Presented to Infoblox

# Welcome to your medical insurance policy





#### Agenda:

- About Daman Insurance Brokers
- About Cigna
- Cigna in ME Region, KSA and TPA.
- Types of Treatments (Out/In Patient)
- Direct access, members cards and reimbursement.
- Main benefits and exclusions.
- Added Value programs.
- Cigna Envoy application.
- Help lines and Customer Service.
- Questions and Answers.



#### About Daman Insurance Brokers





#### **Daman Insurance Brokers**



Daman Insurance Brokers L.L.C. is an independent Employee Benefits consultant and a direct insurance and reinsurance brokerage firm operating in Saudi Arabia, UAE, Oman, Jordan, Lebanon, Egypt, Qatar, Kuwait, Bahrain.

We provide advice about compensation, retirement planning, benefits, workplace health, wellness, employee assistance programs, surveying, benchmarking and other employee related services.

- <a href="https://ins-aic.com">https://ins-aic.com</a>
- <a href="https://www.linkedin.com/company/associatedinsuranceconsultants">https://www.linkedin.com/company/associatedinsuranceconsultants</a>
- https://www.facebook.com/associatedinsranceconsultants



#### **Escalation Matrix**





#### YOU

Contact your account manager

Moneer Alhamoud

m.alhamoud@ins-aic.com

+966 59 709 4321

If you are not satisfied
Mohammed AlShayeb
m.alshayeb@ins-aic.com
+966 51 002 5182

If you are still not satisfied

Jehad Abulkhair

j.abualkhair@ins-aic.com

+966 55 705 8054



#### About Cigna





## The Cigna Group - our global expertise positions us to best serve you.

**The Cigna Group** is a global health service company committed to creating a better future built on the vitality of every individual and every community. With a heritage of over 230 years, we provide healthcare, clinical management and wellness programs to employers, individuals and governments around the world.



Headquarter: **Bloomfield, Connecticut in USA** 



Learning from operations in 30+ countries and jurisdictions.



Every single one of **our 189+ million customers** worldwide matters.



Our **70,000 + Cigna Healthcare employees** helping improve the health,
wellbeing & sense of security of our
customers





**189** million customer relationships throughout the world



Cigna Healthcare is a Fortune 12 company with total revenue of **US 195.3 billion in 2023** 



Teams speak your language **Over 30 globally.** 



We stay close to you, with **a global network of over 1.8 million** health care professionals, clinics & facilities.



Cigna in ME Region, KSA and TPA.





#### Our local capabilities makes sure we understand your needs.



In the Middle East for over 20 years.



ME regional team of over **1,000 Cigna Healthcare employees.** 



Over 150,000 customers in the Middle East across **800+ client relationships.** 



ME regional Customer service, claims reimbursement, clinical case management/preapproval, compliance, eligibility.



We stay close to you, with a **global network of over 1.8 million** health care professionals, clinics & facilities. 5,000+ local network of providers in the region.





# Cigna Insurance Saudi Arabia - powering progress in the KSA with global healthcare expertise and local knowledge.



Rely on Cigna Insurance Saudi Arabia to make health and wellness simple.



Breaking ground by becoming the first international health insurer to receive a branch license in Saudi Arabia.



Building upon 20 years of experience providing international health and wellness services for companies in Saudi Arabia.



Count on impeccable service for employers, brokers, and employers.



Focusing on wellness creates healthier employees – and bottom lines.



Leveraging technology makes it easier for employees to access health support and information – 24/7.



Feel confident knowing you are backed by a company with 189 million customers around the world.



#### Who is TCS?



Cigna Insurance Saudi Arabia has partnered with Total Care Saudi (TCS) is a leading Third Party Administrator (TPA) in the Kingdom of Saudi Arabia.

TCS is dually licensed and accredited by the Saudi Arabian Monetary Agency (SAMA) and the Council of Cooperative Health Insurance (CCHI).

