

SUMMER 2026

Jul 19 - Aug 1, 2026
Ages 16-18

Barcelona: Health & Medicine



Outset



We're so excited you're interested in exploring medicine in Spain with Outset!

We're excited to welcome students to Barcelona for the Outset 2026 Summer Programs!

Barcelona is a vibrant global city known for its rich history and dynamic culture, offering an engaging setting for students beginning their exploration of healthcare careers. With the support of the Outset team, students will navigate the city and experience daily life in Spain while building independence and confidence abroad.

During the Barcelona: Health and Medicine program, students will learn in classroom settings and take part in hands-on training at a medical simulation center, working with healthcare professionals in a supervised environment.

Beyond academics, students will participate in cultural excursions throughout historic neighborhoods and iconic landmarks, combining immersive exploration with meaningful connection alongside peers from around the world.

Apply Now

Medicine in action

The Barcelona: Health and Medicine program introduces students to medicine through a dynamic mix of classroom learning, hands-on simulation center training, and real-world medical perspectives. Students explore topics such as Spain's healthcare system, medical careers, biomedical research, mental health, and public health challenges while practicing essential clinical skills in a safe, supervised environment.

Through interactive discussions, workshops, and collaborative activities, students also examine how medicine intersects with culture and society. By the end of the program, participants gain practical experience, a global perspective on healthcare, and the confidence to continue exploring their interests in medicine.

Seminar Topic Examples:

- Spanish Public Health System and Public-Private Integration
- COVID-19 in Spain: Response & Lessons Learned
- Mental Health in Spain: Services, Stigma & Accessibility
- Biomedical Research, Biotechnology & Bioengineering in Spain

Hands-on Simulation Activity Examples:

- Vascular access technique practice
- Airway management for critically ill patients
- Basic life support: Hands-on practice with CPR, AED usage, etc
- Introduction to Echography as a diagnostic tool in critical care





Exploring Barcelona and building friendships

Outset students don't just learn medicine together - they explore new places, have fun, and build lasting friendships along the way. Each summer, we thoughtfully customize our cultural and social schedule to reflect the location, the group, and unique opportunities available that year. While specific activities are finalized closer to the program start (typically in the spring), students can expect a mix of structured excursions and shared experiences designed to help them connect with one another and immerse themselves in Barcelona's culture.

Beyond the classroom, students explore vibrant neighborhoods and iconic landmarks, and students may visit sites like the Sagrada Familia, Gothic Quarter, Parc Güell, and local markets like La Boqueria.

Full-day outings to nearby historic cities let students wander medieval streets, sample Spain's famous cuisine, and enjoy time together. From tasting local favorites like patatas bravas and pan con tomate to discovering hidden gems of the city, these moments help students connect, have fun, and form friendships that last far beyond the summer program.

For Parents: Learn More



Below is an **example** of what students' time at Outset "Barcelona: Health and Medicine" will look like. Each summer we tailor program activities to each program, ensuring we blend clinical sessions, lectures, and evening activities that bring the program to life.

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| Sun, July 19 | Arrive in Barcelona, settle into your housing, and meet your fellow students and the Outset team. |
| Mon, July 20 | Discover Barcelona through guided activities with your cohort, getting to know the city and each other. |
| Tues, July 21 | Learn about Medical Careers in Spain in the morning, then practice vascular access and Basic Life Support at the Simulation Center in the afternoon. |
| Wed, July 22 | Explore the Spanish Health System during the morning lecture, then participate in guided cultural and social activities in the afternoon. |
| Thu, July 23 | Dive into Private Healthcare in the morning, then train in FOCUS echo fundamentals and airway management at the Simulation Center in the afternoon. |
| Fri, July 24 | Examine Healthcare and Migration in the morning, then enjoy guided activities with your cohort in the afternoon. |
| Sat, July 25 | Day trip to a city like Girona for a full-day excursion exploring historic streets, Roman ruins, and landmarks, and local food. |
| Sun, July 26 | Immerse yourself in Barcelona through guided cultural and social activities. |
| Mon, July 27 | Explore COVID-19 response in Spain in the morning, then join a guided activity or workshop in the afternoon. |
| Tue, July 28 | Study Mental Health in Spain in the morning, then practice teamwork and leadership at the Simulation Center in the afternoon. |
| Wed, July 29 | Investigate Biomedical Research, Biotechnology, and Bioengineering in the morning, followed by guided activities in the afternoon. |
| Thu, July 30 | Examine Pharmaceutical System and Drug Regulation in the morning, then additional afternoon activities (to be announced closer to program start date). |
| Fri, July 31 | Celebrate your final day in Barcelona with guided activities and reflections. |
| Sat, Aug 1 | Depart Barcelona with new skills, experiences, and lifelong memories. |

FAQs

What are the program dates?

The **2026 program dates for our Barcelona program are Jul 19 - Aug 1, 2026**. Students will need to arrive in Barcelona on July 19 and depart on August 1. Note that given time changes, most students will likely need to depart the USA on July 18 to arrive in Barcelona on July 19.

Is there a language requirement?

All course material and activities will be in English. Spanish is not required, but it's great if you know some!

Do I need a visa to travel to Spain?

No special visa is required. All U.S. students can enter Spain on a tourist visa, which is granted upon arrival and does not require prior application.

Is there an age requirement?

Students must be 16 years old as of July 19, 2026 to attend Outset International programs.

Admissions deadline & process?

There is no deadline! We have rolling Admissions. We have a simple 4-step Admissions process. You can learn more how it works by **clicking here**.

What is the cost?

Tuition and housing for our Barcelona programs is \$4995. This includes 24/7 staff, dorms, meals, academics and medical activities, speakers, excursions, and in-country transport. Airfare to and from the Barcelona is not included.

Is there financial aid?

Yes, if you need financial aid please indicate this on your online application and fill out the aid information. We are not able to guarantee aid but we do take every aid request seriously.

How do I apply? How competitive is it?

Applying online is easy: **click here**. You'll hear from us within 2 business days. Outset is competitive and we look for motivated students with strong grades and a genuine interest in medicine or healthcare.

Are students supervised 24/7?

Outset maintains a 7:1 student-to-staff ratio, with ACA-trained staff providing 24/7 supervision. Our programs meet strict safety standards.

[See all FAQs](#)



Ready for your week
in Barcelona?

Apply Now

Have questions or need to follow-up on your admissions process? Schedule time with our Admissions Team.

Schedule Call