Moongala

Moongala Women's Community House,
Moorleigh Community Village,
92 Bignell Rd, Bentleigh East.

Opening Hours: Mon—Thurs 9am–5pm
Friday - Closed

WEEKLY ACTIVITY TIMETABLE
Term 4, 5th October - 17th December 26

Term 1, 27 January—4 April
Term 2, 20 April—26 June
Term 3, 13 July—18 September
Term 4. 5 October—10 December
10 week terms.

Monday

Bake & Bond!
10.30-12 noon
Join us on Mondays for our baking programs! Cook, & Connect - Everyone welcome!

Scrabble Group
1-4pm $2 (off-site)

Cardmaking
(FULL—Waiting list applies)
1-3pm
$35 term OR Casual $5 session
Materials supplied.

Cardmaking
(FULL—Waiting list applies)
1-3pm, free!
Cardmaking, Creating Postcards for Charity & fundraising.

Charity Crafters
1-3pm, free!
Sewing for charity and fundraising
Join our group of kind volunteers!

Community Support
*Internet Cafe M, T, W & T 10am-3pm- free use WIFI & laptops
*VIC ROCKS—rock-hiding/painting facebook group
*Community Library & Jigsaw Lending Library—books and jigsaws available to loan.

Tuesday

Social Jigsaw Group
10am-12 noon, $2 + $1 barista coffee
Join us for a morning of puzzle fun! We have loads of jigsaws to choose from, work on one by yourself or as a group**!** Enjoy some company, barista coffee or tea and morning tea!

Crochet & Knitting
10-12 noon
$35 (10 weeks) Casual $5 session

Walking Group
10 – 11am, free! Dates TBD
Let us know if you are interested!

'Chatty Cafe' Connect
10.30am—12 noon, $3
Join us in a fun morning, making friends & connections, enjoy a cuppa, barista coffee, playing card and board games. (Open to both men and women to attend)

Wednesday

Crochet
10 -12 noon
$35 per term Casual $5 per session
Beginners Welcome!

Walking group
10-11am, free!

Chatty Café
10.30am-12noon, $2
An opportunity to enjoy morning tea and a chat with others. These sessions are open to both men and women to attend.

Spinners and Knitters
12.30-3pm, $2
Enjoy some wonderful company and work on your own project or make items such as beanies for charity! If you are interested in learning to spin your own wool we have spinning wheels available.
Newcomers welcome!

Exercise Classes with Ange
$100 term or $17 session casually
Stretch, Strength & Balance
1.15—2.15pm - Women Only
Chair Yoga & Meditation
2.30-3.30pm - Open for all

Thursday

Self- Led Art Sessions
Art Matters 10am - 12 noon
H'Art Space 1-3pm (FULL)
$50 term Casual $7. Participants work on their own art in a friendly supportive environment

Social Sewing
1—3pm, $60 a term or $8 casually
Work on your own sewing project and receive guidance from our volunteer Rose and other group participants! (machines supplied) Bookings essential

Friday - Closed

****Room Hire**
Contact us if you are looking for a space for an event, workshop or meeting we have spaces available after hours.
(NB Public Liability Insurance required)
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Volunteer Opportunities
****Receptionist/s general all-rounder**
Includes answering phone/welcoming people/admin work. Flexible hours M-Th between 9-4pm
****Event & Activity Support**
We need support to help with cooking for or hosting events
****Connect Café facilitator** (Tuesdays) social connector and activities–games, quizzes etc.
****Community Lunch Volunteers**
Helping with cooking food for our fortnightly community lunches (Thursdays)
****Barista Coffee Maker Volunteers**
Tuesdays or Wednesdays during the school term 9.30am - 12.15pm.
If you have barista skills and love meeting and mixing with people, we would love you to join in and help manage our Chatty Cafe sessions. We are looking for two volunteers and we have support barista persons on board already!
****Crochet & Knitting Facilitator (Tues)**
We are looking for a facilitator for our group on Tuesdays from 10am-12 noon. if you like working in a group and have the skills please reach out.
*****For more information call the office or email your interest.*

**$15 annual affiliation fee payable by all participants **Bookings required for all our sessions. For more info check our website, call, or email Classes that require payment will not be refunded for non attendance.