TCS contracts with over **2500** healthcare providers in KSA

Types of Treatments (Out/In Patient)



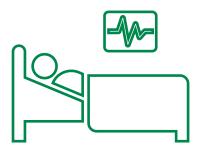


#### **Treatments Types:**



#### **Out-patient**

Regular visits without admission to stay in the hospital for treatments



#### **In-Patient**

Admission required for a night or more in the hospital for treatment



Direct access in/out KSA, members cards and reimbursement





#### Wherever you go...we'll be there for you.



Over **2,500 providers** in the Kingdom.



Cashless access to healthcare – in and out-patient direct billing.



**SMS notifications**in the KSA to help you track preauthorization requests.



#### Dedicated clinical team monitor cases to provide support for:

- High cost, complex medical conditions and long-term admissions.
- Second opinion through the decision support program.
- · Chronic condition management.
- · In hospital nurse case management.
- · Wellness requirements.

#### Visit our in-network medical providers:



Direct payment facility.



No claim forms to fill, no documents to send.



Get convenient access to medication



Pre-approvals are arranged by the network medical provider.



#### **Direct Access in KSA:**

Find health care provider From the providers list.

#### Appointed provider will validate your eligibility.

Your resident permit "Iqama" or the national ID is the required identification at the point of service to be presented.

**You'll pay deductible – Outpatient** as applicable in the Table of Benefits

#### Receive treatment

The provider will provide you the treatment and ask you only for the deductible if applicable.

For some of cases or sub-limits benefits the provider will ask for pre approval request.

You'll receive SMS notification that approval request have been received and another SMS notification after the request is processed.



#### Accessing care out KSA:

Find the health care provider
via Cigna Envoy

#### If direct billing provider

you'll only pay applicable coinsurance/ deductible base on your plan benefits.

If not direct billing
Pay and claim

#### **Receive treatment**

The provider will provide you the treatment and ask you only for the deductible if applicable.

For some of cases or sublimits benefits the provider wilask for pre-approval request.



#### Membership cards

TOTAL CARE SAUDE SUSPENSELLISES

123456

Policy No.: 123456

**FirstName Initial LastName** 

Class:

20% Max SR 100 (Ref No: - XX2)

20% Max SR 75 (Ref No: - XX3)

ABC XYZ Corporation Limited

DD/MM/YYYY

Cigna Healthcare ID: 123456789-01 Room:

#### Within KSA and GCC



To be used within GCC for accessing care on direct billing.

To request another soft copy of the card, send an email to ContactUsKSA@Cigna.com

#### **International**





To be used to access care outside the GCC.

The card will give access to direct billing within the Cigna Healthcare international network.

Can be downloaded using the **Cigna Envoy** application.



cigna

**Policy Holder:** 

Date of Birth:

Member No:

**Card Validity:** 

**Patient Share:** 

Network:

#### **Reimbursement Process**

Submit the claim & all supporting documents

via Cigna Envoy

Or via Email to ContactUsKSA@Cigna.com

**Claims processing** 

**Payment** 

#### Important notes:

- Claims Processing and Payment within 15 working days (subject to full submission)
- All supporting documents to be submitted depends on the cases such as:
- Reimbursement form, Medical reports, lab results ...etc.
- Proof of payments and breakdowns to be provided.
- IBAN / Bank Certificate info.



Main benefits and exclusions





#### THE SCOPE OF YOUR HEALTHCARE PLAN





\*For full details please refer to the Table of Benefits

#### **HEALTHCARE BENEFITS – INPATIENT**

IN-PATIENT HEALTHCARE BENEFITS	*Coverage
Hospital Charges, Nursing, accommodation, consumables	Covered
Parental Accommodation (One parent, for children under the plan and underage of 18)	Covered
Companion Accommodation (based of medical necessity recommended by the treating doctor)	Covered
Surgical Procedures, Surgeon & Anesthetist fees	Covered
Physiotherapy & Rehabilitation	Covered
Radiotherapy, Chemotherapy, Oncology	Covered
Radiology, Pathology, Diagnostics	Covered
Organ Transplant	Covered
Private Ambulance	Covered
Psychiatric Care	Covered
International Emergency Services	Covered
Home Nursing Charges (if recommended by a specialist immediately & after in-patient hospital treatment)	Covered

