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NEUROPSYCHOLOGICAL EVALUATIONS

Getting Ready for Your Remote Evaluation

We're here to help you get ready for your intake and testing appointments. Follow this checklist to make sure everything is set up for a successful appointment.

What to Expect

1. **Clinical Intake**: We'll discuss your concerns and create a testing plan.
2. **Rating Scales**: You and important people in the patient's life will be asked to complete rating forms to help us learn more.
3. **Testing Appointments**: We'll do activities to measure different thinking skills.

Computer Requirements

- ☐ Use a PC or Mac (no Chromebooks, smartphones, or tablets).
- ☐ Make sure you have the latest version of Chrome web browser installed.
- ☐ You'll need an external mouse and keyboard (a touchpad won't work).
- ☐ Have speakers or headphones and a working microphone.
- ☐ Set up a clean table or desk and a comfortable, upright chair.

Day Before Testing

- ☐ Charge your computer fully.
- ☐ Disable screensaver and virus scan.
- ☐ Update Chrome and your computer's operating system if needed.
- ☐ Test your mouse, headphones, and microphone.
- ☐ Download Zoom on your computer.
- ☐ Avoid alcohol and non-prescription drugs — these affect test results.
- ☐ Get a good night's sleep.

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Day of Testing

- ☐ Plug in your computer and set the display to full brightness.
- ☐ Check your internet connection for stability.
- ☐ Set your computer to Do Not Disturb, so no alerts distract you.
- ☐ Eat a healthy meal before your appointment.
- ☐ Use your contacts, glasses, or hearing aids if you need them.
- ☐ Avoid alcohol and drugs — these affect test results.

20 Minutes Before Testing

- ☐ Turn off distractions like TV, phone, clocks, and music.
- ☐ Close all other programs. Only Zoom and Chrome should be open.
- ☐ Make sure pets and others are out of the room and supervised.
- ☐ Use the bathroom.
- ☐ Be on time.

Instructions for Caregivers

For Kids Under 13

- ☐ Sit behind your child (out of view and at a distance).
- ☐ Silence your phone (even vibrations) and avoid making noise.
- ☐ Don't talk to your child, correct behavior, or repeat or rephrase questions.
- ☐ Don't remind your child to focus — we want them to behave as they naturally would.

For Teens 13 and Older

- ☐ Please leave the room but stay in the home for safety. Be available during the whole session.

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