunsa kuti Daniel kuti azisewera nawo, zomwe anachita chifukwa amakonda abale ndipo anafunanso Comfort.

Danieli adayamba kukhumudwa pamene adazindikira kuti ngakhale anali kuwononga nthawi yambiri pa kukhalapo kwake, sanali Comfort. Kulikonse komwe adakumana nawo panali zosokoneza, zosokoneza, komanso phokoso lomwe limawaletsa kuti asamacheze ndi m'modzi. Adazindikira kuti pali yankho limodzi lokha. Anamupempha kuti achoke kuntchito ola limodzi, ndipo adakumana ndi mtsinje uliwonse pomwe padalibe zosokoneza kapena komwe phokoso linali mtsinje woyenda bwino ngati adacheza wina ndi

mnzake.

Posakhalitsa anadziwana bwino ndipo chikondi chawo pa wina ndi mnzake chinakula kwambiri tsiku ndi tsiku. Sipanatenge nthawi kuti Danieli asanapemphe bambo Comfort chifukwa cha dzanja lake muukwati.



Zochita

10
Mphindi

Gawani gululi kukhala awiriawiri. Limbikitsani anthu kuti azisonkhana ndi munthu yemwe sakudziwa bwino. Aliyense azifunikira kuti azigwirizana ndi gulu lina, kotero padzakhala magulu a anthu 4.

M'gulu lililonse, aliyense aliyense amapatsidwa mphindi ziwiri kuti adziwe zambiri za wina ndi mnzake momwe angathere. Zinthu monga: ali ndi zaka zingati, momwe adabadwira, zomwe amachita kamoyo, chakudya chomwe amakonda kwambiri.

Ngakhale akucheza, enawo 2 omwe ali pagulu lawo ayenera kuyesa kuzisokoneza, kuwafunsa mafunso, kuwafunsa pama foni awo kapena kuchita chilichonse chomwe angawalepheretse kuyankha.

Ayenera kusintha maudindo ndipo wachiwiri wa awiri ayenera kuyesa kudziwana wina ndi mnzake. Pawiri lililonse limapeza mwayi wopereka ndemanga pazomwe amadziwa za wina ndi mnzake. Onani awiriwa omwe akwanitsa kudziwana bwino kwambiri pamikhaliidwe.

Bweretsani aliyense pamodzi ndikufunsa ngati ndizosavuta kudziwa munthu pakati pa zovuta zambiri.



Vunga la Baibulo

Werengani Maliko 1:21-39 mgulu:

²¹Ndipo anamuka ku Kapernaio, ndipo Sabata itafika, Yesu analowa m'sunagoge nayamba kuphunzitsa. ²²Anthu adadabwa ndi chiphunzitsa chake, chifukwa adawaphunzitsa

monga mwini ulamuliro, osati monga aphunzitsi a chilamulo.

²³*Pamene mwana m'sunagoge mwawo anakhumudwitsidwa,*

²⁴*'Nafunafuna nafe, Yesu waku Nazareti? Kodi mwabwera kudzatiwononga? Ndikudziwa kuti ndinu ndani m'modzi wa Mulungu!'*

²⁵*'Mberanitu!' anatero Yesu molimba. 'Tulukani!'* ²⁶*Mzimu wopanda pake udagwedeza mwaciwawa natuluka mwa iye.*

²⁷*Anthu onse anali odabwitsa kwambiri anafunsana wina ndi mnzake, 'Kodi ichi ndi chiyani? Chiphunzitsa chatsopano – komanso ndi ulamuliro!'* ²⁸*Nya za iye anafalikira kudera lonse la Galileya.*

²⁹*Atachoka m'sunagoge, anapita ndi Yakobo ndi Yohane kunyumba kwa Simoni ndi Andireya.* ³⁰*Apolisi a Simoni anali atagona ndi malungo, ndipo nthawi yomweyo anauza Yesu za iye.* ³¹*Ndipo iye anamuka kwa iye, namgwira dzanja namlola iye. Malungo adamleka ndipo adayamba kudikirira.*

³²*Ndipo pamapeto pake, anthu atatu abwera kwa Yesu onse akudwala ndi ogwidwa ndi ziwanda.* ³³*Pomwe tawuni yonse inasonkhana pakhomo,* ³⁴*ndipo Yesu anachiritsa ambiri amene anali ndi matenda osiyanasiyana. Anatulutsanso ziwanda zambiri, koma sanalole ziwanda kuti zilankhule chifukwa amadziwa kuti lye anali ndani.*

³⁵*M'mawa kudakali mdima, Yesu adanyamuka, nanyamuka m'nyumba napita kumalo kopanda pake, komwe adapemphera.* ³⁶*Simon ndi amzake adamfunafuna,* ³⁷*ndipo m'mene anampeza, anati: 'Yense wakufuna iwe!'*

³⁸*Ndipo Yesu anati, 'Tipite kwina – kumidzi yapafupi – kuti ndilalikirensa komwe. Chifukwa chake ndabwera.'* ³⁹*Pomwe iye anayendayenda ku Galileya, nalalikira m'masunagoge awo ndi kuthamangitsa ziwanda.*



M'gawo loyamba la lembali tikuwona chithunzi cha tsiku limodzi la Yesu. Tsiku lotsatira Yesu anadziwa kuti ndizofunika kwambiri kuti iye athe kukhala ndi nthawi yocheza ndi abambo ake kuti atsitsimutse mwauzimu, kuposa momwe amayenera kukhalira nthawi yopumira. Amadziwa kuti amafunikira nthawi chete ndi Mulungu.

Yesu anadziwa kuti anthu ena akangodzuka ndipo dzulo anayamba kumene sadzakhala yekha ndi Atate wake. Titha kuwona izi m'mavesi 36 mpaka 39 pomwe ophunzira ake adampeza ndikumuuza kuti aliyense akumufunafuna. Khamu la anthu lifuna kuwona Yesu. Adafuna kukhala ndi Iye. Anafuna kuti machiritso ndi chiwongole, ndi kumva chiphunzitso chake. Sakanamupumula, ndipo akanakhala paulendo wathu, akuyenda m'midzi kupita ku chiphunzitso cha kumudzi ndi kutumikira anthu kumeneko.

Vesi 35 limatiuza kuti Yesu adapita kumalo kopanda payekha ndipo 'anapemphera'. Titha kulakwitsa kuganiza kuti amangopereka Mulungu mndandanda wa zosowa ndi zopempha. Koma mawu oti 'kupemphera' zogwiritsidwa ntchito apa akutanthauza zambiri kuposa izi: zimaphatikizapo kupembedza, kuthokoza, kupembedzera (kupembedzera pempho ndi zopempha), kwa Mulungu Atate wake.

Kudikirira ndi mawu omwe amagwiritsidwa ntchito pofotokoza kuti atakhala mwakachetechete pomumvera kuti ayankhule nanu. Ndipo Yesu anadziwa kuti iwo amene akuyembekezera Ambuye adzakonza mphamvu zawo ([Yesaya 40:31](#)) ndipo anazichita! Amadziwa kuti utumiki wake ukhoza (ndipo mwina mwina) angalephere ngati sanatero.

Panthawi yake yautali ndi Atate wake, Yesu akanasonyeza kuti amakonda Mulungu ndi kuthokoza Mulungu wake.

Akadapempherera zosowa kapena zochitika zina komanso kuti akhale ndi ulamuliro, mphamvu ndi mphamvu yopitiliza utumiki wake.

Akadakhala kuti adadikirira Mulungu, kumvetsera zosonyeza kuti

Mulungu amamukonda, komanso malangizo ndi malangizo a tsiku lomwe ili patsogolo. Tikuwona kuchokera pa vesi 38 kuti Yesu anali ndi dongosolo lomveka bwino tsiku litakhala ndi abambo – kuyenda kuchokera pamalowo kupita kumalo oyandikana nawo.

Ngati Yesu, Mwana wa Mulungu yemwe anali ndi ulamuliro ndi mphamvu, amafuna nthawi yotsitsimula ndi Mulungu, kuli bwanji nthawi yomwe timafunikira?



Zochita

5
Mphindi

Kukhala ngati Yesu ndikukhala nthawi yocheza ndi Mulungu kumafuna kutilandire. Tonse tikupanga dongosolo lomwe lingatithandize kuchita izi. Funsani gulu kuti ligwere awiriawiri kukambirana mafunso otsatirawa. Munthu aliyense ayenera kusankha pa yankho, lawo ndikugawana zomwe akwanitsa kusankha kwawo kuwathandiza.

- Kodi malo omwe mungakhale yekha, kuti ndi inu ndi Mulungu? Malo awa ayenera kukhala malo opanda phokoso pomwe simudzasokonezedwa, kusokonezedwa, kapena kusokonezedwa. Ziyenera kukhala penapake kuti mutha kukhala tsiku lililonse.
- Kodi ndi liti nthawi yabwino patsiku lanu kuti muike nthawi yokhala chete ndi Mulungu? Ganizirani za zochitika zanu za tsiku ndi tsiku ndikusankha nthawi yabwino kwa inu. Anthu ambiri amawona kuti nthawi yabwino kwambiri iyi ndi chinthu choyamba m'mawa. Mutha kuyamba ndi mphindi 10 ndikuwonjezera nthawi mukamazolowera chizolowezichi.

Limbikitsani anthu kulemba mapulani awo ngati angathe. Izi ziwathandiza kukumbukira.



5
Mphindi

Awiriawiri, afunsi anthu kuti azipemphererana. Dziwani mwachindunji m'mapemphero, kutchula malowa ndi nthawi yomwe munthu aliyense akhala chete ndi Mulungu ndikupempha Mulungu kuti awathandize kukakumana naye mwanzero.



Poyamba zitha kuwoneka ngati zovuta komanso zopanda chilengedwe. Satana amayesa kukukhumudwitsani pokuuzani kuti ndikuwononga nthawi komanso kuti simungamve Mulungu. Koma musataye mtima. Pitolizani kuyenda ndipo masiku atatembenukira kwa milungu idzakhala yachilengedwe komanso yeniyeni. Mudzakhala ndi masiku omwe mumamvanso pafupi kwambiri ndi Mulungu, kenako masiku omwe mukumva kuti muli kutali ndi iye. Osataya mtima. Maubwenzi amatenga nthawi komanso khama. Yesetsani kukhala pamalo opanda phokoso ndi Mulungu.



15
Mphindi

Zochita

Fotokozerani kuti tikhala ndi nthawi yokhala chete tsopano. Funsani gulu kuti litsatire izi. Muyenera kuziwerenga kamodzi, ndikulola nthawi kuti anthu azichita gawo lililonse.

- Sankhani malo mu chipinda chomwe mungakhale kapena kuyimirira chete.
- Yatsani foni yanu.
- Kugwedeza malingaliro anu kuti muchotse malingaliro onse, nkhawa kapena malingaliro omwe akuthamanga pamenepo. (Kugwiritsa ntchito nthawi ndi Mulungu chinthu choyamba m'mawa pamaso panu kumatha kukhala otanganidwa kwambiri.)
- Khalani chete. Khalani chete. Osasunthika ndikuyenda mozungulira.
- Yambani mwa kupembedza ndi kuphunzitsa Mulungu. Fotokozerani kuti mumamukonda. (Lolani mphindi zochepe za izi ndi masitepe otsatira.)
- Vomerezani tchimo lililonse lomwe mumazindikira ndikumupempha kuti akuwonetseni aliyense amene mungawanyalanyaze. Khalani ndi Mulungu.
- Kuwononga nthawi yomuthokoza chifukwa cha zabwino zake komanso zonse zomwe wakuchitirani.
- Afunseni kuti akwaniritse zosowa zanu ndikupereka zopempha zilizonse zomwe muli nazo kwa iye.
- Kutha pokhala ndi nthawi 'kudikira Mulungu'. Werengani mavesi ena kuchokera m'Baibulo. Mutha kuyamba ndi

Masalimo 46 lero. Werengani pang'onopang'ono.

Werengani mosamala. Werengani pemphelo. Pempherani malemba kubwerera kwa Mulungu.

- Mukamawerenga, mverani mwachidwi. Lembani chilichonse chomwe mumva kapena malingaliro aliwonse omwe mungakhale nacho kuchokera kwa iye. (Mukakhala nokha, ngati mungapeze malingaliro anu, werengani mokweza. Izi zikutithandiza kuyang'ana kwambiri.)

Bweretsani gululi limodzi ndikufunsa ngati wina angafune kugawana chilichonse.



5

Mphindi

Pemphero

Lowani gululi mu pempheroli. Werengani sentensi imodzi nthawi ndikufunsa kuti gulu lizibwereza mzere uliwonse mutatha:

Wokonedwa Ambuye Yesu, ndimakukondani ndipo ndikufuna kukudziwani bwino tsiku lililonse. Chonde ndiphunzitseni kukhala chete, kuti ndikhale chete komanso kuti ndikhale ndi nthawi yochepa ndi inu ndi ine. Ndithandizeni kuti ndipange gawo ili la tsiku langa tsiku lililonse. Chonde nditetezeni ku Satana pamene akufuna kutisokoneza ndikusokoneza maulendo athu limodzi. Ndimakukondani Ambuye Yesu, ndithandizeni kuti ndiyende pafupi nanu, ameni.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, ikani pochita dongosolo lomwe mudapanga kale. Pitani kumalo komwe mudasankha nthawi ya tsiku lomwe mwasankha. Pitani kamodzi tsiku lililonse ndikutsatira njira zosavuta zomwe tidadutsamo lero. (Mungafunike kukumbutsa anthu awa.) Dzipani kuchita izi ndikulimbikitsa awiri pagulu lanu kuti achite izi mkati mwa sabata.

Funsani anthu kuti adziwe kuchuluka kwa nthawi yomwe amasokonezedwa, kapena kusokonezedwa, kapena kusokonezedwa nthawi yawo ndi Mulungu sabata yonse. Afunseni kuti aganize za zomwe zikuwasokoneza kapena kuwasokoneza, kenako kuganiza

zomwe angachite kuthana ndi zosokoneza izi ndi kusokoneza.



Mboni

Ganizirani za anthu onse omwe mudalankhulapo kale ndikufunsa Mulungu ngati pali munthu wina amene akufuna kuti mulankhulenso sabata ino kapena ngati pali wina watsopano. Pitani mukauze munthu amene Mulungu amakumbukira kuti mudzakhala nthawi yokhala chete. Fotokozerani kuti mukupanga nthawi yolankhula ndi Mulungu komanso kumva kuchokera kwa iye. Auzeni zomwe mwaphunzira lero ndikupempha kuti achite.

Kodi Baibulo ndi Lotani?



'Malembo onse ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, kudzudzula, kukonza ndi kuphunzitsira chilungamo, kuti mtumiki wa Mulungu akhale wokonzekera bwino ntchito iliyonse yabwino.'

2 Timoteo 3:16-17



Kukonzekela

Gawoli lidzafuna mamembala a gulu la gulu kukhala ndi mwayi wofika m'Baibulo. Muyenera kulumikizana ndi anthu ndikuwafunsa kuti abweretse Baibulo ngati ali ndi imodzi. Mu gawo lino, chonde onetsetsani kuti Mabaibulo amagawidwa m'gululi komanso kuti aliyense amene sangathe kuwerenga amathandizidwa ndi winawake yemwe angathe. Ngati wina aliyense angathe kugwiritsa ntchito intaneti pafoni yawo amatha kupeza zolemba za Mabaibulo onse pa intaneti. (Onani gawo lachuma kumapeto kwa gawoli ngati mukufuna zitsanzo za komwe mungapeze.)

- Ukhale nayo:
- Adafunsa wina m'gululi kuti awerenge nkhaninyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Adafunsa aliyense kuti abweretse Baibulo ngati ali ndi imodzi?



Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.

5

Mphindi



Kulunjika

Cholinga cha gawo sabata ino ndikutidziwitsa Mawu a Mulungu, Baibulo. Baibulo imakamba nkhani ya Mulungu ndi anthu ake ndipo imatithandiza kumudziwa bwino.



Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Malembo onse ndi Mulungu opumira ndipo ndi othandiza
pophunzitsa, kudzudzula, kukonza ndi kuphunzitsira
chilungamo, kuti mtumiki wa Mulungu akhale wokonzekera
bwino ntchito iliyonse yabwino.*

2 Timoteo 3:16-17



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Zoposa 200 zapitazo kunali ankakhala Wales mtsikana wotchedwa Mary Jones. Iye anachokera ku banja losauka koma bambo ake ndi mayi anali okhulupirira Achikristu. Mariya anabwera chikhulupiriro mwa Khristu pamene iye anali pafupi eyiti. Anaphunzira Baibulo kuyambira ali wamng'ono, koma Mary analakalaka kuliwerenga awowo. Koma panali mavuto ena kugonjetsa. Choyamba, sankatha kuwerenga; chachiwiri kodi iye kupeza m'Baibulo, ndipo kodi iye anayamba kugula wina?

Vuto loyamba anali linatha pamene sukulu anatsegula m'mudzi pafupi ndi nyumba yake. Mary akanatha kuwerenga pambuyo pa zonse! Iye anali kuyenda kumeneko ndi kumbuyo tsiku lililonse mu nyengo zonse, koma iye anapirira. Iye anachita kale ntchito zapakhomo kunyumba, koma Mary anayamba ntchito owonjezera anthu ena, pofuna kupulumutsa mmwamba pang'ono ndi pang'ono. Adasambitsa zovala, iye anapitiriza nkukhu, ndipo iye anagulitsa mazira. Nthawi iliyonse apeza phindu wamng'ono, iye kusungidwa izo bwinobwino, ndikuganiza za tsiku pamene iye akanati angafikire mulingo wake.

Pambuyo ndalamazi zaka zisanu ndi chimodzi iye adawerengedwa iye anali ndi ndalama zokwanira. Mary anafunsa mtsogoleri tchalitchi za kugula Baibulo. Iye ankadziwa aliyense, koma anamuuza iye za munthu wotchedwa Thomas Charles pa Bala - 26 kutali. Iye nthawi zina Mabaibulo zogulitsa. Wales Mabaibulo anali osowa masiku amenewo, koma Mary anatsimikiza. Choncho pa zaka 14 iye anayamba kuyenda mitunda italiitali. Iye anali kuwoloka mapiri aatali pakati pa nyumba yake ndi mudzi wa Bala. momwe anali

waukali ndiponso miyala ndipo iye anayenda wopanda nsapato, koma iye izo.

Pamene iye anagogoda pakhomo Mr Charles anali otopa ndi akuda, koma maso ake anali owala ndi chisangalalo. 'Kodi muli Mabaibulo zogulitsa, bwana?' anafunsa kupuma. Mr Charles sankadziwa choti anene. Mabaibulo ake onse anali kaya atagulitsidwa kapena kale analonjeza munthu wina. Koma apa anali izi wofunitsitsa mtsikana ndi misozi mmaso, amene anapulumsa kwa nthawi yaitali ndipo anayenda kutali. Ndithudi iye sakanakhoza amatembenuzidwira chimanjamanja. Mr Charles anaganiza mwamsanga. 'Ine ndidzakupatsani inu wotsiriza wanga,' iye anamuuzza iye, 'ndi kupeza mmalo makasitomala anga ena.'

Mariya ali Baibulo ndipo anapitiriza kuliwerenga moyo wake wonse. Izo zinali mu Malo azioneselo koma wabwerera Wales tsopano, ndi nkhani ya momwe iye anali zalembedwa kumbuyo mu zolemba wake. Ndipo Mr Charles? Chabwino, iye anali wakhudzidwa ndi mtima wa msungwana wamng'ono uyu ndipo anaganiza Kuyambitsa ndi Baibulo mudela kuti anthu ambiri akhoza kukhala ndi Mabaibulo awoawo. Mary Jones kukonda Baibulo ndi Mulungu wa m'Baibulo anasonyeza dalitso osati yekha ndi banja lake, koma kwa anthu ambiri komanso.



Vunga la Baibulo

Werengani 2 Timoteo 3:14-17 kwa gululi:

¹⁴Koma monga iwe, pitilizani mu zomwe mwaphunzira, mwakhala mukukhulupirira, chifukwa mudziwa iwo amene mudawaphunzira, ¹⁵ndiomwe mudadziwa Malemba Opatuko, ndipo mudakupangitsani kukhala anzeru pakupulumutsa mwa chikhulupiriro Kristu Yesu. ¹⁶Ndipo Malemba ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, akudzudzula moyenera, ¹⁷kuti mtumiki wa Mulungu akhale wokonzekeretsa bwino ntchito iliyonse yabwino.



Baibulo ndi buku lamphamvu. Monga momwe ndimasonyezera, titha kusinthidwa tikamatenga choonadi m'mitima yathu. Lili ndi

nkhani ya Mulungu: njira zingapo zingapo zopangira dziko lapansi, mbiri yake mpaka pano, chikondi chomwe amakonda kwa anthu ake, chikonzero chake chotipulumutsa kudzera mwa Mwana wake Yesu, komanso zochitika zomaliza za mbiriyakale.

Nkhani ya Mary Jones ikuwonetsa kufunika kokhala ndi Baibulo lomwe timatha kuwerenganso chilankhulo chathu. Mwina, monga Mary, simunakhalepo ndi Baibulo lako. Bwanji osasankha masiku ano kuti mupemphere kwa Mulungu ndikumupempha kuti akuthandizeni kuti muchepetse ndikupeza wina ndi banja lanu mutha kuwerenga limodzi.



Kukambirana

Mwa mafunso aliwonse otsatirawa, limbikitse anthu amodzi kapena awiri kugawana zomwe akuganiza kuti yankho ndi. Anthu atalankhula mafunso awo, werengani mayankho apa.



Kodi Baibulo ndi chiyani?

(Kumbukirani kuti munthu m'modzi kapena awiri akusonyeza mayankho kaye.) Baibulo ndi mgwirizano wapadera wa zolemba kapena *Malembo*. Liwu loti *Baibulo* limachokera ku dzina lachi Greek lolemba zoyambirira, *buku* lomasuliridwa. Makamaka mabuku 66, adalemba nthawi zosiyanasiyana komanso kwa owerenga osiyanasiyana. Lagawidwa m'magawo awiri:

- Chipangano Chakale chimapangidwa ndi mabuku 39 omwe adakhalapo Yesu asanabadwe.
- Chipangano Chatsopano chimapangidwa ndi mabuku 27 (ambiri omwe ali makalata), kuphimba kubadwa kwa Yesu mpaka kumalekezere adziko lapansi.

Chithunzi chomwe chili patsamba lotsatira chikuwonetsa mitundu yosiyanasiyana ya mabuku a m'Baibulo ndi momwe amakhalamo pakati pa magulu osiyanasiyana. Mu Chipangano Chakale mabukuwo agawidwa m'magulu asanu:

- Lamulo: Mabukuwa amawuzani nkhani ya Mulungu ndi anthu ake ndikukhazikitsa njira yomwe adawapempha kuti

akhale ndi moyo.

- Mbiri iyi: Mabukuwa amasula zaka zambiri ndikupitiliza nkhani ya Mulungu ndi anthu ake, nthawi zina mtundu wonse, nthawi zina banja laling'ono kapena munthu wina.
- Ndakatulo: Kugwiritsa ntchito ndi kusiyanita zakukhosi kwathu mabukuwa kumatithandiza kumvetsetsa chidzalo cha moyo.
- Aneneri akulu ndi tating'ono: M'buku lililonse timawerenga mawu a Mulungu kwa anthu ake panthawi zina kuti azitsutsa kapena kuwalimbikitsa. Tingaphunzire zambiri za mkhalidwe wa Mulungu komanso anthu m'mabuku amenewa.

Mu Chipangano Chatsopano mabuku amagawidwa m'magulu anayi:

- Mauthenga: Mabukuwa alembedwa zomwe zinachitika pamene Yesu anali padziko lapansi.
- Tchalitchi Choyambirira: Yesu atachoka padziko lapansi, anthu omwe adamsata lye akuuza ena za lye. Nkhani yawo yalembedwa pano.
- Makalata: Atsogoleri a m'banja loyambirira analemba makalata m'magulu ambiri a okhulupirira kuti awalimbikitse. Zilembozi zalembedwa pano.
- Ulosi: Monga ndi mabuku aulosi a Chipangano Chakale, bukuli limafotokoza uthenga wa Mulungu kwa anthu ake. Kudzera mchilankhulo chophiphiritsa timapatsidwa chenjezo komanso lotonthoza.

Chipangano Chakale	Lamulo		Yoswa	Ndakatulo	Yobu	Ananeli Ang'ono Ang'ono	Hoseya
		Genesis	Oweruza		Masalimo		Yowele
		Eksodo	Rute		Miyambo		Amosi
		Levitiko	1 Samuele		Mlaliki		Obadiya
		Numeri	2 Samuele		Nyimbo ya Solomoni		Yona
		Deuteronomo	1 Mafumu				Mika
		2 Mafumu		Nahumu			
		1 Mbiri	Ananeli Akulu	Yesaya	Habakuku		
		2 Mbiri		Yeremiya	Zefaniya		
		Ezara		Maliro	Hagai		
		Nehemiya		Ezekiele	Zekariya		
		Esthere		Daniele	Malaki		

Chipangano Chatsopano	Uthenga	Mateyu	Makalata	Aroma	Makalata	Makalata	Yakobo		
		Marko		1 Akorinto				1 Petro	
		Luka		2 Akorinto			1 Timoteo	2 Petro	
		Yohane		Agalatiya			2 Timoteo	1 Yohane	
		Aefeso		Tito			2 Yohane		
	Mupingo Oyamba	Machitidwe a Atumwi		Afilipi				Filemoni	3 Yohane
				Akolose				Ahebri	Yuda
				1 Atesalonika					
				2 Atesalonika					
							Uneneli	Chivumbulutso	

Tsopano ikumasuliridwa ambiri a zinenero dziko, Baibulo mpaka pano mabuku ake bwino kugulitsa.

Amene analemba mawu a m'ndime wathu?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Paulo, mtsogoleri mu mpingo woyambirira, analemba mawu amenewa kalata Timoteyo. banja Timoteyo anamuphunzitsa Malemba (liwu lina Baibulo) adakali wamng'ono. Patapita Paulo anakumana naye ndipo anamutenga ndi kupita naye pa maulendo ake kuphunzitsa anthu za Mulungu ndi kulimbikitsa okhulupirira. Paulo anali m'ndende chifukwa cha chikhulupiriro chake mwa Yesu, ndipo mwa kalata, tsopano chakumapeto kwa moyo wake. Iye analemba kuti alimbikitse mthandizi wake wamng'ono kupitiriza chikhulupiriro chake mwa Yesu komanso kukumbutsa iye kufunika m'Malemba.

N'chifukwa chiyani wapadera Baibulo?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Paulo anauza Timoteyo kuti Malemba anauziridwa ndi Mulungu, kapena kuti 'Mulungu anapumira'. Ngakhale masitaelo a mabuku zosiyanasiyana, pali kugwirizana chodabwitsa pakati pa iwo ndi mawu ofunikira kwambiri, mfundo ndi maganizo nsalu mu nkhani yonse. Ndipotu, ndi mbiri yeniyeni ya dziko lenileni timawadziwa komanso amakhala.

Baibulo chiyani?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Baibulo angatipatse kumvetsa za Mulungu – Atate, Mwana ndi Mzimu Woyera. Chimatipatsa maganizo ake pa dziko, kuyambira koyambirira mpaka kumapeto. Limafotokoza kumene anthu anachokera ndipo n'chifukwa moyo wonse wa mavuto. Komanso kutipatsa chithunzi chachikulu, limatisonyeza zimene tili monga anthu. Limatiuzanso chifukwa chake ife anakhala wopatuka kwa Mulungu, zimene wachita za kuti vuto ndi momwe ife kukhala mbali imodzi ya kupulumutsidwa dongosolo lake.

Kodi Baibulo kuchita?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Tiyenera kudziwa bwinobwino zimene Paulo analemba kuti: Nzeru kufikira chipulumutso 'mwa chikhulupiro cha mwa Khristu Yesu.' Malemba ungamithandize ngakhale lili ndi mawu a moyo, payokha Baibulo sangapereke aliyense moyo wauzimu. Moyo umene umabwera kwa ife kupyolera mwa Yesu Khristu, tikaika chikhulupiro chatu mwa iye. Baibulo amazipanga zothandiza kwa ife, koma kuti apeze chipulumutso tiyenera kuika chikhulupiro chatu mwa Yesu, amene ali Mawu amoyo. Ndipotu, timawatcha Baibulo chikwangwani chosonyeza, akutiya pamodzi njira yolondola kwa munthu woyenera, Yesu, amene angatipulumutse ife ku machimo athu ndi kutipatsa moyo watsopano.

Kodi Malemba amatithandiza bwajji?

(Kumbukirani kuti tiyeni mmodzi kapena awiri amati mayankho choyamba.) Paulo akunena kuti Malemba othandiza kuti, 'chiphunzitsa, chitsutsano, kukonza ndi kulangiza za chilungamo.' Iwo akutionetsa kumene tili atapita cholakwika, ngati yowala mumtima ngodya mitima yathu ndi maganizo athu. Amatipatsa zitsanzo kutsatira komanso zitsanzo kupewa. Malemba kutipatsa ife chiyembekezo, kusonyeza kuti Mulungu akhoza kumugwiritsa ntchito aliyense, ziribe kanthu momwe olakwika poyamba iwo anakhulupirira iye.

Baibulo kumathandizanso kutiphunzitsa m'chilungamo – zilibe mwachibadwa kwa ife! Mzimu Woyera (mthandizi amene Yesu anatumiza ophunzira ake ataukitsidwa) amalankhula kwa mitima yathu ndi chikumbumtima kuti ife tikufunitsitsa moyo wachiyero ndi woyera. Iye zambiri Malemba amatilimbikitsa kumafano izi.

Pomaliza, Paulo analimbikitsa Timoteyo okhwima mu ubale wake ndi Mulungu. Iye ananena za munthu wa Mulungu kukhala *wangwiro*. Mulungu ali ndi ntchito zabwino kwa ife tonse kuchita. M'kalata yake yopita kwa Aefeso Paulo akuti:

Pakuti ife ndife ntchito ya manja a Mulungu, olengedwa mwa Kristu Yesu, kucita zabwino ntchito, zimene Mulungu

anazipangiratu, kuti tiyende kuchita.

Aefeso 2:10

Tidzakhala bwino zoyenera kuchita izi ngati ife tipite monga ophunzira ndi kudziwa bwino Mulungu. Onse Malemba ndi Mzimu Woyera ndi mbali yaikulu kusewera mu ndondomeko imeneyi – mphatso yamtengo wapatali.



10

Mphindi

Zochita

Kuthyola magulu a anthu atatu kapena 4 ndikuyesera kuyankha mafunso otsatirawa:

- Kodi pali amene adaganizapo kuti Mulungu akulankhula ndi iwo kudzera mu vesi kapena ndime ya m'Baibulo?
- Ndi iti?
- Kodi izi zidakupangitsani kusiyana kwa inu?
- Kodi mwachita chiyani?



10

Mphindi

Pemphero

Khalani m'magulu anu ang'onoang'ono ndipo mukamapemphera limodzi, kuthokoza Mulungu chifukwa cha mphatso yake ya m'Baibulo.

Mutha kumufunsa:

- Kukuthandizani kuti mumvetsetse ndikumudziwa bwino chifukwa chowerenga kapena kumvetsera.
- Kukuthandizani kuti muzimvera zomwe akukufunsani kudzera mwa iwowo.
- Kukupatsani mwayi ndi kulimba mtima kuti muuzeko za chowonadi chomwe mumaphunzira kuchokera m'Baibulo ndi ena.

Pempherani kudzera mwa vesi lero kwa munthu aliyense, kupempha Mulungu kuti akonzekere bwino ntchito zabwino pamene amawerenga mawu ake.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, mukawona

msewu kapena chikwangwani, tithokoza Mulungu pokulolani Yesu Kristu. Muthokozeni chifukwa cha mphatso yake ya m'Malemba kuti kukupulumutsireni.

Kaya nokha kapena ndi 1 kapena 2 kuchokera pagululi Werengani buku lalifupi la Bayibulo. Zili ndi buku lomwe mwawerenga. Ngati mukukayikira koti mukayambenso kuyesa Yakobo, 1 Petro kapena 1 Yohane, makalata olembedwa ku mpingo woyamba. Buku la Marko ndi malo abwino kuyamba. Ndi nthawi yayitali ndipo imafotokoza nkhani ya zomwe zinachitika pamene Yesu anali padziko lapansi.

