

## OUR TEAM WILL



Guide



Support



Advocate



Facilitate Change



**Riley**

Riley is the program coordinator who will work with you to create a network to support and guide you through complex life situations.



**Toni**

Toni is a mental health counsellor who will work with clients of the program to achieve their mental health goals.



## COMMUNITY MOBILIZATION PROGRAM

Connecting community members to the supports they need to navigate complex challenges

### Contact Us:

✉ [riley@winklercentralstation.ca](mailto:riley@winklercentralstation.ca)

📍 Box 736, 555 Main St.  
Winkler MB, R6W 4A8

☎ 204-325-0257

[www.winklercentralstation.ca](http://www.winklercentralstation.ca)

# ARC YOUTH

Arc Youth is a consent-based and voluntary community mobilization program. We assist youth and their families who are experiencing challenges in various areas of their lives by coordinating and advocating for resources and providing ongoing collaborative supports.

## ARC Youth for people:

- *Live in Garden Valley School District*
- *Approximately age 12-18*
- *Involved with 3 or more services*
- *Need support with complicated life situations*

## ARC YOUTH CAN HELP WITH:

- ✓ Substance misuse
- ✓ Involvement with the justice system
- ✓ Irregular school attendance and or avoidance
- ✓ Mental or physical health concerns
- ✓ Family/relational difficulties
- ✓ Homelessness
- ✓ Coordination of Supports

# HOW IT WORKS:

- 1 A Referral is Made**  
Either you can reach out to to the coordinator to self refer or another agency or supportive person or agency has made a referral together with you.
- 2 First Meeting**  
A meeting is arranged between you and a coordinator to discuss the program.
- 3 Program Suitability**  
If the program is a good fit you and the coordinator will build a team of professional supports and trusted friends/family.
- 4 Monthly Meetings**  
You and the support team will meet monthly to collaboratively create and follow up on goals.



# ARC ADULTS

ARC Adults is a consent based and voluntary community mobilization program. We assist adults who have had contact with the justice system by coordinating and advocating for resources through non-judgmental and client centred collaborative approach.

## ARC Adults for people:

- *Live in Garden Valley School District*
- *Have had or are at risk of justice involvement including under the mental health act*
- *Need support for a complicated situation*

## ARC ADULT CAN HELP WITH:

- ✓ Lack of/inadequate housing
- ✓ With or at risk of Justice system involvement
- ✓ Problematic substance use
- ✓ Mental or physical health concerns
- ✓ Returning to School
- ✓ Family Relational difficulties