<sup>\*</sup>For full details please refer to the Table of Benefits



#### **HEALTHCARE BENEFITS – OUTPATIENT**

OUT-PATIENT HEALTHCARE BENEFITS	*Coverage
Out-Patient Deductible: The selected co-insurance is applicable on any treatment which is received on an out-patient basis. This includes Maternity, Dental and Vision claims	NIL
Prescribed Medicines, Drugs and Dressings : Inside KSA	<ul><li>Branded medication : Covered NIL</li><li>Generic medication : Covered NIL</li></ul>
Prescribed Medicines, Drugs and Dressings : Outside KSA	Covered NIL
Cancer Treatment	Covered
X-rays, Laboratory Tests and Pathology.	Covered
Non-Surgical and Minor Surgical Procedures and Treatment	Covered
Alternative Therapies (Acupuncture, Chiropody, Ayurvedic Chiropractor,	
Osteopathy & Homeopathy when administered by a licensed	Covered
practitioner.)	
Physiotherapy	Covered
Well Child Tests	Covered
Adult Travel Vaccinations	Covered
Psychiatric Care	Covered

<sup>\*</sup>For full details please refer to the Table of Benefits



#### **HEALTHCARE BENEFITS- MATERNITY**

MATERNITY BENEFITS  OP deductible would be deducted as applicable	*Coverage
Routine In-Patient This benefit is payable to eligible females covered under this plan.	SAR 15,000 per year of insurance
Routine Out-Patient This benefit is payable to eligible females covered under this plan.	Covered
Complicated In-Patient This benefit is payable to eligible females covered under this plan and includes non-elective Caesarean sections.	Covered
Complicated Out-Patient This benefit is payable to eligible females covered under this plan.	Covered
New-born Care Paid up to 30 days under the mother's policy for dependants.	Covered

<sup>\*</sup>For full details please refer to the Table of Benefits



#### **HEALTHCARE BENEFITS – DENTAL BENEFIT**

DENTAL BENEFIT  OP deductible would be deducted as applicable	*Coverage
Class One	
Investigative and Preventative <i>Treatment</i> .	
Benefits include: X-rays, Scale and Polish.	
Class Two	
Basic Restorative Treatment, Periodontal Treatment and Treatment of Dental Injury.	
Benefits include:	
Root canal <i>treatment</i> , extractions, surgical procedures, occasional <i>treatment</i> , anaesthetics, periodontal <i>treatment</i> .	SAR 7,500
	per year of insurance
Class Three	
Major Restorative <i>Treatment</i> .	
Benefits include:	
Dentures – acrylic/synthetic, metal and metal/acrylic;	
crowns, inlays, mouth guard or occlusal splint	
Orthodontic Treatment	
Benefit applicable for members under the age of 18	

<sup>\*</sup>For full details please refer to the Table of Benefits



#### **HEALTHCARE BENEFITS-VISION BENEFIT**

VISION BENEFIT  OP deductible would be deducted as applicable	*Coverage
One eye examination per year of insurance by an Optometrist or an Ophthalmologist	
<ul> <li>Expenses for:</li> <li>Lenses to correct vision</li> <li>Eyeglass frames</li> <li>Prescription sunglasses</li> </ul>	SAR 3,000 per year of insurance

<sup>\*</sup>For full details please refer to the Table of Benefits



#### **HEALTHCARE BENEFITS - CHI**

CHI HEALTHCARE BENEFITS	*Coverage
Circumcision for newborn baby boys	SAR 500
Ear piercing for newborn baby girls	SAR 300
Baby formula up to age of 24 months	Covered  This benefit will cover the following cases/conditions:  • Metabolic disorders.  • Diseases of the national programme of newborns.  • Early examination to reduce disability.  • Allergy to milk or sugar.  • Malabsorption issues.  • Babies which are premature or underweight or under strengthened due to gestational age which need calories or boosters in the mother's natural milk.  • Metabolic diseases.
Acquired heart valve damage	SAR 150,000
Alzheimer's	SAR 15,000
Disability	SAR 100,000
Autism	SAR 50,000
Hearing aids	SAR 6,000
Renal dialysis	SAR 180,000
Obesity *For full details please refer to the Table of Benefits	SAR 15,000 per year of insurance

Added Value programs





# Chronic medication refill program and delivery services – Continuous care effortlessly



Managing chronic conditions should be effortless. Our chronic medication program will help you get more convenient access to medication.