Ngati wina alibe Baibulo kapena sangawerenge kuti alimbikitseni kuti akomane ndi munthu wina m'gulu lomwe ali ndi Baibulo ndipo amatha kuziwerenga.



Mboni

Atapempha Mulungu kuti akhale ndi mwayi wogawana zoonazochokera m'Baibulo, amangoganizira za mwayi womwewo ndi kuyankhula akabwera!

Ganizirani za anthu onse omwe mudalankhulapo kale monga gawo la ntchito yathu ya mboni. Funsani Mulungu ngati pali wina amene walankhulapo naye kuti akufuna kuti mulankhulenso kapena ngati akufuna kuti mulankhule ndi wina sabata ino. Mulungu adzaika wina kuti ayankhule nawo. Mutha kugwiritsa ntchito zojambula 3 zozungulira, gawani vesi lokumbukira kapena chitani china chake monga njira yolalikirira chowonadi kuchokera m'Baibulo. Mutha kuuzanso mayankho a pemphero ndi gulu nthawi ina.

Zolembe

8

Momwe Mungaphunzirire

Baibulo

'Lamulo la Ambuye ndi labwino,
kutsitsimutsa mzimu.
Malangizo a Ambuye ndi odalirika,
kupanga zinthu zosavuta.
Ndiwofunika kwambiri kuposa golide,
kuposa golide woyenga bwino kwambiri;
Amakhala okoma kuposa uchi,
kuposa uchi kuchokera ku uchi.'

Masalimo 19:7&10



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Mabaibulo 3 kapena 4

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa anthu 3 kapena 4 kuti abweretse Baibulo ngati ali ndi imodzi?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikuphunzira momwe mungaphunzirire Baibulo. Izi zimaphatikizapo malingaliro a komwe muyenera kuyamba ndi njira zina zokumana ndi Mulungu ndikugwiritsa ntchito mawu ake m'miyoyo yathu.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Lamulo la Ambuye ndi labwino,
kutsitsimutsa mzimu.
Malangizo a Ambuye ndi odalirika,
kupanga zinthu zosavuta.
Ndiwofunika kwambiri kuposa golide,*

*kuposa golide woyenga bwino kwambiri;
Amakhala okoma kuposa uchi,
kuposa uchi kuchokera ku uchi.*

Masalimo 19:7&10



Nkhani

Werengani nkhani yotsatira pagululi. It is the story of King David from the Bible.

Nthawi ina panali mwana wamwamuna mu Israeli wotchedwa Davide. Anali mbusa. Adakhala nthawi yambiri kunja kusamalira nkhusa zake kapena kugwira ntchito za atate wake. Anali mwana wamwamuna wachichepere ku banja la Jese ndi abale ake sanaganize kuti ali ndi zochuluka – pang'ono chabe. Koma Davide anakonda Mulungu ndi chowonadi chake. Anakonda kuyang'ana padziko lonse lapansi womuzungulira ndikuthokoza Mulungu pazomwe adapanga. Amakondanso nyimbo. Amatha kusewera zeze ndi kulemba ndakatulo, ndipo ena mwa awa adakhazikitsidwa nyimbo.

Pakapita nthawi banja la Davide lidadabwa kwambiri. Mneneri wina wotchedwa Samueli anabwera ndipo anafuna kuti awone anyamata onse – Mulungu anali atamuza kuti adzoze mmodzi wa ana a Jese monga mfumu yamtsoyolo ya Israyeli. Kodi angasankhe ndi uti? Wakale? Olimba kwambiri? Wowoneka bwino kwambiri? Sanasankhe iliyonse mwa awa – Mulungu anali atamuza Samueli kuti asayang'ane maonekedwe awo akunja akunja, mtima wa munthuyo. Chifukwa chake, Davide wachichepere adasankhidwa.

Anali mnyamata wolimba mtima, ndipo chikhulupiro chake ndi kulimba mtima kwake zidayesedwa posachedwa. Muyenera kuti mudziwe momwe adagondera chimphona chachikulu cha munthu wotchedwa Goliyati pogwiritsa ntchito malo okhala ndi miyala yake mumtsinje. Davide anapirira zovuta zambiri chifukwa mfumu yapitayo (Sauli) anachita naye chomuchitira nsanje ndipo amafuna kuti amuphe, koma pomaliza dongosolo la Mulungu lidayandikira ndipo Davide adalengeza kuti adalengeza. Ufumu wake unakula ndi Mfumu Davide wokulirapo. Koma sanayiwale Mulungu.

Anapemphera ndipo amakuyimbira nyimbo zamuyamikire nthawi zabwino ndi zoyipa. Masalimo ena m'Maphunziro athu masiku ano amalembedwa ndi Davide yemweyo, ndipo athandiza Akhristu pazaka zonsezo kuti akweze mitima yawo ndikulemekeza Mulungu, nthawi zonse amakhala wolamulira komanso wokhulupirika nthawi zonse.

Nyimbo zathu lero zimachokera ku Limodzi la Masalimo a Davide. Tiona momwe amawakondera mawu ndi njira zake ndipo tipeza madalitso oterewa powamvera.



Vunga la Baibulo

Werengani Masalimo 19:7-11 ku gulu:

*⁷Lamulo la Ambuye ndi langwiro,
kutsitsimutsa mzimu.*

*Malangizo a Ambuye ndi odalirika,
kupanga zinthu zosavuta.*

*⁸Zumitundu ya Yehova nkulondola,
kupatsa chisangalalo pamtima.*

*Malamulo a Ambuye ali owala,
kupereka kuwala pamaso.*

*⁹Kuopa Yehova ndi koyera,
kupirira mpaka kalekale.*

*Malamulo a Yehova ndi okhazikika,
ndipo onse aiwo ndi olungama.*

*¹⁰Ndipo ndi wamtengo wapatali kuposa golide,
kuposa golide woyenga bwino kwambiri;*

*amakhala okoma kuposa uchi,
kuposa uchi kuchokera ku uchi.*

*¹¹Ndiri mtumiki wanu aceleredwa;
powasunga kuti alipo mphoto yayikulu.*



Kodi tiyenera kuyamba kuti?

Zingakhale zovuta kudziwa komwe mungayambire mu Baibulo; ndiye buku lalikulu. Kuwerenga kuyambira pachikuto mpaka kubisa sikoyenera nthawi zonse kuyambira; pambuyo pake tikufuna

kuwerenga Bayibulo lonse, koma timakwanitsa mpaka zimenezo. Bwanji osayamba ndi umodzi wa Mauthenga Abwino (Mateyo, Marko, Luka kapena Yohane) kenako kusunthira pamoyo Zochita kuti aphunzire za moyo wa Mpingo woyamba. Tembenukirani ku Masalimo kuti mupeze nyimbo ndi ndakatulo zokutira mbali zonse za moyo ndi zomwe wakumana nazo, kapena Genesis kuti mudziwe momwe Mulungu adalenga dziko lapansi.

Kodi Mulungu angalankhule bwanji kwa ife kudzera mu Baibulo?

Nthawi zina mutha kuwerenga Bayibulo ndipo palibe chomwe chikuwoneka kuti chikukulirani. Osadandaula. Mukuyenerabe kuchita zowona, ndipo pakapita nthawi zimakupangitsani momwe mumawonera pamoyo. Choonadi M'baibulo umagwira ntchito kwa ife mosasamala momwe tikumvera. Kuwerenga pafupipafupi kwa Baibulo lonse kudzakuthandizani kuzindikira 'chithunzi chachikulu' cha zomwe Baibulo limanenanso, komanso kuwerenga magawo ang'onoang'ono ake mozama. Mukayamba kuwerenga buku la Baibulo, yesani kudziwa komwe muli m'nkhani yayikulu yomwe ili. *Ndani adalemba bukulo, liti ndipo ndi chifukwa chiyani?*

Nthawi zina, mudzapeza kuti mukuwerenga gawo lina ndipo mawuwo akuwoneka kuti amalumphira patsamba kuti asangalale ndi inu. Izi zikachitika, muyenera kuzindikira, kuganiza mosamala za momwe amagwiritsira ntchito pamoyo wanu, malingaliro anu ndi vuto lanu. Kodi ndi yankho la mapemphero omwe munapemphera posachedwa? Kodi Mzimu Woyera umakulimbikitsani kuchita china chake, kupita kwinkwake, kuti musinthe kena kake? Kodi akukudzudzulani kuti mukhale ndi malingaliro olakwika mumtima mwanu?

Tipemphere kuti Mulungu akuthandizeni kumvetsetsa zomwe mukuwerenga. Osakhumudwitsidwa ndi zigawo zovuta. Ingopitirirani. Nthawi zina munganene kuti, 'O, ndaona tsopano!' monga zinthu zomwe mumawerenga pambuyo pake pamawu omwe simunamvetsetse kale.

Baibulo lili ngati mgodi. Zinthu zina zamtengo wapatali zimakhala pansu kapena pafupi kwambiri. Ndiosavuta kunyamula. Koma zinthu zina zamtengo wapatali ndizomwe mobisa, ndipo muyenera

kuyesetsa kuzikwaniritsa. Ichi ndichifukwa chake limalankhula za kusinkhasinkha, kuganizira komanso kuganizira zomwe mwawerenga.

Simudzadziwa zonse m'mphindi 5 koma nthawi iliyonse tikamawerenga, kupempha Mulungu kuti atithandize, tikumanga zowonadi zake m'mitima yathu ndi m'malingaliro athu. Pang'onopang'ono Mzimu Woyera amatha kukonzanso malingaliro athu, kutipangitsa kuti tizigwirizana ndi zomwe amafuna kuti tikhale. (Mutha kuwerengera Masalimo 119:9-11 kuti mufufuze izi.)

Musataye mtima! Koma tizilumikizana ndi okhulupirira ena. Gawanani nawo zomwe mukuphunzira m'Baibulo. Iwo kudzawalimbikitsa, ndipo tsiku lina iwo angalimbikitse inu.

Kumbukirani zimene Davide ananena pa Masalimo 19:11 – kusunga njira za Mulungu pali mphoto yaikulu. Ife tonse ngati lingaliro mphoto, koma ichi chimakhala zimatha. Si monga ndalama kapena mphoto zabwino – ndi omangirika mphamvu mu chikhulupiriro chatu ndi chikondi kwa Mulungu wamoyo, kuti timudziwe bwino.

Davide ananena mawu a Mulungu kukhala chokoma kuposa uchi ndi chiposa golidi, akutikumbutsa kuti zinthu ake a mtengo wapatali kuposa zinthu zimene ankasangalala ndi kwambiri ofunika m'dziko lino.



15
Mphindi

Zochita

Tikhala ndi mphindi 15 kuphunzira njira imodzi yophunzirira Baibulo. Gawani gululo m'magulu ang'onoang'ono kapena anthu 3-4, onetsetsani kuti munthu aliyense mgulu lililonse ali ndi Baibulo lomwe amatha kuwerenga molimba mtima.

M'magulu awo, pemphani anthu kuti achite izi:

Werengani: Munthu m'modzi amawerenga mokweza Marko 6:30-44, 'Yesu adyetsa zikwi zisanu'.

Reterall: Anthu ena omwe ali mgululi amatanthauza nkhaniyo m'mawu awoawo.

Ganizirani: Aliyense akufotokoza mafunso otsatirawa ndi mayankho awo:

- Kodi ndimeyi ikutiiza chiyani za Mulungu?
- Kodi ndimeyi ikutiiza chiyani za ife?
- Kodi pali chilichonse chomwe tiyenera kuchita chifukwa chowerenga nkhaniyi?

Kubwereza: Sankhani m'gulu lomwe mamembala aliwonse adzachita chifukwa cha kuwerenga lembalo, kukambirana mafunso enanso.



Titha kukhala tikuwerenga Baibulo pafupipafupi ndi Mulungu mwakachete. Zimatithandiza kumudziwa bwino ndipo ndi njira imodzi yabwino kwambiri yomwe angayankhulire nafe.

Ndikofunikanso kuti tichitenso ndi ena zomwe takhala tikuphunzira pa kuphunzira kwathu Baibulo, komanso kuti tigwirizirena wina ndi mnzake zomwe timapanga chifukwa chowerenga mawu a Mulungu. Ndimodzi lero, kuphatikiza vesi lathu lokumbukira, limatiwonetsa kuti pali maubwino ambiri powerenga mawu a Mulungu.



Zochita

Gawani gulu lanu awiri ndikusankha mtsogoleri (wowerenga wolimba mtima) kwa theka lililonse. Onetsetsani kuti munthu aliyense akutsogolera gulu ali ndi Baibulo ndipo ali wokonzeka kuwerengera Masalimo 19:7-11.

- Akulimbikitsidwa ndi mtsogoleri wawo, gulu limodzi limawerengera mokweza gawo loyamba la banja lililonse (vesi 7-10), mwachitsanzo: 'Lamulo la Ambuye ndi labwino.'
- Gulu linalo likafika mokweza gawo lomaliza, mwachitsanzo: 'chotsitsimula cha moyo.'
- Werengani kudzera mu vesi 7-10 mwanjira iyi.
- Kenako, magulu onsewa amakamba mbali yomaliza (vesi 11) onse pamodzi kuchokera kwa 'mtumiki wanu

amachenjezedwa...'



Kukambirana

Pezani aliyense m'magulu a anthu atatu kapena 4.

5

Mphindi

Nenani kuti vesi lomaliza ([Masalimo 19:11](#)) amalankhula za mphoto yayikulu pakusunga njira za Mulungu. Funsani magulu kuti muwone zomwe angapeze zomwe angapeze m'mavesi akale.

Pakapita mphindi zochepa, pitani mozungulira m'chipindacho ndikupempha gulu lililonse kuti ligawane mphoto imodzi yomwe adapeza mpaka onse atagawidwa.



Pemphero

M'magulu ang'onoang'onowo, zikomo Mulungu kuti Baibulo lasungidwa kudzera mwa zaka ndi kuti ifenso titha kuwerenga apa.

10

Mphindi

Tipemphere kuti atithandizire kumvetsetsa zomwe tawerenga.

Muthokozeni chifukwa cha madalitso omwe timalandira tikamawerenga ndikumvera zomwe Mzimu Woyera umatisonyeza.

Mupempheni kuti atisonyeze chilichonse chomwe anganene za mdera lathu, zinthu kapena zosowa zathu.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, khalani ndi nthawi yoyang'ana kudzera mu Baibulo (kapena kumvetsera kwa Baibulo) ndikusankha nkhani imodzi kapena ziwiri kuti tichite njira yomwe tagwiritsa ntchito lero: [Werengani](#), [Reterall](#), [Ganizirani](#), [Kubwereza](#).



Mboni

Mulungu akamalankhula nanu kudzera mu Baibulo kapena mayankho mapemphero anu, khalani olimba mtima! Uzani ena zomwe Ambuye wakuchitirani.

Kumbukitsani nokha za mavesi omwe mwaphunzira mpaka pano. Mukakhala ndi chidaliro kuti mukudziwa mavesi oyamba, gawani ena – ingopititsani!

