

Name: _____

Doctor's Name: _____

Hospital Name: _____

Diagnosing CUP

About CUP

- ☐ What is CUP?
- ☐ What do you mean by "stage" or "grade" of cancer?
- ☐ How serious is my cancer?
- ☐ Is there any sign of where the cancer started or what type of cancer it is?
- ☐ What happens if you can't find where the cancer started?
- ☐ Can you provide any written information about my cancer and its treatment?

Scans, Tests and Investigations

- ☐ What scans and tests are involved to find out what kind of CUP I have?
- ☐ What type of specialised tests might I need?
- ☐ Are the latest tests and treatments for CUP available in this hospital?
- ☐ Will there be side-effects from the scans or tests?

Results of the tests

- ☐ How long after the scans or tests will I know more about my cancer and the treatment choices?
- ☐ Can you explain the results of the tests to me?

Treating CUP

Treatment Options

- ☐ What treatments are available to me?
- ☐ Which treatment do you recommend for me and why?
- ☐ Is the aim of the treatment to try and cure the cancer or not?
- ☐ If you find out where the primary cancer is, will my treatment change?
- ☐ How long do I have to make a decision?
- ☐ What information is there to help me to choose where to have treatment?
- ☐ What happens if I do not wish to be treated?

Other Specialists or Second Opinion

- ☐ Do I need to see any other specialists before treatment, such as a radiation oncologist, medical oncologist, surgeon, dentist, dietician or speech pathologist?
- ☐ Can I get a second doctor's opinion?

Clinical Trials

- ☐ Are there any clinical trials that I may be eligible for?
- ☐ How do I get referred to a clinical trial?
- ☐ What are the risks and benefits of participating in a clinical trial?

Financial Costs

- ☐ Will I have to pay for scans and tests?
- ☐ Will I have to pay for treatment?
- ☐ Are costs covered by Medicare or by private health insurance?

Preparing for Treatment

- ☐ What should I do to get ready for treatment?
- ☐ How long will treatment take? Will I have to stay in hospital?
- ☐ How long will the treatment last? What will it be like? Where will it be done?
- ☐ Should I change my diet or physical activity before, during or after treatment?
- ☐ How will we know if the treatment is working?

After Initial Treatment

- ☐ What follow-up tests will I need?
- ☐ How often will the follow-up be required?
- ☐ How will we know if the cancer has come back?
- ☐ What should I watch for?
- ☐ What will my options be if the cancer comes back?

Side Effects

- ☐ Could there be any side-effects from the treatment(s) I choose? Can you provide written information?
- ☐ How can side-effects be prevented or managed?
- ☐ Will treatment affect my daily activities or limits on what I can do?
- ☐ Are there any complementary therapies that might help me?

Who will be involved in my care?

- ☐ Who is in the clinical team looking after me?
- ☐ Does this hospital have a healthcare team that specialises in CUP?
- ☐ Does the healthcare team looking after me participate in multidisciplinary care to develop individualised treatment care plans?

Primary Contact, Advice and Support

- ☐ Who will be my main point of contact before/ during/after treatment?
- ☐ Who can I call if I have any problems or questions?
- ☐ Will I usually see the same doctor or team?
- ☐ Will I have contact numbers for out of hours help?

Support and Wellbeing

Wellbeing Support

- ☐ Can you suggest emotional support services or mental health professionals such as a psychologist, to support me and my family during this time?
- ☐ Is there a local support group for cancer patients?
- ☐ Are there brochures or other printed material I can have? What websites do you recommend?
- ☐ Who can give me financial advice, benefits advice etc?

Advance Care Planning

- ☐ Who can help me plan for my future?
- ☐ Can you tell me about advance care planning?

Other Questions / Notes

Contact Cancer Support 13 11 20

Cancer Council 13 11 20 is a free, confidential telephone information and support service run by Cancer Councils in each state and territory. Talk to a cancer nurse and get the support you need. Available to anyone affected by cancer – those diagnosed, family, friends, and carers. Available between Monday to Friday, 9am-5pm.