

SUMMER 2026

Nursing at Outset



Outset



Overview

Explore healthcare hands-on and see if the path to **Nursing is the right fit.**

Outset's Nursing Program introduces students to a patient-focused healthcare field centered on direct care, collaboration, and advocacy. Throughout the program, students explore what motivates nurses in their work, from supporting patients day to day to promoting wellness and recovery across diverse care environments.

Students will engage in hands-on learning through patient actor interactions, stop-the-bleed training, simulated hospital experiences, vaccine administration, and practice with high-fidelity manikins. These activities help students build strong communication skills, situational awareness, and attention to detail while emphasizing empathy and patient support.

Guided by healthcare professionals, simulation labs introduce foundational nursing skills used in hospitals, clinics, and community settings. Students also attend talks led by nursing professionals to gain broader perspective on nursing roles and career pathways.

Paired with Outset's Path to Nursing curriculum, the program helps students better understand the educational and training path ahead and evaluate whether nursing aligns with their interests and strengths. Students leave the program with greater confidence, meaningful exposure to healthcare careers, and clearer insight into possible next steps.

What to expect in a week of Nursing

Hands-On Nursing Simulations

Students get a firsthand look at a variety of specialties and particular exposure to what nurses do, using nursing-school-level tools and models under guided supervision. Examples of activities may include:

Patient Actor Interactions:

Interact with simulated patients to practice communication, empathy, and patient-centered care.

Stop the Bleed Training:

Learn essential emergency response skills, including bleeding control and basic trauma care techniques.

Simulated Hospital Experience:

Work through realistic hospital scenarios that introduce students to bedside care, teamwork, and clinical workflows.

Vaccine Administration:

Practice safe and accurate vaccine delivery techniques using training models and high-fidelity manikins.

Lectures and Q&A with Healthcare Professionals

Students attend sessions led by healthcare professionals - including nurses and specialists from other fields who share firsthand perspectives on careers in healthcare. Example topics:

- What a nurse actually does day to day
- How healthcare professionals choose their path
- Training milestones, from college to nursing school and beyond
- Real stories from the clinic
- Student-driven Q&A about careers, school, challenges, and lifestyle

These sessions help students better understand whether Nursing could be a good long-term fit.

Path to Nursing Course

Students in Outset's Nursing program participate in the "Path to Nursing" curriculum. It is designed by pre-nursing advisors to demystify the entire journey to becoming a nurse. Students learn:

- The full timeline from high school to college to nursing school
- What pre-nursing classes to expect
- Strategies for succeeding in challenging courses
- How to choose the right college for their goals
- What the NCLEX is, how, and when students prepare for it
- How to make smart choices about extracurriculars, gap years, etc
- What nursing school applications look for

Note: Specific activities vary by campus and availability. Students receive final schedule closer to their program date.





Your Foundation for the Pre-Nursing Journey

Our **Path to Nursing** curriculum is designed by pre-nursing advisors to help students understand what it takes, before they start the path.

Map Your Nursing Journey

See the full timeline and financial picture.

Pick the Perfect College

Find the school that sets you up for nursing success.

Tackle Pre-Nursing Challenges

Learn how to handle the toughest college hurdles.

Plan Your Courses

Know what classes to take and in what order.

Ace Hard Classes

Master strategies for challenging pre-nursing courses.

Gap Year Options

Weigh pros and cons of a gap year before nursing school.

Conquer the NCLEX

What it is, why it matters, and prep tips.

Master Nursing School Applications

Learn the process and how to stand out.

Hear from students what they take away from the curriculum at the video on our home page:

[**Learn More**](#)



What kind of student is a good fit for Nursing?

Students who are compassionate, detail-oriented, and drawn to hands-on patient care. Ideal applicants show strong communication skills, attentiveness to others' needs, and a desire to support patients as part of a collaborative healthcare team.

Will there be a waitlist for students who want to attend a specific campus or program?

When campuses and / or programs are full, students can request to be placed on the waiting list and are encouraged to enroll for a different program that is relevant to their interests or an alternative campus offering the same program.

Are there grade limitations for Nursing?

No, there are no specific grade limitations for Nursing. The program is open to all high school students from 9th to 12th grade.

Can I switch program specialty later?

You can switch programs up to 2 months before your start date if there are still spots available in other programs on your campus. We cannot guarantee this, so please contact our Admissions team for more info.

Can I do back to back programs in different specialties?

Yes. Back to back programs are a great way to meet more peers, explore other specialties, and reinforce core learning. Note that if you stay on the same campus, activities may repeat and you will be participating in the "Path to Pre-Med" course again along with your new week's student cohort.

What if I'm not sure this is the right program for me?

See our overview of other program specialties on the next page. You can also visit our website to explore other programs.

Contact Us

Hear from our alumni

A Day at Outset



Educational & Fun

Perfect balance of fun and education. My daughter made some great friends here, and it really solidified her passion for and decision to go into medicine.

Priyanka Bansal, Outset Parent, 2025

All Programs

Not sure if **Nursing** is the right program for you?
Check out some of our MD path specialties:

Orthopedic Surgery Study musculoskeletal system care, bones, joints, and injuries.

General Medicine Explore the fundamentals of care, diagnosis, and treatment.

Cardiology Explore surgical care for the brain, spine, and nervous system.

Psychiatry Focus on mental health assessment and treatment.

Anesthesiology Learn how anesthesia supports surgeries and patient safety.

Pediatrics Focus on healthcare of children from infancy to adolescence.

Dentistry Study oral health, dental procedures, and patient care.

General Surgery Explore surgical principles and patient care for procedures.

Emergency Medicine Understand fast-paced care for urgent and acute conditions.

Dermatology Study skin health, conditions, and treatments.

Neurosurgery Explore surgical care for the brain, spine, and nervous system.

[See All Programs](#)

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Ready for your week
at Outset?

Apply Now

Have questions or need to follow-up on your admissions process? Schedule time with our Admissions Team

Schedule Call