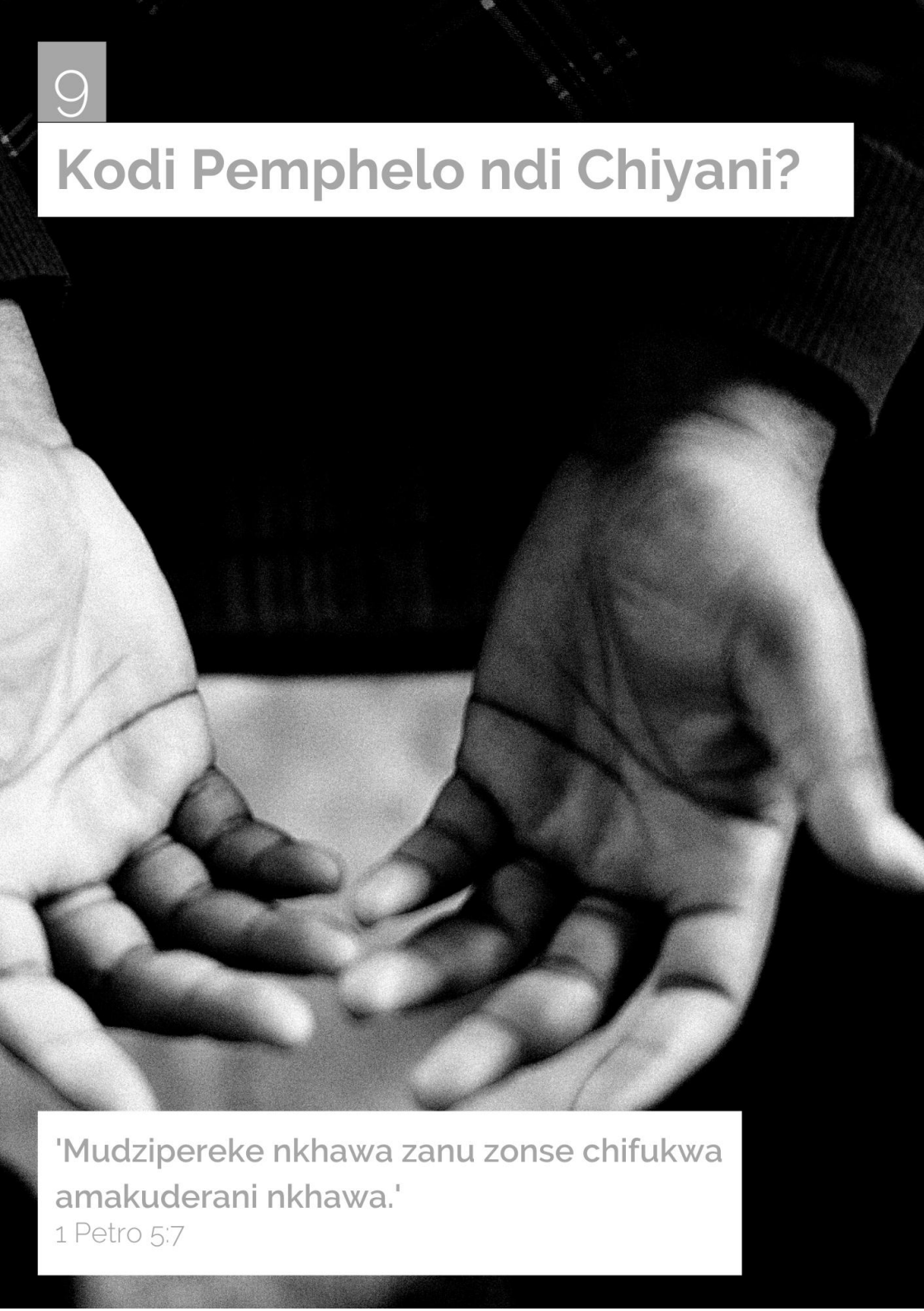
Chuma

Pali zinthu zambiri zapaintaneti zomwe zingatithandize kuti tizitha kupeza Baibulo ndipo phunzirani zambiri za izi. Ngati muli ndi intaneti yomwe mungayang'ane:

- www.biblegateway.com
Opezeka pa Baibulo Pamasiku osiyanasiyana osiyanasiyana kuphatikizapo kudzimvetsera
- www.youversion.com
Pulogalamu yomwe mutha kutsitsa foni yanu kapena kompyuta ndi Baibulo lonse ndi kuwerenga zomwe zili pamenepo, kuphatikizapo mawu akuti kudzimvetsera
- www.thebibleproject.com
Chidule cha makanema aulere a mabuku a m'Baibulo ndi mitu yake yayikulu
- www.easyenglish.bible
Baibulo ya pa intaneti inalembedwa mosavuta kuwerenga Chingerezi

Zolembe

Kodi Pempelo ndi Chiyani?



'Mudzipereke nkhawa zanu zonse chifukwa amakuderani nkhawa.'

1 Petro 5:7



Kukonzekela

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



5

Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti pemphero ndi lotani. Kulumikizana ndi Mulungu. Zili ngati mwana kuphunzira chilankhulo cha kholo ndipo kumafuna kuyankhula ndi kumvetsera.



5

Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werengani kuwerenganso kuti gululo lizibwereza pambuyo pa inu mpaka aliyense athetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Mudzipereke nkhawa zanu zonse chifukwa amakuderani nkhawa.

1 Petro 5:7



Nkhani

Werengani nkhanu yotsatirayi ku gululi:

Mwana wamkazi wa munthu wapempha m'busa wa komweko kuti abwere kudzapemphera ndi atate wake. M'busayo atafika, anapeza kuti bamboyo atagona pabedi ndi mutu wake utakhala pachipata awiri ndipo mpando wopanda kanthu pabedi lake. Wansembeyo anaganiza kuti munthu wokalambayo anali atadziwitsidwa za kubwera kwake.

'Ndikuganiza kuti mumandiyembekezera,' adatero.

'Ayi, ndiwe ndani?'

'Ndine mnzanga watsopano kutchalitchi kwanu,' m'busayo adayankha. 'Nditaona mpando wopanda kanthu, ndinazindikira kuti ukudziwa kuti ndiwonekera.'

'Eya, mpando,' anatero munthu wogona. 'Kodi mungaganize zotsekera pakhomo?' Zidabwisa, m'busayo atseka chitseko. 'Sindinamuuzepo aliyense amenewa, ngakhale mwana wanga wamkazi,' anatero bamboyo. 'Koma moyo wanga wonse sindinadziwe momwe ndingapempherere. Kutchalitchi ndimakonda kumva m'busa amalankhula za pemphero, koma nthawi zonse chimapita pamutu panga.'

Mkuluyo anati: 'Ndinkasiya kuyesayesa kulikonse. Kufikira tsiku limodzi pafupifupi zaka zinai za zapita mzangaanati kwa ine, "Joe, zomwe ndikupereka. Khalani pansi pampando, ikani mpando wopanda kanthu pamaso panu, ndipo mwachikhulupiriro tiwona Yesu pampando. Sizopanda tanthauzo chifukwa lye analonjeza kuti, 'Ndikhala nanu nthawi zonse.' Kenako ingoyankhulani ndi iye nthawi zonse, kenako ingoyankhulani ndi iye ndi kumvetsera momwemo momwe mukuchitira." Chifukwa chake, ndidayesera ndipo ndazikonda kwambiri kotero kuti ndimachita maola angapo tsiku lililonse. Ndine wosamala. Ngati mwana wanga wamkazi adandiwona ndikulankhula pampando wopanda kanthu, amakhala ndi vuto lamanjenje kapena kunditumizira famu yoseketsa.'

M'busayo adakhudzidwa kwambiri ndi nkhaniyi ndipo adalimbikitsa nkhalamba kuti ipitirize ulendowu. Kenako anapemphera ndi iye, nabwerera ku mpingo.

Madzulo awiri pambuyo pake mwana wawo wamkazi adayitanitsa m'busayo kuti abambo ake amwalira masanawa.

'Kodi akuwoneka kuti akufa mwamtendere?' adafunsa.

*'Inde, nditatuluka mnyumba nthawi yachiwiri ndi 2 koloko, anandiitanira pafupi ndi kama wake, anandiuza munthu m'modzi mwa nthabwala zake za anyani, ndipo ndinandipsompsona patsaya. Nditabwerako pamalo ogulitsira ola limodzi pambuyo pake, ndinamupeza wamwalira. Koma panali china chachilendo. M'malo mwake, kupitirira zodabwitsa – mtundu wa zodzikonda. Zikuwoneka kuti bambo asanamwalire, adatsamira ndikupumula mutu pampando pafupi ndi kama.'*²



Vunga la Baibulo

Werengani Mateyo 6:9-13 mgulu:

⁹*Ndiye, kuti, muyenera kupemphera:*

*'Atate wathu wa kumwamba,
Woyeretsa ukhale dzina lanu,*

¹⁰*ndipo Ufumu ubwere,
kufuna kwanu kuchitike,
popeza kumwamba kuli kumwamba.*

¹¹*Popeza ife lero chakudya chathu chatsiku ndi tsiku.*

¹²*Ndipo mutikhulukire mangawa athu,
monga ifenso takhulukira amangawa athu.*

¹³*Ndipo musatitengere kokatiyesa,
koma mutipulumutse kwa woyipayo.'*



Kodi pemphero ndi chiyani?

Anthu ambiri amapemphera, ngakhale kuti pemphero silingakhale zoposa, 'Thandizo!' Pemphero ndiye njira yachilengedwe kwambiri yolankhulirana ndi Mulungu. Ndi 'njira yathu' kwa Mulungu komanso njira yofunika kwambiri yofotokozera chikhulupiro

² Osadziwika (osadziwika). Mpando wopanda kanthu [pa intaneti] kupezeka ku: www.storiesforpreaching.com/an-empty-chair/ [Ovembala 29 Novembala 2017]

chathu. Palibe njira yofalitsira. Pemphero silikhala ndi kapangidwe kake, ndipo ndi chinthu chomwe tingakule ndikuyamba pamene tikukula m'chikhulupiriro chathu.

Pemphero lingakhale:

- Kufuula kwa Mulungu munthawi yamavuto.
- Phokoso lalitali lalitali losangalala, chifukwa choperekedwa ndi mphatso.
- Kupemphera m'malo mwa zosowa za ena.
- Kupembedza nthawi ndi Mulungu.
- Nthawi yongomvetsera pa Kukhalapo kwa Mulungu.
- Kukhala ndi nthawi yongolandira chikondi cha Mulungu.

Monga tamva m'nkhani ya munthu wachikulire, pemphero lingaoneke ngati lovuta poyamba, koma tikazindikira kuti Yesu ali nafe ndipo titha kulankhula naye mwachindunji. Tikamayesetsa, mapemphero athu amatha kukula ndikukula. Timaphunzira kuyankhulana ndi Mulungu za kudzimva kwathu, mikhalidwe yomwe timapezeka kuti ndi dziko lapansi. Mapemphero athu amagwira ntchito ndipo amapanga zosiyana.

Yesu anapemphera

Yesu adakhala nthawi yayitali kupemphera kwa Atate Mulungu wake. Mu gawo la Baibulo ili amaphunzitsa otsatira ake pemphero lomwe timatcha 'Pemphero la Ambuye'. Komanso kutiphunzitsa momwe tingapempherere, zimatiphunzitsa zinthu zomwe kumveranso. Pemphero ndikofunikira ngati tikufuna kukulitsa ubale wathu ndi Mulungu.

Kodi Pemphero la Ambuye likuti uza chiyani?

Tiona mawu a Pemphero a Ambuye kuti awone zomwe zimatiuza.

- *'Atate wathu wa kumwamba'*
Izi zikuti uza kuti tizikumbukira kuti Mulungu ndi ndani, komanso momwe tingamulembe. Monga Atate wathu, Kumwamba. Iye si Atate wa Yesu chabe, koma ndi wathunso wathu ndipo zikutanthauza kuti amatisamalira: amafuna

kuti amve kwa ife.

- *'woyeretsa' (Woyera) 'akhale dzina lanu'*
Izi zikutiuza kuti Mulungu ndi Woyera, ndiye Atate wathu koma ndi mlengi wa dziko lapansi, wamkulu kuposa momwe tingaganizire.
- *'ufumu wanu uchitike'*
Izi zikutiuza kuti ali ndi chikonzero ndipo tikuyenera kuupemphera. Yesu anaphunzitsa kuti Ufumu wa Kumwamba wayandikira; tikufuna Ufumu wake, nthawi imene ulamuliro wake pa zinthu zonse padziko lapansi uli wathunthu, kubwera posachedwa.
- *'kufuna kwanu kuchitika, padziko lapansi monga kumwamba'*
Kumwamba chifuniro cha Mulungu chachitika, kotero ife tikupemphera kuti izo sizingakhale padziko – dziko lapansi kuti asandulike.
- *'mutipatse ife lero chakudya chathu cha'*
Izi zikutiuza kuti tithe kukhulupirira Mulungu chifukwa cha zimene tiyenera tsiku ndi tsiku. Kuti njira tikhale kudalira pa iye ndipo osati mphamvu zathu.
- *'mutikhulukire ife mangawa athu, monga ifenso takhulukira amangawa athu'*
Izi zikutiuza kuti Mulungu watikhulukira. Izi ndi nkhani yayikulu koma chikhulukiro imeneyi iyenera tinatengera kwa amene watikhumudwitsa kapena amene amatilakwira kwambiri.
- *'musatitengere ife kokatiyesa, koma mutipulumutse kwa woipayo.'*
Izi zikutiuza kupempherera chitetezo mayesero ndi kupulumutsidwa kwa Satana.

Awa ndi mapemphero onse chachikulu pempherani: akutiphunzitsa kuti Mulungu ndani, ndife ndani, zinthu zofunika zake ndi ziti thandizo tiyenera kwa iye. Yesani kupemphera Pemphero la Ambuye nthawi zonse. Kupemphera kudzera mu chiganizo chilichonse pang'onopang'ono, kupempha Mulungu kuti awulule yeniyeni zinthu aliyense akufuna kukuuzani m'dera lililonse.



Zochita

Funsani aliyense ngati angakumbukire vesi lokumbukira. Pezani gulu kuti lizina mokweza.

3

Mphindi



Pemphero la Adani

Yesu akuphunzitsa pankhani ya pemphero nthawi zambiri kumavuta. Adatinso:

⁴³Mudamva kuti kudanedwa kuti, 'Wokonda mnzako, ndipo akudana ndi mdani wanu.' ⁴⁴Koma ndikukuuzani, kondani adani anu, ndi kupempherera iwo amene akukuzunzani.

Mateyo 5:43-44

Kupempherera adani athu kungaoneke ngati zovutirapo kwa ife, koma tiyenera kuchita nawo maphunziro awa. Mulungu amakonda aliyense, ndipo amafuna kuti onse akhale ndi moyo watsopano womwe tapeza; chifukwa chake tiyenera kukhala achangu popempherera ngakhale anthu ovuta kwambiri.



Pemphero

Funsani aliyense kuti apemphere mwakachetechete kwa mphindi zochepa kwa adani awo: izi zitha kukhala ndi zomwe sizingakonde kapena zangotsutsa kapena sizingogwirizana nazo. Alimbikitseni kuti apemphe Mulungu kuti awathandize kukonda munthu amene amamakonda komanso kuchiritsa ubalewo.

3

Mphindi



Kodi Mulungu amayankha mapemphelo athu onse?

Pali zinthu zambiri zomwe titha kupempherera ndipo Mulungu samangokhala ndi mapemphero athu. Komabe, pali nthawi zambiri momwe zimawonekera ngati mapemphero athu sayankhidwa. Mulungu amamva mapemphero athu onse koma amangoti INDE mapempherowo omwe akugwirizana ndi zofuna zake zabwino komanso zangwiro m'miyoyo yathu komanso dziko lapansi. Zitha kukhala zovuta tikamaganiza kuti mapemphero athu sayankhidwa, zikaoneke ngati Mulungu satimvera. Muzinthu izi tiyenera kukumbukira kuti Mulungu amadziwa bwino komanso

kumufunsanso kuti atithandizire kupemphera mogwirizana ndi zomwe akufuna. Nthawi zina izi zikutanthauza kuti tiyenera kupitilizabe kupirirabe kupemphera, nthawi zina tingafunikire kusintha kuti tikupempherera chiyani.



5

Mphindi

Kukambirana – Momwe mungapempherere?

Gawani m'magulu a anthu atatu kapena 4. Funsani magulu kuti akambirane mafunso otsatirawa:

- Ndi zinthu ziti zomwe mwawonapo anthu amachita akamapemphera kapena kuti mumawerenga za anthu kupemphera mu Baibulo (mwachitsanzo, pitani mozungulira, kufuula, kuyimba)?
- Kodi mumamva bwanji kuti mukupemphera?
- Ndi njira ziti zina zoti mupemphere kodi mukuganiza kuti mungafune kuyesa?



15

Mphindi

Zochita

Kupemphera Machitidwe (ACTS) – Iyi ndi njira yomwe tingapangire mapemphero athu kwa Mulungu.

Mutule m'magulu awiri kapena atatu ndikupemphera kudzera mu Njirayi:

- **A: Adoration (Kupembedza)**
Muuzeni Mulungu momwe mukumvera za iye, sonyezani kuti mumamukonda kumutamanda. Ngati mukuvutikira mawu amayang'ana m' buku la Masalimo kuti udzozedwe.
- **C: Confession (Kuulula)**
Muuzeni Mulungu za zinthu zomwe mwachita kapena madera a moyo wanu zomwe mumamvera chisoni. Mufunsi kuti akusuleni kuchokera mkati.
- **T: Thanksgiving (Kulingalila)**
Kumbukirani zonse zomwe Mulungu wakuchitirani kapena amene wakupatsani, kumbukirani kuti lye ndi ndani komanso zomwe watichitira tonse ndi kumuthokoza.
- **S: Supplication (Pembeli)**
Izi zikutanthauza kupempha Mulungu pazomwe timafunikira

tokha komanso dziko lapansi lotizungulira (onani Afilipi 4:6 kuti mumve zambiri).