Here's how we help you through our medication refill service.



Easy access to Chronic medication



Hassle free health management.



Keeping you up to date via SMS notification.



Medical prescription can extend 1-9 months back



Home address & mobile number of the insured



Dispensing of the medications could be up to 3 months or till the policy expiry date



You can attain your chronic medications by contacting us through



Email ContactUsKSA@Cigna.com



Phone **800 100 0244** 

Anytime, anywhere, no matter how you feel today, TruDoc 24x7 can help you.

TruDoc provides you 24x7 access to highly trained and licensed doctors, wellness experts, psychologists and care coordinators to support you with non-life threatening, chronic and preventive care via voice/video calls and live chat. Our doctors practice evidence-based medicine to achieve the best clinical outcomes.



#### Round-the-clock access

24x7 unlimited access to licensed doctors by phone or video



#### **Get prescriptions**

Medication prescriptions including chronic refills



#### **Convenient care**

Pharmacy management it medication delivery, where available.



#### **Mental health support**

Unlimited access to psychologists and wellness experts.





#### Language options

Access to doctors who speak English. Arabic. Hindi & Urdu.



#### **Ethical care**

Honest, reliable 8 ethical medical advice based on NICE guidelines.



### Download the TruDoc app















For any queries or clarifications call our 24x7 toll-free-number **800 100 0225**.

### International Employee Assistance - We are here to support you.

Professionals are ready to assist you with any issue that matters to you and your family.



Topics include, but are not limited to:

- Improving family communication
- Harmony between work and home life
- Managing life changes
- Handling stress
- Surviving the loss of a loved one
- Managing anxiety and depression substance use
- Bullying and harassment managing workplace pressure couples' support
- Parenting
- Caring for an elder



Access is easy



The service is confidential



You're supported



Live assistance always available



#### ConnectForHealth

#### The monthly wellbeing webinars series

Cigna Healthcare, as your health and wellbeing partner, brings to you monthly webinars where experts share their knowledge and advice on topics that can help you manage your wellbeing and establish healthy habits.

- Accessible to all Cigna Healthcare brokers, clients and members.
- Bringing experts to you.
- > Calendar is built based on your asks.
- > You can view recording of missed webinars.

Some of the topics we have covered

- 1. Coping with stress and depression
- 2. Financial planning & the basics of investing
- B. Ramadan: Healthy habits during fasting
- 4. Benefits of Yoga



#### **Connect**For**Health**

Cigna Healthcare's Wellbeing Webinar Series



Cigna Envoy application





#### Cigna Envoy



Submit and track claims!



Find a doctor, clinic out KSA



Submit your compliance data!



View plan design details



Health information at your fingertips



Reach us 24/7/365





#### Online tools for members Any time, anywhere, any device



www.CignaEnvoy.com



Help lines and Customer Service





#### Your points of contact



#### **Help lines**

KSA toll-free Customer Service number 800 1000 244

Out KSA Customer Service number +44 1475 788618



#### **Customers service email address ContactUsKSA@Cigna.com**

Customer inquiries | Certificate of coverage document | Insurance cards

Help access care Following reimbursement claims

Resolve members issues



Helpline numbers can also be found on your cards and web portal



Cigna Worldwide Insurance Company Branch is registered in the Kingdom of Saudi Arabia under commercial registration 1010821439 and unified number 7030409622. Cigna Worldwide Insurance Company Branch is licensed and regulated by the Saudi Central Bank under licence number TMN/36/202301. Cigna Worldwide Insurance Company Branch is a branch of Cigna Worldwide Insurance Company, a company incorporated and registered in Delaware, USA with commercial registration 827693. The registered address is Building S4 ROSHN Front - Business Area, Airport Rd, PO Box 13413, Riyadh, Kingdom of Saudi Arabia



#### Questions and Answers





Thank you



