

Don't put your joint pain off any longer.

Call today to see if you are eligible for Cigna Pathwell Bone & Joint.



Bone and joint pain can affect everything, including how you're feeling emotionally. Whether the pain just started or you're ready to find care, Cigna Pathwell Bone & Joint[®] and our dedicated care team can help guide you to the right care at the right time for your spine, knee, hip and shoulder pain.

By combining designated providers, clinical expertise, coordinated support and digital tools, we empower you to take charge of your health. As a Cigna HealthcareSM covered member, this program is included in your medical plan at no additional cost.² You'll have access to:

Guidance to the care you need

You'll work one-on-one with a Clinical Care Advocate³ who has expertise in spine, knee, hip and shoulder pain. They'll help you understand your options and create a personalized plan based on your goals. Your Clinical Care Advocate can help with:

- Finding the right treatment plan
- Understanding your benefits
- Access to in-network physical therapy, both in person and virtual
- Education on how lifestyle can impact musculoskeletal (MSK) health
- Pre- and post-surgery support and connection with other helpful resources

Online tools and resources

Our user-friendly digital tools enable you to communicate with your dedicated Clinical Care Advocate, and access personalized activities and articles to support your care plan.

Surgery benefit

When surgery is right for you, a Benefit Specialist can help with:

- Finding quality, affordable surgeons who are part of the Pathwell Bone & Joint surgery benefit
- Understanding how to qualify for the zero or low-cost cost surgery benefit⁴
- Reviewing the travel benefit⁵ of up to \$600 when a Pathwell Bone & Joint designated surgeon isn't close to home
- Additional programs and support offered through your Cigna Healthcare benefits

Ready to put an end to joint pain?

Visit CignaPathwellBoneandJoint.com or call **877.505.5875** to learn more about Cigna Pathwell Bone & Joint.