Mutha kupemphera monga m'magulu kapena kwanu, mutha kupemphera mokweza kapena m'mutu mwanu komanso m'chinenedwe chilichonse. Mutha kulembanso ngati izi zikuthandizani kuyang'ana.



5

Mphindi

Pemphero

Pempherani Pemphero la Ambuye monga momwe limaphunzirira pa nkhani yathu ya Baibulo. Khalani ndi anthu ambiri momwe mungafunire kupemphera mzere. Alimbikitseni kuti aphunzire kupempherayo pantima ndi kuti akaupempherere panthawi yawo.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, khalani ndi nthawi pambali ndi Mulungu kuti mupemphere kudzera (ACTS) mu njira yomwe tagwiritsa ntchito. Mukamapemphera kwa Mulungu, khalani ndi nthawi yomvera iye mwakachede. Amatha kukuyankhani kudzera palemba lalemba, mawu m'malingaliro anu, chinthu chomwe mumachiwona mozungulira inu, munthu wina kapena m'njira zambiri zosiyanasiyana. Mupempheni kuti akuthandizeni kuti mumumveni bwino ndikuzindikira mawu ake.

Lembani chilichonse chomwe Mulungu wanena kwa inu sabata ino.



Mboni

Sabata ino tengani mwayi wopemphera ndi munthu amene mumakumana naye. Simuyenera kupemphera kwanthawi yayitali mapemphero, ingopempha Mulungu kuti akhale nawo komanso kutsogolera mapemphero anu. Dzina bwino kwa azimu mukamakumana za momwe zidayendera. Tengani nthawi kuti mukumbukire anthu onse omwe mudalankhulapo kale monga gawo la ntchito ya mboniyi. Tipempherere aliyense. Tengani kanthawi kuti mukhale chete ndikumvetsera kwa Mulungu. Amatha kukuthandizani kuti mupite kukachezanso munthu ndikupemphera nawonso.

Kupemphera Limodzi

'Atapemphera, malo omwe iwo anali kukumana anagwedezeka. Ndipo onse adadzazidwa ndi Mzimu Woyera ndipo adalankhula mawu a Mulungu molimba mtima.'

Machitidwe 4:31



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Cholemba ndi pepala kwa inu ndi ena paberekezerani wina aliyense sabweretsa zawo

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa aliyense kuti abweretse cholemba ndi pepala lina?



5
Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikuphunzira za kufunika kopemphera limodzi m'banja lathu latsopano.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

*Atapemphera, malo omwe iwo anali kukumana anagwedezeka.
Ndipo onse adadzazidwa ndi Mzimu Woyera ndipo adalankhula
mawu a Mulungu molimba mtima.*

Machitidwe 4:31



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Uganda adadziwika kuti ndi anthu omwe amapanga mapangano ndi milungu ya mafuko kudzera mu nsembe ya anthu. Khalidwe ili lachipembedzo ichi linapangitsa mzimu wa imfa ndi chiwonongeko pa dziko lonyansa ili. Kubwezeretsani utsogoleri wa Iddi Amin Dada, Milton Obote, ndipo ena adasiya munthu wambayo poopa tsiku ndi tsiku. Mu 1984 kumangidwa, kuzunzidwa, ndipo imfa inatumizidwa kutchalitchi kunkhondo: miliyoni anafa. Pamwamba pa izi, World Health Organisation idalengeza kuti pofika 1997, gawo limodzi la anthu atatu a anthuwa lidzafafanizidwa ndi Edzi.

Inali chizunzo ichi chomwe chinapangitsa kuti misonkhano yapemphero ya mapemphero ipite ku Uganda. Mipingo yonse yadzikoli idayamba kugwirizana ndi chiyembekezo chopemphera champhamvu, kuti Mulungu asonyeze kuti aimfa ndi kuleka imfayo ndi chiwonongeko.³

Chifukwa cha pempheroli Daniel Bernard (wolemba buku la bukhu lomwe tangowerengapo kuchokera ku) limachitira umboni kuti mtengo wandale uja udatsika, monganso HIV ndi Edzi idachitika ku Uganda. Pemphelo limapanga kusiyana, makamaka pamene magulu a anthu amasonkhana.



Vunga la Baibulo

Werengani Machitidwe 4:23-31 mgulu:

²³*Ndipo anamasulidwa, Petro ndi Yohane anabwerera kwa anthu a iwo okha nanenso zonse za akulu ndi akulu adanena kwa iwo. ²⁴Pomva iwo adanenapo, mawu awo kwa Mulungu. 'Ambuye Mfumu,' iwo anati, 'munapanga zakumwamba ndi dziko lapansi ndi nyanja, ndi chiwalo chilichonse mwa iwo. ²⁵Ndipo analankhula ndi Mzimu Woyera mwa mkamwa mwa*

³ Daniel Bernard, *Praying up a Storm* (Shippensburg, PA.: Destiny Image Publishers Inc., 2004), p122.

mtumiki wanu, atate wathu Davide:

*'Chifukwa chiyani amitundu amakwiya
ndipo anthu ali pachabe?*

*²⁶Mifumu ya dziko lapansi
ndi olamulira gulu limodzi
ndi Ambuye
ndi wodzoza wake.'*

*²⁷Ndipo Herode ndi Pontiyu Pilato anakumana pamodzi ndi
Akunja ndi Amitundu Aisraeli ndi ana a Israyeli mumzinda
mwanu Yesu, amene iwe unampanga. ²⁸Ndipo munachita
mphamvu yanji ndipo udzasankhidwa kukhala kale. ²⁹Tsopano,
Ambuye, aganizire zowopseza zawo ndikupangitsa kuti atumiki
anu ayankhule mawu anu molimbika mtima. ³⁰Tambasula
dzanja ndi ku chitchilisa ndi kutchita zoziziswa ndi zozitswa
kupyolela mdzina la Mdzimu Woyera muutmiki wa Yesu.*

*³¹Ndipo iwo anapemphera, malo kumene anali kukumana nako
kugwedezeka. Ndipo onse adadzazidwa ndi Mzimu Woyera
ndipo adalankhula mawu a Mulungu molimba mtima.*



Ambiri aife nthawi zambiri timapemphera yekha ndipo timakonda kuchita izi chifukwa zimatithandiza, komabe tikadzafika pamaso pa abale ndi alongo kuti tizipemphera limodzi kuti palinso mphamvu ya anthu wamba.

Amakhala amphamvu kwambiri pamene okhulupirira amasonkhana ndikupemphera limodzi. Kuwerenga kwathu Baibulo kumamveketsa bwino izi.

Zambiri zakumbuyo

Ndime yathu ya m'Baibulo idalembedwa pa nthawi yomwe inali yovuta kwambiri kutchalitchi. Mpingo unali kuzunzidwa ndi olamulira.



5

Mphindi

Kukambirana

Funsani gululi ngati akudziwa za mikhalidwe yomwe tikupeza Petro ndi Yohane.

- Alimbikitseni kuti ayang'ane m'mbuyo gawo loyamba la Machitidwe 4 kuti mumvetsetse zomwe zachitika.
- Funsani anthu ochepa kuti agawane zomwe aphunzira za momwe Petro ndi Yohane alili.

Fotokozani zokambirana ponena kuti Petro ndi Yohane, atsogoleri a mpingo nthawi imeneyo, anali pachiwopsezo ndipo anali atamasulidwa kundende. Iwo anali atapanikizika kwambiri kuti asiye kuyimira Yesu Kristu. Munthawi iyi, Petro ndi Yohane anali ndi mpingo wowachirikiza, ndipo kumasulidwa kwawo kunaphatikizaponso okhulupirira ena m'pemphero.



Vesi 23 limatikumbutsa za kufunika kokhala ndi anthu omwe amatiganizira, ndipo anthu awa amapanga thupi (kapena banja) la Khristu. Petro ndi Yohane pano anali ndi gulu la anthu omwe amakhulupirira ndikutsatira Khristu. Anthu amenewo amalumikizana nawo pazomwe timatcha mapemphero akampani. Anagwirizana mosangalala chifukwa chomasulidwa komanso kuuza ena zovala zawo. Palibenso chinthu chokulirapo chomwe akanatha kukhala nacho kuposa abale ndi alongo odalirika omwe amawathandiza.

Mu vesi 25 ndi 26 tikuona kuti okhulupilira amapemphera Masalimo 2:1-2 palimodzi. Mu vesi 27 - 29 adatenga gawo la m'malemba ndikuwapemphera kuti awombeni, akudzikumbutsa okha kuti ziwembu zilizonse zotsutsana ndi Mulungu, kapena kukana naye pachabe. Choonadi ichi chivalimbikitsa iwo asadakhale mapemphero awo otsatira.

Mavesi 29 ndi 30 atilole kumva zomwe amapempherera. M'mapemphero awo timawona zinthu zitatu zosiyana:

- **Anapempherera Mulungu kuti awalowerere m'malo mwake.**
Adazindikira kuti ali ndi mphamvu kwambiri; lye ndi

WOLAMULIRA (ali ndi mphamvu zazikulu). Iye ali pamwamba pa zonse, ndipo akuwona ndipo amadziwa zomwe zikuwopseza.

- **Anapemphera kuti alimbitse mtima kuti athe kulankhula mawu a Mulungu.**

Mwachilengedwe tikadawayesa kuti apemphere kuzunzidwa kapena kupempha kuti atiteteze miyoyo yawo, napita nayo ndi Mzimu Woyerayo, adapemphera kuti alankhule MOLIMBIKA kunja uku mochuluka.

- **Anapemphera kuti zozizwitsa zozizwa ndi m'manja mwa Yesu Khristu.**

Zikuwoneka kuti pakuwopsezedwa, nthawi zonse adachita zinthu zomveka: apa adapemphera kuti Mulungu achite ZOZIZWITSA kwambiri kudzera mwa iwo. Izi zitha kukulitsa umodzi zomwe zozizwitsa za Mulungu zimawoneka pakati pathu.

Petro, Yohane ndi otsatira onse a Yesu adapemphera kuti tikapeze mipata yambiri yolengeza za Ufumu wa Mulungu, ngakhale atatsutsidwa kwambiri. Amadziwa kuti anthu adzavomereza Yesu ngati angamve za iye ndikumuwona akuchitapo kanthu. Palibe chomwe chikanakhoza kuyimirira motsutsana naye ngati izi zikanachitika. Mu vesi 31 tikudziwa yankho lokha pa pemphero lawo chifukwa tikamapemphera, Mulungu amamva.

Timauzidwa kuti zinthu ziwiri zidachitika:

- **Chozizwitsa**
Malo omwe iwo anali kukumana nawo anali atagwedezeka: chimenecho ndi chozizwitsa. Ndi chinthu chachindunji cha Mulungu mkati mwa dziko lapansi.
- **Yankho mwachindunji pa pemphero**
Anapemphera kuti alimbitse mtima ndipo analandira izi kudzera mu kudzazidwa ndi Mzimu Woyerayo.

Ponseponse timawona mpingo womwe umatisonyeza kufunika komanso mphamvu yopemphera limodzi. Tikukhulupirira tsopano kuti mchitidwe wopemphera limodzi umatibweretsa kukhalapo

pamaso pa Mulungu mosiyana, nthawi zambiri kwambiri kuposa momwe timapempherera yekha.



10

Mphindi

Kukambirana

Funsani gululi zomwe akuganiza kuti ndi mapindu ena opemphera limodzi.

Apatseni nthawi kuti anthu afotokozere mayankho awo, ndipo anthu akangogawana malingaliro awo, lembani mfundo zomwe zili pansipa, polemba mfundo zomwe zakhala zikuchitika.

- Kupemphera limodzi kumatanthauza kuti mapemphero ambiri apemphereredwe. Unikani mwayi wapadera pa pemphero lililonse mkati mwa mgwirizano.
- Kupemphera limodzi kumathandiza kwambiri pagulu. Zimandikumbutsa kuti sindili ndekha; ndikuona kuti ndine gawo lofunika kwambiri.
- Kupemphera limodzi kumakula chikhulupiriro changa pamene ndikuwona kudzipereka kwa ena ndikumva zomwe Mulungu akuchita mwa ena.
- Kupemphera limodzi kumandipatsa mwayi wokonda ena ndikamawapatsa nkhawa zawo popemphera.

Funsani gululi nthawi yanji m'miyoyo yawo pamene akuganiza kuti kupemphera limodzi kudzakhala chinthu choyenera kuchita. Alimbikitseni kuti azigawana zitsanzo popereka zitsanzo zanu.



5

Mphindi

Zochita

Funsani aliyense kuti apeze pepala ndi cholemba.

Funsani aliyense kuti alembe kapena kujambula chithunzi cha zitsanzo zitatu m'dziko lathuli masiku ano kumene anthu ali pachiwopsezo chifukwa cha kuyimirira Khristu. Akhoza kukhala china chake chomwe adamva kuchokera kwa mnzake kapena kumva.



Pemphero

Aliyense atamaliza ntchitoyo, afunseni aliyense kuti agawane ndi

zitsanzo zawo zitatatu ndikutenga nthawi kuti gulu lipempherere anthu pamikhalidwe imeneyi.

Funsani aliyense kuti atenge mndandanda wa zitsanzo zitatatu kunyumba kunyumba ndikupita nawo sabata yonseyo ndi chikumbutso kuti mupitirize kupemphela anthu omwe ali pachiwopsezo.



Zochita sabata ino


Sabata iliyonse pali homuweki yoti tichite. Sabata ino, ikani nthawi yopemphera kwa mphindi 30 monga gulu kapena magulu a abwenzi mukudziwa. Sankhani zinthu zosachepera zitatatu zomwe mukufuna kupempherera molimba mtima. Pempherani limodzi m'chikhulupiro ndikuwona zomwe Mulungu achite. Onani mavesi m'Baibulo omwe angakhale abwino kukuthandizani kupemphera limodzi. (Masalimo ndi malo abwino kuyamba.)



Mboni

Monga gawo lokhala wowona pazomwe tangophunzira, onetsetsani kuti anthu 1 kapena awiri amvetsetse kufunika kopemphera limodzi. Sankhani wina yemwe si membala wa gulu lanu, mwina wina yemwe mudalankhulapo naye, ndikukonzekera kukumana nawo sabata ino kuti mucheze za pemphero.

Kupembedza Pamodzi



'Chifukwa chake, ndikupemphani inu, abale ndi alongo, poganizira chifundo cha Mulungu, kupereka matupi anu ngati nsembe yamoyo, yopatulika ndi kukondweretsa Mulungu – ndiye kupembedza kwanu komanso koyenera.'

Aroma 12:1



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Kuthandiza gululi kuyenda bwino, lembani maumboni a mavesi a m'Baibulo a gulu lililonse papepala. Mutha kupereka mafotokozedwe oyenera pagulu lililonse.

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhaniyi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa anthu 5 kuti abweretse Baibulo kuti agwire ntchito?



5
Mphindi

Takulandirani & Mayankho

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikuphunzira za kufunika kopembedza Mulungu limodzi m'banja lathu latsopano. Tidzapeza njira zomwe tingapembedzere pobwera pamodzi ndikumalemekeza gwero la moyo watsopano tonsefe timagawana nawo.



5
Mphindi

Vesi Loloweza

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Chifukwa chake, ndikupemphani inu, abale ndi alongo, poganizira chifundo cha Mulungu, kupereka matupi anu ngati nsembe yamoyo, yopatulika ndi kukondweretsa Mulungu –



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Korneliyo anakulira m'mudzi momwe anthu adzasonkhana ndi kupembedza fano dzina lake 'Chibne Cikumkuluka' (Mwala Waukulu Womwe Ukusilira). Amakhulupirira kuti Mwala Waukulu Womwe Ukusilira nsomba zowonjezera munyanja nthawi iliyonse yomwe itakhazikika m'madzi. Panali gulu la anthu omwe amagwira ntchito ngati ansembe a fano. Amalemekezedwa kwambiri ndipo amasonkhanitsa anthu limodzi ndikukonzekera miyamboyo. Mwambo ukachitika, mowa umakhala wokonzeka ndipo chakudya chimakonzedwa kukondwerera nsomba zowonjezera zomwe zingakololedwe kunyanja. Inali mwambo wotchuka.

