

WORKPLACE EXCELLENCE AWARDS 2026

Best Workplace for Mental Health and Wellbeing

The Excellence in Mental Health and Workplace Wellbeing award is an acknowledgment and recognition given to organisations, businesses, or employers that have made significant efforts to promote and support the mental health and well-being of their employees.

Please note that your document should be **no more than 2000 words in total, which includes your 250 word summary.**

You may additionally include attachments (visuals, photos, charts, etc) that you think would help your application.

Summary	Summarise in no more than 250 words why your organisation deserves to win this award. Please include organisation size
Organisation Background	Outline the size (number of employees) and nature of your organisation
Supportive Policies	Adoption of policies that prioritise mental health, such as flexible work hours, remote work options, and paid mental health leave. Promoting a healthy work-life balance, encouraging regular breaks, and discouraging excessive overtime
Training and Awareness	Provide evidence of mental health awareness training for employees and managers to reduce stigma, identify mental health issues, and offer support
Wellbeing	Evidence of resources used to promote wellbeing in the organisation. Engagement activities, feedback from employees, newsletters/other communication announcing initiative components
Positive Psychology	Positive psychology tools used within the organisation to help employees
Rewards and Recognition	Outline how you reward employees and teams who contribute to mental health initiatives and help maintain a positive mental health culture
Leadership	Statement of support from senior leadership team and evidence of their participation in positive mental health and wellbeing initiatives in the workplace

Scoring (100 Points Total)

- Summary: 5
- Organisation Background: 5
- Supportive Policies: 15
- Training & Awareness: 15
- Wellbeing: 25
- Positive Psychology: 20
- Rewards & Recognition: 10
- Leadership: 5

Tips for a Successful Entry

- Answer each section clearly using the headings provided. Marks will be based on the evidence you include.
- Focus on what you did and the results it delivered. Include data where possible.
- **Only the first 2000 words of your entry will be assessed.**
- There is a 10MB limit per file for supporting documents. Contact the awards team if needed.