Learnings applicable to ABC/mBC

Training caregivers in oncological palliative care

Instituto Nacional de Enfermedades Neoplásicas, PATH

OVERVIEW: In Peru, many patients, families and caregivers lack awareness of how to manage pain, symptoms and treatment side effects of cancer through home and self-care practices. The “School for Caregivers” curriculum was developed to train HCPs in educating families and caregivers in home-based pain and symptom management and palliative care.

Area of focus:
Educating HCPs about ABC/mBC

Target population:
Palliative care patients (mainly BC patients) and their caregivers in Peru

Objectives: To develop a patient and family education curriculum and “School for Caregivers” on palliative care. To improve patients’ end of life experience

Unmet needs addressed:

- Many patients, families and caregivers lack knowledge of how they can manage pain, symptoms and treatment side effects of cancer at home, which can lead to unnecessary travel, hospitalisation and medical interventions

Key components:

- Educational tool in Spanish including a 6-module reference manual with accessible information and a colorful flipchart with images on how to provide care and manage the side effects of cancer treatment

Challenges: Accommodating the busy schedules of nurses and doctors for the working group biweekly meetings. Delays in the materials development process due to internal changes at INEN

Outcomes: Patients have given positive testimonies on the impact of the training. The project will help establish an evidence base on palliative care needs in Peru and build staff capacity in palliative care strategy

Development: The educational tool was developed over 18 months through monthly working group meetings with experienced palliative care health professionals, additional input from local advisors and nursing staff, and extensive validation and evaluation of the materials. The training has been rolled out nationally. Technical support was provided by PATH, and the project was supported by Susan G. Komen. The materials will be translated to English in March 2023

Cost: >€30,000

Timeline: The project was initiated in March 2016 and was completed in December 2017

Targeted to reach: 150 – 300

For more information:
https: https://path.box.com/s/kq96xfwb7vl5uzc3herhehdanab9wy7f / https://path.box.com/s/bkknzck3wt1qhmlnft92wl7w1whj7hmx
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Based on written submission from Tatiana Vidaurre, INEN, 2023. The Hard-to-Reach ABC/mBC Communities Toolkit was developed as a collaboration between Pfizer Oncology and the ABC Global Alliance, with funding and support provided by Pfizer. ABC Global Alliance members and Pfizer colleagues were invited to submit breast cancer community-based initiatives that address specific needs of underserved patient populations with advanced/metastatic breast cancer. Initiatives were evaluated against criteria determined by a steering committee with members from both Pfizer and the ABC Global Alliance. Initiatives were selected for inclusion in the toolkit to highlight best practices in addressing the unique needs of this patient population. All organizations who submitted their initiatives for consideration have provided permission for the initiative information to be included in the toolkit and shared publicly. Pfizer and the ABC Global Alliance bear no responsibility for the contents of the toolkit.