Kuti ansembe akwaniritse miyambo ndi miyambo, amayembekeza kuti alipire kwa anthu ena mderalo; nthawi zambiri izi zidaperekedwa ngati malipiro okoma mtima ndi anthu kukulitsa minda ya wansembeyo chifukwa cha iwo. Ngati ansembe sanakhutire ndi zolipira kapena kuona kuti sananyozedwe mwanjira iliyonse, sakanachita miyambo, mwalawo sukanakhala kuti sipadzakhala nsomba yowonjezera.

Panthawiyo, wansembe wa Katolika atabwera ndipo analalikira motsutsana ndi kupembedza mafano, kunena kuti m'malo mwake anthu azilambira Yesu, Mulungu wowona. Amishonalewa adati anthu ayenera kusankha kuti akufuna kupembedza, Yesu kapena fano. Amishonalewa adagwiranso ntchito kukhazikitsa sukulu komanso chipatala kuti anthu am'deralo.

Panali kugawanika pagulu. Iwo omwe anali okhulupilika ku Mwala Waukulu Womwe Ukusilira, makamaka iwo amene apindula ndi miyambo, miyambo ndi zolipira sizinali zachimwemwe za uthengawu. Anaona kuti zikuwopseza ndalama zawo. Komabe anthu ena ambiri amakhulupirira uthenga wabwino wa Yesu poona momwe chikondi cha Yesu chinali chilili mdera lawo kudzera ntchito

ya amishonale. Anthu adayamba kumvetsetsa kuti anthu onse akhoza kubwera kwa Yesu – sayenera kukhala wansembe, sanafunikire kupereka.

Popita nthawi, mawu a Mulungu amalankhula ndi anthu ambiri. Anthu adawona kusintha komwe kudabwera mdera lawo kudutsa sukulu ndi chipatala. Ngakhale ana a ansembe adalandiridwa m'sukuluyi ndipo izi zidayankhula mwamphamvu pagulu. Anthu anayamba kusankha kukhulupirira Yesu, napembedza iye ndipo sakupembedzanso Mwala Waukulu Womwe Ukusilira. Anthu ankadalira Mulungu kuti awapereke zosowa zawo zonse komanso kuti asiye kupembedza mafano. Kumverera kwa umodzi ndi kumezana kunakula nthawi. Dongosolo lakale lotani mwakale momwe wansembe adagonjetsedwa ndi anthu adagonjetsedwa ndipo anthu onse adazindikira kuti iwo amakonedwa ndi ofanana m'maso mwa Yesu. Izi zinali ngati chozizwitsa pagulu.



Vunga la Baibulo

Werengani 1 Mbiri 16:23-27 kwa gululi:

²³*Rira kwa Ambuye, dziko lonse lapansi;*

lengezani chipulumutso chake tsiku ndi tsiku.

²⁴*Ndiponi ulemerero wake pakati pa amitundu, zochita zake zodabwitsa pakati pa anthu onse.*

²⁵*Pakuti Yehova ndi woyenera kutamandidwa; ayenera kuopedwa pamwamba pa milungu yonse.*

²⁶*Pakuti milungu yonse ya amitundu ndi fano, koma Ambuye anapanga zakumwamba.*

²⁷*Kodi ali pamaso pake; mphamvu ndi chisangalalo zili pamalo ake okhalamo.*



Kodi mawu oti 'mawu akuti' amatanthauza chiyani?

Kulambira kwa mawu kunachokera ku mawu akale achi English 'amagwirizana' kwambiri ndi mawu amakono. Kupembedza ndikuvomereza kufunikira kwa munthu amene akulambira. Tikamalambira tikuwonetsa kuti timadzipereka komanso kudzipereka kwathu.

Kupembedza kumatha kutenga mitundu yambiri ndikuwongolera zinthu zosiyanasiyana. Anthu akhoza kupembedza Mulungu, milungu yina (mafano) kapena zinthu zakuthupi monga ndalama, banja kapena gulu la mpira. Miyoyo yathu imakonda kuwonetsa kuti ndi iti yomwe timalambira. Komwe timakhala komwe timakhala nthawi yathu, momwe timachitira ndi momwe timagwiritsira ntchito chuma chathu chimavumbula zinthu zowona za kupembedza kwathu.

Kodi Akhristu amapembedza ndani?

Monga Akhristu, timapembedza Mulungu wa m'Baibulo. Vesi lathu la Baibulo masiku ano limatiwonetsa gawo laling'ono la mkhalidwe wake ndipo timadziwa zambiri za iye wonse Baibulo lonse la Baibulo lonse.



5

Mphindi

Kukambirana

Funsani gulu kuti ayang'anenso pagawo la lero, [1 Mbiri 16:23-27](#) ndipo kambiranani mafunso awiriwa:

- Kodi ndimeyi ikutiiza chiyani za Mulungu ndi chikhalidwe chake?
(Yankho ikhale izi zakuti ndi wamukulu ndipomayenela matamando, aopewe pamwamba pa mafano ena, analenga miamba, ndiwa bwino, Walemekezeka, wamphamvu ndipo wachisangalalo.)
- Kodi ndimeyi ikutiphunzitsa chiyani?
(Mayankho ayenera kuimba kwa Ambuye, kulengeza za chipulumutso chake tsiku lililonse, kumalengeza ulemerero wake ndikunena za ntchito zake zodabwitsa kwa anthu onse.)



Kwa Akhristu, kupembedza ndi kulengeza kwa anthu komanso zachinsinsi za chikhalidwe chodabwitsa ndi ntchito za Mulungu. Tikhulupirira kuti ndiye mlengi wa dziko lapansi, wamphamvu kwambiri kuposa onse, ndipo Tate wachikondi Mulungu amene adatumiza Mwana wake Yesu kuti atipulumutse ku machimo athu.

Tikhulupirira kuti akupitiliza kugwira ntchito m'miyoyo yathu kudzera mwa Mzimu wake Woyera.

Cholinga cha kupembedza kwathu ndi kulemekeza Mulungu m'njira zambiri. Tikamalambira tiyenera kutero mwaulemu, kukumbukira kuti Mulungu ndani ndi malingaliro athu pamaso pake. Popembedza timabwera kwa Mulungu ndipo timazindikira kuti Iye ndi woyera, ndipo timadzipereka ndi moyo wathu kwa iye.

Kodi cholinga cha kupembedza Mulungu ndi chiyani?

Cholinga chathu choyamba pamene Mulungu ali ndi ulemero wa Mulungu. Kukhulupirika kwathu koyamba ndi kwa iye monga Mfumu ya Mafumu ndi Mbuye wa Ambuye, kupitirira ndi kukhulupirika kwina konse. Tikamalambira Mulungu tikumupatsa ulemu ndi kuvomereza kuti iye ndi woyenera. Munjira timakhudgidwanso zauzimu. Tikamalambira Mulungu tikumupatsa iye malo omwe anali oyenera m'miyoyo yathu ndipo tidzayang'aniridwa ndi zofuna zake. Kupembedza kwathu kungakhale chiyambi cha ulaliki kwa anthu otizungulira.

Tiyenera kusamala kuti kupembedza kwathu kulibe matamando opanda pake kapena opanda pake. Ngati tiwala kuyang'ana pa omwe tikulambira komanso kuyang'ana kwambiri zomwe tikuchita, tidzasiya kupembedza popanda kuvutitsidwa ndi Mulungu. Zikhala ngati kupita ku konsati kapena shopu!

Kodi tipembodyani?

Kupembedza kumatha kutenga mitundu yambiri. Titha kulemekeza Mulungu kudzera mu pemphero ndi kuthokoza, kuulula machimo athu, kupempherera ena ndi ntchito wamba kapena zosankha. Kupembedza kuyenera kukhala pakati pa miyoyo yonse ya Akhristu komanso limodzi tiyenera kukhala gulu lolambirira. Tikamapembedzana, wina ndithu.

Nsembe nthawi zonse yakhala gawo lopembedzera. Mu Chipangano Chakale nyama zinaperekedwa nsembe kuti anthu azilambira Mulungu. Mwachitsanzo tikuwona Abrahamu akumanga guwa la Ambuye kuti apange nsembe (Genesis 12:8 ndi 13:3-4). Komabe

sizikufunikiranso chifukwa Yesu yekha pa mtanda wake pamtanda m'malo mwathu, kulola kuti tonsefe tizilambira Mulungu mwaulere ngati timakhulupirira lye kudziwa machimo athu kuti akhululukidwe. Kupembedza kumayankha ku chikondi cha Mulungu ndi moyo, ntchito ndi kuuka kwa Yesu.

Mu Chipangano Chatsopano, kuphatikiziranso zinthu zotsatirazi: kuyamika, kupemphera, kulalikira, zopereka ndi sakrament (chochitika chowoneka chomwe timachita ngati chizindikiro cha chinthu chomwe Mulungu wachita mkati mwathu chinthu chowoneka). Izi zidakali gawo la kulambira kwathu masiku ano chifukwa chake tiwona izi tsopano.



10
Mphindi

Zochita

Gawani gululi m'magulu asanu. Patsani gulu lililonse mwatsatanetsatane kuti alambire pansipa. Afunseni kuti awone zomwe Baibulo imatiphunzitsa za mtundu wopembedza umenewo poyang'ana mavesiwo ndi ena aliyense amene angaganize.

Patatha pafupifupi mphindi 5 abweretse maguluwo ndikuwafunsa kuti agawane zomwe aphunzira. Mukuyang'ana mayankho amtundu woperekedwa pansipa gulu lililonse.

Gulu 1 - Pemphero: Tawonani pa Miyambo 15:8, 1 Atesalonika 1:2 ndi 1 Timoteo 2:1.

- Mapemphero atha kukhala mapemphero a kuthokoza, kuulula, kupembedzera ndi kupembedza pagulu.

Gulu 2 - Matamando: Tayang'anani pa 2 Samueli 22:50 ndi Akolose 3:16.

- Kutamandidwa kumatha kukhala kuyimba kwa nyimbo (chokorose) kapena masalimo
- Kungakhale kukufotokozerani zabwino za Mulungu ndi ukulu

Gulu 3 - Kulalikira/kuphunzira mawu a Mulungu: Tayang'anani pa Masalimo 1:2-3 ndi Machitidwe 18:5.

- Timalangizidwa kuti tisangalale ndi mawu a Mulungu

- Titha kulemekeza Mulungu pophunzira mawu ake, ndikuloweza, kuphunzitsa ndi kuwalalikira komanso kuikira mu kumvera iye.

Gulu 4 - Zopereka: Tayang'anani pa 1 Akorinto 16:2, 2 Akorinto 8:1-4 ndi 2 Akorinto 9:7.

- Kupereka (almsgivits zopeleka), kupita ku ntchito ya anthu okhulupirika
- Kupatsa kopatsa ndi mokondweretsa

Gulu 5 - Sakaramenti: Onani pa Mateyo 28:18-20, 1 Akorinto 10:16 ndi 1 Petro 3:21.

- Ubatizo umathandizanso kupembedza. Ndi chizindikiro chakunja kwa moyo wathu watsopano ndi Mulungu.
- Kugawana Mgonero Woyera ndi njira yolambiramo. Zimatimanga limodzi ngati gulu la chikhulupiriro komanso ubale wamuyaya ndi Mulungu.



Nthawi zambiri timayimba nyimbo zopembedzera, koma kupembedza sikongopeka chabe: monga momwe timawerengera vesi lathu lokumbukira, miyoyo yathu yonse iyenera kukhala mchitidwe wopembedza Mulungu.

Mika 6:6-8 ndi Amosi 5:21-24 gulu lolambira limapatsidwa ntchito yomveka bwino yosonyeza kuyera kwa Mulungu pazomwe amachita. Izi zikutanthauza kuti tiyenera kuwonetsa ulemmerero wa Mulungu kudzera mu misonkhano yathu yachifundo yochitira chifundo kwa anansi athu (onani Mateyo 22:36-39 ndi Aroma 12).

Kudzicepetsa ndi chiyambi cha kupembedza. Chifukwa chake tikaphunzira kutumikira Mulungu modzichepetsa pomuchitira chifundo kwa anthu omwe timatilamulira.



Tsopano lembani zomwe mwaphunzira. Sankhani njira 1-2 zopembedzera ndikugwiritsa ntchito kuti azigwiritsa ntchito mphindi 10 ndikupembedza Mulungu limodzi.



10

Mphindi

Kukambirana

Monga gulu kukambirana mafunso otsatirawa:

- Kodi tingaphatikizepo bwanji aliyense pa kulambira kwathu?
- Kodi pali chilichonse chomwe chimatigawanika ndipo chimatiletsa kupembedza ngati gulu? Ngati ndi choncho, ndi chiyani? (Ngati pali chilichonse chomwe chidzawukitsidwa, ndibwino kulola nthawi kuti gululo lipereke limodzi, mwina powatsogolera mu pemphero la kulapa.)
- Kodi ndizotheka kuti madera athu akugomezera ziphunzitso kapena zikhulupiriro m'malo mwa chikhulupiriro ndipo chimatha ndi kupembedza chabe?



15

Mphindi

Pemphero

Gawani gulu m'magulu a anthu atatu kapena anayi. Afunseni kuti azipempherera zinthu zotsatirazi:

- Muzipemphera wina ndi mnzake komanso mdera lathu, kuti tikhoze kulambira kwathu konse kwa Mulungu. Tipemphere kuti zifanizo zina zilizonse zidzaululidwa ndikuyika pambali.
- Kuulula machimo omwe anachita.
- Dziperekeni, ndikuchitapo kanthu, kupembedza Mulungu mogwirizana, kukondana wina ndi mnzake ndi kuchitira zinthu limodzi pakafunika kukhala.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Sabata ino, khalani ndi nthawi tsiku lililonse pakupembedza Mulungu. Onani ngati mutha kukumana ndi ena kuchokera pagulu kuti mulambire Mulungu limodzi. Funsani Mulungu kuti akuwonetseni zinthu zomwe zikufunika kusintha m'moyo wanu kuti mukhale 'nsembe yamoyo.'



Mboni

Fotokozerani kuti tikamalambira Mulungu, akubwera ndi moyo watsopano. Kudzera mu kupembedza kwathu, anthu ena amatha kuwona ulemmerero wa Mulungu ndipo amamudziwa Iye, kupeza moyo watsopano mwa iye.

Sabata ino, pembedzani Mulungu mwa kuuza munthu amene

mumamuona zabwino za Mulungu. Funsani Mulungu kuti akuthandizeni kudziwa munthu woyenera kuti mukalankhule naye. Mutha kukhala ndi munthu ngati ali ndi nkhani yokhudza zabwino za Mulungu kapena ngati akufuna kudziwa zambiri.

Apempheni kuti ayanjane nanu kutchalitchi kapena gulu lanu kuti mulambire Mulungu nanu.

12

Mzimu Woyera Amapereka

Moyo

'Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa ine, yemwe sindiri woyenera kunyamula. Iye adzakubatizani ndi Mzimu Woyera ndi Moto.'

Mateyo 3:11



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Kudulikitsa kapena nthambi, pafupifupi 20cm, kwa aliyense m'gululi
- Bokosi la machesi

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?



Takulandirani & Mayankho

5

Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikumvetsetsa kuti kukhala Mkristu sikuti pongodziwa za Yesu kapena kum'khulupirira. Yesu adalonjeza kuti adzatumiza Mzimu wake Woyera kuti akakhale mkati mwathu ndipo kuti Mzimu Woyera ukhale gwero la moyo watsopano m'mizimu yathu.



Vesi Loloweza

5

Mphindi

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha.

Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa ine, yemwe sindiri woyenera kunyamula. Iye adzakubatzani ndi Mzimu Woyera ndi Moto.



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Chikhulupiroro chimakhala pachilumba pakati pa Okavango Delta, Northern Botswana. Derali limadziwika ndi nyama zake zamtchire ndipo ndi imodzi mwa malo abwino kwambiri padziko lapansi kuti muwone mitundu yosowa ya mbalame. Chikhulupiroro ndi banja lake zinakula mitundu yambiri zamasamba zomwe amagulitsa pamtunda. Masiku ake amakhala akufesa, ndikugulitsa ndikugulitsa zokolola kudyetsa banja lake.

Ngakhale panali malo otchuka kwambiri, moyo ndi zovuta kwa Chikhulupiroro ndi banja lake. Katatu pa sabata Chikhulupiroro chimafunika kuwoloka mtsinje wa delta, madzi ambiri, kugulitsa banja lake kumsika wam'deralo. Amayenda m'bwato laling'ono lamadzi lomwe lili ndi nyama ngati ng'ona ndi mvuu.

Bwato lake ndi laling'ono la makoro, lomwe linali losalala kwambiri ngati bwato. Amasuntha makoro pogwiritsa ntchito mapiritsi, opangidwa ndi nthambi zamitengo. Ndi ntchito yovuta ndipo ngati yotentha, ndiyovuta. Nthawi zambiri amatopa kwambiri pofika nthawi yayitali. Sangonyamula zokha, amakhalanso wonyamula zokolola. Chimate phwetekele amalemera kwambiri makoro ochepa.

Pali mphepo yambiri mu dera la Okavango. Tsiku lina pomwe akumva kutopa kwambiri, adamva kuti mphepo imatsuka nkhope yake ndipo anali ndi lingaliro. Adadzifunsa ngati angagwiritse ntchito mphepo yomweyo kuti ulendowo ukhale wosavuta. Kunyumba adapanga chidutswa chachikulu chachikulu kwambiri, ndikusoka icho pamodzi ndikuchimanga ndi chingwe ku bwato. Adaganiza kuti nthawi yotsatira mphepoyo idabwera iyesa china chake.

Tsiku lina, Chikhulupiroro chinali chakuyenda kumadzi kupita kumsika ndipo kunabwera. Mphepo inali yamphamvu kwambiri ndipo inali yoponya bwino. Mwansanga, adaponya nsaluyo ndipo

idatsegulira mlengalenga. Kunali bwato lalikulu kwambiri kuti atulutse bwato. Mphepo idadzaza bwato ndikuyamba kukoka makoro. Kuyamba ndi kudali wamphamvu kwambiri kunatsala pang'ono kukokera makhoru mpaka m'madzi. Poyerekeza ndi kudekha kunali kwachangu kwambiri. Kwa nthawi yoyamba m'moyo wake anali kuyenda pa likilo m'malo monyamula bwato. Mphepo m'malo mwa manja ake anali kumangirira ulendo wake.

Monga Chikhulupiro titha kuvutika kuti tisinthe m'miyoyo yathu ndi dziko lapansi podalira ife mphamvu zathu zokha. Monga momwe Akhristu, timatha kulowa ndi Mzimu Woyera wa Mulungu, mphepo yake, kupereka mphamvu kuti tisinthe ndi kusintha kwa ife. Udindo wathu ndikungomuyitanira m'miyoyo yathu, kuti ayang'ane gulu kumphepo.



Vunga la Baibulo

Werengani Mateyo 3:11-17. Zimayamba ndi John Mbatizi kuyankhula.

¹¹Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa ine, yemwe sindiri woyenera kunyamula. Iye adzakubatzani ndi Mzimu Woyera ndi moto. ¹²Lembo la litakhomera lili m'manja mwake, ndipo adzagwedeza pansi pake, nasonkhanitsa tirigu wake m'khola ndi kuwotcha mankhusu ndi moto wosazimitsika.'

¹³Pomwepo m'mene Yesu anadza ku Galileya kumka ku Yordano kuti abatizidwe ndi Yohane. ¹⁴Bulu Yohane adayesa kumletsa, nati, 'Ndifunika kubatizika ndi inu, ndipo mumabwera kwa ine?'

¹⁵Ndipo Yesu anayankha, 'Zikhale choncho tsopano; m'poyenera kuchita izi kuti tikwaniritse chilungamo chonse.' Kenako Yohane anavomera.

¹⁶Posachedwa Yesu atabatizidwa, anakwera m'madzi. Pamenepo kumwamba kumeneku kunatseguka, ndipo iye

anawona Mzimu wa Mulungu ukutsika ngati nkhunda kumutsitsa. ¹⁷Ndipo mawu ochokera kumwamba anati, 'Uyu ndiye Mwana wanga, amene ndimamukonda; ndikondwera naye.'



Yohane M'batizi anatumidwa ndi Mulungu kulengeza kukakonzera anthu kudza kwa Yesu. Lembalimu Baibulo mu Mateyu analemba nkhani ya Yesu kubatizidwa mu Yordano ndi Yohane Mbatizi. Pali maphunziro kuti ife tingakhoze kuphunzira kwa icho.

Yohane anadziwa Yesu anali

Yohane M'batizi anali munthu. Iye anali kuitana kwa Mulungu kulengeza Yesu koma iye ankadziwa malo wake m'dziko lino. Iye ananena kuti, 'pambuyo panga pakubwera wina amene ali wamphamvu kuposa I' (vesi 11). Yohane sanali Yesu; iye anali chabe kapolo wa Mulungu. N'chimodzimidzinso ndi ife. Nthawi zambiri anthu kumachita ngati iwo ndi amene angathandize kapena kupulumutsa anthu. Izi siziri zoon. Tiyenera kukhala amadziwa za moyo wathu pamene tikuyembekezera Mulungu kuti ntchito mwa ife ndi mwa miyoyo yathu. Ndi Mzimu Woyera amene amapereka moyo kwa ife ndi kwa ena.

Mu uthenga wabwino wa Yohane, pamene Yesu anali akuyandikira mtsinje kuti abatizidwe, Yohane akufuula, 'Taonani, Mwanawankhosa wa Mulungu' (Yohane 1:36). Masiku ano, zikuoneka chinthu zododometsa kwambiri kunena. Zikutanthauza chiyani? Mwanawankhosa anali kale ntchito mu chipembedzo Chachiyuda nthawi monga nsembe ya machimo a anthu. Mwanawankhosa adzaperekedwa nsembe kwa Mulungu ndipo kupyolera mwa ndondomeko anthu ziyeretsedwe machimo awo bwino kachiwiri ndi Mulungu. Iwo sakanakhoza kuchita izo okha okha.

Mu njira yomweyo, Yesu anali mwana wa nkhusa wa Mulungu. Iye anali mmodzi amene Mulungu anamtuma kukhala nsembe chifukwa cha machimo a dziko. Yohane anadziwa zimenezi ndipo anakuwa kuti, 'Onani mwanawankhosa wa Mulungu.' Yohane anali kumuzindikira kuti ndi ntchito ya Mulungu kuti chikadzavala ife mu

malo bwino ndi Mulungu. M'chizungumo, Mzimu wa Mulungu amatipatsa moyo.

Yesu kubatizidwa ndi Mzimu Woyera ndi moto

Pamaso pa Yesu kunawathandiza ophunzira ake, iye analonjeza kuti adzawatumizira mphatso: Mzimu wace Woyera kukhala mkati mwa iwo. Mzimu Woyera, monga Yesu, amadziwa Mulungu amabwera mu miyoyo yathu pa pempho lathu ndi kuvumbitsira pamaso pa Mulungu ndi mphamvu zathu kwa aliyense wa ife. Baibulo limanena za kubatizidwa, kapena kudzazidwa ndi Mzimu Woyera wa Mulungu.

Kodi zikutanthauza kuti Yesu amatibadwitsa ndi moto? Moto ndi chithunzi ntchito Baibulo kulankhula za Mzimu Woyera kukhala amphamvu ndipo anakwiya kwambiri. Moto amaukolezanso ndi sizingawononge. Mukaonera chitsamba moto kulikonse mu dziko, moto wotentha onse pamaso pa izo. Mphamvu ya Mulungu kutentha zizolowezi ndi maganizo amene tikhale kutali ndi Mulungu.

Chithunzi china kuti Baibulo limagwiritsa ntchito ndi mphepo yamphamvu. mawu amene Baibulo limagwiritsa ndi 'ruach,' ichitu aakulu kuwomba m'moyo wathu. Ife sanalenge tokha ntchito zonse mu moyo wathu. Ngati kupalasa Chikhulupiriro ku nkhani yathu, moyo wathu ndi kudzazidwa ndi Mzimu wa Mulungu.

The pano Mzimu Woyera mu miyoyo yathu osati amatipatsa moyo, koma amatilola kupereka moyo kwa aliyense womuzungulira ife.



5

Mphindi

Zochita

Pa ntchitoyi mudzafunikira ndodo kapena kugwedeza katundu aliyense mgululi. Pamene ntchitoyi ikukhudzana ndi moto, chonde pitani kumalo otetezeka kunja kwa nyumba. Ngati ana aliwonse akutenga nawo mbali mu ntchitoyi ayenera kutsagana ndi wamkulu ndi wamkulu.

- Tengani ndodo yanu ndikuyatsa moto ndi machesi kapena mafayilo oyendayenda.
- Pamene ndodo ikhale yowonekera bwino, fotokozani

momwe izi ndizomwe Mulungu amachita ndi moyo wathu. Amayatsa moto ndi Mzimu Woyera. Moto umaimira umulungu ndipo tikukhala ndi moyo. Onetsetsani kuti aliyense akumvetsa izi.

- Kuyatsa ndodo ya munthu aliyense kuchokera kwanu. Mukamachita izi, fotokozani momwe umu ndi momwe Mzimu umaperekera moyo. Aliyense wa ife timadutsa pa uthenga wa Yesu kwa anthu ena nawonso atha kulandira mphatso ya moyo watsopano. Mzimu Woyera amabwera ndipo amatiyatsanso zonse.
- Funsani mmodzi kapena awiri pagululo kuti awonetsetse njiti ya ena komanso kuwonetsa kuti moyo utha kudutsa kwa munthu wina kupita kwina.



Yohane ndi Yesu amadziwa Mzimu

Kodi zikuwoneka kuti zachilendo kuti Yesu ndiye anafunika kubatizika? Yesu anali munthu kwathunthu ndipo mwamuna wathu ndi Mulungu, munthu ndi waumulungu. Nyimbo yakale yotchuka imati Mulungu 'adzikhuthulira yekha koma amakonda' kuti abwere mu mtundu wa Yesu kudziko lapansi ndi kutipulumutsa.

Koma Yesu, monga munthu aliyense, amafunikirabe Mzimu Woyera kuti akwaniritse zomwe Mulungu, Atate wake, adafuna kuti akwaniritse. Yesu atabatizidwa, Mzimu Woyera anatsikira panso; anthu adaona zomwe zimawoneka ngati nkunda. Ngati Yesu mwiniyo ndipo Yohane Mbatizi amafunikira moyo wa Mzimu Woyera, ndiye ifenso ife!



Zochita

Ngati Yesu mwiniyo anafunika kuti Mzimu Woyera ukhalepo ndiye kuti ifenso ndi zochulukira motani? Kuti mudzazidwe ndi Mzimu Woyera timafunikira koyamba kunena kuti 'inde' kwa Mulungu ndikumupatsa chilolezo kuti azikhala ndi moyo m'miyoyo yathu.

Funsani gululi ngati pali wina amene angafune kuchita izi. Ngati pali pempheroli ndi iwo powerenga mzere umodzi nthawi imodzi ndikuwafunsa kuti abwereze pambuyo panu.

Ambuye Yesu, ndikufuna kudzazidwa ndi Mzimu Woyera wanu. Zikomo chifukwa cha mphatso ya moyo watsopano womwe mumandipatsa.

Masiku ano, ndimasankha kulandira mphatsoyi.

Pepani chifukwa cha njira zomwe ndakhala nazo;

chonde bwerani ndikukhala mwa ine

ndipo ndithandizeni kukhala moyo wanga wonse chifukwa cha inu.

Ndidzazeni ndi Mzimu Woyera wanu ndikundipanga kukhala watsopano.

Ameni.



10

Mphindi

Kukambirana

Pali mafunso atatu oti mulankhule m'magulu 3 kapena 4.

Mukamaliza kukambirana, pangani nthawi yodyetsa gulu lonse lonse. Ndikofunika kuti aliyense aphunzire kwa wina ndi mnzake.

- Kodi mudakumana ndi Mzimu Woyera kale? Zinali bwanji?
- Ndi magawo ati m'miyoyo yathu omwe amatha kusintha bwino ndi Mzimu Woyera?
- Kodi pali chimo lililonse m'moyo wathu lomwe tiyenera kumasulidwa? Ngati sitikudziwa machimo omwe ali, funsani ngati pali mbali za moyo wathu zomwe zimatipangitsa kukhala olakwa kapena oyipa.

Onetsetsani kuti mukugwiritsa ntchito nthawi yayitali kukambirana ndi gulu lonse.



15

Mphindi

Pemphero

M'Baibulo akuti tiyenera kuyika manja wina ndi mzake tikamapemphera. Aliyense m'gululi ayenera kupemphedwa m'modzi ndi m'modzi. Funsani aliyense pagululo kuti asonkhane mozungulira munthu amene akupemphereredwa ndi kuyika manja pa iwo. Pamodzi, apempherere kuti abatizidwe (odzazidwa) ndi Mzimu Woyera. Yembekezerani kuwona umboni wa Mzimu Woyera ukudzazidwa anthu: ena angaseka, kulira, khalani, ndi mtendere kapena chisangalalo chonga kale. Landirani Mzimu Woyera kuti mugwire ntchito yake yabwino pagululi.

Gulu likamachita izi, mwina mungazindikire kuti anthu ena ali ndi vuto losayembekezeka, kapena kusokonekera. Ena akhoza kuwakonda kwambiri. Mutha kuwona anthu ena akuyamba kuwonetsa machitidwe omwe siabwinobwino; zili ngati mzimu ukudzionetsera pawokha mwa iwo. Chilichonse chomwe chimachitika, kumbukirani kuti Ambuye Yesu Khristu amayang'anira. Musachite mantha kapena kuchita mantha. Ingodzudzulani mzimu kuti mukhale chete ndikuulamula kuti atuluke mwa munthuyu dzina la Ambuye Yesu. Sitingathe kuchita zinthu izi mu mphamvu zathu zokha; ndi mu mphamvu ya Yesu yokha.

Mzimu atachoka kapena munthu amene wakhumudwitsidwa agwada pansu, ndi nthawi yofunsa Mzimu Woyera kuti abwere kudzaza munthu ameneyo kuti adzasewerere. Izi ndizofunikira kwambiri ndipo zitsimikizire kuti munthuyu amapita paubwenzi wawo ndi Yesu.

Tipempherere aliyense mgululi, m'modzi m'modzi. Mutha kupemphereranso mbali zonsezi zomwe anthu akukumana nazo zomwe mwina zatchulidwa m'nkhaniyi.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Tsiku lililonse muzipemphera nokha ndipo anthu onse omwe mwalankhula ndi ntchito ya mboni zomwe tachita, kuti Mzimu Woyera wa Mulungu abwere ndi kukupatsani moyo.



Mboni

Fotokozerani gulu kuti cholinga cha Mulungu sichingobweretsa Mzimu Woyera womwe umangokhala moyo Wabwino M'miyoyo yathu. Ganizirani za anthu onse omwe mwalankhula nawo pazomwe tachita. Yesu akufuna kubweretsa moyo wake kwa onse ndi anthu ena ndi zochitika zawo. Izi ndi monga zinaliri ndi Yesu pamene anali padziko lapansi. Mzimu Woyera unabwera kwa iye ndi kwa anthu onse kudzera mwa iye.

Sabata ino, aliyense payekha kapena pagulu lanu, apemphe Mzimu Woyera kuti afotokozere inu zonse zomwe mungathandize mdera lanu. Pempherani limodzi kuti Mzimu Woyera wa Mulungu udzakhudzanso nkhaninyi ndikumufunsa zomwe muyenera kuchita pothetsa nkhaninyi.

13

Chidule Gawo

'Chifukwa chake, ngati wina aliyense ali mwa
Khristu, cholengedwa chatsopano chafika:
wakaleyo wapita, watsopano ali pano!'

2 Akorinto 5:7



Kukonzekela

Zomwe mukufuna kuti muganizire:

- Cholemba ndi pepala

Ukhale nayo:

- Adafunsa wina m'gululi kuti awerenge nkhanayi?
- Anafunsa wina m'gululi kuti awerenge vesi la m'Baibulo?
- Anafunsa aliyense kuti abweretse cholemba ndi pepala lina?



Takulandirani & Mayankho

5

Mphindi

- Athokozeni aliyense kuti abwere pagululi.
- Yambani ndi pemphero lalifupi, losavuta.
- Funsani gulu kuti achitepo kanthu 'Zochita sabata ino' ndi 'Mboni' kuchitira umboni kuyambira sabata yatha.
- Pemphani anthu kuti agawane chilichonse chomwe aphunzira kapena adziwa ntchito imeneyi.



Kulunjika

Cholinga cha gawo sabata ino ndikudzikumbutsa tokha pankhani zazikulu zomwe **Maziko M'buku 1** ndikuyang'ana m'tsogolo zomwe zikubwera mu Buku 2.



Vesi Loloweza

5

Mphindi

Werengani vesi lokumbukira kukumbukira ndi kutchula Baibulo mokweza gulu. Werenganinso m'magawo ang'onoang'ono, kupangira gulu kuti mubwereze gawo lililonse mukatha. Pang'onopang'ono muziwerenga m'magawo aatali ndi gululi kubwereza chilichonse mpaka aliyense angathetse vesi lonse. Limbikitsani anthu ena kuyesa ndikubwereza okha.

Chifukwa chake, ngati wina aliyense ali mwa Khristu, cholengedwa chatsopano chafika: wakaleyo wapita, watsopano ali pano!

2 Akorinto 5:17



Nkhani

Werengani nkhani yotsatirayi ku gululi:

Pali tawuni yaying'ono ya m'mphepete mwa UK yotchedwa Whitby. Ndiotchuka chifukwa cha usodzi, pakati pa zinthu zina. Zaka zana zapitazo nyumba zambiri zidamangidwa mtawuni kuti zigwirizane ndi asodzi ambiri. Anali nyumba zazing'ono, zomangidwa pamtunda wotsika mtengo pafupi ndi m'mphepete. M'zaka zaposachedwa nyumbazi zakhala nyumba za tchuthi kwa alendo omwe akufuna kupita kuderali ndipo ali ndi lingaliro labwino la nyanja.

Mu 2012 padali mvula yambiri komanso nyengo yoyipa ndipo panali malo omwe panali malo omwe nthaka ija pafupi ndi nyumba zisanu pafupi ndi nyanja idayamba kupita. Nyumbazo zidayamba kugwa ndipo anthu okhala mkati amayenera kutuluka mwachangu. Nyumba zonse zidawonongeka ndipo panali kuwonongeka kwinsano nyumba zoyandikana nazo panso.

Ngakhale anali malo okongola okhala, tsopano ndi owopso kwambiri kuti mukhale oyandikana nawo kwambiri ndipo ntchito yambiri ikuchitika kuti ayesere nyumba zina zapafupi.



Vunga la Baibulo

Werengani Mateyo 7:24-27 kwa gululi:

²⁴Chifukwa chake aliyense amene amva mau angawa ndi kuitsatira ali ngati munthu wanzeru amene adamanga nyumba yake pathanthwe. ²⁵Mvula inagwa, mitsinje idakwera, ndipo mphepo zimawomba ndi kumenya nyumba ija; komabe sichinagwe, chifukwa inali itakhala maziko ake pathanthwe. ²⁶Koma aliyense amene amvera mau anga, ichi sazichita ali ngati munthu wopusa amene adamanga nyumba yake pamchenga. ²⁷Mvula inagwa, mitsinje idakwera, ndipo mphepo zidawomba ndi kumenya nyumba ija, ndipo zidagwa ndi ngozi yayikulu.



5

Mphindi

Kukambirana

Funsani gululi ngati adziwapo nyumba.

- Kodi akanaganiza kuti malo abwino omanga kuti?
- Kodi pali malo oyipa omanga kuti?



Yesu anena nkhani ya amuna awiri, m'modzi womanga nyumba yake pa mchenga, ndi inayo amene amaimanga pathanthwe. Mphepo yamkuntho ikadzabwera, m'mene iwo amatsatira, nyumba yomwe idamangidwa pamchenga idawonongedwa, pomwe nyumba yomangidwa pathanthwe idakhalapo. Nkhani zathu zonse zimatiphunzitsanso phunziro lofunika kwambiri: ngati sitipeza maziko athu ndiye chilichonse chomwe tikumanga zidzagwa pomwe namondwe akubwera. Komanso kukhala malangizo abwino othandiza, imeneyi ndi malangizo auzimu kwa ife. Monga Akhristu timakhulupirira kuti ndikofunikira kumanga miyoyo yathu pamaziko olimba; m'malo mwake Mulungu amatchedwa 'Thanthwe' m'Baibulo. M'bukuli, ndipo nthawi yonseyi **Maziko** zonsezi tikuphunzira momwe tingapezere moyo watsopano mwa Mulungu, komanso momwe tingalimbikitsire kuti moyo ndi maziko pathanthwe.

Zimatenga nthawi kuti mumange china pathanthwe, kutalika kwambiri kuposa momwe zimakhallira pamchenga. Ichi ndichifukwa chake anthu ambiri amayesedwa kuti atenge msewu wamfupi. Koma Baibulo imatiuza kuti tizikhala mosiyana. Mu Mateyo 7:13-14 Yesu akuti:

¹³Ndipo kudzera pachipata chopapatiza. Chifukwa chipata chiri pachipata chachikulu ndi chotakata chiri chotakata, ndipo ambiri alowamo. ¹⁴Koma kacika kakang'ono ndi chipata ndi chopapatiza njira yopita kumoyo, ndipo owerengeka ndiongopeza.

Moyo wathu Wachikhristu ndi ulendo, padzakhala tsoka, mavuto, mavuto ndi zikondwerero koma ngati tikhala okhazikika pathanthwe ndiye kuti titha kuthana ndi chilichonse.



15
Mphindi

Zochita

Ndikayang'ana m'gawo lapitalo lomwe mwaphunzira, mufunsemi aliyense kuti agawane chinthu chimodzi chomwe aphunzira, adakumana ndi zovuta kapena zomwe zayamba kusintha momwe amaziganizira ndikuchita.



Kuyang'ana M'buku 1: Moyo Uyamba

Mu buku loyamba ili mu mndandanda, ***Moyo Uyamba***, tinayambitsa lingaliro la moyo watsopano monga mphatso yochokera kwa Mulungu. Ndi chinthu chomwe ali nacho kwa aliyense wa ife, ngakhale tili ndi ndani kapena zomwe tachita. Monga vesi lathu lokumbukira limatikumbutsa:

Chifukwa chake, ngati wina aliyense ali mwa Khristu, cholengedwa chatsopano chafika: wakaleyo wapita, watsopano ali pano!

2 Akorinto 5:17

Tsopano popeza zatsopano zili pano zomwe zikuwoneka bwanji?

Mphatso ya moyo watsopano ikutanthauza kuti ngati timupempha, Mulungu amatimasulira ku moyo wathu wakale wauchimo ndi kuvutika. Sitikulekanitsidwanso ndi iye, koma amatibwezeretsa ku ubale wachikondi ndi iye, womwe ungakhale kwamuyaya. Amabwera kukhala m'mitima yathu ndikuyamba kusinthanso kuchokera mkati. Amatikonda monga ifenso, koma zochuluka kwambiri kutilola kukhalabe. Pamene tikudziwira Mulungu ndi kuti inde kwa iye ndi zina zambiri, amatenga miyoyo yathu ndikuwapanga kuti tizikhala ofanana ndi Iye.

Monga m'moyo timabadwira mu banja, momwemonso ndi moyo wathu mwa Mulungu: timalowa banja lake lonse. Tili ndi abale ndi alongo atsopano, komanso Atate watsopano wa kumwamba. Izi zikutanthauza kuti sitilinsu kukhalira ndi adani kwa aliyense; tiyenera kukhululuka omwe tidalimbana nawo. M'malo mwake pa [Mateyo 5:44](#) Bayibulo limapitilira:

Kondani adani anu ndi kupempherera omwe akukuzunzani.

Monga tanena kale ilo lisanapeze nthawi yoti mumudziwe Mulungu komanso kuti tiyeni tichite nawo banja lathu latsopano. Timafunikira nthawi yake ndi iye ndi nthawi limodzi ndi banja lathu latsopano Lachikhristu. Titha kuchita izi popemphera kwa iye ndikumamumvetsera, kudzera mu kuwerenga ndi kuphunzira Baibulo, komanso pomupembedza yekha motayira kwathu komanso ndi banja lathu latsopano.

Pomaliza timadziwitsa munthu Mzimu Woyera kwa inu, kuti akuwonetseni kuti Iye ndi yemwe amabwera kuti adzakhale m'mitima yathu tikamuitanira. Ndi Mzimu Woyera ndi amene amabweretsa moyo, wa Chikhulupiriro. Tinakhala nthawi yopemphera kuti Mzimu Woyera abwere kudzaza miyoyo yathu ndipo amatipatsa ubale womwewo kwa Mulungu.

Kuyang'ana M'buku 2: Moyo Umamera

M'buku lotsatira, **Moyo Umamera**, tidzaphunzira zambiri za Mzimu Woyera ndi zomwe zikutanthauza kudzazidwa naye. Tiphunziranso zambiri za munthu wa Mulungu monga yemwe amatikonda, ndi momwe chikondi chimakhudzira malingaliro athu onse ndi zochita zathu. Tiyamba kumvetsetsa mwatsatanetsatane zomwe imfa ya Yesu pamtanda zimatanthauzanso ndipo momwe Mulungu amatichera.

Iliyonse ya magawowa imatithandizanso kufufuza zambiri za moyo watsopano watsopano womwe tapatsidwa, zidzatitsogolera pa mayendedwe athu, kuunirira malingaliro athu ndipo tikulimbikitsani mitima yathu. Tikukulimbikitsani kwambiri kuti mupitirize kukwirizana ndi ife chifukwa cha **Maziko M'buku 1**.



15
Mphindi

Pemphero

Kukumbutsa gulu kuti mulandire mphatso ya moyo watsopano komanso chifukwa chilichonse chomwe aphunzira chikhale chowona kwa iwo ayenera kutenga gawo la chikhulupiriro, ndikupitilizabe kutsatira njira zachikhulupiriro zophunzirira kwa Mulungu. Funsani ngati pali aliyense amene akuphunzirapo kanthu koyamba pa

chikhulupiro chovomerezera mphatso ya moyo wa Mulungu. Ngati pali pemphero lotsatirali:

*Zikomo Yesu chifukwa chomwalira m'malo mwanga.
Zikomo kuti mwandipatsa moyo watsopano.
Pepani chifukwa chauchimo wonse m'moyo wanga.
Popeza zonse zomwe mwandichitira ndidzakupatsa zonse
zomwe ndili nazo kwa inu!
Ndithandizeni kukhala ndi moyo wanu.
Ameni.*

Tengani kanthawi kuti muthokoze Mulungu pamodzi pazomwe gululi lagawana nthawi yawo yomwe ikuyang'ana **Maziko M'buku 1**.

Atayamika Mulungu ndi kumutamanda, yeserani nthawi yopemphera za zosowa ndi zovuta zilizonse zomwe anthu amgululi angakhal.



Zochita sabata ino

Sabata iliyonse pali homuweki yoti tichite. Pezani thanthwe, kaya pang'ono kuti mutha kugwira dzanja lanu kapena lalikulu lomwe mungakhale kapena kuyimirira. Khalani nthawi zina kuganizira za momwe mwalawo umakhalira wamphamvu. Kenako yambirani kuthokoza Mulungu kuti ndi wamphamvu kwambiri ndipo amamupempha kuti apitilize kumanga moyo wanu pa iye, 'Thanthwe.'



Mboni

Pempherani ndikupempha Mulungu kuti awonetse wina yemwe mungamuyitanire ku msonkhano wa gulu. Lotsatira mukamayamba kuchitira umboni, wina yemwe mudagawana molowera magawo atatu kapena kungopita kukalankhula. Auzeni kuchuluka kwa zomwe mwaphunzira kuchokera pagululo ndikuwafunsa kuti aganizire zokhudzana ndi nthawi ina.

Mavesi Oloweza

‘Ndabwera kuti akhale ndi moyo, ndikukhala nazo mokwanira.’

Yohane 10:10b

‘Ine pano! Ndayimirira pakhomo ndikugogoda. Ngati wina amva mawu anga ndi atatsegula chitseko, ndidzalowa ndi kudya ndi munthu ameneyo, ndipo iwowa ndi ine.’

Chivumbulutso 3:20

‘Ndikuthokoza Mulungu wanga nthawi iliyonse ndikakumbukira inu... ndikukhulupirira izi, kuti iye amene adayamba ntchito yabwino mwa inu adzathamangira kufikira tsiku la Kristu Yesu.’

Afilipi 1:3&6

‘Chifukwa chake pitani mukapange ophunzira a mitundu yonse, kuwabatiza iwo mu Dzina la Atate ndi la Mwana ndi Mzimu Woyera.’

Mateyo 28:19

‘Ndipo tiyeni tikambirane momwe tingapangirena wina ndi mnzake kuloza chikondi ndi zabwino, osasiya kukumana, monga ena ali ndi chizolowezi chochita, koma kulimbikitsana wina ndi mnzake.’

Ahebri 10:24-25a

‘Khalani chete, ndipo dziwani kuti ine ndine Mulungu.’

Masalimo 46:10a

‘Malembo onse ndi Mulungu opumira ndipo ndi othandiza pophunzitsa, kudzudzula, kukonza ndi kuphunzitsira chilungamo, kuti mtumiki wa Mulungu akhale wokonzekera bwino ntchito iliyonse yabwino.’

2 Timoteo 3:16-17

‘Lamulo la Ambuye ndi labwino, kutsitsimutsa mzimu.
Malangizo a Ambuye ndi odalirika, kupanga zinthu zosavuta.
Ndiwofunika kwambiri kuposa golide, kuposa golide woyenga bwino
kwambiri;
Amakhala okoma kuposa uchi, kuposa uchi kuchokera ku uchi.’

Masalimo 19:7&10

‘Mudzipereke nkhawa zanu zonse chifukwa amakuderani nkhawa.’

1 Petro 5:7

‘Atapemphera, malo omwe iwo anali kukumana anagwedezeka. Ndipo onse
adadzazidwa ndi Mzimu Woyera ndipo adalankhula mawu a Mulungu
molimba mtima.’

Machitidwe 4:31

‘Chifukwa chake, ndikupemphani inu, abale ndi alongo, poganizira chifundo
cha Mulungu, kupereka matupi anu ngati nsembe yamoyo, yopatulika ndi
kukondweretsa Mulungu – ndiye kupembedza kwanu komanso koyenera.’

Aroma 12:1

‘Imabatiza ndi madzi alape. Koma nditabwera munthu wamphamvu kuposa
ine, yemwe sindiri woyenera kunyamula. Iye adzakubatzani ndi Mzimu
Woyera ndi Moto.’

Mateyo 3:11

‘Chifukwa chake, ngati wina aliyense ali mwa Khristu, cholengedwa
chatsopano chafika: wakaleyo wapita, watsopano ali pano!’

2 Akorinto 5:17

Zolembe

Mndandanda wa Zithunzi

Chifanizo

Chivundikiro cha kutsogolo
Gawo 1 Tsamba Laudindo
Gawo 2 Tsamba Laudindo
p20: Mtsuko wa dongo

p20: Mphete ya Porcelain
Gawo 3 Tsamba Laudindo
Gawo 4 Tsamba Laudindo
Gawo 5 Tsamba Laudindo
Gawo 6 Tsamba Laudindo
Gawo 7 Tsamba Laudindo
Gawo 8 Tsamba Laudindo

Gawo 9 Tsamba Laudindo
Gawo 10 Tsamba Laudindo

Gawo 11 Tsamba Laudindo
Gawo 12 Tsamba Laudindo
Gawo 13 Tsamba Laudindo

Chivundikiro cha Kutsogolo

Chithunzi chojambulidwa ndi Crabtree pa Unsplash
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MAZIKO 1:

Moyo Uyamba

Maziko ndi njira yomwe imathandizira anthu kufufuza ndi kukula mu ubale wawo ndi Mulungu ndipo amawalimbikitsa kuti atumikire dera lawo. Zinalembedwa kuti zizipereka zida zapamwamba kwambiri zomwe zitha kugwiritsidwa ntchito m'malo osiyanasiyana okhala ndi magulu azikhalidwe padziko lonse lapansi. Maziko ndi gulu la mabuku anayi, chilichonse chomwe chimakhala ndi magawo khumi ndi atatu ogwirizana.

Maziko alembedwa ndi olemba alendo odzipereka a alendo ochokera padziko lonse lapansi ndikulemba komanso kusintha mwa Dignity.

Maziko 1: Moyo Uyamba ndi amene ali ndi chikhulupiriro chatsopano kapena ayi. Kuchokera pazoyamba zosavuta zimatsogolera anthu omwe amatsatira chikhulupiriro komanso kumudziwa Mulungu.

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